

FLUXing **LIFE** :1

The **JOY**s of

Creat ion's

AWEsome

Power

RICh "The **P**oet" **K**ovatch

BOOK #4 FLuxing Life: The JOYs

of **Creation's AWESOME POWER**

#191 02-03-2019 **R**iches & **R**ockets of Desires

#192 06-02-2020 **W**hen It **FEELS** Right

#193 08-11-2019 **R**omancing **Y**our Smile

#194 12-09-2019 **O**der, **O**der In This **C**ourt

P I CtureofHOPE

#195 12-20-2020 **O**nce **U**pon A Time

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#196 12-20-2020 **Y**our **O**der ... Please

#197 12-22-2020 **S**pO**I**Led by **E**motional **J**oyfulness

#198 12-24-2020 She's **I**nto **L**aughing

#199 12-24-2020 **I**ntimate **S**piritual **I**nter**C**ourse

#200 12-27-2020 **P**ER**F**E**C**T **T**iming

#201 12-29-2020 "Be**C**ause"

#202 01-02-2020 **L**ife = **ch**...**O**...**iC**...e

#203 01-07-2020 **M**y **T**ransmission **T**ransition

#204 01-10-2020 It's Grand Being Old**ER**

#205 01-12-2020 **W**H**A**t Do **Y**ou Think ?

#206 01-18-2020 **D**reams = Our **H**earts' **E**motion

#207 01-22-2020 To **U**nfold **O**ur Mind

#208 01-23-2020 Enough Is Enough !

#209 01-24-2020 **D**reams

#210 01-26-2020 **W**H**A**t **H**A**P**pened Is **:.)**

#211 01-26-2020 **M**y **M**A**G**I**C** Wand

#212 01-27-2020 When I Accept **T**ru**T**h

#213 02-13-2020 Valentine's Day 2020

#214 03-01-2020 **FL**uxing **L**ife : The **J**OYs of **C**reation's **AW**ESOME **P**OWER

#215 03-10-2020 **ONE** **D**a**y** at a **T**ime

191 RiChes & ROcKets of Desires

RiChes, RiChes & ROcKets of Desires .

Unlimited DREAMS Come from the HOTtest FIRES!

In our DEEPest (FOCUSed) DREAMS the subconCIous HAS Energy thAT Sires

The CREATION PROCESS to COME TRUE so our walk never tires .

So many words to describe paths ahead .

The CONNUNDRUM IS : LIFE BEGINS the moMent it's deAD .

My 1st 3 books – 190 earlier FIRES I PRAY you've read !

Thrusting my "Rockets of Desires"... Might I read this one day in a series called "T.E.D.

Talks" where RiCh's & riches * are openly SHARED?

Every adVancement - ever * HAPPened when Contrasts were dared !

Either direction the energy of momentum Can flow ... when bared .

Life ... gets stUC(k?) when it's constantly Compared

With your ROcKets' Crud-filled REAR viEW MireROR .

To "SEE Ahead" is sUREly eASier & CLEARer .

To "KNOW-WITHIN" ... you can be LOVED NO DEARer

THAn through the "EYES of GOD" ... a SPirit-Led "HEARer" !

ROcKets of desires HAve a "cAPTAIN" "In cHARge" .

Nothing is impossible (see #120 , HA) ... a DREAM TOO laRGE ?

Up until this very sentence, I've ACTed the level of SARGE !

TOO InVolved in RE-ACT(ions) dealing with the Carnal oil barge .

It's the wrong "OIL" Used thAT pollutes oUr veINs – to "Just ACCEPT Bad news".

C{rude} oil is heavy , that ship is occupied by worrYsome crows

Constantly beLIEVing the sword must be swung HARDer – or else we'll lose !

All thAT did was put into thAT eHAust – only another Deep BRUISe .

THAT "ex HAust" is the "BODY of EVI denCe" – your clearest "Me"mor...[y?]] .

Its' place IS the PAST so our FOCUS is SET FREE ;

MaYbe RESTing in RiCh's PEACEFUL PYRAMID you would like to BE ?

FIND OUT FOR YOURSELF ... it's RIGHT HERE & NOW for YOU to SEE

Rich Kovatch

Page 1 of 2

191 Riches & Rockets of Desires

Ahead into YOUR FuTuRE - which is always - Right now.

Remember a mere moment ago, verse two? It's time to Bow

With gratifude to the MasTer within who tells us How

To Enjoy Life's dinner table & all its' Great Chow!

The "Banquet" has a table of Contents filed in by you.

The Connundrum of Deciding even... is figured out by so few,

Said to be only about 5% of US ... so 95% Blew

Opportunity after Opportunity to See today's world brand New.

You see, I See finally from here... the TRuth that's FOR ME. You too?

A KARATE Black Belt blessed by bruises, broken bones & heart. Wiser now, I've made it through.

My past as seen as woes & ours... NOw DEAD. Only pleasant thoughts in RE-VIEW

To HOw THIS MOMENT PROVES in SO many ways ... I AM just Coloring in

HOw I grew !!!

Rich Kovatch

2-3-19

Page 2 of 2

#192 When It FEELS Right

Oh, w**Ha**t a blessing to **Ha**ve s**UCH** **M**ight !

The **POWER** of **IMAGINATION** and the **THRILL** of **FLIGHT** !

Our sense of control **grows** the **Higher** our **sight** .

We're in the **PARADISE** of **CONFIDENCE** ... *When IT FEELS Right* .

When IT FEELS Right we get **“IN the GROOVE”** .

The one tHa**t** makes our feet **get up and move**

To the **“BEAT of a DRUMMER”** ... the **“Rhythm of LIFE”** .

Hmmm ... the best rhyming word to go with t**Ha**t? **WIFE ?**

WIFE ? W**Ha**t the ...? **I Believe 3rd time's** the **“c**H**arm”** !

My body had**** set off every old-fashioned **ALARM**...

PAIN & MISERY ! But accepting the **De**P**RESSion** of my **Joyful spirit?**

The **“King of TRUTH”** wouldn't let me **“hear it”** !

Though, on the outside, as **“OFF”** my **“FIG leaves”** fell

The **CLEARER** my **CLARITY** **BE**came to the **MEANinG** of **“HELL”** .

“EDEN's Garden” for feedin' which spirit you choose .

I've practiced this medicine & (k)**needed** it for every bruise .

Nearly 20 years of **Karate-Do** ... the **“WAY of the EMPTY Hand”** & it wasn't a ruse .

The **BEST TEACHERS** , **LESSONS** **WILLingly** experienced . I'm **NOW** **calmly SET** on **AUTO-CRUISE** .

When my **VISION** **BE**came s**HA**rp as a **tack**

I **REALi**zed there's only the **CHOICE** of **LACK** .

There IS **PowerFUL** & **POWERless**, yet **BOTH FLOWING** with **LOVE's knack**

To s**l**OWly or **Qu**IC**kly** **TEACH ME** **HOW** to **“Look bACK”** !

The **“SENSE”** of **“TIME”** is a **MIRACULOUS gift** .

We choose ... **NOW** or **LATER** , but **ALL** eventually **shift**

Our thoughts towards w**Ha**t really sets us **“FREE”** .

The **HARMONY** & **BALANCE** of **BEing BOTH God ... & ME !**

BOTH at the SAME TIME ... YET ONE WITHOUT !

THIS ALONE ... GIVES the **CREATOR** the **clout** ...

To **“proCLAIM”** & then **MANifest** w**Ha**t **LIFE's** **ALL ABOUT** .

When It FEELS Right - I'm **“IN CONTROL”** , pumped UP & **STOUT** .

When It FEELS Right - there's **HARD** & there's **EASY** .

Rich Kovatch

When It FEELS Right - there's **QUALITY** & there's **CHEEZY** .

6-2-19

When It FEELS Right - **I AM** **AwARE** enOUGH to **KNOW**

When It FEELS Right ... the **ONES** t**HA**t **“KNOW GOD”** - **Share*** - my **HALO's** **GLOW!**

#193 Romancing Your Smile

The 1st time ever I **SAW YOUR SMILE**

I immediately set "REMEMBER THIS VIBE" on my "BE Happy" dial

Onto the enCHAnting frequency I hear BEing played by your **Smiling Lips**.

