**Intro: What I pray for:**  myself, my family, Helmers Street and all Believers, is that we have a deeper understanding of God’s Word but that is not all, that we allow the Word of God get deeper in us and make change in us for God’s glory all our days.

**The Sad news** - It breaks my heart to hear about faithful men and women that stood strong for the Lord and God did great things through these servants of God and then to hear that their children not take seriously God in their own lives after the death of their parents.

How can we fix this problem? How can we fix the problems in our own lives?

**The Reality of the truth -** Do you know what a strange paradox it is to say to someone that needs strength, go make yourself more tired by pushing yourselves with weights and exercise. It seems strange at first, but the truth of strength is then understood and experienced, the weak one then sees “the realty of the truth” of power and strength, that it is in making oneself tired, now this glorious new reality of truth is wonderfully received and practiced for life!

**What am I talking about?** - Walking with God’s Spirit takes work and exercise.

* The Child of God sees how strong they are and become only when they are doing the things that God is leading them to do!
* To avoid this truth causes us harm and puts in the snare of the Devil.

Chapter 5 of Galatians we are going to see Paul be practical [give us simple and basic instructions] about what he just spoke about in chapters 1-4.

**What did Paul speak about?**

*Chapter 1 – The Grace of God for us sinners.*

*Chapter 2 – Being Justified by faith in God’s promise.*

*Chapter 3-4 – Redeemed By God by the mighty hand of God.*

*Chapter 5 – Walking in the Spirit of God that seals us.*

*Chapter 6 - Helping out others follow God’s truths.*

**Now, here we go, Let’s See what Paul is telling us in Chapter 5 about how to walk and exercise listening to God’s Spirit:**

**3 Wonderful and Powerful Truths**

1. **Strength comes when we remember, Our Salvation is all the wonderful work of Jesus Christ –**

* Gal. 5:1  Stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage.
* Remember, “the high cost” God paid for our sins by His grace and love!
* **It is a work of Christ v1b “Christ Made us free”**
* 1 Tim.\_3:16  And without controversy great is the mystery of godliness: God was manifest in the flesh, justified in the Spirit, seen of angels, preached unto the Gentiles, believed on in the world, received up into glory.
* The Mystery of God manifest in the flesh - Emmanuel - Incarnation of Christ - Doctrine of Substitution - The Doctrine Grace - The Doctrine of Salvation –
* John 1:1-5, 14 – God made flesh -
* Matthew 1:23 – Jesus is called “Emmanuel – God is with us”
* The Promise of Eternal Life by the Work of the Lord Jesus:
* John\_3:15  That whosoever believeth in him should not perish, but have eternal life.
* John\_10:28  And I give unto them eternal life; and they shall never perish, neither shall any man pluck them out of my hand.
* Romans\_6:23  For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.

1. **Strength comes from looking at Jesus and continuing your look at Jesus! V1a “ Stand fast”**

* **James 1:25**  But whoso looketh into the perfect law of liberty, and continueth *therein,* he being not a forgetful hearer, but a doer of the work, this man shall be blessed in his deed.
* **The Perfect law of Liberty is Jesus and His Word –**
* The Strong One continues their Looking and Keeps Looking.
* The Strong one doesn’t forget – He might need to be reminded from time to time, might need to be refresh, about the realty of truth, But the strong one will never forget.
* Israel today has a saying – “ Never again” referring to the Holocaust. They say that will never happen again under their watch.
* We need to have this kind of attitude about the things of God.
* The Strong have a good memory when it come to the things of God!
* **Gal.5:5** – God wants us “through the Spirit to wait for the hope”
* Are you enjoying God in waiting for Him, just as much He enjoys in waiting for you?
* **Don’t rush your time with God! - Learn to rest and enjoy God!**
* **Gal. 5:7** Don’t let anything stop you! Nothing!!!

1. **Strength comes when God’s Spirit becomes our helper and guide:**

* **Keep in Step with God’s Spirit. Galatians 5:16-26**
* Gal. 5:16  *This* I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.
* Gal 5:25  If we live in the Spirit, let us also walk in the Spirit.
* Evidence of God’s spirit in us – Galatians 5:22-23

**It is a New Covenant-New Promise to the World**

**v2 The Old Promise is fulfilled in Jesus Christ.**

**The Mystery of the father in the Son- Jesus Christ -**

Eph\_3:9  And to make all *men* see what *is* the fellowship of the mystery, which from the beginning of the world hath been hid in God, who created all things by Jesus Christ:

Eph\_5:32  This is a great mystery: but I speak concerning Christ and the church.

Col\_1:26  *Even* the mystery which hath been hid from ages and from generations, but now is made manifest to his saints:

Col\_1:27  To whom God would make known what *is* the riches of the glory of this mystery among the Gentiles; which is Christ in you, the hope of glory:

1Ti\_3:16  And without controversy great is the mystery of godliness: God was manifest in the flesh, justified in the Spirit, seen of angels, preached unto the Gentiles, believed on in the world, received up into glory.