



The Epistle

of

St. Paul's Episcopal Church

(318) 865-8469

September 2022

Living the Transforming Love of Jesus Christ

INSIDE THIS ISSUE:

Message from Fr. Michael	2
Stewardship	3
Worship	4
Families, Children, Youth	5
Calendar	6-7
Discipleship & Christian Education	8
Mission & Outreach	9
Parish Life	10
Prayers	11

Turn Your Face to the Sun

Dianne Buddecke Howell

By now you know that I love PBS Nature specials and often see spiritual truths in them. "Seasonal Worlds" (S1E3) highlighted heliotropism ("the directional growth of a plant in response to sunlight" Oxford Dictionary). The root words are the Greek "helios" (sun) and "tropos" (a turn or change). Wikipedia says "Heliotropic flowers track the sun's motions across the sky from east to west. Daisies...close their petals at night but open in the morning light and then follow the sun as the day progresses...at dawn they turn again toward the east where the sun rises."

continued on page 8

Growing Together in Times of Change



Change is in the air; fall is coming, football season is here, and the kids are back in school with all of the activities that brings. There are changes here at St. Paul's as well with new programs, new fellowship, and new opportunities for spiritual growth.

The Day School begins another new school year with bright new faces, and as a church body we have welcomed many new congregants. Growth and change can occasionally be trying or stressful but in the end it bonds us together in strength and faith. Change is what separates us from stagnation.

The fall brings some new things to be excited about: beginning **September 15**, Mickey Quinlan will lead a new Men's Bible Study in the Parlor at noon each Thursday which will cover the lectionary each week, and The Brotherhood of St. Andrew is reforming and will meet every third Saturday in the Parish Hall, beginning **September 17**. Father Michael is adding a new service to the worship calendar with a weekly Healing Eucharist with Laying on of Hands and Anointing. This service from *The Episcopal Church Book of Occasional Services* offers readings and prayers geared toward healing the mental and physical burdens we may bear. The calendar also features a new Fellowship Breakfast on the second Sunday of each month which will take place during the Sunday School hour. It is a time we can come together as a church family and share fellowship over a Continental breakfast. The September date will feature a waffle bar along with the usual offerings, and the EYC will offer a gourmet coffee bar as a fundraiser.

In his book *Life Together*, Dietrich Bonhoeffer wrote "The more genuine and the deeper our community becomes, the more will everything else between us recede, the more clearly and purely will Jesus Christ and his work become the one and only thing that is vital between us." That is, after all, our ultimate goal as we grow stronger together in faith and love.



A Message from Fr. Michael

Did you know there is such a thing as healthy conflict?

St. Paul's is in a period of growth and renewal. The Lord is doing this, and it is exciting! But with growth comes conflict just as sure as night follows day. These conflicts involve use of resources like meeting space, budgets, time allocation, and attention. Conflicts also manifest over ministry and mission direction, and even personalities.

We have a biblical rule that helps us in our situations of conflict that comes from Matthew 18: 15-17. In this passage we are taught to bring our complaints directly to the one with whom we have a conflict. If the person won't hear us, then bring another person along and try again. If that doesn't make progress, then the leadership of the church may get involved. Note the direct approach. There is no triangulation or gossip, only direct communication, because persisting in complaints or gossip and not letting the past be the past (in other words, not forgiving) hurts the church.

As a child in an alcoholic family, I experienced a lot of unhealthy conflict. Disagreements often escalated into irrational and hurtful fights. I understand now that my parents were acting out of their wounds which they had not processed well. As I look back at the conflicts of my family of origin I see now that it could have been different. There is such a thing as healthy conflict!

Healthy conflict involves open and respectful discussion between parties in which stakeholders feel heard. We exchange ideas and perspectives. We assume the best about each other's intentions. We recognize Christ in each other. If we find ourselves dealing with our complaints by spreading them to others or talking badly about others, then we have a problem with our own heart.

Healthy conflict ends with a plan to move forward. If feelings have been hurt, then apologies are made. Forgiveness is asked for and given. Healthy conflict brings the parties to a new and better understanding of each other. Healthy conflict reflects the kind of community that honors Jesus. For the most part, this describes my experience with conflict at St. Paul's so far. There has been a good bit of change (a new Rector is probably the biggest change of all!) and there are new people getting involved, new programs, and fellowships. Naturally, there has been some conflict, but I'm glad to say it has been mostly healthy. May all our internal conflicts be healthy!

