

BOARD MEETING MINUTES

BOARD MEETING MINUTES AREA AGENCY ON AGING, REGION X (aka: AAAX) November 12, 2024

1:05 PM Meeting Called To Order

I. Roll Call

John Bartosh, Jasper County-Board Chairman “present”
David Johnson, Barton County-Board Secretary “present” via telecom
Bryan Hall, McDonald County “absent”
Daniel Swem, Newton County “present”

Staff Present:

Jennifer Shotwell, CEO
Carrie Stapelkamp, Fiscal Director
Charlotte Foust, Resource Director
Jeff Glines, Program Operations Director
Stormy Cuba, Nutrition Director
Cindy Swadner

Guest attendees present:

None

II. Approval of Prior Minutes

Daniel Swem motioned to approve the minutes of the September 10, 2024 meeting, second by David Johnson. Motion carried.

III. Officer/Directors Reports

Jennifer, CEO:

Motions:

Results from the DHSS October meeting in Jeff City: OAA Final Rule / New Policies:

1. **COOP:** the updated Continuity of Operations Plan (COOP) was presented.

David Johnson motioned to approve the updated COOP Plan as presented, second by Daniel Swem. Motion carried.

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2. **Governance/Fiscal/Employee Manual:** new policies needed due to changes in fiscal, data collection, reporting, training and mandatory education were discussed.

David Johnson motioned to approve the new policies incorporated in the Governance, Fiscal, and Employee Manual including the updated Confidentiality and Conflict of Interest agreements as presented, second by **Daniel Swem**. Motion carried.

3. **Black Friday:** the AAAX schedule regarding the upcoming Friday after the Thanksgiving holiday was discussed.

Daniel Swem motioned to approve AAAX to schedule being closed the day after Thanksgiving and for the day to be a paid holiday, second by **David Johnson**. Motion carried.

4. **Nutrition Agreement Extensions:** Jennifer recommended extending our Preferred Vendor Status agreements with Springfield Grocer and SilverPlate Meals due to volatility in food costs. Discussion followed.

Daniel Swem motioned to extend our agreement with Springfield Grocer Company, second by **David Johnson**. Motion carried.

Daniel Swem motioned to extend our agreement with SilverPlate Meals (aka: SeniorAge), second by **David Johnson**. Motion carried.

5. **Banking Accounts:** discussed updates needed due to staffing changes.

Southwest Missouri Bank (SMB):

Daniel Swem made the motion authorizing AAAX to update all of the the SMB accounts by REMOVING Kelly Samuel and ADDING Caroline Stapelkamp as online user; both Jennifer Shotwell & Caroline Stapelkamp are authorized online banking users on behalf of the Area Agency on Aging, Region X, second by **David Johnson**. Motion carried.

Mid-Missouri Bank:

Daniel Swem made the motion authorizing AAAX to update their Mid-Missouri Bank account by REMOVING Kelly Samuel and ADDING Caroline Stapelkamp as online user; both Jennifer Shotwell & Caroline Stapelkamp are authorized online banking users on behalf of the Area Agency on Aging, Region X, second by **David Johnson**. Motion carried.

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second by David Johnson. Motion carried.

Lamar Bank & Trust:

*Daniel Swem made the motion authorizing AAAX to update their Lamar Bank & Trust account by REMOVING Kelly Samuel and ADDING Caroline Stapelkamp as online user; both Jennifer Shotwell & Caroline Stapelkamp are authorized online banking users on behalf of the Area Agency on Aging, Region X,
second by David Johnson. Motion carried.*

Cornerstone Bank:

*Daniel Swem made the motion authorizing AAAX to update their Cornerstone Bank account by REMOVING Kelly Samuel and ADDING Caroline Stapelkamp as online user; both Jennifer Shotwell & Caroline Stapelkamp are authorized online banking users on behalf of the Area Agency on Aging, Region X,
second by David Johnson. Motion carried.*

Community Bank & Trust (CBT):

*Daniel Swem made the motion authorizing AAAX to update their CBT account by REMOVING Kelly Samuel and ADDING Caroline Stapelkamp as online user; both Jennifer Shotwell & Caroline Stapelkamp are authorized online banking users on behalf of the Area Agency on Aging, Region X,
second by David Johnson. Motion carried.
second by David Johnson. Motion carried.*

6. **Credit Cards:** discussed updates needed due to staffing changes.

Daniel Swem made the motion authorizing AAAX to update/issue credit cards as detailed below, second by David Johnson. Motion Carried.

Replace Lucas Lewis card with Mark McKenzie (JP Center Manager)

Replace Kelly Samuel card with Caroline (Carrie) Stapelkamp (Central Office Fiscal Dir.)

New card issued for Charlotte Foust (Central Office Resource Dir.)

New card issued for Lauren Thornton (LR Center Manager)

Increase credit limit on Jeff Glines credit card (Program Operations Dir.)

Increase credit limit on Lucille "Stormy" Cuba credit card (Nutrition Dir.)