My JOY OF LIVING is experIenCing mUsIC tHAt **Ignites** emotional "t**R.i.P.s**"!

WHAt tunes I hear tHAt **NOW** emanate through my heart!

A NEW awareness tHAt I desire a **FRIENDSHIP** to start.

For some reason, I AM curious WHY **your face GLOWS LIKE THE SUN!**

This **ROMANCING** your smile energy **FEELS like I've ALREADY WON!**

PEACE is ALL IN how good IT feels TO: **let go!**

This encounter was but the opening **ACT** of our ad-lib comedy "SHOW".

We're 2 **ACTors** who **HAve** certain roles for each other to play.

I AM excited to **WRITE THIS MAGICAL MUSIC** today!

MAGICAL MUSIC I GIVE in forms yet to **BE ENJOYed**.

Like, ha, I **smiled just now** thinking my middle name is Floyd.

"Pretty Boy" Floyd, at age 9, I wanted to think of myself.

I almost chose Casper "The **FRIENDLY ghost**" which already was my **GLOW + health**.

I **KNEW** a "Confirmation" name meant I **COULD CHOOSE** my own "PATH".

So natural to me I **BEcame** a "**DAY-Dreamer**" because I **UNDERSTOOD** God's math.

1 + 1 in carnal terms = 2 so then "**FREE WILL**" & contrast **WILL BE seen**.

In spirit, **MOMENTUM** is **ALREADY** there – both **subtle** and **keen**.

JUST the **fACT** tHAt we've **HAD** multiple **pARTs** in each other's **DayDREAM**

Means we met on the "**River of Life's**" **CREATIVE EDDY-filled** stream.

Wherever it **SPINS** us, let's **remember to** at least **CHOOSE to smile at this Light-HEARTed ROMANCE**.

3 AWESOME HUGS I received **from you** each time we've talked... I'm **GIVING** the 4th a **chA**nce !!!!

I know very little about you except tHAt **your SMILE attrACTed me**

Like **your pART** was the **BEAUTIFUL FLOWER** ... & **MINE the Bee**

Buzzing near enough **you for you to FEEL MY MOTION**.

I AM **now** greatly satisfied I finally moved to the Pacific **Ocean**

From **DEEP** inside America's Heartland... an Indiana **boy** at **HEART**.

Opportunity **arOSE** so I moved away at age 50 to get a **NEW stART**.

NOW I **KNOW** after my dessert p**HA**ze, each day, I **CHOOSE to CREATE JOY** with w**HA**t **TUNE** I play.

#1 CHOICE: OPPORTUNITIES to receive the **Light** of **YOUR SMILING FACE** **nearly every day**.

This **friendship-oriented romance OFFER** is valid to go **wherever YOU CHOOSE**.

F.Y.I. Even if I will **have only memories of you... I STILL WIN**, not lose.

Rich Kovatch

The **FEELINGS** our **SMILES SHARED** compared to nothing Before !!!

8-11-19

My **Highest HIGH** would **BE** ... if you **OPEN THIS AWESOME DOOR !!!!!!!**

#194 **OR**der, **OR**der in **TH**is **CO**URT

ORder, **OR**der in **tH**is court !

Life's a puzzle **tH**At we're to **sOR**t

Energies **tH**At bring life ... **OR** abort ...

To grow thi**C**k **HEAL**thy skin **OR** a disturbing **W**ar**t** ?

There are **U**niversal **L**aws **tH**At rule the day.

They're given energy by **wH**At we say.

We also choose **hOW** **mUCH** we'll pay !

It **SEEMS T**OO **MUCH** , **oY** **veY** !

The cost was worry , pain & stress.

The door with the answers I knew not **the address.**

So many roads ... so I choose **to guess.**

Using lax laws and order my life was a **mess.**

Searched for the answer, I drew a blank.

My **NOSE** is **BIG** so I knew **tH**At **stank** !

But now , when it's time to **visit the bank**

And there's **PLENTY OF MONEY IN IT** , who do I **tH**ank ?

My guide within ... the God OF **ORder.**

There is NO box , NO limit , NO **BORder.**

Thoughts are the **ENERGY** & **ACT**ion the **MOR**tar!

I CHOOSE NOW to **BE** a **BLESSINGS BoardER.** !

The MAGICAL Doors' KEY is CONFIDENCE.

Be sure **wH**At you want & **H**ave *no pretense.*

Go **100%** all in ... it makes **PERFECT** *sense.*

After replacing negative energy - *there's no longer a fence.*

Dial up a destination ... and go all out .

If energy gets stuck , **give** a "spirit shout" -

A "Kiai" , **FOCUSED ENERGY** *** **WITH** *** all the *** **clout**

THAt **CH**anges the **field** in **wH**ich we **play** ... **ZERO DOUBT !!!**

THAt's **wH**At **living FREE - WILLED** is all about !

So **give** your **life** your **GRANDEST** **OR**der *** & *follow through !*

The **tH**ings to **do** next , a **logICAL** stair**WAY** **MAGICALLY** **grew** !

Rich Kovatch

The *** **Fun** *(**nest**)* *** , **MO**st **GLORIFY**ing decisions * **Came** * out of the **BLUE** ...

As **DI**VINE as can be, **it** just **SEE** ~~eeee~~ **med** you **instinctively** **KNEW** !!!

12-9-19

195 **ONCE UPON A TIME**

Once upon a time in a place far, far away

I took a **DREAM-LIKE** journey & wanted to **STAY!**

In my mind this place of **HARMONY & BLISS**

Is the state **I RECEIVED** a **HEAVENLY KISS!**

A KISS like no other before or since!

To blend **THAT** energy & this **BREATH CYCLE** **I** mince

The **BELIEF** **THAT I CAN** Have **IT ALL COME TRUE**

AS I allow **MY VIBRATION** TO RISE ABOVE PLUS **SEE THROUGH**

THE CLOUDS OF CREATION FROM WHICH MY HEAD IS IN.

With practice, the **CLARITY & FOCUS** on **JOY** begin

To Have an attitude where p-a-t**i**/e-n·c-e never wears **thin**

And the **climax** of **PASSION** is **felt** the moment **I WIN!**

And a **“WINNER” I AM** – from the “Get Go”.

I constantly enjoy from where the **Ides of March** blow.

Using my mind as the vehicle from which to observe

EVERYthing OUR **TENDER LITTLE HEARTS** DESERVE!

to PARTICIPATE **is** the essence of **PEACE & LOVE!**

Living One Vibrational Experience above

CAUSES the most amazing **ideas** to “Pop” into my head

From invisible **Ultra-Violet** - through **my** life - to **INfraRED**.

THIS **MOMENT IN TIME** **is** the **MAGIC I CAN SEE!**

HOW my “**Once Upon a Time**” **dream state** Has come TO BE

Associated with another soul **as beautiful as thee**

together to **Frolic** in the “**Garden of Eden**”

TOTALLY NAKED & FREE !!!

Rich Kovatch

12-20-19

196 **Your Order... Please**

Welcome to "**Eden's**" **Garden table** .

I'm glad that you were finally able

To understand that this isn't a fable .

I see you **HAve your 2 dogs, Grover & Mabel** .

They're welcome too...as **IS EVERYONE**

Who chooses to **eat** as **JOY's** daughter or son ;

Who understands this **life is DESIGNED for FUN**

And **STOPS LIVING IT** under some "**Mad-MAN**"'s gun !

There's **MORE THAN ENOUGH** to go around .

The 1st "**Thing**" that gets "**RE - {CORD} - ed**" is sound .

It's vibration **is** what **O U R** spirits **HAve FOUND**

HOW... in the **BEGINNING** was the "**WORD**" & "**Creation**" is bound .

To think it has **No POWER** is **obscure** .

We choose to be bound to the ground or **FLY FREE** as a **bird** !

It's said to ... & **DOES HAve** enough to **BRING LIFE** - or **KILL** !

PROBAGATING a **HARD** life **IS life's BIGgest thrill** !

We seem to enjoy a **gooooood strrrretch** & **bend** .

If too much pressure arises we want it to end .

2 ways 2 DO **thAT - BREAK** or "**Let GO**" !

With **PAIN** or **JOY** will **BE** : the **WAY** we **KNOW** !