*If you are interested in learning more about how to be a person committed to healthy conflict, I recommend the book **Antagonists in the Church**. It focuses on identifying and correcting toxic behavior that must be identified and corrected. Copies are available at the office.*



Parishioner Profile: Heather Adcock

When the call sounded for Sunday school teachers, Heather Adcock quickly responded. Heather has a degree in Early Childhood Education and taught in both Caddo and Bossier parishes at one time. "I'm so glad to see Sunday School get started again," Heather said. "It's so important!"

The Sunday school teachers rotate every few weeks; Heather is currently teaching with Angie Abrams and they have the three to five year old group. "We are following the Gospel and the Propers for each week so the family can follow the same lessons," she explained. For example, one recent Sunday they studied the parable of the woman who was bent over for 18 years and how Jesus healed her. Then the children celebrated with a rousing rendition of "Heads, shoulders, knees, and toes" and the "Hokey Pokey" using all of their body parts. "You have to do what is developmentally appropriate" with these little ones, Heather said.

Heather has an infectious positive attitude and is so excited about teaching Sunday school and working with these children. What a blessing she, and all of our Sunday school teachers are.

Stewardship

Sharing the gifts we have

What is Tithing?

Tithing can generally be described as our regular monetary support of the church. It's the money we contribute to fund the operations of the church that enable us to fulfill our mission to live and spread the Good News that Jesus Christ is the Lord and Savior of all. Our giving to the church is, therefore, a Holy endeavor, a spiritual matter. In our giving we are making a statement about what we value, and we are keeping our promise to love the Lord with all that we are and all that we have.

As with all our spiritual endeavors, there is a practical side as well. It takes money to worship the Lord together, to provide space and programs for fellowship and Christian education. Clergy and staff, buildings, utilities, and maintenance, outreach – they all cost money. This has been true since the beginning of worshipping communities as far back as The Bible tells us. The Tithe in those days was very specifically calculated. It was 10% of one's wealth (which is what the word tithe literally means). In addition, other offerings were required from time to time. Historically, then, 10% has been considered the minimum amount to offer back to God through the church.

10% is an easy number to figure, but sometimes difficult to muster. In some circumstances and seasons in our lives, it's just not possible. Our economic realities can get out of whack for any number of reasons. And it is likely the case that those reasons we cannot tithe are also at the core of situations in our lives that need ministering to and healing. That's okay! No one should feel embarrassed or 'less than' for being unable to make a full tithe. Progress in our healing and progress and in our spiritual disciplines ought to be prayed for and sought after.

The theme for this year's stewardship campaign is Joyful Giving. Whatever we can pledge to give for the new calendar year – let it be from a joyful heart.



Ministry Spotlight: Acolytes

There are many working parts in a beautiful worship service and it is safe to say that our Acolytes play an important role. The word "acolyte" means "attendant" or one who helps. Duties may include carrying in the cross, book bearer, torch bearer, or offering person. These young people assist the priest and enhance the worship service. Susan Sherwin leads our acolytes and at the recent Ministry MASH in August she welcomed several new members which means we now have four teams of acolytes!

If your child would like to join the Acolyte Guild, please reach out to Susan for more information.

Worship

Centering Prayer Workshop



Pamela Begeman

Jesus said, "When you pray, go to your inner room, close the door, and pray to your Father in secret. And your Father, who sees in secret, will reward you."

Our upcoming Centering Prayer workshop will acquaint you with the centuries-old practice of sitting and abiding with God. As Jesus said, "Abide in me, as I abide in you." You will leave the workshop having gained another spiritual practice to allow greater intimacy with God. Our workshop presenter, Pamela Begeman, has been specially trained to give these workshops, and will present the history and method of this simple way to draw closer to God in our everyday lives.

Pamela Begeman is a daily practitioner and commissioned presenter of both Centering Prayer and the Welcoming Prayer. She co-creates and facilitates many of the Contemplative Outreach worldwide online retreats, programs and publications. She is also one of the creators and editors of *The Contemplative Life Program*, a series of 40-day booklets on contemplative practices and dispositions. Her daily spiritual practices root her in the present and Presence while being an active wife, mother, grandmother and professional. She serves as communications and program coordinator for the international office of Contemplative Outreach and lives in Austin, Texas. She also serves on the executive committee of [The Meditation Chapel](#), a Zoom-enabled worldwide prayer chapel for people of all contemplative practices and spiritual traditions.

We will have two sessions of Centering Prayer during the workshop, with plenty of chances to ask questions, and leave knowing that we have taken another step on our spiritual journey. What if you attend just to try it out, and it ended up changing your life? Lunch will be provided on site. Come and join us.

