



Dance Expressions



Holland Studio ~ 2024-2025

We are proud to provide technique-based dance training, with the opportunity for each student to express themselves as they grow, in a positive family-based environment!

CLASSES BEGIN AUGUST 19TH

Age Guide: Pre...3 & 4 Jr...5, 6 & 7 Beg...8 & up Int...12 & up Adv...15 & up

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

4:30-5:30 Beg/Int Musical Theater* - AH 4:30-5:15 Int/Adv Pointe* - SM 4:45-5:30 Pre-Dance 1 - RS	4:30-5:30 4:30-5:30 Beg/Int. Lyrical* - LK 4:45-5:30 Pre-Dance 2 - AK	4:30-5:30 4:45-5:30 Jr Jazz 2 - MC 4:45-5:30 Pre-Tap - CF	4:30-5:30 4:45-5:30 Jr. Hip Hop - MH 4:30-5:30
5:30-6:30 Adv Jazz - AH 5:30-6:30 Beg Ballet 2/Int – SM/AM 5:30-6:15 Jr Ballet 2 - RS	5:30-6:30 5:30-6:30 Beg Ballet 1 - LK 5:30-6:15 Jr Jazz 1 - BB	5:30-6:30 5:45-6:30 Jr Ballet 2 - CF 5:30-6:30 Beg Tap - MC	5:30-6:30 Beg. Hip Hop - MH 5:30-6:30 5:30-6:30
6:30-7:30 Beg Jazz 2/Int - AH 6:30-7:30 Adv Ballet – SM/AM 6:30-7:15 Jr Jazz 2 - RS	6:30-7:30 Beg Jazz 1 - LK 6:30-7:15 Jr Ballet 1 - AK	6:30-7:30 6:30-7:30 Int Tap - CF 6:30-7:15 Jr Tap - MC	6:30-7:30 Int/Adv Hip Hop - MH 6:30-7:30 6:30-7:30
7:30-8:30 Adv Lyrical* - AH 7:30-8:30 7:30-8:30	7:30-8:30 7:30-8:30 Intro-Pointe* - Class TBA With Ballet Teacher Recommendation	7:30-8:30 7:30-8:30 Adv Tap - CF 7:30-8:30	7:30-8:30 7:30-8:30 7:30-8:30

All dancers are placed in classes by the Dance Expressions staff. Placements are based on a dancer's age, dance experience, ability and Teacher recommendation. Generally, a dancer will remain in the same level at least two years, before being recommended to a new level. *Dancers are required to take a flat ballet class in addition to all Pointe and Lyrical.

*Dancers are required to take a jazz or a flat ballet class in addition to Musical Theater.



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