



Dance Expressions



2023-2024 - HOLLAND STUDIO

We provide positive, technique-based dance training, with the opportunity for each student to express themselves as they grow, in a family-based environment.

AGES: Pre...3 & 4 **Jr...**5, 6 & 7 **Beg...**8 & up **Int...**12 & up **Adv...**15 & up

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

4:00-4:45 Pre-Beg-Adv Pointe - MT 4:30-5:30 Beg/Int Musical Theater*-AH 4:45-5:30 Jr. Ballet 1 - MT 4:45-5:30 Pre-Dance 2 - CF	4:30-5:30 Beg Lyrical* - JC 4:30-5:30 XDT BALLET - MR 4:45-5:30 Pre-Tap - CF	4:30-5:30 4:45-5:30 Jr Jazz 2 - MC 4:45-5:30 Pre-Dance 1 - CF	4:30-5:30 4:30-5:30 4:30-5:30
5:30-6:30 Int/Adv Lyrical* - AH 5:30-6:30 Beg Ballet 2 - MT 5:45-6:30 Jr. Jazz 1 - CF	5:30-6:30 Int/Adv Hip Hop - JC 5:30-6:30 Beg Ballet 1 - MT 5:30-6:15 Jr Jazz 1 - CF	5:30-6:30 5:45-6:30 Jr Ballet 2 - CF 5:30-6:30 Beg Tap - MC	5:30-6:30 5:30-6:15 Jr Hip Hop - JC 5:30-6:30
6:30-7:30 Int Jazz - AH 6:30-7:30 Adv. Ballet - MT 6:30-7:30 Beg Jazz 2 - CF	6:30-7:30 Beg Jazz 1 - JC 6:30-7:15 Jr Ballet 1 - CF 6:45-7:30	6:30-7:30 6:30-7:30 Int Tap - CF 6:30-7:15 Jr Tap - MC	6:30-7:30 6:30-7:30 Beg Hip Hop - JC 6:30-7:30
7:30-8:30 Adv. Jazz - AH 7:30-8:30 Int Ballet - MT 7:30-8:30	7:30-8:30 7:30-8:30 7:30-8:30	7:30-8:30 7:30-8:30 Adv Tap - CF 7:30-8:30	7:30-8:30 7:30-8:30 7:30-8:30

All dancers are placed in classes by the Dance Expressions staff. Placement is based on a dancer's age, dance experience and ability. Generally, a dancer remains in the same level at least two years, before moving up.

*Dancers are required to take a flat ballet class in addition to all Pointe and Lyrical.

*Dancers are required to take a jazz or a flat ballet class in addition to Musical Theater.



Dance-Expressions-Studio.com

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