Healing Eucharist



A new worship opportunity is available: a weekly Healing Eucharist with Laying on of Hands and Anointing will begin **September 7** at 10 a.m. in the Chapel. The service can be found in the *Episcopal Book of Occasional Services* and includes prayers and readings geared toward healing. The oil will be blessed at the **September 4** 10:30 service.

Sunday Lectionary

September 4, 2022: Thirteenth Sunday after Pentecost

Proper 18
1st Lesson: Deuteronomy 30:15-20
Psalm: 1

2nd Lesson: Philemon 1-21
Gospel: Luke 14: 25-33

September 11, 2022: Fourteenth Sunday after Pentecost

Proper 19
1st Lesson: Exodus 32:7-14
Psalm: 51:1-11
2nd Lesson: 1 Timothy 1:12-17
Gospel: Luke 15:1-10

September 18, 2022: Fifteenth Sunday after Pentecost

Proper 20
1st Lesson: Amos 8:4-7
Psalm: 113
2nd Lesson: 1 Timothy 2:1-7
Gospel: Luke 16:1-13

September 25, 2022: Sixteenth Sunday after Pentecost

Proper 21
1st Lesson: Amos 6:1a,4-7
Psalm: 146
2nd Lesson: 1 Timothy 6:6-19
Gospel: Luke 16:19-31

Altar Flowers

September 4, 2022

To the Glory of God and in loving memory of my husband, Raymond Bowles. Given by Gwen Bowles.

September 11, 2022

To the Glory of God and in loving memory of our daughter, Christine Corby. Given by Joe and Myra Corby.

September 18, 2022

To the Glory of God and in thanksgiving for our children and grandchildren. Given by Joseph and Terry LeGrand.

September 25, 2022

To the Glory of God and in loving memory of our parents, Dr. Gene and Annabelle Slagle and in celebration of their birthdays. Given by Lynda Shelley and Scott Slagle.

Families, Children, Youth

EYC: Forming Friendships in Faith and Love



The motto of our EYC is “Do not let anyone look down on you because you are young, but set an example for the believers in speech, in life, in love, in faith, and in purity” (1 Tim. 4:12). We have a strong EYC program at St. Paul’s thanks to the leadership of Kim and Will Duncan and a strong EYC leadership team.

The EYC is both a fellowship-forming and a faith-forming group. They meet every Sunday at 5:00 in the McRae Lodge; the group is open to all middle and high school aged children.

The EYC held their Back to School Lock-In in August which was filled with fun games and activities.



The lock-in included navigating a human knot and a photo scavenger hunt around the church campus.

This summer, members also

had “Dinner and a Movie Night” which included watching *Moana* while eating Polynesian food, they made sushi, and talked about Fruits of the Spirit with a smoothie bar. On September 11 they will do a “modified fireman’s workout” at the YMCA.



Kim and Will work with EYC youth leaders to plan fun and engaging events throughout the year and hope to offer a retreat for the group in the near future. The benefits of EYC participation are incredibly important to our youth in the formation of lifelong friendships and they are excellent role models for the younger children.

If your teenager would like to join EYC contact Kim Duncan.

Welcome the Rusling Family



Welcome the Rusling family! Jennifer and Aaron join the family of St. Paul’s along with their precious children Alex, Paige, and Claire.

Aaron is a Lt. Colonel in the Air Force and Jennifer is a nurse. They have wasted no time in becoming involved in church activities; Jennifer is volunteering with Children’s Church and she attended the Ministry MASH.

The Ruslings were formally welcomed on August 28 during the 10:30 service.

Wonderful Wednesday Sign-Up is Open!



Everyone loves Wonderful Wednesday dinner and the preparation is as much fun as the eating!

Hospitality Coordinator Beverly Casso has several openings

for your guild or your ministry group to volunteer to pick up cooking duty that week. All you have to do is pick your date and decide what you want to fix. Beverly is always available to assist and she can purchase your ingredients; if you want to pick your own just submit your receipts to the office for reimbursement. If you need meal suggestion ideas, she can help with that.

This is a fun, team-building activity for your group, and if you aren’t a cook, you can assist with meal prep, serving, or clean-up instead. If you love to bake, there is a need for desserts each week. There is a sign-up sheet in the office.

