How to handle Sorrow, pain & troubles – Genesis 19 -vThe Sorrow of death.

Psalms 116:3  “The sorrows of death compassed me, and the pains of hell gat hold upon me: I found trouble and sorrow.”

Eccelestias\_11:10  Therefore remove sorrow from thy heart, and put away evil from thy flesh: for childhood and youth *are* vanity.

* The Christian life isn’t always easy to walk because of sin and sorrow. God made us with feelings and emotions and that is how we love God!
* God wants us to use our feelings to experience His Love, Grace, Mercy, Forgiveness, Protection, Guidance and so on…
* But God doesn’t want us to do is allow our feelings and emotions take us to paths of disobedience and sin.

**What happened to Lot that brought him to a place where God was ready to destroy. How did Lot get here?**

* Genesis 19:26  “But his wife looked back from behind him, and she became a pillar of salt.”
* **Lot looked at Sodom and like it.** - Gen\_13:12  Abram dwelled in the land of Canaan, and Lot dwelled in the cities of the plain, and pitched *his* tent toward Sodom.
* **Lot lingered in Sodom and enjoy it** - Gen 14:12  And they took Lot, Abram's brother's son, who dwelt in Sodom, and his goods, and departed.
* **Lot Lived in Sodom and build his life there** - Gen\_19:1  And there came two angels to Sodom at even; and Lot sat in the gate of Sodom: and Lot seeing *them* rose up to meet them; and he bowed himself with his face toward the ground;

The Sorrow, Pain and troubles Lot had.

* Lot was in the city of sin. 19:1
* Lot had bad discernment 19:9
* Lot lost two daughters to sin 19:14
* Lot didn’t receive God’s instructions 19:16
* Lot experiences God’s Truths 19:24
* Lot lost his wife to not listening to God 19:26

**God tells us the way of His righteous people should think and feel.**

**Psalms 1:1-3**  Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.

Psa 1:2  But his delight is in the law of the LORD; and in his law doth he meditate day and night. Psa 1:3  And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.

**Are you walking in Joy in the Lord? Are you happy in Jesus?**

* I think Lot will say he was happy in God before God visited him and interrupted Lot’s plans.
* Is that not the truth – we think things are fine until something happens and then we realize things are not fine?
* Lot was happy in Sodom it seemed. - Lot was prospering in Sodom it seemed.
* Lot was doing okay – so it seemed.

**How can we know if things are, okay or just so it seems okay? Well God tells us to check for some important things to be true:**

1. **We are Looking to the Lord – THE RIGHT LOOK**

* **I am seeking and searching for God’s Truths.** 2 Corinthains\_10:7 “ Do ye look on things after the outward appearance? If any man trust to himself that he is Christ's, let him of himself think this again, that, as he is Christ's, even so are we Christ's.”
* **I am understanding what God is showing me.”** – Psalms\_25:5  “Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day.”
* **I am Seeking God’s grace and mercy for my life-** Psalms\_25:18  “Look upon mine affliction and my pain; and forgive all my sins.”

**THE WRONG LOOK**

* I don’t really seek God’s truths for my life. - I don’t really understand God’s leading.
* Pro\_6:17  A proud look, a lying tongue, and hands that shed innocent blood,
* Pro\_21:4  An high look, and a proud heart, and the plowing of the wicked, is sin.

1. **We are Lingering in His Presence**

**THE RIGHT LINGERING** - I enjoy the wisdom God is given me – **Read Proverbs 2:6-13**

**THE WRONG LINGERING -** I am not correcting my wrong feelings and thinking about sin and worldliness. **Read Proverbs 2:14-22**

1. **WE ARE LIVING FOR HIS GLORY AND HONOR**

**2 Chronicles 15:7**  “Be ye strong therefore, and let not your hands be weak: for your work shall be rewarded.”

**Hebrews 6:10**  “For God is not unrighteous to forget your work and labor of love, which ye have shewed toward his name, in that ye have ministered to the saints, and do minister