



Technique-based dance training, with the opportunity for each student to express themselves as they grow, in a positive family-based environment!

CLASSES BEGIN JANUARY 6th

Age Guide: Pre3	& 4 Jr5, 6 & 7 Beg	8 & up Int12 & up WEDNESDAY	Adv…15 & up
MONDAY	TUESDAY		THURSDAY
4:30-5:30 Beg/Int Musical Theater* - AH	4:30-5:30	4:30-5:30	4:30-5:30
4:30-5:15 Int/Adv Pointe* - SM/AM	4:30-5:30 Beg/Int. Lyrical* - LK	4:45-5:30 Jr Jazz 2 - MC	4:45-5:30 Jr. Hip Hop - MH
4:45-5:30 Pre-Dance 1 - RS	4:45-5:30 Pre-Dance 2 - BB	4:45-5:30 Pre-Tap - CF	4:30-5:30 Pre-Dance 2 HJ
5:30-6:30 Adv Lyrical* AH	5:30-6:30	5:30-6:30	5:30-6:30 XDT Rehearsal
5:30-6:30 Beg Ballet 2/Int – SM/AM	5:30-6:30 Beg Ballet 1 - LK	5:45-6:30 Jr Ballet 2 - CF	5:30-6:30 Beg. Hip Hop - MH
5:30-6:15 Jr Ballet 2 - RS	5:30-6:15 Jr Jazz 1 - BB	5:30-6:30 Beg Tap - MC	5:30-6:30 XDT Rehearsal
6:30-7:30 Beg Jazz 2/Int - AH 6:30-7:30 Adv Ballet – SM/AM 6:30-7:15 Jr Jazz 2 - RS	6:30-7:30 Beg Jazz 1 - LK 6:30-7:15 Jr Ballet 1 - BB	6:30-7:30 6:30-7:30 Int Tap - CF 6:30-7:15 Jr Tap - MC	6:30-7:30 XDT Rehearsal 6:30-7:30 Int/Adv Hip Hop - MH 6:30-7:30 XDT Rehearsal
7:30-8:30 Adv Jazz - AH 7:30-8:30 XDT Rehearsal 7:30-8:15 Intro-Pointe* - Class TBA With Ballet Teacher Recommendation	7:30-8:30 XDT Rehearsal 7:30-8:30 XDT Rehearsal 7:30-8:30 XDT Rehearsal	7:30-8:30 XDT Rehearsal 7:30-8:30 Adv Tap - CK 7:30-8:30 XDT Rehearsal	7:30-8:30 XDT Rehearsal 7:30-8:30 XDT Rehearsal 7:30-8:30 XDT Rehearsal



All dancers are placed in classes by the Dance Expressions staff. Placements are based on a dancer's age, dance experience, ability and Teacher recommendation. Generally, a dancer will remain in the same level at least two years, before being recommended to a new level. *Dancers are required to take a flat ballet class in addition to all Pointe and Lyrical. *Dancers are required to take a jazz or a flat ballet class in addition to Musical Theater.



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