Septemb

Sun

Mon

Tue

W



4

8:00 a.m. Holy Eucharist, Rite 1
 9:30 a.m. Adult Bible Study (Parlor), Children's Sunday School (East Wing), Youth Sunday School (McRae Lodge), Red Nursery (ages 3-5); Rector's Forum/Catechism class (Warden's Room)
 10:30 a.m. Holy Eucharist, Rite 2; Blessing of Oils
 11:45 a.m. Coffee Hour (Parlor)
 5:00 p.m. EYC: DIY Sushi
 Birthdays: Connie Wilkins, Mary Helen Byrum

5

Labor Day: Office Closed

 Birthday: Kay Ellen Henderson, Cece Tillman

6

1:00 p.m. Knitting Group (Warden's Room)
 1:30 p.m. Matthew 25: Common Ground (Parish Hall)
 7:00 p.m. Centering Prayer (Warden's Room)
 Birthdays: Jim Taliaferro, Robert Vinet, Sherri Voebel

7

10:00 a.m. Healing Eucharist
 10:30 a.m. Bible Study
 5:30 p.m. Simple Eucharist
 5:30 p.m. Young Voices
 6:00 p.m. Dinner (Parish Hall)
 6:30 p.m. Adult Study (Parish Hall)
 King's Club (K-5) East Wing, EYC (K-5)

11

8:00 a.m. Holy Eucharist, Rite 1
 9:00 a.m. Fellowship Breakfast (Parish Hall) w/ EYC Coffee Bar fundraiser
 10:30 a.m. Holy Eucharist, Rite 2
 11:45 a.m. Coffee Hour (Parlor)
 12:00 p.m. Worship Leader Training
 3:00 p.m. Holy Eucharist at The Glen
 5:00 p.m. EYC: 9/11 workout
 Birthday: Andrew Adams

12

12:00 a.m. Pastoral Care Team (Zoom)

 Birthdays: Alan Prater, Crystal Woolley, Ian MacIntire

13

1:00 p.m. Knitting Group (Warden's Room)
 1:30 p.m. Matthew 25: Common Ground (Parish Hall)
 7:00 p.m. Centering Prayer (Warden's Room)
 Birthdays: John Tuggle, Meghan Griffin
 Anniversary: Gill and Melissa McElroy

14 Holy Cross Day

10:00 a.m. Healing Eucharist
 10:30 a.m. Bible Study
 12:00 Finance Committee
 5:30 p.m. Simple Eucharist
 5:30 p.m. Young Voices
 6:00 p.m. Dinner (Parish Hall)
 6:30 p.m. Adult Study (Parish Hall)
 King's Club (K-5) East Wing (6-12)

18

8:00 a.m. Holy Eucharist, Rite 1
 9:30 a.m. Sunday School all ages; Rector's Forum/Catechism class (Warden's Room)
 10:30 a.m. Holy Eucharist, Rite 2
 11:45 a.m. Coffee Hour (Parlor)
 12:00 p.m. Worship Leader Training (Vesting Room); Investment Committee Meeting
 5:00 p.m. EYC
 Birthdays: Dianne Mullin, Matt Abrams

19

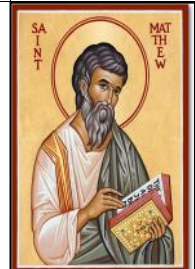
10:00 a.m. St. Catherine's Guild (Warden's Room)

 6:00 p.m. Vestry Meeting (Warden's Room)

20

1:00 p.m. Knitting Group (Warden's Room)
 1:30 p.m. Matthew 25: Common Ground (Parish Hall)
 7:00 p.m. Centering Prayer (Warden's Room)

 Birthday: Rose Collins



St M
 10:
 10:
 (W
 5:3
 5:3
 6:0
 6:3
 (Pa
 Eas

25

8:00 a.m. Holy Eucharist, Rite 1
 9:30 a.m. Sunday school all ages; Rector's Forum/Catechism class (Warden's Room)
 10:30 a.m. Holy Eucharist, Rite 2
 11:45 a.m. Coffee Hour (Parlor)
 5:00 p.m. EYC
 Birthdays: Pat Becker, Martha Nichols

26

11:30 a.m. Guild of St. Margaret (Warden's Room)

27

1:00 p.m. Knitting Group (Warden's Room)
 1:30 p.m. Matthew 25: Common Ground (Parish Hall)
 7:00 p.m. Centering Prayer (Warden's Rm)
 Birthdays: Elizabeth Hadwin, Jerry Wilson, Sallie Anzelmo
 Anniversary: Gregg and Sonia McVay

