

# Healthy Vibes Book Club



Curated selection of  
books featuring health  
and wellness topics!

Facilitated by Michelle Cardimen  
RN, BSN, NBC-HWC, AFMC

Located at  
The Health Club Taproom & Cafe  
6420 Cornell Avenue Indianapolis, IN 46220

When:  
3rd Thursday of each month from 7-8 PM EST  
(unless otherwise posted)

\*See calendar for details

Sponsored in partnership by

the health club





# 2024-2025 Calendar of Events

## DATES

August 15, 2024

September 18, 2024

October 17, 2024

November 21, 2024

December 19, 2024

January 16, 2025

February 20, 2025

March 20, 2025

April 17, 2025

May 15, 2025

June 19, 2025

July 17, 2025

August 21, 2025

September 18, 2025

October 16, 2025

November 20, 2025

December 18, 2025



# See you there!

