Marc Levin M.A. psych. Authorized Psychologist Bjerggade 3B, 1tv 7600 Struer Denmark

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Marc Levin CV

M.A. Psychology, The New School for Social Research, USA

B.A. Psychology, Rutgers University, USA

Certified trainer, PSMB/HRDF, Malaysia

Certified trainer, Neuro-Linguistic Programming, USA

Authorized by the Danish Board of Psychologists, (Psykolognævnet Socialministeriet)

Overview

Born raised and trained in urban USA, I moved to Denmark in 1973 to pursue my careers as a psychologist and jazz musician and composer.

I had a mobile clinical practice servicing clients over most of the country, with a base clinic in Holstebro under the Danish National Health Service (Dansk Offentlige Sygesikring) for subsidised crisis intervention and psychotherapy. As an organisational psychologist, I served both governmental and private organisations as a trainer, consultant and coach for individuals and groups.

I worked in Malaysia from 2011 to 2016, as a clinical therapist, freelance trainer, coach, researcher and coordinator for international business development, bringing Malaysian talent and resources together with international partners.

Upon returning to Denmark, I've maintained activities in Europe, North America and Malaysia/Southeast Asia, including affiliations with collaborating organisations and individual clients, both face to face and online.

I'm intent on utilising my long and rich career as clinical and organizational psychologist and jazz musician and composer, to

create effective, unique and empowering services for interested local and international individuals and communities.

Among my Special areas of intervention and training are:

- Trauma intervention
- Creativity in the workplace
- Communication skills
- Job and family balance
- Environmental health of the workplace
 - -Values alignment
 - -Congruent motivation
- Organizational Trauma Recovery and Business
 Continuity
- Anxiety, depression
- Family dynamics
- Cross-cultural challenges
- Garuda profiling tools
- Performance anxiety in presentation and implementation

My musical activities are currently developed in collaboration with the record company Centrifuga.dk and Struer Musikskolen/Struer Music School through which I'm able to perform, publish and teach my music.

This has also led to work combining my psychological training and experience, in addressing challenges in performance anxiety for performing artists, athletes and business communicators.

Work Experience

Psychologist:

- 2020-- Psychological consultation clinic at Bjerggade 3b, 7600 Struer, Denmark, offering supplemental online and on location sessions.
- 2016-- Resumed psychological consultations in Denmark, after returning from Malaysia, serving clinical and organizational clients online, with physical base in Struer and other satellite locations in Denmark.
- 2014-2016 <u>HRD4MY</u>, Working with director Dr. Arayan, Richard Jenkins researching training content, developing local and international partnerships and training, including collaboration with <u>WMS-Media</u>, Malaysia

- 2014-2015 <u>WMS-Media</u>, Malaysia, Asia Training Manager, Reporting to Founder/CEO Hadi Tabbaa developing training concepts and content and local and international business development for online training, marketing and other online communication activities, including collaboration with <u>HRD4MY</u>
- 2012-2014 <u>Knowledge Group of Companies</u>, Concept development, internal training, liaison with trainers, event production, organizational development associations such as BPI, Best Practice Institute, U.S.A.
- 2012-2013 <u>INFINITIgym/Pure Fitness</u>, Kuala Lumpur in-house psychologist/life coach, and H.R.D.F accredited trainer. Developing course/training modules addressing the needs of the team consisting of sales persons, fitness trainers and member-relations persons. Development of training modules marketed to company corporate customers.
- 2012-- Established private clinical and coaching practice, supplemented by online sessions.

Further Affiliations and training development information are noted in Marc Levin Consult Profile.

- 2009 -- Established <u>Marc Levin Consult-Malaysia</u> based in Kuala Lumpur, consisting of Wellness, Networking and Personal and Organizational services connecting European activities and associates, with partners in Asia, building on experiences and models from Marc Levin Consult, Denmark, established in 1980.
- 2011 -2016 Established residence in Kuala Lumpur, Malaysia.
- 2007-2009 Became affiliated with <u>Stone House</u>, Traverse City, Michigan, USA as guest consultant and therapist. Stone House, also affiliated with Center for Health in Traverse City, run by John Schneider, Ph.D., Professor Emeritus with whom he had been supervised and collaborated with internationally from 1986, until Dr. Schneider's passing in 2011.
- 2005-2007 Founded <u>Caravan</u>, a mobile treatment program for

traumatized clients, primarily political refugees, serving various municipalities as a treatment and training model throughout Denmark utilising adaptable cross-cultural teams, including interpreters and health-care professionals.