Does this growth feel **NATURAL** & **TRUE**

Or TURN your **SPIRIT** a bit **too blue** ?

Black & blue are the colors **OF DISTRESS**

Which leads to the **SPIRITUAL** "**Wedding Dress**" .

Once the **lessons** are **TRULY LEARNED**

We'll ALL **REALize** **whY** our hearts constantly **yearned**

To **BE** "**married**" to the "**King of PEACE**"

And **FEEL** the **EXTASY** of **CLIMAX** **duRING** fears' **FINAL RELEASE !!!**

R I C H Kovat **e h**

12 - 20 - 20

“I AM” ... God's name . “I WILL” ... God's ENERGY .

I HAVE God's GRACE ... the ABILITY TO SEE .

See the “LIGHT of FAITH” along my path

And the “LAMP Upon my Feet” ... is MATH .

Numbers put values to everything .

Some evolve into tears, others HAVE us sing !

Which number is most prevalent to carnal man ?

It's 666 of course ... Now staying positive is my plan .

Carnality is God's gift to bring us Love's light .

ALL NEGATIVITY ENDS the split-second we END OUR FIGHT

With the BENEVOLENT ENERGY THAT always HAS our back

When we REALIZE ... WE are the ONLY reason for lack .

We'll begin to see THAT lack is not always a bad thing .

Lack becomes associated with PAIN THAT'S DESIGNED to bring

Awareness to our DEEPEst desires – which is to sing

The praises of *Patience here* ... The “Father” figure (go) - ha ...

The CREATOR of everything !

The Pattern of Life we know is THAT a type of “mother” is needed TO*O!

Is carnal necessity really the “Mother of Invention” looking for someone to screw ?

Personally speaking ... Yes ! Sexual energy can unite any willing two - to . (or more !) ha

And when this happens, God's MATH COMES into View .

On the physical scale a baby might get conceived .

If the union was merely a carnal attraction – certain urges get relieved .

It works exactly the same way in the spirit also !

Emotion is the Universal Energy THAT CAUSES things in HARD situations to GROW !

So let's focus on this BIG “HARD-ON” we HAVE to multiply .

It's when we “Turn ON” our “HEART _” * “/ ON” ... we learn to fly !

Father is “CREATOR” ... mother is the Earth from which we are formed ;

MEGAPHORES for energies & patterns TO BE diVided and TRANSFORMED !

REFORMED “for our viewing pleasure” – should we so decide .

We can be the Captain of our own experiences or just go along for the ride !

CHOICES made every second ... every breath we take

Determines wHAt we'll see – 100% not fake .

The Law of AttrACTION is real and it works .

To BE AWARE of this power HAs given us one-of-a-kind quirks .

The path I've taken HAs brought me to this point

Where I AM the only force designed to person*ally anoint

The present manifestation of my own life , my circumstances .

WHA t other “Idols of Desire” do I continue my romances ?

“ HAVe (no FALSE Id)ols” is really the 1st COMMANDMENT given .

I ONLY Idolize the TRUTH – ALL IS GOOD **cause I'm still livin” !**

It's taken me ten stanzas (already! ha) just to lay the foundation

CLARITY & FOCUS alone will bring us to this realization ;

The thoughts I give a motion - through EMOTION - develops carnality's negative plate

Into the picture of spoiled JOYFULness when I totally relate

To the possibilities tHAt surely lay before me.

I AM just the next logical step in Love's “ Family Tree ”.

Roots in the ground with desires to bloom & fly .

Nature does this through seeds & the WIND when it's time to die .

Take on a Hell-bound flight with knowledge of survival .

Life's ENERGY and Love's EMOTION look forward to continued revival .

There's energy from within tHAt makes me humbled and cry .

It's because I'm so spoiled and I'll tell you why .

Considering tHAt at my age, I'm still in pretty good sHApe.

I'm like the “Fly on the wall” – but on Heaven's Window - I AM the drape

Reflecting with the stunningly brilliant colors from Love/Light's spectrum .

The dreams I CHOOSE to DEVELOP - TRUTH says ... “ To EXPECT 'um ” !

Energy gathers momentum as it vibrates faster .

We CHOOSE to either let fear or LOVE BE our MASTER .

My choice is Love which actually HAS no opposite ...

Just low energy inside a "God BOX" where dreams WON'T FIT !

The only (mostly – ha, ha) box I'm interested in now

Concerning creative juices THAT form new life – somehow

Is the one with "Open Me" written all over it

CLIMAXING in ORGASMIC flows of JOY when WHAT I asked for ... I GET !!!

Now in the 17th stanza – 17 (stands – duh) for victory.

FINALLY ! I'm living the blessings I SEE !

Choices from a "Free-Will" nuanced by JOY !

JOY IS Life's ULTIMATE manifestation – we're basically God's "JOY" !

And I'm O.K. with THAT – ACTually relieved.

THAT's the FOUNDATION I grew up with & BELIEVED .

And still DO – MORE tHAN ever today.

I HAVE so much gratitude – may its momentum sway

You into absorbing the VibRATION of these uplifting words through my poetry !

Heck, we ALL HAVE this ability to develop WHAT ... CAN BE

NOW, in the future, or put BACK in the past

The animal instincts of procreation ! YES ! at last !

But on the spiritual level where dreams come to pass

MY PLACE as the driver is to steer & give it gas !

God tells me every day – "Get ready to be amazed & don't think life so crass .

You're in capable HANDS – SO NO MORE ACTing like an ASS" ! /

198 She 's Into LAUGHING

SHE's INTO LAUGHING, ThaT's **REALLY** " Good News " .

Now , IF I could only get her to choose
To allow herself to be drawn to whose
Blue suede shoes never sings the blues .

And those shoes , tHAnk God , are on my feet .
How about walking over here so we can meet ?

They've got a rhythm of which you'll love the beat !

Did you just feel a spark of fire just now ? Care to "Turn UP the HEAT" ?

Close friendships *melt the heart* & *warm the soul* .

Just like on a cold night , chicken soup in a bowl .

THAt helping HAnd tHAt helps us out of a hole .

A relationship with **unconditional** O...PENness as its achieved **GOAL** !

Oh-oh ! I Haven't even said anything **FUNny** YET !

But here I go . GET READY . GET SET .

This next line might do the trick , I BET .

I'm wondering if you're **start**ing to get " **WET**

BE hind the ears " , AS THE **SAYING** GOES ?

Did tHAt **perk you UP** & make you **wiggle** your **Toes** ?

A **BETTER JOKE** I should **Have** choose ?

Espe**Cially** if you think my h**u**mor **blows** ? !!!

Obviously . Ha ! oh, Well. It was funny (for me) in many ways at least .

May**be** next time . **Peace & Joy** **Health & Prosperity**

Rich Kovatch

12-24-19

Love **H**As a purpose *without* demands or fear .

My **TRUE Love's** radiance **gROWS WARMER** as I get **NEAR** .

This calming voice I now constantly hear ,

So **NO MORE** at my life do I jeer .

It's such a **JOY** arranging **whAT** I'm **LED** to write .

God & me are **REALy** , **REALLY** , **REALLY** tight !

I'm **FINALLY FEELING Love's pENEtraVing m IGH**

Because I no *longer* **GIVE ENERGY** to fight

With this **Spirit** of **Love** , **pASSion** & **Peace** .

The need to **control** / constantly **release** !

Balanced with **HOW** my power **HAs** increased ...

My negative **thinking** **HAs** completely ceased .

God wants to **FOC'us** through **oUr FOCUS** .

He's constantly doing things to **poke us** ,

Especially when these things seem to **choke us** .

The **Universe's BIGgest** "**Inside**" **joke** is ... **Probably us** !

God is a comedian - **thAT's** how I see it .

It's taken me 62 years for my **MIND** to finally get fit .

Life threw me a **curve ball** which **at first I saw** as **BULLSHIT** !

NOW , **thAT** I'm **focused** it's turned **into** my **BIGGEST HIT** !

THAT curve ball gave me time to think .

It brought me to life's **ULTIMATE** brink .

Give my power to things **I KNOW STINK?**

I'm HAVing SEX with God - RIGHT NOW - don't blink !

It's **ECSTASY FEELING** comfort in this abode .