2

10:00 a.m. Healing Eucharist
 10:30 a.m. Bible Study
 5:30 p.m. Simple Eucharist
 5:30 p.m. Young Voices
 6:00 p.m. Dinner (Parish Hall)
 6:30 p.m. Adult Study (Parish Hall)
 King's Club (K-5) East Wing, EYC (K-5)

er 2022

Wed

Thu

Fri

Sat

	<p style="text-align: center;">1</p> <p>7:00 p.m. Choir Practice</p>	<p style="text-align: center;">2</p> <p>6:30 a.m. Men's Fellowship (Warden's Room)</p> <p>6:00 p.m. Parents Supper Club (McRae Lodge)</p>	<p style="text-align: center;">3</p> <p>Birthday: Kathleen Porter</p>
<p>7</p> <p>Eucharist (Chapel) (Warden's Room)</p> <p>Eucharist (Chapel)</p> <p>Music Rehearsal (Parish Hall)</p> <p>King's Club (Parlor), King's Club (6-12)</p>	<p style="text-align: center;">8</p> <p>5:30 p.m. Guild of Queen Esther (McRae Lodge)</p> <p>7:00 p.m. Choir Practice</p> <p>Anniversary: Tim and Sarah Tully</p>	<p style="text-align: center;">9</p> <p>6:30 a.m. Men's Fellowship (Warden's Room)</p>	<p style="text-align: center;">10</p> <p>9:30 a.m. Altar Guild (Warden's Room)</p> <p>Birthdays: Joanie Kopp, Stephanie Bell</p>
	<p style="text-align: center;">15</p> <p>12:00 p.m. Men's Bible Study (Parlor)</p> <p>7:00 p.m. Choir Practice</p> <p>Birthdays: Martha Gayle, Taylor Jane Lee, Patti Taliaferro</p>	<p style="text-align: center;">16</p> <p>6:30 a.m. Men's Fellowship (Warden's Room)</p>	<p style="text-align: center;">17</p> <p>9:00 a.m. Brotherhood of St. Andrew (Parish Hall)</p>
<p>Matthew the Apostle 21</p> <p>10:00 a.m. Healing Eucharist</p> <p>10:30 a.m. Bible Study (Warden's Room)</p> <p>11:00 a.m. Simple Eucharist</p> <p>11:30 a.m. Young Voices</p> <p>12:00 p.m. Dinner</p> <p>1:00 p.m. Adult Study (Parlor), King's Club (K-5)</p> <p>1:30 p.m. St Wing, EYC (6-12)</p>	<p style="text-align: center;">22</p> <p>12:00 p.m. Men's Bible Study (Parlor)</p> <p>7:00 p.m. Choir Practice</p> <p>Birthdays: Teal Larson, Aaron Broadwell, Erika Cannon</p>	<p style="text-align: center;">23</p> <p>6:30 a.m. Men's Fellowship (Warden's Room)</p>	<p style="text-align: center;">24</p> <p>Anniversary: David and Laura Collette</p>
<p>8</p> <p>Eucharist (Chapel) (Warden's Room)</p> <p>Eucharist (Chapel)</p> <p>Music Rehearsal (Parish Hall)</p> <p>King's Club (Parlor), King's Club (6-12)</p>	<p style="text-align: center;">29 St. Michael</p>  <p>12:00 p.m. Men's Bible Study (Parlor)</p> <p>7:00 p.m. Choir Practice</p> <p>Birthday: Kelli Bynum</p>	<p style="text-align: center;">30</p> <p>6:30 a.m. Men's Fellowship (Warden's Room)</p>	

Discipleship & Christian Education

Turn Your Face to the Son

by Dianne Buddecke Howell



Continued from page 1

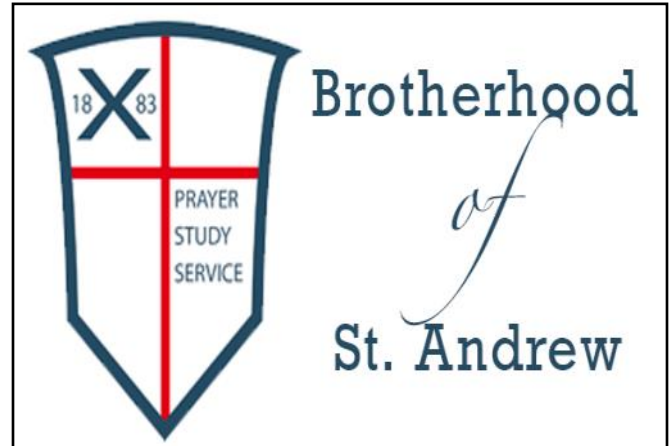
I thought of Malachi 4:1-2. The critical passage for believers reads, "...But for you who fear My name the Sun of righteousness will rise with healing in its wings; and you will go forth and skip about like calves from the stall..." The word for "sun" (Hebrew "semes" - to be brilliant; the sun) serves as a spiritual reference to the healing power of the One we worship, the Son of God, who brings healing and wholeness to every situation in which we *turn to Him*.

