

## Saturday, June 7, 2025

10:30am - 2:30pm

\$30.00

Everything is in a state of vibration. The Chakras are thought to be spinning wheels of energy that influence physical, emotional and spiritual well-being. The word "chakra" is from the Sanskrit word meaning "wheel". They are believed to be located along the spine from its base to the crown of the head. Each of these seven energy centers coordinate with specific internal organs and nerve bundles. The total energy of these centers coordinates with our Physical. Emotional and Spiritual selves and are associated with 7 colors. The total energy is our "Prana" or life force and reflect our Spiritual Self and aspects of our human awareness.

Our Chakras are associated with 7 colors and are connected to the symbology of these colors. When these Energy Centers are working in harmony and balance, we may be said to be "in the pink". When disharmony of the Physical, Emotional or Spirit occurs it's been noted that our "Aura" will reflect this. Have you ever noticed a "dark cloud" surrounding someone?

Join us for an opportunity to relax, renew and recharge as we work with these energy centers. We will learn about the Chakras, the color symbology behind each one and the areas of our physical selves that coordinate to them. Color Healing for ourselves and sending Absentee Healing with color will also be explored.

Rev. Bonnie S. Woods is an ordained Spiritualist Minister through the Circle of the Soul School of Healing and Spiritual Philosophy. She is an Intuitive Artist, Reiki Master, Medium and Lecturer.

All presentations are made for comparison, informational, and educational purposes and may not reflect the teachings of the national Spiritualist Association of Churches. Check <u>www.firstspiritualisttemple.com</u> for the Temple Talk News Letter and a list of upcoming speakers, activities and events.