



MAY 2024 MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>April Showers</i> <i>Bring May Flowers</i></p> 		Meatloaf w/ Ketchup	Chicken and Stuffing Casserole	Chicken Fried Steak/ white gravy
		Mashed Potatoes w/ Gravy	Corn	Mashed Potatoes
		Carrots	Green Beans	Broccoli
		Wheat Roll	Wheat Roll	Wheat Roll
		Cake	Rosie Applesauce	Spiced Pineapple warm
		Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/ Tea Milk
6	7	8	9	10
Chicken Tenders	Salisbury Steak w/ Caramelized Onions	Biscuits and Gravy	Spaghetti w/ Meat Sauce	Cook's Choice
Baked Potato w/ sour cream	Mashed Potatoes w/ Gravy	Sausage	Dark Green Leafy Salad	
California Blend	Carrots	Scrambled Eggs	Mixed Fruit	
Wheat Roll	Tropical Fruit	Hashbrown Casserole	Garlic Rolls	
Apple Crisp	Wheat Roll	Apple Juice	Cake	
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
13	14	15	16	17
Baked Ham	Chicken Salad Sand celery, onions	Beef Enchiladas	Oven Fried Chicken	Cheeseburger w/ Bun
Sweet Potatoes	Cucumber Tomatoes onion salad	Lettuce, Tomatoes, and Onion	Mashed Potatoes & Gravy	Lettuce, Tomato, Onion, Pickle
Green Bean Casserole	Potato Salad	Refried Beans	Peas & Carrots	Potato Wedges
Wheat Roll	Sliced Wheat Bread	Spanish Rice	Wheat roll	Broccoli Salad
Cinnamon Rolls	Fluff	Pineapple	Birthday Cake w/ fruit	Apple Salad
Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk
20	21	22	23	24
Goulash w/ Tomatoes and Onion	Sweet and Sour Chicken	Taco Salad - meat, cheese, & w/ Lettuce & Tomatoes	Cornbread Pork Cutlet w/ gravy	Cook's Choice
Green Beans	Fried Rice	Pineapple	Mashed Potatoes	
Dark Leafy Green Salad	Oriental Vegetables	Tostitos	Buttered Carrots	
Wheat Roll	Egg Roll	Pudding	Wheat Roll	
Pound Cake w/ Strawberries	Mandarin Oranges/Fortune Cookie	Coffee/ Tea Milk	Applesauce	
Coffee/Tea/Milk	Coffee/Tea/Milk		Coffee/Tea/Milk	Coffee/Tea/Milk
27	28	29	30	31
Senior Centers Closed	English	Italian	Asian	Southern
	Swiss Steak	Chicken Alfredo w/ Linguini	Beef and Broccoli	Southern Style Chicken Pot Pie
	served over Mashed Potatoes	Broccoli	Fried Rice	w/ mixed veggies and potatoes
	Green Beans	Garlic Bread	Egg Roll	Collard Greens
	Wheat Roll	Dark Green Leafy Salad	Mandarin Oranges/Fortune	Apple Crisp
	Apple Slices	Sliced Pears	Oriental Vegetables	Wheat Roll
	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk	Coffee/Tea/Milk