Scripture gives many examples of people who *chose to focus on Jesus* in the midst of difficult circumstances. Mark 5:25-34 tells of a woman who had suffered hemorrhages for twelve years and spent all her money to no avail. *In spite of the dense crowd*, she told herself, "If I can just touch his robe, I will be healed." She did, and was. Mark 10:46-52 tells of Bartimaeus, blind from birth, who, *in spite of naysayers in the crowd*, "kept crying out all the more." Jesus heard, stopped, called for him and healed him. In Matthew 8:5-13, a Roman Centurion who *came to Jesus in humility* received healing for his servant as well as a commendation of his great faith.

On September 4, St. Paul's will initiate a Blessing of the Oils and Anointing in the 10:30 a.m. service, followed by the first Weekly Eucharist with Healing and Anointing on September 7.

This is a unique offering not available in every church. If you are in need of *any kind of healing*, you can - like the heliotropic Daisy and our Biblical brothers and sisters - turn your face to the Son, follow His leading, press into His love, cry out for His mercy and come to Him expecting balm for your deepest needs. He longs to bless you. Isaiah 30:8.

Brotherhood of St. Andrew Prayer, Study, and Service



One of the oldest ministries in the Episcopal Church is [The Brotherhood of St. Andrew](#), founded in 1883. This worldwide organization has 357 U.S. chapters and over four thousand members. The mission statement of the BSA is simple: "To bring men and youth to Christ." They do this through prayer, study, and service.

The organization's website notes that "Brothers are quick to respond with both manpower and money during national emergencies, such as Hurricane Sandy in 2012 and during the deadly year of 2013, when an explosion devastated the town of West, Texas, a tornado levelled Moore, Oklahoma, and tsunami struck northern Japan," but says that what really holds it together is the fellowship.

At St. Paul's we are bringing back our Brotherhood of St. Andrew chapter under the rule of this national organization and charter. The group will meet every third Saturday of each month with the first meeting taking place **September 17** in the Parish Hall. Stith Bynum is the contact person if you'd like to find out more.

This will be the primary men's group at St. Paul's; additionally, the new Thursday Men's Bible Study group will start in September and there is a Men's Fellowship Group that meets currently every Friday morning at 6:30 a.m. in the Warden's room, which will continue to meet.

If you're looking for a strong organization dedicated to prayer, study, and service, consider joining [The Brotherhood of St. Andrew](#).

Mission and Outreach

Ministry Fair 2022 and Rally Day: Wild about St. Paul's!



Youth Minister Kim Duncan leads EYC.

The 2022 St. Paul's Ministry Fair was a wild success! Over thirty ministries set up table displays in the Parlor to share information about what they do and recruit new members.

Beverly Casso and her hospitality team transformed the Parish Hall into a jungle wilderness complete with bamboo and wild animals as parishioners enjoyed a lovely Continental breakfast.

The Ministry Fair was open between the services and after the 10:30 service so there was plenty of opportunity to browse, visit with ministry leaders, and pick-up information sheets, bookmarks, and other trinkets from the displays.

If you were unable to attend the ministry fair but would like more information or to volunteer, contact the office and we can put you in touch with the appropriate ministry leader. There is a place for everyone!

Children of all ages were able to meet their Sunday school teachers and visit their classroom.



Terry LeGrand represented St. Catherine's Guild.



A Continental Breakfast was enjoyed by all.



Joe Corby represented the Boy Scouts Troop 14.

Pastoral Care Team Commissioning



Pastoral Care Team Members: Alan Prater, Susan Teague, Corey Gabler, Susan Adams, Susan Sherwin, Steve Becker.

Caring for the human needs of a congregation is always at the heart of any church. On August 21, at the 10:30 service, Fr. Michael commissioned a pastoral care team for St. Paul's. These team members have been carefully selected and are available to make contact with members who may need additional spiritual support. The team is available to help in times

of illness, death, difficult transitions or crisis. Contact the office or Fr. Michael if you need to reach the pastoral care team.

