

**PODCAST  
GUEST  
INVITATION**

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A special invite



*Hosted by Jen Lee*

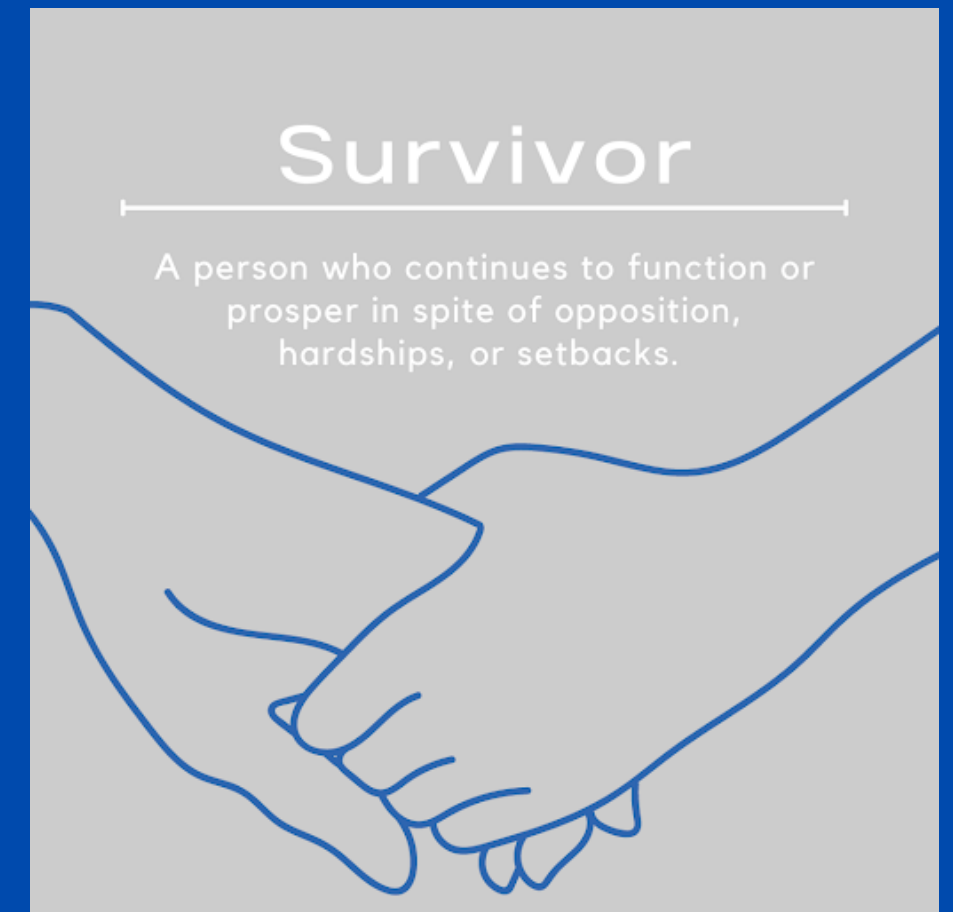
**I NEED BLUE**

LLC

# Jen Lee

## I Need Blue LLC

"SURVIVORS OF CRIME  
AND TRAUMA FROM  
THOSE WHO HAVE BEEN  
THERE"  
PODCAST SERIES



Jen Lee is the creator and host, I Need Blue Podcast. A decade ago, I became the survivor of an armed robbery and abduction. As Store Manager, I became the "go-to" person to handle the robbers request, but also to protect the 8 other shoppers who were present.

**When asked, "how did you escape?" I replied, "we didn't. We were rescued by the local Law Enforcement Officers!"**

## **Why be a guest?**

I Need Blue podcast is focused on stories from people who have survived traumatic situations. Discussing a painful situation can be scary, however for some, talking about their trauma is an initial step toward healing. I Need Blue podcast is a safe space to share. Let's talk today!

## **Who will your message help?**

The I Need Blue guest has found the courage to share their experience with you. As a survivor, they want to start conversation.

As the listener, you become part of their healing process. The story and the information it provides, generates awareness and may prevent someone else from becoming a victim. The topics, at times, may be graphic capturing a mature audience.

**\*Sharing / listening to a story is not meant to replace professional advice or diagnosis.**

# Be Our Special Guest!

- This interview will take place through SquadCast, an online end-to-end audio recording program. SquadCast is supported either through Google Chrome or Firefox. Allow 1 hour for the interview.
- The interview will be conducted through video, but only audio is released on the podcast. If you would like the camera disabled before the interview starts, please let me know beforehand.
- Ten minutes prior to recording time, you will receive an email with a link. Please click on the link and it will direct you to the session.
- You will need a computer. Please ensure that you have earphones with a microphone (earbuds work well) and avoid using built-in microphones for best audio sound quality.
- **IMPORTANT:** Please find a quiet place to record. Turn off cell phones, Outlook notifications, etc.
- It is appreciated if you'd share the link with friends, family and social media if it suits your comfort level.
- You might also be interested in [this short article](#) on things to consider as a podcast guest, if you haven't been a guest before.

