[wainwrightguides@gmail.com](mailto:wainwrightguides@gmail.com)

Booking, Consent and Medical Form

Participation Statement

The activities, programmes and courses that Wainwright Guides provides are undertaken in a way that manages the potential risk to clients, instructors and the environment, to the best of our ability. Nevertheless, outdoor adventurous activities, by their nature, contain hazards and despite the greatest care, accidents still occur. Clients participating on Wainwright Guides activities must be aware that, while we take all reasonable steps to safeguard against hazards, involvement in adventurous activities places participants at risk of accident and potential injury. The Wainwright Guides instructor team are responsible for the safety of clients during activities, programmes and courses. In order to manage the risks appropriately, we request that all participants inform the Wainwright Guides staff team regarding any medical issues, or disabilities that may affect their ability to participate. Furthermore, by signing this consent form client are certifying that they are in suitable physical and mental state to undertake this activity. The Wainwright Guides Team adhere to a “Challenge By Choice” philosophy. Therefore, by signing this document you are agreeing that you have enrolled on the activity of your own choice, are aware of and accept the inherent risk associated with the activity and understand that they are not obliged to participant in the activity.

Information

|  |  |
| --- | --- |
| Date of activity: |  |
| Activity: |  |

|  |  |  |  |
| --- | --- | --- | --- |
| Name (participant) |  | DOB: |  |
| Address:  Post Code | | | |
| Email: |  | | |
| Contact Tel: |  | | |
| Name and telephone number of person to be contacted in an emergency  Name: Number: | | | |

Medical Disclosure

|  |  |
| --- | --- |
| Doctors Surgery: |  |
| Do you have any medical conditions? E.g. asthma, epilepsy, high blood pressure, angina, diabetes | |
| Do you have any allergies? E.g. penicillin, pollen, nut | |
| Do you have any recurring joint or back problems? | |
| Please outline any previous hospital admissions which are of relevance to participation in this activity | |
| Please list any medications taken or required (including inhalers, epi-pen adrenaline auto injector) | |
| Is there anything else we need to know? | Can you swim? |

Consent

**Under 18**

(If signing as a parent/ guardian) I agree to my child taking part in the activity specified and have declared any medical conditions that may be relevant.

I agree that photo/video of my child can be taken and used in promotional material by Wainwright Guides.

If you disagree please tick here

**Over 18**

I agree to the participation statement above, acknowledge that these activities contain a degree of risk and I have declared any medical conditions that may be relevant.

I also agree that photographs and videos taken during activities may be used in promotional material by Wainwright Guides.

|  |  |  |  |
| --- | --- | --- | --- |
| Name: (if under 18 parent or guardian) |  | | |
| Signature |  | Date |  |

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