Men's Bible Study

Mickey Quinlan will lead a new Men's Bible Study group each Thursday, starting **September 15** at noon in the Parlor. Participants will examine the lectionary readings each week in study and discussion.

Bring your lunch and drop in to this new fellowship opportunity!



Parish Life

Wonderful Wednesday is Back!



There is so much to love about Wonderful Wednesday which is evident from the excellent turnout each week for the Simple Eucharist at 5:30 followed by dinner and programs for all ages.

The first adult study is Dietrich Bonhoeffer's *Life Together* which is the story of his underground seminary during the Nazi years and gives practical advice on how we can live together in Christ. The second book study, beginning at the end of September, will be Bishop Jake Owensby's *Finding God in Messy Places*. Bring the family, bring a friend, and join us each Wonderful Wednesday for food, fellowship, and worship.

Betsy Dunkle Shares WWII Memorabilia



Prompted by discussions during the Wonderful Wednesday study of Bonhoeffer's *Life Together*, Betsy Dunkle has shared a piece of interesting family memorabilia with us. This is her father's Episcopal Service Cross; the medallion was given to Episcopal service members during World War II to remind soldiers of their faith.

Quick online [research](#) indicates that the design of the medal was to meet several criteria: the pendant should avoid sharp points; second, the design should be anchored by the ancient Crusader's Cross, which is composed of five crosses symbolizing the five wounds of Christ; third, it should have engraved upon it "Christ Died for Thee," a quotation from the Service of Holy Communion found within the Book of Common Prayer: "Take and eat this in remembrance that Christ died for thee, and feed on him in thy heart by faith, with thanksgiving."; and fourth, "The Church War Cross" was to be inscribed across the back of the medallion.

Betsy's father was a surgeon in the 121st Station Hospital in Braintree, England during the war and she will be sharing some fascinating history with us in the next issue!

"Fintastic Blood Drive" Breaks Record



Our August 1 blood drive with LifeShare broke our church record for units donated with 28 units!

From first time donors to those doing double red cell donations, our people showed up

in force to support Beth McMurry. LifeShare representative Phil "O-Negative" Maxfield was thrilled with the turnout and eagerly scheduled our next drive.

Donors enjoyed delicious Southern Maid donuts and other snacks and were offered a "Fintastic" t-shirt. But the real reward comes in knowing that just one blood donation can save three lives. Our blood drive was in support of Beth McMurry who is fighting Acute Myeloid Leukemia. From [Beth's Caring Bridge post](#) on July 30, she wrote, "I want to sincerely thank everyone that has donated and advocated for me these last few weeks. This is the most blood products that I have ever needed post-chemo and it is always such a relief when the nurse tells me it's available."

Our next blood drive will be **November 28** in the Parish Hall.

Vestry Corner

There was no meeting of the Vestry in July due to the absence of a quorum, however liaison reports were submitted.

- EYC helped set up for VBS and also volunteered throughout the week.
- The Liturgy Committee reports that Evening Prayer services were held each Wednesday at 5:30 p.m. during the summer in the absence of the Wonderful Wednesday Simple Eucharist.
- The Altar Guild reports that the new celebrant chair has arrived and is in place in the Sanctuary.
- The Nursery would love to have more workers!
- Planning for the Stewardship campaign is underway; It will begin **September 25**.

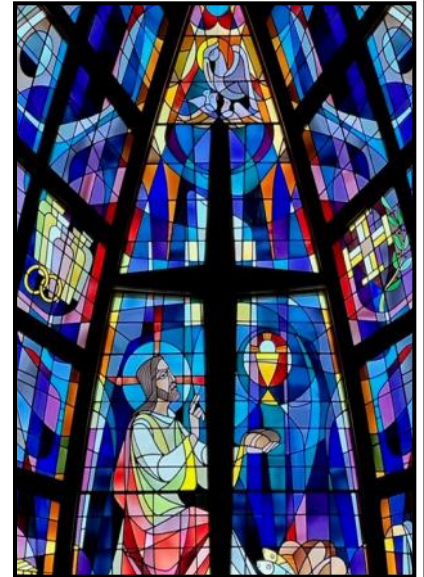
Prayers

We pray for the Family of St. Paul's. For the sick: Alan Prater, Stephanie Maynard, John McWethy, Stephen Roberts, Lorafay and Pat Woodall, Fr. Paul Martin, Robert and Patty Wilson, Jerry Wilson, Debby Mire and Dot, Corey Harrington, Tammy Register, Tim and Sarah Tully, Leo Daigle, Margaret and Jeremy Owuor, Alvina Martin, Shannon Dean, Joe and Ann Fertitta, Haley Pederson, Connie Blondin, Sam Waghalter, Harold and Peggy Byerly, Jean Galloway, Dot Hensley, Gil Lawton, Mike Kennedy, Michael Johnston, Ray and Waynette Lee, Kinsley, Rozelle Hahn, Steven Pell, Charla, Emmie Sue Ellisor, Omega Martin, Joan and Bob Kopp, Deedy Roberts, James Lee, Brian Lewis, Luke, Mary Helen Byrum, Beth McMurry, Tara Hooper.