A physical body **FEELING PLEASURE** from every node .

I AM releasing my burdens, my **distrACTions**, my ... "**LOAD**".

My mate see me as a "**Prince**" not a toad.

Rich Kovatch

Page 1 of 2

To **one who KNOWS LOVE** - **I AM** - a **Prince** .

None born **like me** before... **none since** .

I AM NOW SHOWING PROOF of how **Spirit** & **MIND** mince

I'm "in the spirit" (like 8 months [stanzas] **God's** very **own** "**HAND PRINTS**"

The **vibration** of **HANdy-work** from a **WISE MASTER**

Through **poundings** & **presURES** He **started** to **form faster!**

The **box** of limitations I **HAd** , **HAVE** been put on a **caster** .

Was married to a beautiful woman , **twice!** **HAd** to get **past her** .

Still friends & supportive but loved from afar .

In the constellations of light we are ALL - A STAR!

Put together **in** ways **tHA**t just ... **WONDERfully** ***/ **ARE** .

OURS - **for us to disCover** **Love's Quantum tar** .

The **Invisible** comedian , **so funny** this last line hit me ... **Happy tears I CRIED** .

Gives us MOR·GAR (ha) ... **REALy sticky** , **HOT** & **MESSy** when **applied** ,

But it makes the road **SPLENDIFEROUSLY** smooth , when dried .

Now , **this poem is** **TODAY's** **spirit*u-al** **LOVEMAKING JOY** ...

CLIMATIC ORGASMIC PROOF - **JUST BECAUSE** **THE hole**

(**in my Heart**) **Relaxed** (**to Receive**) & **OPENed** **W I * D e I**

RICH Kovatch

Page 2 of 2

12-24-2020

#200 PERFECT Timing

Where to start? **THAT'S** square "A".

We choose - each moment - how to play .

In **Who's** bed do we want to lay ?

The one **tHAt** "COMES to save the day" !

Even this saying is **mIS**directed .

There's nothing "TO SAVE" when everything **IS PERFECTED** !

When the need for wrong & right **IS** rejeCted ,

You won't **feeL** any vicTimization projected .

It (WILL STILL) but still be There - just weak as hell .

Over the **clifF** of "I don't give-a-damn" it just fell !

ACTUally & **PERFECTIV** , and **tHAt's** just as well ;

You subconsCious (is bound) to eventually "HEAR the BELL

For **WHOM** It Tolls " .

No more **hidden** secret - energy-zapping - moles .

Unlimited energy for one who does

Out **FOCUSed** , **RELAXed** **ENERGY** towards his or her **goals** .

Finally, **finely balanced** specif i C ally to HOW you're "TUNED" .

For the **Longest** (t I * me) your song sounded ruined

Just to the point when you've finally been swooned ;

And NOW , your "Life Song" is **BE U AT IFULLY** & **HA**rmoniCally groomed .

Your **VOICE** is like a **SOOTHING** HarmoniCa reaching into the night air.

A **peaceful comfort** just **KNOWing** you're there !

The "Time **Has** COME" ... **HOW** you're **SHOWing** you care

By Giving ALL of yourself in the WILLingness - TO DARE

TO GO WHERE (you) as "NO man **HA**s Gone Before" !

When **eyes** are open - there's **ALWAYS** a DOOR

THAT **LIGHTS UP** a **PATH** to **SHARE** with **JOY** forever more

UNLIMITED **SERENDIPITIOUSLY** **SYNCHRONISTIC** **EXper**iences galore !

RIC h Kovatch

12-27-19

201 “BEcAUSE”

“BeCause” ... It’s the reason of Life .

Learning the difference between PLEASURE & STRIFE .

DO WE CONTROL the PATH we’re on ?

YES ! It’s the reason we’ve SEEN TODAY’S DAWN .

KNOWLEDGE IS untethered ENERGY. It symbolizes power .

CHOICE is the DIRECTION we move this hour .

Fear is a weakness THAT causes us to cower

And our Happy attitudes to sour .

KNOWLEDGE (with WISDOM) causes FUN things to grow .

It’s THEN the love within us WILL Begin to SHOW .

The “FLOWER of Life” BLOOMING as the “Winds of CHAnge” bLOW .

UNDERSTANDING the life we live – IS the one we SOW !!!

We ARE the “FLOWERS” in LOVE’S “Garden of Eden” .

The “SOIL” is the VIBRATION of ATTITUDE you’re FEEDin’ !

Are there certain THINGS you THINK you’re NEEDin’ ?

“BeCause” ... gives the reason for a constant WEEDin’ .

Weeds are persistant and do their own thing .

PASSION is too – and is WHAT WILL bring

Pleasures galore – THAT WILL make you sing .

When you finally “WAKE UP” to “HEAR” oppor-tunit-ies’ DOORBELL RING !

All we Have (are led) to DO (to receive) tHIS gIFt is to put our finger on it !

WHAt we CHOOSE to create is up to our whit .

Is it QUICK & AWARE of life’s MAGICAL tRICK ?

Once it “BeComes” SO & NOW , we CHOOSE life’s measuring stick !

“BE-cause” ... “BeCome” ... are you getting the drift ?

Laws are given for us to sHIFT

Our conscIous AWAREness of tHIS precIous gIFt.

Did the “Good Life” throw you a {CU!}rve ball on WHIC h you wHIfFed ?

RIC h KovatCh

201 “BECAUSE”

WISDOM puts you (AS experience & patience) back UP to bat .

Life also throws fast , CHAnge-up & knuckle balls – you dOWn with That ?

Because of fearing a WILD pItCh – or worse yet – a BEAN -ball –

In Hell's hole (the dugOut)... Have you sat ?

Here's LIFE 's doorbell : (Your) Faith in (Your) purpose is (Your) protectIng BaTTer's Hat .

ConjUnCtive WISDOM gives you a keen eYe ;

One tHAt Has no more reason to cry

BEcause life Has Not left you “ High & Dry ” .

The only thing for you TO “ DO ” is TRY !!!

I Love you dear soul ! WILL yoU read tHIs & CrY ?

I hope the FLOODgates Have Opened & I'll tell yoU whY ;

So they WILL WASH OUT the ANGUISH & Fr U * STRA TION

Of the past from your spiritual eYe .

As always “ NOW ” is the time to “ DO ” by enJOYing a new “ HIGH ”

With every new “ HI ” ! ! !

RIC h KovatCh

12 - 29-19

Page 2 of 2

202 **l**ife = Cho...ic...e

life = cho...ic...e . To **D**O or **V**iew .

The finest of distinctions understood by so few .

To : **ENJOY EACH MOMENT** in this “**U**niversal **ZOO**”

Watching the “**A**nimal **M**ind” wallow in *its*’ **OWN DO - DO !**

MOST people *think* life is just a **load of CRAP !**

MOST *get caught-up* in the “**Rat Race**” **TRAP !**

MOST *get really mad* things don’t just “**Fall into their lap**” .

For *them* : there’s an **Un-crossable barrier** - the **Body / Soul GAP** .

But once we “**UNDERSTAND**” & “**SEE THE LIGHT**” .

There really is little difference between the day & the **night**

Besides **if** for “**Our RIGHTS**” **we choose to fight**

Or just “**Go with the FLOW**” of **JOY**’s **UNLIMITED MIGHT !**

It is the **FORCE** of **MOMENTUM** - the **DIRECTION** we **STEER** .

life is the **Dreams** we’re living in - so queer .

So strange - *we can’t believe our desires are so near* .

The only deterrent is the **LACK** of **l**ife’s **ENERGY** - named as **Fear !**

LOVE Has NO FEAR ; We’re **NOT** “**UnderDOGS**” here .

We “**Have the FORCE**” - IT’s the **MOMENTUM** of **GROWTH** to a **Higher tier** .

The **CARNAL** distinctions & *needs* **[of some]** “**Right**” & “**Wrong**” we **SEER**

Over the **fiRES** of **HeLL** - **DISbelie**f - then sh/**F**t Into “**Hi**” gear **!**

So - let’s **Alb** “**LIGHT-UP**” & “**Get High**” on **l**ife today **!!!!!!**

There’s only **thiS Moment** - the **Cho...ic...e** to pay

ATTENTION to **thiS** carnal “**Game**” - it’s like **smokin’ a “J”**

For the **RELEASING** of RES **I** **STANCE** & **NOW I KNOW** The “**WAY**” **!!!!!!**

R I C h Kovatch

1 - 2 - 2020

203 My Transition Transmission

My transition transmission, sounds funny right off the bat.

