

Monday	Tuesday	Wednesday	Thursday	Friday
		1-Oct	2-Oct	3-Oct
		Swiss Steak w/ Tomatoes and On-ions Roasted Potatoes Carrots Tropical Fruit Wheat Roll Coffee/Tea/Milk	Chicken Stuffing Casserole Dark Green Leafy Salad Green Beans Rosie Apple Sauce Hot Rolls Coffee/Tea/Milk	Cooks Choice Coffee/Tea/Milk
6-Oct	7-Oct	Cincinnati Chili 8 Oct	9-Oct	10-Oct
Creamy Potato Soup Hot Ham & Cheese Sandwich Dark Green Leafy Salad Warm Cinnamon Apples Vanilla Ice Cream Coffee/Tea/Milk	Egg Frittata w/ Ham Spinach Tomato & Onion Roasted Potatoes Biscuit Juice Coffee/Tea/Milk	Spaghetti Red/diced pickle onion California Blend Vegetables Mixed Vegetables Crackers Chocolate Cake Coffee/Tea/Milk	Goulash w/ Tomatoes and Onion Green Beans Dark Leafy Green Salad w/ Spinach Garlic Roll Pears Coffee/Tea/Milk	Ham and Beans Roasted Potatoes w/ Onions Spinach Cornbread Peach Crisp Coffee/Tea/Milk
13-Oct	14-Oct	15-Oct	16-Oct	17-Oct
BBQ Chicken Potato Salad Marinated Tomato Salad Jello W/ Fruit Wheat Roll Coffee/Tea/Milk	Taco Salad (meat, cheese, & beans) Lettuce, Tomatoes, & Onions Tropical Fruit Tostitos Pudding Coffee/Tea/Milk	Pork Chops Roasted Sweet Potatoes Corn Peaches Wheat Bread Coffee/Tea/Milk	Oven Fried Chicken Mashed Potatoes & Gravy Green Beans Wheat roll Birthday Cake w/ Fruit Coffee/Tea/Milk	Beef & Noodle's Green Beans Salad w Tomatoes and Spinach Wheat Roll Apricots Coffee/Tea/Milk
20-Oct	21-Oct	22-Oct	23-Oct	24-Oct
Chili with Beef and Beans Coleslaw Baked Potato w/ sour cream Cinnamon Rolls Crackers Coffee/Tea/Milk	Chicken Tenders Roasted Sweet Potatoes California Blend Wheat Roll Warm Spiced Pears Coffee/Tea/Milk	Cheeseburger w/ Bun Lettuce, Tomato, Onion, Pickle Potato Wedges Broccoli Salad Apple Crisp Coffee/Tea/Milk	Biscuits and Gravy Sausage Scrambled Eggs Hashbrown Orange Juice Coffee/Tea/Milk	Cooks Choice Coffee/Tea/Milk
27-Oct	28-Oct	29-Oct	30-Oct	31-Oct
Chicken Fried Steak/ white gravy Mashed Potatoes Broccoli Wheat Roll Pears Coffee/Tea/Milk	Spaghetti w/ Meat Balls Dark Green Leafy Salad Green Beans Ice Cream Garlic Bread Coffee/Tea/Milk	Chicken and Noodles Harvard Beets California Blend Vegetables Warm Spiced Pineapple Wheat Roll Coffee/Tea/Milk	Soft Tacos Lettuce tomatoes Cheese Salsa/Sour cream Beans Spanish rice Fruit Cocktail Coffee/Tea/Milk	Witches Brew Hamburger Stew w/ Carrots, Corn, and Green Beans Dark Green Leafy Salad Brownie Garlic Roll Coffee/Tea/Milk