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Federal, State & Ma4 > MO Association of Area Agencies on Aging:

1. **Bylaws/Board Composition & Board Conflict of Interest/Public Comment Mandate:**
Changes & updates were discussed.
2. **Area Plan Timeline:** the first draft to include updates is due to the State Dec. 15

Carrie, Fiscal Director:

Introduction: Jennifer introduced our new Fiscal Director, Caroline "Carrie" Stapelkamp.

1. 2025 Insurance Rates:

- **Anthem Blue Cross/Blue Shield Medical**
Base plan > 3.2% increase
Step-up plan > 10.1% increase

Comparison of proposed options & financial impact were discussed.

- **Delta Dental:** 2025 rates are unknown at this time
- **Vision Service Plan (VSP):** 2025 rates will not change

2. Minimum Wage Increases:

- **01/01/2025:** increase to \$13.75 (\$1.45 increase in our lowest wage earners)
- **01/01/2025:** increase to \$15.00 (\$1.25 increase in our lowest wage earners)

Comparison of proposed options & financial impact were discussed.

Charlotte, Resource Director:

1. Annual Silver-Haired Legislature session: Oct 15-17

Top Five Priorities for 2025 coming out of the session:

- Improve the Missouri Property Tax Credit a.k.a. Circuit Breaker and add annual indexing
- Increase the Personal Needs Allowance and add annual indexing
- Increase Excise Tax on tobacco products to benefit AAA transportation fund
- Raise the Aged and Disabled Waiver from 85% of the Federal Poverty Level (FPL) to 133% of the FPL, as it is for MO HealthNet Expansion
- Increasing Medicaid Asset Level

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2. **2024 Medicare Open Enrollment Period is Oct 15 - Dec 7:**
 - 89 Medicare beneficiaries have been served thus far
3. **Be A Santa To A Senior Program:**
 - Annual program > hosted by Home Instead
 - 405 recipients > JP/CJ/WC & rural clients have been chosen as beneficiaries by Home Instead
4. **Edward Jones Annual Christmas Charity Benefit:**
 - Kellen Ryan EDJ office > to host the annual EDJ event on 12/20/2024
 - AAAX > is sited to be the recipient of this year's EDJ Charity Benefit
5. **Joplin Eagles Auxiliary donations:**
 - Pet Food donations > 6,000 lbs. donated to benefit seniors in our four counties
 - Household item donations > some household items were also donated

Jeff, Program Operations Director:

1. **One current job opening to be filled:**
 - Medicaid Reassessor Contractor – Grandview, MO
2. **Catered Meal Site updates:**
 - **Five operational meal sites** - number of meals served in October:
 - Mondays – Goodman > 80
 - Tuesdays – Pineville > 142
 - Wednesdays – Anderson > 97
 - *Thursdays – Granby > 155
 - Fridays – Jane > 76
 - *Lanagan to serve on Thursdays beginning on 11/14/2024
3. **MOBILE Food Truck via Ozarks Food Harvest (OFH):**
 - Pineville United Methodist Church > last Tuesday each month: OFH food served 70 households 9/24/2024 with Region X handling the logistics.
4. **Medicaid Reassessors:**
 - 14 Reassessors in the field serving
 - Counties Served > Barton/Newton/McDonald/Jasper/Pettis/Jackson/Taney/Stone
5. **Buildings:**
 - Current Office > 2 windows shot out on Oct. 31st; outer glass shattered; bids are being obtained
 - New Bldg > awaiting Liberty utility hook-up

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Stormy, Nutrition Director:

1. Senior Center/Location Site Updates:

- Lamar > bathroom remodel is complete; project took longer than expected, the results are beautiful
- Carthage > is now fully staffed and operating smoothly
- Carl Junction > is running smoothly & benefits from Tammie, an exceptional manager
- Joplin > is performing well under its new manager and new Homebound Meal Coordinators; longtime HBM Coordinator, Rita, has just retired
- Neosho > manager, Lena, hosted a successful Resource Fair Nov. 7 with over 75 attending. Attendees received valuable information on topics essential to seniors, including insurance, hospice and home health care, assisted living, nutrition and also received resources from AAAX. A Resource Fair next Spring is also planned.
- Webb City > the center faces an ongoing odor issue that the City cannot remedy; a highly qualified HBM Coordinator was recently hired; manager has posed a few challenges that have been addressed
- Golden City meal site > the State has issued the waiver & catering service has begun, exceeding expectations; 113 people were served in a town with a population of just 700

IV. Other Business

- Jennifer & Stormy to attend the Barton County Community Foundation award ceremony on Saturday, Nov. 16
- Newton County Broad Band Initiative is underway to get internet service to rural areas

V. Guest Comments

None present

VI. Adjournment

2:25 p.m. Meeting Adjourned

The next meeting will be December 10, 2024 at 1 PM
at the central office.



John Bartosh, Chair



David Johnson, Secretary