My wallet **NOW** is mighty, **MIGHTY FAT!**

I've shot down all barriers with a rat-a-tat-tat;

Shootin' my mouth off. Imagine **HA**t.

My **HAPPY H.I.P.P.Y. Heart Center** – through sight & sound

Is **ReSetting** the **limits** we've been so long to bound .

MIRACLES are a common **HA**ppening **NOW** – IS **WHAT** WE'VE FOUND .

There are **NO LIMITS** once **YOU** pick **YOUR butt UP** off the ground .

7 x 70 is the **concept** of **persistent MOTion** .

1 + 1 grows **WAY PAST 2** because of **SYNERGY's POTION** .

Then, seemingly like "**Out of nowhere**" we get an inspired **notion** .

WHATever we can even imagine is but a **drop** in **Creation's Ocean** .

This **ocean** is made up of the **WATER** of **HUMAN TEARS**

Created thru **UN**controllable **JOYs** & fears .

EMOTIONs break our hearts as we **sHI**ft through our gears .

Hearts grow stronger when **WISDOM** **HA**s **matured** by our older years .

NOW, my **transition transmission** gives me the smoothest **CH**ange of speed .

I **HAVE** an excellent **LIFE**style & **outlook** ... indeed !

I **Love** my **PART** **Being** a male & planting **Love**'s seed .

Again, **NOW** is **MY TIME** : **hungry** & **WILLING** souls **YEARNING** for **PEACE** & **JOY**;

I'm SO BLESSED to FEED !!!

HAve a healthy drink of **LIVING WATER** – go **check** out **your MIRROR** .

LOOK DIRECTLY into **your eyeballs** for a vision **SO** much **Clearer** !

Is there anyone **you know of** **thA**t deserves to be **Loved dearer** ?

Here's the **DEEP**est **MOMENTS** for the **TRANS****MISSION** of **information** – are you a **"HEARer"**?

Over the **fires thA**t **kindle** **PURPOSE** – **ALL DOUBTS** **disAPPEAR** .

Rich Kovatch

They **burn the "Hell"** out of us so **WE LEARN** to **steer** !

1-7-2020

An **ION** is **A TIME** when the **HOW** **BE**comes **CLEAR** !

And **TRANSIT** means **moving** from there (the PAST) to **NOW** & **HERE** !

204 It's GRAND Being Older

It's GRAND BEing EDUmaCAteD & old ... *er*.

mY TreasURe CHEST is FULL of GOLD! Pure.

I've learned to BE (**mY**)self - caring & BOLD & **SURE**

As I watch **mY** LIFE with others unfold thru **nature** .

NO REASON to worry, fret & stress ...

Just watch **LOVE** slowly & **SensuosiY** UNdress

The GRANDest path through our life , usually a HUMOROUS Mess

UNTIL the moment we **AGRee** to **HONESTLY** confess ...

I've Found **mY** UNI*que purpose & place

Being but ONE In divID U al of this hUman race

Settled & BALANCED into **mY** COMFORTable pace

WALKing the path tHAt's RefleCting **mY** face !

I've got **mY** 2nd Wind ... the "Runner's High" !

I just OPEN **mY** parachute - **mY** mIND - to whY ?

WhY DO I HAVe this falling FEELing tHAt refuses to die ?

It's ACTuallY just the WINDs of cHAnGe : the ENERGY TO **FLY** !

Finally "Got the drift" to just "Go WITH the FLOW" !

When **mY** GUT says "YES" - I never say "NO" !

A "NO" simply means a "Cross" - "Wind" WILL blow

And UnnecessarY pain & suffering is wHAt WILL SHOW .

I understand ALL THINGS are possible to HAppen this second .

wHAt I SEE NOW is wHAt I've alreadY beconed .

With the reason for whY... I've alreadY reconed .

So NOW I go with **mY** 1st feeling & never **mY** 2nd .

At this *NeAR* Grand older but HEARTY AGE

I ENJOY Being on **mY** LIFE's Center STAGE .

I AM the ACTor final/y living as a Self-taught SAGE .

I'M ENJOYing every MOment including (ending) this poetic PAGE ?

Ugh ! TOO taught ? HA !

205 **WHAT** Do You Think?

What Do you FEEL? What Do you THINK? What Do you CREATE? What Do you RECEIVE?

Can you stay patient enough to allow the world to Catch up to what you believe?

What's your appeal, your direction, your ATTITUDE, your zeal?

Is your MIND's PARACHUTE OPEN or closed with a tight seal?

That's your business, *not mine*, ALL GOOD & FINE.

I'm going to write down IDEAS on which to dine ...

IF you're spiritually HUNGRY & so inclined

ENJOY as I write how MINE Have Been REFINED.

I imagine The "Circle of Life" process as BLISS!

If we don't complete the loop - the LESSON or BLESSINGS we'll miss.

4 CHAMBERS in our HEARTS match the world like this ...

FIRE, WATER, EARTH & AIR with the hole in it "Love's KISS"!!

There's ACTUALLY a 5th CHAMBER - the HOLE is the "WHOLE"!

Our Earth Has it too! It goes from pole to pole.

We SEE IT through electro-magnatISM imagery & it {[(DRAWS!)]} our Soul!!!

The contrast is the ACTUAl story written on our "BOOK of Life's scroll"!

OUR HEARTS' power is a MINIMUM of 100x stronger Than our brain!

With the GLORY of NEW CREATION my VISION & EMOTION entrain.

Momentum builds according to each intention, like each motion picture's frame.

TRUTH is the MOST important CHAMBER as I stake each new claim.

I NOW ACCEPT WHAT JOY wants me to receive.

All my focus is TO ENJOY what I Believe.

And that is: through FREE-WILL ... my life - I CONCEIVE

Knowing answers are available yet somehow I'm a bit naïve.

It's perfect & the "PLAN" because I'm good with what I attract.

No reason to look anywhere thinking - ever - I've lacked.

Looking at my life, right now, I'm TOTALLY JACKED!

For the MAGICAL MYSTERY TRIP I'll BE experIenCing today... my bags & PEACE PIPE ARE packed!

I know without a doubt that ALL IS WELL.

When Love's FREE ENERGY & our HarmoniOUS intentions jell

We'll FEEL our "LOVE ORGAN" fi.L.L with blood & quickly swell ...

OUR HEART ... then - like now - our personal story we'll BE led TO tell.

RIC h Kovatch

1-12-2020

206 *Dreams = Our Hearts' EMOTION*

For MY DEEPEst DREAMS to “ COME TO BE ” ...

I USE MY 3rd eYe to RELAX enough to SEE.

This keeps my MIND's parachute Open wide .

The arrangement w/ the emotion is HOW MY (UNI - VERSE) WILL deCide !

Only when I engage MY HEART's emotion FULL TRHOTTLE

Do my BEST DREAMS esCape from the proverbial “ Genie's bottle ” .

THAT's the ONLY KEY to Its quick opening ... POPing the cORk .

To everyone else you may look like a fool , nerd or dORk !

Only by using 100% HEART & EMOTION

WILL this end all the internal debate & commotion .

When I take a SIP of LOVE's #9 PORTION

I RECEIVE this WONDERFUL FEELING of a back -n- forth motion .

Like waves washing up & cleansing the beach

They bring the desired ADVENTURES needed to TEACH ;

Then return to their source : a place needing patience to reach

But they leave impressions on my soul as SWEET as a PEACH .

I AM like a female accepting these personally intimate MOve ments .

They make room in my “ DREAM WOMB ” for SPIRITUAL IMPROVEMENTS .

Sometimes FORCEful , other times STIMULATINGLY SLOW so I can make sense .

If I want God to “ Make LOVE ” to me I can Have NO 1/2 - HEARTed preTENSE .

It's like Having sex with God - whenever I want !

He'll throw me a pitch (VIBRATION) & I'll HIT a HOME run , triple , double or a single bunt .