- 2004-2005 Chief-psychologist for <u>RCT-Mobil</u>, Denmark.
- 2002-2003 Established, with Rick Steele, MD, MPH, <u>RCT-</u> <u>Mobil</u>, a prototype for a mobile treatment program for traumatized clients, primarily political refugees, in the city of Esbjerg, Denmark, from which the concept broadened to other cities in the area.
- 1999 Presentation, 'NLP Interventions in Treating Torture Victims' at <u>IASH INTERNATIONAL NLP</u> <u>CONFERENCE</u>, Helsingor, Denmark, with Esmat Levin and intercultural consultant Farhad Aziz.
- 1998-2010 Psychological consultant for several municipalities in Jutland when the Integration Act 1998 came into force and tasks from the Danish Refugee Council's tasks had been transferred to the municipalities.
- 1995 Published a handbook on meeting and communication skills for <u>The Danish School of</u> <u>Administration and Management / Danmarks</u> <u>Forvaltningshøjskole</u> Copenhagen, Denmark
- 1994-1997 Guest lecturer for <u>The Danish School of</u> <u>Administration and Management (Danmarks</u> <u>Forvaltningshøjskole), Copenhagen, Denmark</u>
- 1993-1998 Served on the guest faculty of the <u>Royal School of</u> <u>Librarianship (Danmarks Bibliotekskole)</u>, Copenhagen, Denmark. Among the subjects taught were "Stress Management on the Job, Family and Beyond", "Compassionate and Effective Customer Service", "Values-based Communication", "Dealing with Violence in the Workplace", "The Learning Organization", "NLP, What Is It and How Can It Is Applied?".

1989-2010 Clinical work in Denmark with political refugees,

including treatment of torture victims, and their traumatized children.

Retained by the <u>Danish Refugee Council (Dansk</u> <u>Flygtningehjælp)</u> in two counties, developing training and treatment models, including cassettes translated to several languages (Tamil, Arabic, French, Kurdish, among others) used for relaxation and personal development, incorporating his own music and Time Line Therapy™ interventions.

- 1980–2010 Moved to Holstebro, in the mid-Western part of Jutland, Denmark, where he established a consultant firm, <u>Marc Levin Consult</u>, providing clinical and training services for civil and private organizations and a production company, Edith Forlag for training and personal development products.
- 1973 After two summer consultantships, moved to Copenhagen, where until 1980 was consultant to Danish substance abuse programs, working with clients and staff, and offering training and treatment skills to other organizations.
- 1971 Invited by Dr. Jens Mathiassen, <u>Institute for Social</u> <u>Medicine, Copenhagen</u>, to Denmark as summer consultant to substance abuse treatment programs, primarily in the Copenhagen area.
- 1971 Completed Master's degree and joined the faculty of <u>City University of New York, Kingsborough</u> <u>College</u>, U.S.A., establishing the *Human Development Workshop*, with a staff of 8 exsubstance abusers, studying at the university and offering counselling and information to students and faculty.

Established, with colleague Bill Lowe, a jazz orchestra for inner-city student musicians on campus.

1968-1971 With 11 ex- substance abusers and psychiatrist George Wilson, started <u>HORIZON HOUSE</u>, a drugfree therapeutic community for the treatment of drug abusers, on New York's Lower East Side, STOPPED HERE

based on Synanon model plus re-entry, with personnel from Synanon, Daytop Village and Phoenix House

- 1965-1965 Conducted consumer profiles for the company, <u>Marketing Survey and Research</u>, New York City, U.S.A..
- 1965-1966 Was trained in and administered Drs. Eugene I. Burdock and Anne S. Hardesty's 'Children's Behavior Inventory' and 'Structured Clinical Interview Manual', <u>Columbia University,</u> <u>Presbyterian Hospital</u>, New York City, U.S.A.
- 1963-1965 Worked in the New Jersey, U.S.A. starting as a caseworker for two welfare boards (social councils), <u>Middlesex</u> and <u>Essex</u> <u>Counties</u> with cases in New Brunswick and Newark respectively.

Education and Training

2018	Garuda user training in the use of the Competence Profile for selection and development of managers and employees, Garuda AS, Risskov, Denmark (Garuda brugeruddannelse i anvendelse af KompetenceProfilen til udvælgelse og udvikling af ledere og medarbejdere)
2011	Authorized trainer, PSMB/HRDF, TTT / Train the Trainer certification, Malaysia (PSMB, Pembangunan Sumber Manusia Berhad Company, is under the jurisdiction of the Ministry of Human Resource Malaysia (HRDF).)
1995	Certified trainer, Neuro-Linguistic Programming, USA
1971	M.A. Psychology, The New School for Social Research, New York City, USA
1963	B.A. Psychology, Rutgers University, New Brunswick, USA

Neuro-Linguistic Programming (NLP):

Practitioner, Master Practitioner and Certified Trainer with <u>Advanced Neuro Dynamics</u>, Tad James, Ph.D, Julie Silverthorn, M.S., CMH, John Overdurf, CAC, CMH supplemented by seminars and personal training with Robert MacDonald, Robert Dilts, Joseph O' Connor.

