SUNDIAL AUDITORIUM 8:30am – November 7, 2026
AQUA FITNESS CLUB REGISTRATION FOR ** **Winter** ** SESSION 2026

November 30, 2026 – February 5, 2027 SCHEDULE

		Marinette Pool	
Tuesday/Friday	9:00a	Free Standing	Velda Jensen
		Oakmont Pool	
Monday/Thursday	8:00a	Free Standing	Chris Jones
Monday/Thursday	9:00a	Pool Side	Susan Ewen
Tuesday/Friday	9:00a	Free Standing	Laura Smyth McMellon
		Sundial Large Pool	
Monday/Thursday	8:00a	Free Standing	Judy Blaison
Monday/Thursday	9:00a	Free Standing	Georgeanne Paige
Tuesday/Friday	8:00a	Free Standing	Chris Jones
Tuesday/Friday	9:00a	Free Standing	Susie Abram
		Sundial Small Pool	
Monday/Thursday	10:00a	Free Standing	Judy Blaison
Monday/Thursday	11:00a	Aqua Stretches	Susie Abram
Monday/Thursday	4:30p	Poolside	John Whitmyer
Monday/Thursday	5:30p	Free Standing	Laura Smyth McMellon
Tuesday/Friday	10:00a	Aqua Stretches	Susan Ewen
Tuesday/Friday	11:00a	Aqua Stretches	Georgeanne Paige
Tuesday/Friday	4:30p	Free Standing	Velda Jensen
Tuesday/Friday	5:30p	Free Standing	John Whitmyer

THE NEXT "TRY IT BEFORE YOU BUY IT" WEEK IS January 25th THROUGH January 29, 2027
(ONE MORE WEEK OF CLASSES February 1st through February 5th)
Registration for ***Spring 2027*** CLASSES: February 6, 2027

These exercises are done in a free standing position in waist to chest deep water, either in place or moving in the pool. Some require good stability. Classes are $15 each. There are no make-up classes, prorates, refunds, wait lists or transfers from one class to another after registration. All classes are coed and open only to RCSC cardholders in good standing. Membership in the Aqua Fitness Cub is required to take any class. New memberships are available in the lobby before Registration. The classes are held at the sole discretion of the instructor who will determine if conditions are safe for a class to be held, this may include weather and/or safety issues in the pool.

FOR MORE INFORMATION CALL TERRY (619)818-4380

WWW.aquafitnesssuncity.com