# I Need Blue Podcast series

*Hosted by Jen Lee*



**Never trust your fear,  
it doesn't  
know your strength!**



**Thank you for being our guest!**



**Instagram:  
ineedbluepodcast**

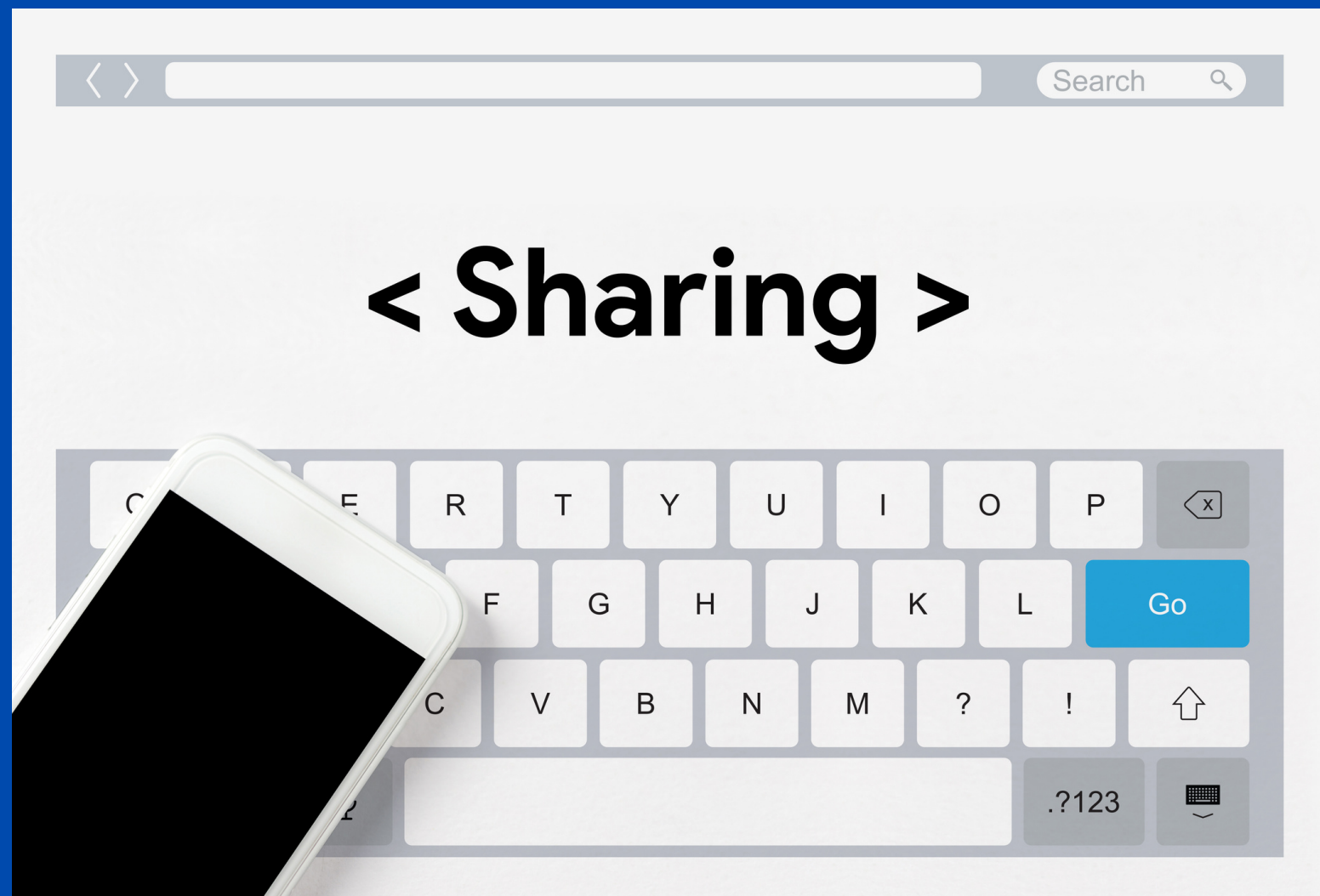
**I NEED BLUE Facebook  
@needbluepodcast**























**Need Blue Podcast  
Community  
(Private FB Group)**



Feel free to share the link I provide.



Find it here:

- |                                                                                                     |                                                                                                     |
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