Hypnotherapy:

<u>Advanced Neuro Dynamics</u>, Tad James, Ph.D, Julie Silverthorn, John Overdurf, supplemented by seminars and personal training with Steven Gilligan, Ph.D, Jeffrey Zeig Ph.D..

EMDR (Eye Movement Desensitization and Reprocessing training):

EMDR INSTITUTE, Level I, EMDR and Trauma, Roger Solomon, Ph.D., Level II, Francine Shapiro, Ph.D.

Music, Psychoimmunology and Therapy:

Projects with clinical supervisor John Schneider, Ph.D., professor emeritus of psychology, Michigan State University Medical School, department of psychiatry:

Tapes (now CD's) - Creating a Safe Environment and Creating a Healthy Image, Workshop- Music and Healing.

Other Selected Certifications:

<u>Clinical</u>

- Chartered psychologist under the Danish National Health Service (Dansk Offentlige Sygesikring) for subsidised crisis intervention and psychotherapy. Charter nr. 769843
- Authorized by the Danish Board of Psychologists, (Psykolognævnet Socialministeriet)
- Certified Trainer of Neurolinguistic Programming (NLP), Advanced Neuro Dynamics, U.S.A. (included Master and Practitioner certifications)
- Treatment of Cutting and Self-Harming Patients, Bo Møhl
- Treatment and Management of Bulimia, Dr. Kristian Rokkedal, Center for Eating Disorders, Aarhus, Denmark
- Introduction to Neuropsychology, Hysse Birgitte Forchhammer, Ph.d, supervising neuropsychologist, Copenhagen County Hospital, GlostrupRorschach Testing with the Exner System, Part I, Chief Psychologist Kurt Sørensen, Børne- og Ungdomspsykiatrien, Herning.
- Psychopharmacology: Focusing on Anti-Depressive and

Anti-Psychotic Medication, John Teilmann Larsen, MD, PhD., Odense University Hospital, psychiatric department, Denmark, lecturer at South Denmark University

 Cognitive Therapy Interventions for Stress and Anxiety, Dr. Sheldon Rose

Organization & Personal Development

- Exploring the Inner Sight, Dr. Eligio Stephen Gallegos 'USA
- Systems Thinking, Ian McDermott, Joseph O'Connor
- Photo Reading, Julie Silverthorn, M.S., CMH
- The New Leadership Paradigm, Robert Dilts
- Ericksonian Hypnotherapy and the Hero's Journey, Stephen Gilligan, Phd.
- Ericksonian Hypnosis I, II, III, John C.Overdurf, CAC, CMH, and Julie M. Silverthorn, M.S. CMH,
- The Psychology of Gene Expression in Hypnosis and the Healing Art, Dr. Ernest L. Rossi

Complete list of supplementary trainings and certificates are available upon request.

References and Affiliations

- Development Center, Herning Business School, Denmark (Udviklingscentret, HERNINGHANDELS SKOLE), Herning, Denmark
- M. Osgood, M.A. Psych., Interactive Consultants, Silkeborg, Denmark
- Human Resources Development, Poole, Dorset, England
- Professor Emeritus, Dr. John Schneider, Traverse City Michigan, U.S.A.
- Heavy Harmony Library, Bedikian Consult, Los Angeles, U.S.A.

For further selected references, please request separate documentation or visit <u>www.marclevin.net</u>, <u>References</u>

For updated current information with focus on Malaysia activities, please request separate documentation or visit <u>www.marclevin.net</u>, <u>Marc's Profile</u>

Other Skills

<u>Music</u>:

Earlier career as jazz musician, notation in USA's Leonard Feather's "Encyclopedia of Jazz of the Seventies" and the Danish Politikkens Jazz Lexicon.

Composed and performed music for personal development tapes, art and dance events and seminars.

Has done personal training and coaching for music performers, educators and trade people in Denmark, USA, and U.K..

The latter include projects with HEAVY HARMONY MUSIC, Los Angeles, and M.I.A., the Music Industry Association of England's Mammoth Events, having developed individual and group modules under the theme 'Mental Technology in the Music Business'.

1994, INTEGRA conference, Michigan funded by The Rockefeller Foundation, USA, with Dr. John Schneider and percussionist Marsha Coffey, 'Music, Visualisation and Healing'.

Recent

Ongoing performance projects with Danish and international musicians as documented on <u>www.marclevin.net</u>

- 2017-- Struer Musikskolen (Struer Music School, Struer, Denmark), Trumpet/Cornet teacher, teaching individual students and group classes, including students with special needs.
- 2016-- Collaborating projects with the Danish recording company, Centrifuga.dk including Marc Levin works and those of musician colleagues from USA, for recording and performance.