While running around the bases , to “ SCORE ” I might try an unorthodox stunt .

This action might look dorky but it's how I ENJOY THE HUNT !

Strikeouts & foul balls are a thing of the past .

I no longer give energy to things THAT aren't going to last .

In 100% EMOTIONAL FORTITUDE is where DREAMS ARE CAST .

We “ Get to ” choose to complete our journey slow or fast .

A ½ HEARTed effort comes from one that is broken .

Maybe, off too many hooters you've been tokin' ?

Do you find yourself out of breath , gaggin' & chokin' ?

When this fresh air fills your MIND'S parachute you'll discover you've awoken

And found yourself in the “ GARDEN of Eden ” !

It's full of trees called “ FREE-WILL \” - “ / ChOICes ” from wh ICh to be feedin' .

This “ Breath of FRESH AIR ” - the “ WINDS of CHA nge ” CLARIF·Y· where

These choices are surely leadin' .

It's EASY ! Just pay attention to INSTANT VIBRATIONAL BODY FEEDBACK (gut feelings)

ACCORDing to which EMOTIONS you're SEEdin' !!! R ICh Kovatch 1-18-2020

207 TO UNFOLD OUR MIND

In the DEEPEst folds of our physical brain mass we can imagine our MIND
Is where consciousness HOLDS the things we DESIRE to FIND ...

The STRENGTH to BE BOLD & RELEASE the CARNAL bind.

Her & HISToRY is as old as the ages for our memories to unwind!

Through imagINATION there seems to be NO LIMIT or end.

And A beginning from "NO*thING" logic is ... Hard to defend.

It all beCOMES WORD PLAY with *semantics* every time.

Values given & momentum ridded to build your personal EXPERIENCE so sublime!

To: "Have NO FALSE IMAGES" seems impossible to achieve.

Just the command to "NOT DO" gives us the CHOICE to BELIEVE

Might the JOY of LIFE BE ... finding oUt wHAt's UP its sleeve?

We FIND OUT when the preSSureS hOLDing these CAVERNS of MEMORY... *we relieve!*

They're COVEred with EMOTIONAL FEARS becaUSE they're Hidden Out of sight
UNTIL You BEcOME the REdistributor of TRUE POWER & MIGHT.

Hell: means the Hidden & PROTECTED; but is the word used today for PAIN,
Eternal torture & lost fight.

TRUTH IS ... it's ALL PURE LOVE when exposed to LIGHT!

Light Has NO OPPOSITE - juSt r o OM to eXPAnd!

This darkness perceived is BECAUSE WE don't understand.

VIBRATIONS Have WaveLengths tHAt NATURE enjoys to Harmonize into ORDER

The SpeCtRUM of LIGHT & POWER - as we know it ALREAdY is today: MAGICAL
And without border!

Beliefs are just th OUGHTS we CHOOSE to REPEAT!

They gain momentum, thus POWER, as we turn UP the HEAT

With the PASSION of EMOTIONS tHAt puts Wings under our feet

ENERGIZED in TRUE POWER, STRENGTH & WISDOM to PROCrEATe our species in UNITY,
BROTHERHOOD, HEALTH & WHOLENESS! Pretty NEAT !!!

Rich Kovatch

1-22-2020

208 ENOUGH is ENOUGH !

ENOUGH is ENOUGH ! ENOUGH is ENOUGH !

I said it **twice** because this ain't NO BLUFF .

Even the **BLIND CAN SEE** that this **LIFE** can be tough .

We're ALL BORN BLIND in the way *our potentials* we SCUFF !

ENOUGH is ENOUGH ! These words I heard as a kid **OFTEN**

But with a **KIND FIRMNESS** that COMFORTED me in my **ACTivity restricted coffin** .

I Had energy to electrify any dim-witted playmate's *Imagination* .

OUR children's **MINDS** function in a **DREAM STAGE VIBE** of CONSTANT CREATION .

They have **no human experiences** to understand (**other than EMOTIONS**) about how to relate
With a world full of violence , lies , perversions & HATE

Contrasted by a **LARGER** & **DOMINATE WORLD** THAT **OVERFLOWS** with compassion , kindness ,

LOVE & a **JOY SO GREAT**

The **TRUEST WAY** to raise our young : by example – *initiate*

The **"AGE of AQUARIUS"** of **unbroken brotherly Love** INTO EXISTENCE .

It's **Happening NOW** so when kids **DAYDREAM** we **OFFER GUIDANCE** instead of resistance !

We're **ACTUALLY TEACHING** this world's freshest energy arriving :

The **PURPOSE** of **HUMANITY** is (**as quickly as Humanly [ha] possible**) LEARN to *Live THRIVING*

Off the **most awesomely amazing** , malleable with **UNLIMITED POTENTIAL** Shell ...

Our **physical** body THAT's **as opposite of HEAVEN** we can **IMAGINE ... HELL!**

But **ACTually** it's "The **DESIGN**" 's **BEST** & **ONLY WAY** ULTIMATE **CONTRAST**

Can be delivered

During a "Calming Down" session to **enjoy HEALTHY FRUITS** of **LOVE's SPIRIT**

In **BOUNTIFUL** portions instead of meagerly slivered .

The **fastest** & **WISest WAY** to calmness is to keep our **BIG** traps **shut** .

When my "motor-mouth" kept runnin' – I received a **quick kick** in the **butt** .

Just like right now I'm feedin' off my **bountiful plate** with a **knife** & **foRkin'**

Delicious pieces of **spiritual meat** onto my **palate** & on the **physical** level ...

still PLEASANTLY ToRkin'!

Rich Kovatch

1-23-2020

#209 DREAMS

DREAMS are the DESIGN'S MAGNET that *draws* us ... WHERE ?

TO THE POINT WHERE CONTRAST CAUSES ONE TO COMPARE

What you have now & what YOU WANT,

A " Good Life " is when you're enjoying the HUNT !

There's a special twist when one dream comes to its' end.

The twist is change in "A HA"bit we still want to defend.

Then with **Stronger winds** of **CHANGE** the Dream will send

ENERGY that will break it & **SHOW** one **how** to SEE Around the end !

Quantum physics today shows **light Energy** can't go **around** & through

An object TOO THICK like a Hardened MIND TOO BLUE .

But put a **smooth ORB** directly in front & in **Perfect relationship** to **size**

We can **NOW SEE THINGS** that before **HA**nd we *Couldn't otherwise* !

The **ORB** is like **FAITH**: like **MAGIC**, **MAYBE ACTUALLY IS ?**

I look AT "WAKING UP" EVERY MORNING Like today's **POP QUIZ**

And I'm **CONFIDENT I'LL LEARN "The Answer"** ... & **PRONOUNCE IT**

Right on Que .

And "IT will BE Working" when I talk in **PEACE** &

Harmony about **Contrasts** with someone Special like YOU !

R IC h Kovatch

1-24-2020

Picture of **HOPE** @ **Hotmail** .com

210 WHAT HAPPENED IS :

WHAT HAPPENED is I got “**Turned ON**” & “**Tuned In**”

An **ENERGY** convinced me it was time for me to begin

A journey from where “**where is**” is not ours **YET** to explain

Until this human experience called “**LOVE’S MEMORY**” we retain .

Living One Vibrational Experience - Love’s acronym .

Our human example of muscles growing thru exercises in this gym .

And what a **gem** this gym is... originally a gathering place for youth

To exercise & strengthen their bodies , **MINDS** & **spirits IN THE NUDE !**

SOUND UNCOUCH ?

OUR ConsciousNESS IS the gymnasium , **RE-creating LIGHT-ENERGY**

Into **MATTER - the weights !**

We **HAVE** this **FREE-WILL** to **CHOOSE** what “TO DO” while here *sniff* in’ the baits .

We’re like fish **EXPOSED** in an **Ocean of TRUTH UNAWARE** we’re even **IN WARM WATER** ,

EXCEPT WHEN WE’RE NEAR THE TOP when we find **AIR** & **HUMAN FODDER ?**

For **souls** that **CHOOSE** to **ALLOW** their curiosity to “**DO IT’S THING**”...

Eventually **we’ll break through** the **semi-imagined** boundry’s **ring** .

It’s there - yet it’s NOT - what **SENSE** of **TRUTH** to this poem will it bring ?