We pray for our military: Cody, Nick, Todd, Cole, Clark

We pray for our missionaries: Tom and Robin Wilson

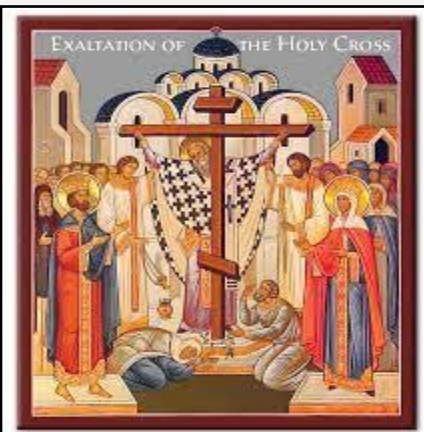
We pray for the faithfully departed: Chris Beckendorf



We pray for the Anglican Communion and Justin, Archbishop of Canterbury, Michael, Presiding Bishop of the Episcopal Church USA; Bishop Jake Owensby and his wife, Joy; Bishop Moises, Bishop of the Dominican Republic, our companion diocese; St. Matthias, Cherident, Haiti, and Father Jacob; the President of the United States, Joseph, and we pray for Fr. Michael, our Rector, the clergy, the people, and the ministries of St. Paul's.

If you know anyone who would appreciate being on the prayer list or have other pastoral needs, please contact Pat Becker at communications@stpaulsshreveport.org

Collect for September 14: Holy Cross Day



Almighty God, whose Son our Savior Jesus Christ was lifted high upon the cross that he might draw the whole world to himself: Mercifully grant that we, who glory in the mystery of our redemption, may have grace to take up our cross and follow him; who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. Amen.

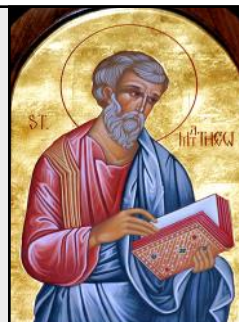
Collect for September 29: Saint Michael and All Angels

Everlasting God, you have ordained and constituted in a wonderful order the ministries of angels and mortals: Mercifully grant that, as your holy angels always serve and worship you in heaven, so by your appointment they may help and defend us here on earth; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.



Collect for September 21: Feast of St. Matthew

We thank you, heavenly Father, for the witness of your apostle and evangelist Matthew to the Gospel of your Son our Savior; and we pray that, after his example, we may with ready wills and hearts obey the calling of our Lord to follow him; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.



Coming in October:

Dianne Howell has another wonderful contribution and we will have more history and reflection from Betsy Dunkel. If you have something to share, send it to Pat in the office.



Saint Paul's Episcopal Church
 275 Southfield Road
 Shreveport, LA 71105

The Family of St. Paul's ~ Living the Transforming Love of Jesus Christ

JESUS CHRIST IS HEAD OF THE CHURCH

The Right Rev. Jacob W. Owensby, PhD, DD ~ Bishop of the Diocese of Western Louisiana

The Rev. Michael Cannon, Rector

Bobby Horne, Senior Warden

Joe Corby, Junior Warden

The Vestry

2020-2022- Joe Corby, Terry LeGrand, Mickey Quinlan, Gene Young,

2021-2023 - Julie Broadwell, Emily Maier, Amy Prather, Ron Smith

2022-2024– Linda Brooks, Alan Prater, JoAnn Rose, Matt Woolley

- Erika Cannon.....Parish Administrator
- Bob Maynard.....Music Minister
- Elizabeth West.....Organist
- Pat Becker.....Church Secretary
- Debbey Mire.....Church Accountant
- John Phillips.....Facility Manager
- Tim Tully.....Sexton
- JoAnn Rose.....Day School Principal
- Kimberly Duncan.....Youth Minister
- Beverly Casso.....Hospitality Coordinator