**Season 1**

**E1** - Jen Lee, Host of I Need Blue, survives armed robbery/abduction

**E2** - Jen Lee with guest Alan P Smith, Clinical Social Worker/Effects of trauma

**E3** - Stoney- His restaurant wasn't suppose to be robbed that night.

**E4** - Maya survives child abduction 3 times

**E5** - Sheriff Wayne Ivey

**E6** - Gail survives domestic violence/Lori Sutherland from The Women's Center

**E8** - LEO talks the night shift

**E9** - Jen Lee confronts unknown PTSD symptoms after surviving gun violence

**E10** - Jen Lee, Part 2 confronts PTSD after surviving gun violence

**E11** - Sean Dustin, host, No Where To Go But Up podcast

**E12** - Asia, Surviving Satanic ritual abuse. Host of Letters to the People podcast

**E13** - Asia, Surviving Satanic ritual abuse, Part 2

**E14** - Bill Mitchell, losing a daughter to dating abuse. Host of When Dating Hurts podcast

**E15** - Life Recaptured, Human sex trafficking signs, methods and resources

**E16** - Ryan, a male survivor of domestic violence

**E17** - Leslie, a survivor of Blue suicide & Laurie Putnam, Survivors of Blue Suicide

**Season 2**

**S2 E1** - Jen Lee interview on Causepods podcast

**S2 E2** - Alma & Andi, Human Trafficking next door and at the border

**S2 E3** - Back Brevard Heroes

**S2 E4** - Dr. Michele Finneran, Parkland School Shooting

**S2 E5** - Michele Garcia, Serene Harbor talks dating violence signs and resources

**S2 E6** - Debra's son, Shaun died from Opioid/Heroin overdose. A must-listen for parents.

**S2 E7** - Robbie survived abuse, drug addiction, prison and now celebrates recovery.

**S2 E8** - Lieutenant Heather Hall - Life as a 911 dispatcher

**S2 E9** - Erika, law enforcement veteran talks addiction & recovery. Windmill Wellness Ranch

**S2 E10** - Jaci, shares foster care experience. Jayne Amelia Larson, host of Bonus Babies

**S2 E11** - Kierra shares foster care experience. Lisa Soloman, Lift Up Young Lives

**S2 Ep12** - Maya, she was 13 when her 2 year old sister was diagnosed with cancer

**S2 Ep13** - Becki survived a serial rapist. Joint conversation with Lloyd, her husband.

**S2 Ep14** - Becki survived a serial rapist, Part 2. Joining the talk is her husband and daughter

**S2 Ep15** - Stacey Webb, former Australian police officer talks trauma release.

**S2 EP16** - Suzy lost her son, Tristan to Fentanyl poisoning

**S2 Ep17** - Kristen, a cautionary tale about online dating, assault and rape

**S2 Ep18** - Mary survived childhood trauma become Guardian Ad Litem of Florida

**S2 Ep19** - Pam escaped "creepy guy," situational awareness with Mike Dandridge

**S2 Ep20** - Michelle Dale, Gold Star Mom lost her son, Cpl Dale J Kridlo in Afghanistan

**S2 Ep21** - Barry Walton, Emmy winner, shaping your life's narrative

**S2 Ep22** - Michele Vergho, the survivor who stopped a school sexual predator

**S2 Ep23** - Jasmin Peach, former Australian police officer breaking stigma w/first responder

**S2 Ep24** - Taylor, a survivor of Intrafamilial sexual abuse

**S2 Ep25** - Debby Montgomery Johnson, over $1 Million dollars lost, she discusses the emotional and financial trauma from an online romance dating scam.

**S2 Ep26** - Commander Vic DeSantis - The dangers of Fentanyl

**S2 Ep27** - Donna Bollinger, drowning, divorce and gratitude

**Season 3**

**S3 Ep 1 -** E'ala's Journey to Empowerment After Surviving Domestic Violence

**S3 Ep 2 -** From Ironman Competitor to Quadriplegia; A Family's Journey of Survival Through Love and Laughter

**S3 Ep 3 -** Jonathan: the heartbreaking irony of saving lives on the job, while struggling to save the one closest to him.

**S3 Ep 4** - Miracles, Fate and Inspiration: Ari Schonbrun's 9/11 Story of Surviving Tower One

**S3 Ep 5** - Christine B - Sexual Assault, Domestic Violence, & Losing a Baby - How Music Helped Me Find Strength to Cope With Trauma

**S3 Ep 6** - Laura McCarthy: From Mess to Majestic - Addiction, Trauma, Recovery and Hope

**S3 Ep 7** – My Story of surviving dating abuse – Jen Lee/Bonus episode

**S3 Ep 8** - Living with Passion: Dr. Diely's Journey as a Physician, Wife, Mother & Cancer Survivor

**S3 Ep 9** – Melissa’s story of Regaining Strength: Why He Didn’t Kill Her

**S3 Ep 10** – Mel & James: A Heartbreaking Tale of Parental Alienation

**S3 Ep 11** – The Courage Found in Recovery: Randy Mortensen’s Journey After Losing His Son

**S3 Ep 12** – Healing and Honoring: Lauren’s Journey as a Law Enforcement Officers Wife

**S3 Ep 13** – Surviving a Stalker: My Chilling Encounter

**S3 Ep 14** - Ann Marie Conklin’s Powerful Voice For Survivors of Childhood Sexual Abuse

**S3 Ep 15** – Ron Culberson: Why Laughter is Key to your healing journey

**S3 Ep 16** - Dr. Marianne Thomas reveals her trafficking story

**S3 Ep 17** – Dharasens’s Fight for Justice: Healing from Sexual Assualt and the murder of her brother