I don’t **YET** know - **CHOOSE YOUR SONG** , **PLAY AN INSTRUMENT** or **SING !**

Another human voice IS what the **EDGE** of **NOW-SEEKERS LOVE to HEAR ...**

The **vibrations** & **momentum** is **GAINED** by the **DIRECTION WE STEER !**

WORK OUT YOUR OWN SALVATION MEANS MEARLY TO “TAKE YOUR SHOT” .

OPPORTUNITY after **OPPORTUNITY** is WHAT- after “**WAKING UP**” you’ve got !

RICH Kovatch

1-26-2020

Page 1 of 2

210 WHAT HAPPENED IS :

WHAT HAPPENES IS : the **EASIEST THING** your KARMA DIRECTED
According to **ISSUES DISCOVERED** YOU either **FOCUSED ON** OR **NEGLECTED !**
MIRACLES I INTEND to **HAPPEN** at **H.I.P.P.Y. Heart Centers**
Around the world - if not **rejected** ;
And when we pass through this : **STOP** or you'll **DIE** or **GO ONTO MY NEW LIFE**
Dividing MOMENT ... **Consequences** get **UNVEILED & INSPECTED**

For a **FINAL REVIEW** , the **CLIMAX OF OUR LIVES** , **OUR HISTORY** .
We're the **MAIN CHARACTER** in it , but from here - **NO MYSTERY !**
Viewed from **LOVE'S ULTIMATE "HI Chair"** we experience the
KINGDOM OF PEACE

And **ALL Unhealthy ATTITUDES** towards our own *perceived* flaws - we **RELEASE** .

Pass through "Death's Door" (**EACH NEXT BREATH**) w/ **ALL CARNAL** thoughts banished .
A **need** for **JUDGMENT** of *some* "**GOOD & BAD**" **HAS** been vanished .
Then once again the **ULTIMATE VIBRATION of JOY HAS** **ENTRAINED**
Back into HARMONIC GRACE - FILLED WAVES .

This **LOVE** for **EVERY SOUL** born into a **single human egg** - **AWARENESS CRAVES !**

The **VALUE** of **HUMAN & ALL LIFE** NOW REIGNS SUPREME .

WHAT one looks like or acts like matters not in this dream

We all seem to be in together - once again **L.O.V.E.** in **ACTION** .

We **HAVE** **FREE-WILL** to **CHOOSE** binding **LIMITS & DISTRACTIONS** or
ULTIMATE SATISFACTION !!!

Ric H Kovatch

1-26-2020

Page 2 of 2

211 **My MAGIC Wand**

My MAGIC Wand – let's make this **CRYSTAL CLEAR ...**

Proves the **KINGDOM** of **HEAVEN** is *not* - far off ... **but HERE !**

It **RADIATES PEACE & GLOWS of LOVE** THAT organizes the **CHAOTIC VIBES** at our edges – called **FEAR**

Into Harmonious WAVES ENTRAINED to the **DREAMS** of the **DRIVER ...**

Namely **WE're !**

For me & YOU, my pen reveals this **wonderful wAVE** .

Just **READ & FOLLOW YOUR HEART & GUT** on how **to behave** .

So many poems now **Have** been arranged *through funny butt serious lines* to **SHOW**

THAT MY SPIRITUAL JOURNEY Has NO NEUTRAL – only FULL GO !

MAY MY MAGIC then **LIFT** this “**Light-Hearted**” **ENERGY**

OFF these words

And **flow gently into your OPEN MIND's sails** so *you're spirit may FLY* like the birds .

This **MAGIC** SHOWs the **synchronicity** of those of a feather *sticking* together .

So I'm just a front-flyer thru **this moment** guiding **you** through possible turbulent weather .

This MAGIC is the **POWER** THAT **GLOWS** the **SILVER LINING**

Around those **DARK** clouds!

OUR SILVER LINING is the **ORB of PEACE** & over our **hearts** it shrouds .

Some MAGIC is **IN my sHAring** this **RECORDing** of **THIS MOMENT** of **my HAppy soul**

The **2nd** poem **Created** **this morning !** **This one while smokin' a bowl !**

ACTually I *was also MEDITATING* enjoying **CREATION's FREE** reign .

Then thoughts organized into the 1st verse & I just **couldn't contain**

The DESIRE to get them on paper **before my brain ran off** **THAT track !**

So now – I'll **Have this MAGIC TIME** with **YOU** end - to **my MEDITATION** I **DESIRE** to **GET BACK !**

RICH Kovatch

1-26-2020

212 When I ACCEPT TRUTH

WHEN I ACCEPT TRUTH – that moment – we call it LOVE .

There is nothing else but this ULTIMATE ENERGY above

Any lie or self - condemning thought of “MISSING the Mark” .

THAT's wHAt religions call “sin” & it's ONLY the MASTER's BARK !

It's when I LISTEN & FOLLOW MY MOST INNER FEELing

THAT MY life I SEE as one constant JOY - FEST THAT's ReVealing

When I :-] as Master of my OWN Universe - Have wondered out too far

From MY OWN Harmonious VIBration Because too High I've raised the bar .

This is not the lack of focus on the BEST there IS for me !

ENERGY IS the LIFE of LOVE & IT ALWAYS FINDS IT's WAY to BE !

This is such DEEP STUFF I'm wondering how intense I shoUld BURN .

I've deCided - AS my NATURE GUIDES – to the FEELING of SELF-LOVE I RE TURN .

THIS Self-Love is for the WHOLE of MANKIND .

Since Love IS LIFE & Life IS LOVE ... IN MY NEIGHBOR I FIND

My KINGDOM of PEACE & JOY where there's never a fear

THAT has ANY reCeptOR cells in MY Being ... I'm HERE !

I'm NOT DEAD so I AM GIVING MOMENTUM to this ENERGY of Life !

I AM also a GIVER of TRUTH & HOW it's a Remover of strife !

It Cuts like a knIfe – divides Between a FOOLISH & WISE path

ExACTly like lightning bolts – the ENERGY comes from BOTH the NEGATIVE & the POWer SOURCE ... according to math .

The BODY/Spirit CONNECTION takes PLACE in the middle (somewhere) & when it does

The 2 ENERGIES COMBINE to CREATE an EVEN BRIGHTER LIGHT BEcause

THIS IS TRUTH :-] We're the SPARKS THAT Reach – wherever they CHOOSE .

To CHOOSE IS FREE - WILL ... SEE each moment as this SPECIAL TIME to WIN

Or Have some – thing to LOSE .

212 When I ACCEPT TRUTH

To UNDERSTAND – ALLOW self to stand under

The **POWER INSIDE** tHAT SURELY made us wonder

If the “PATH” we constantly DECIDE to walk is a blunder

Or the **PERFECT ONE** for me Because the consequence is **THUNDER !**

The “**THUNDER**” is the **VIBRATION** as “**IN the Beginning was the WORD**”.

THIS “**BEGINNING**” takes the **DEEPEST** understandinG of wHAt you *just HEARD*.

So if now you’re confused on wHAt I JUST SAID

I SUGGEST you DIRECT your **ENERGY** back INto your **HEART** & out of your **Head !**

WE’RE the “**SPARKS OF LIFE**” & **WE’RE BOTH LIGHT & THUNDER**.

How much & how loud depends on wHAt **TEACHER** you’re **under** .

We’re ALL STUDENTS *whether you know it or not* .

Desiring to **BE (ONE)** means **both** as a student **driver & Teacher**. **Now THAT’S HOT !**

Hot as HELL to be perfectly truthful as always

Because **ALL-WAYS** are **TRUTH-FILLED** , we **CHOOSE** HOW **MUCH STAYS**

And **TAKES ROOT & GROWS STRONG & BEARS MUCH FRUIT** .

Like **IN This POEM (for you)... hear a LOUD THUNDER or tiny toot ?**

FIRE IS the PUREST FORM OF ENERGY & THERE’S

More than 1 TYPE !!!

THERE ARE **4** tHAt matCh the Earth , Air , Fire & Water hype !

