

The initial consultation



Initial face-to-face interview

To understand the client, and to develop an appropriate activity plan, we will conduct an interview. Questions may include the client's past and present lifestyle, career history, interests and hobbies, past travel experience and significant life events.



Formal cognitive assessment

We will conduct a formal cognitive assessment to determine the client's strengths and weaknesses. More than one assessment tool may be used to assess the client's overall cognitive capacity.



Discussion with carer and/or family

This discussion will address any carer and/or family concerns, and ensure the proposed activity plan is suited to the client's needs.



For more information regarding
the Super Brain Program,
please contact us on:

Phone

(02) 8970 4632

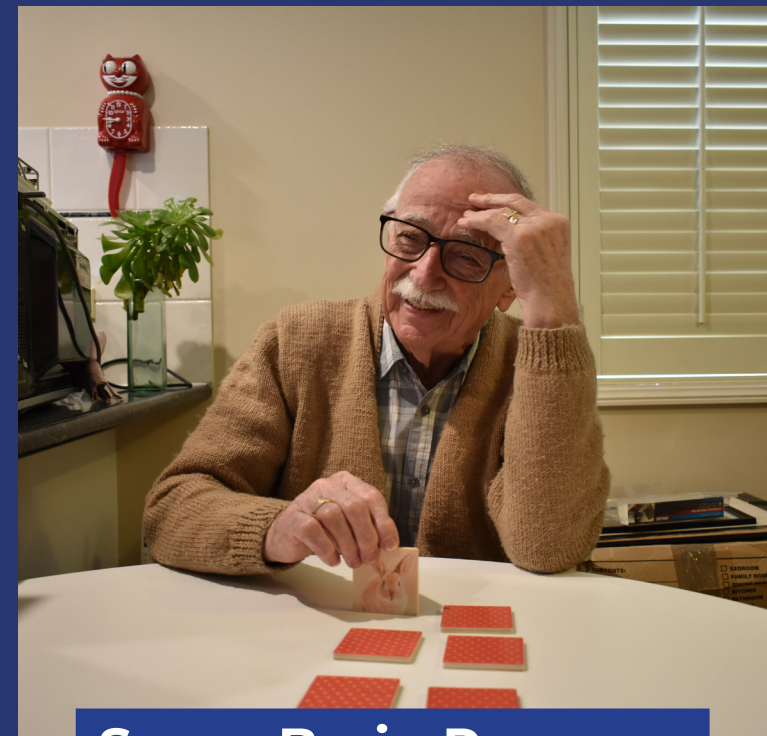
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Super Brain Program

Designed for people living with
**cognitive decline, or cognitive
impairment**

superrehab.com.au

Why is the Super Brain Program helpful?



The Super Brain Program is designed to help people living with **cognitive decline, or cognitive impairment**, maintain their optimal level of function in everyday life.

Our program will help the person:

- Reduce the overall level of care or assistance needed
- Lower the burden on caregivers and family
- Reduce behavioural issues
- Improve their ability to concentrate
- Better engage with others
- Enjoy a happier, healthier and more purposeful life



Who is eligible?

This program is for people who have:

- Been diagnosed with early stage dementia;
- Mild to moderate dementia who are able to follow the prompts and perform a guided task and without behavioural issues;
- Experienced decline in cognitive function but have not been diagnosed with dementia; or
- Had a stroke and have residual cognitive impairment.



During the Super Brain Program sessions, we do a variety of **creative and client-centred activities**.