

TEN SHOCKS BEFORE BED: B. D. SHARP DELIVERS A CHILLING LATE-NIGHT COLLECTION WHERE DREAD LINGERS LONG AFTER THE LAST PAGE

A haunting new short story collection transforms ordinary places into quiet nightmares, inviting readers to confront the unease hiding in plain sight.

New York, NY — December 31, 2025 — Author B. D. Sharp announces the release of *Ten Shocks Before Bed: Volume 1*, a gripping collection of ten short stories crafted for the stillness of late night—when the world is quiet, defenses are lowered, and unsettling thoughts can take root. Designed to be read one story at a time, the book quickly reveals itself as a test of restraint: readers may intend to stop after one, but rarely do.

Set in environments that feel immediately recognizable—an apartment building, a hospital waiting room, a motel hallway, a solitary late-night drive—*Ten Shocks Before Bed* thrives on familiarity. Nothing announces itself as dangerous. There are no flashing warnings, no obvious villains waiting in the shadows. Instead, the terror emerges slowly, often after the point of no return, when a subtle decision or overlooked detail seals a character's fate.

Sharp's stories are not built on jump scares or traditional monsters. They are rooted in dread, inevitability, and the creeping realization that something vital was missed when it still mattered. Each narrative captures the moment when unease turns into certainty—when the reader understands, along with the character, that the choice has already been made and the outcome can no longer be avoided.

The inspiration behind *Ten Shocks Before Bed* lies in the psychology of fear rather than spectacle. Sharp explores how ordinary settings become disturbing when paired with isolation, exhaustion, and silence. By placing horror in everyday spaces, the book blurs the line between fiction and lived experience, leaving readers to question how safe the familiar truly is once the lights go out.

Structured as a concise yet powerful collection, each story stands on its own while contributing to an overarching atmosphere of tension. Sharp's writing is economical and precise, allowing dread to accumulate through implication rather than explanation. The result is a reading experience that lingers—one that follows readers beyond the page and into their own quiet moments.

Ten Shocks Before Bed is written for fans of psychological horror, suspense, and unsettling short fiction. It appeals to readers who appreciate stories that do not rely on excess, but instead trust the imagination to do the work. The collection rewards attention, patience, and a willingness to sit with discomfort.

The book is now available — secure your copy here: <https://bdsharp.com/purchase>

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