It’s the **SAME RULES ACROSS the BOARD**

CHOOSE the **TYPE** , **LENGTH** & thus **INTENSITY** you

BELIEVE you can **AFFORD !!!**

Accepting TRUTH means Accepting RESPONSIBILITY ! (notice **3rd I**)

I AM GOD & Man at the **SAME time ... ONLY** when I **SEE**

In the “sense” tHAt **DUALISM** is a **GIFT** – the **ULTIMATE ONE !**

With every breath – I **KNOW** personally by **FEELING MY BODY & EMOTIONS**

When doubt is **NO MORE** & **LOVE HAS WON !!!!!!!**

Page 2 of 2

RIC h Kovatch

1-27-2020

2 * 13 Valentine's Day 2020

For Valentine's Day 2020 I offer this poem to say

With ENERGY so vibrant yet words gentle enough to sway

Your attention for at least 1 night and a day

So with REST & DREAM Filing, you'll be COME Curious about the way

my HAPPY HEART DESIRES to feel yours beat .

mine's beating pretty Hard right NOW & I think THAT's neat .

Valentine's Day is the climaxing hours of a possible friendship in heart !
PLANNed TIME TOGETHER when 2 souls are ready for someone really special to greet .

There's reasons for EVERYTHING - including a smile-inducing ~~FAOX~~ - romance .

Every morning we awake & THIS one extra special where SOME take a chance

To offer communion at the table of NEW FRIENDSHIPS THAT would enhance

Their Connection with each other when both are READY & WILLING to dance

To the beat of their 2 HEARTS & maybe to enjoy feeling them synchronize

With the other & their purpose in life - to Harmonize

And entrain to the Vibrations of another so KIND & Wise ...

Now each morning we're excited to experience TODAY'S NEW HIGHS !

my HIGH is SURREAL right NOW - while composing this collection

Of words I intend to give you for your further inspection ,

THAT in turn will WARM & TICKLE your HEART with your recollection ...

THIS isn't the 1st time I've shot Cupid's FRIENDSHIP POEM arrow ... your direction !

Please remember my format - I AM BEe & YOU'RE the PRECIOUS FLOWER .

An appreciation for each others' SMILES is ALL I ASK THIS hour .

You're like Rapunzel & I'm asking to help me climb her High TOWER .

I'm a Gemini - the TWINS sign - emulating how the story ends -

With MAGICAL SIGHT - RESTORING POWER !

Your Happy-hearted neighbor: RICH Kovatch

2 - 13 - 2020

214 **FLUX**ing LIFE : The JOYs of Creation's **AWESOME** POWER

FLUXing LIFE ! The JOYs of Creation's **AWESOME** POWER !

LIFE IS Being **CONSCIOUS** of the **POWER** OF 1 hour ,

1 minute , 1 second ... 1 BREATH to *deliver* a voICe

THAt enables another soul OPPORTUNITY to ... **OBSERVE** their OWN CHOICE .

Verbally, in Manuscript , pieces of **ART** , *poetry* or song & dance

Every moment *we're evolving* , Calming down as we UNDERSTAND enTRAINment And ADD (not A.D.D:-) vance Towards the NEXT STEP our **3 MINDS ORGANIZE** :

To **HARMONIZE** within these ORgans - my human body AS FLUXing SPIRITUAL HIGHS !

The MANIFestation of **LIGHT** from Wave form to **PARTIC**les

Takes form as *tempORary* , **solid** type , **5 sensory ARTIC**les

Only as one **CAN IMAGINE** - as thAT's wHAT CONSCIOUSness DOES

When 2 mediums of *sligh*tly disSimilar elements... after GETTING FLUXED...

Start ... to **** **Enjoy** **/* the **BUZZ** !

FLUXING prepares the MOVEMENT into tight portals then -

HEAT gets APPLIED !!!

HARD in each own's way untill the **OPPORTUNITY** & **DESIRE's HEAT** get Tied .

United in ways where **FLUXING LIFE** was normal , **stimulating** & necessary .

S e p a r a t e the two **Had** weights **TOO** heavy - *but once joined together* - Can Carry !

Like raising a **child** - the **ULTIMATE FLUXING** cunt-collusion ?

HA! I Just Had to **FLUX** (those 2 words) *together* - **BU**TT **Have** no false illusion ...

Plus ... HALVing kids **IS** the **GREATEST FEELING** **** ever experienced ...

Behind , of course , (or from front ?) ... the FLUXING ITSELF whence the **TWO** minced

Rich Kovatch

214 **FLUX**ing LIFE : The **JOYs** of **Creation's** **AWESOME** Power

Bodies , EMOTIONS , ENERGIES , HEARTS & SOULS with the 3rd ready to “**COM**E aboard ” !
St**Ar**tEd with Adam & Eve ; and **NOW** to nearly 8 BILLION the population **Has soared** .

With **this 1on1** **FLUX**ing & **HEAT**ing **AC**tion - the *consci*ousness of mankind also **FEELS**
tHis **Continual** **FLUX**ation .

LEARNING IS : **BY CHOICE** , but also “ **The WAY** ” of a **BALANCED**
eARNAl / **Spiritual** orientation .

FLUXing **UP** . Might I **BE** Doing t**HA**t **RIGHT NOW** with **you** ?

Serendipidiously , in sit**U**ations *where* spontaneous **CH**ange is **ne**cessary – t**HI**ngs
“ **Com**e Out of the blue ” .

IF our **FIVE** senses “ **FLUX UP** ” sloppily ... our 6th sense can **COM**E **THROU**GH
If **you** really get an **ur**ge to **PartI**cipate in **Creation's** **AWESOME** pro**ce**ss – either by **GIVING**
OR RECEIVING – **you'll** **KNOW** **ju**st **wh**at to **DO** !

For **Me** , **Myself** , & **I** – **ALL 3** **Have** me **HERE** & **NOW** .

As a **Karate** instr**uc**tor I **re**ceived & **knew** **WHEN** TO **BOW** .

With **AWARENESS** & **Respe**ct **for** instr**uc**tion **fr**om **WHO** , **WHAT** , **OR**
From **WHEN** **CE** ever it may arrive

ONLY **WHEN** WE **BALANCE** **RE**CEIVING / **HOLD**ing & **RELEAS**ing – **WE THRIVE** !

THIS **FLUX**ing poem **came** to mind 1st **wh**ile **sold**ering the

HAPPY H.I.P.P.Y. HeArt **Center's** 1st “ **TIME TENT** ” .

I **Had** to **FLUX** every **joint** – **except** the one I **smoked** – **now** don't get bent .

It's **thi**s writer's **JOY** to “ **FLUX** ” **you** **UP** in as many ways as I **can** .

If **thi**s be the 1st poem of my **col**lection & **you're** **still** reading - **Having** already **Com**e ...
tHis **Far** ... **of** the other 213 ... I **KNOW** **YOU'd** be**co**me *another* **growing** **FAN** !

Then , **you** **TOO** , **co**uld blow me ... **along** **my** **way**

As the **WIND** at **my** **back** - **KEEPING** distr**ACT**ions at bay !

Rich **Kovat**ch

Does it sound like I **Have** an **ab**nor**mal** **CRUX** on en**jo**ying **some** **more** **FLUX** ? 3 - 1 - 2020

NOPE ! There's **NO** **ASPECT** of my life t**HA**t I **th**ink **SUCKS** !

page 2 of 2

215 **ONE** Day at a **time**

It's One DAY at a time & for me THAT's fine .

I'm glad I KNOW HOW to drink LIFE's fine wine .

There's surely an ART & SKILL Involved

And when I entered THIS reality MY awareness Evolved

Into a **UNIQUELY FUNNY** new Creature THAT loves to live .

And finds the **M.o.st** pleasure **IN** the **M.o.de** called: **GIVE** .

GIVING ROOM to grow ALL THINGS ... as they may .

An **unConditional PASSING** onto &/or **Into** (THIS) **brAND NEW day!**

I KNOW the " **Spirit bottle** " is **IN MY Hands**

Yet the **NEED** or **deIRE** to **secure any** (thing) **DEADpans** .

Upon opening - there's an **immediate** sence of a pleasant **sCent** .

On the road **to self-deception** I'm no **longer** " **HELL-BENT** " !

It's **FUN** to say I'm at the **TOP** of the **Hill** .

The **QUESTION IS** : **did I swallow** the **RED** or **BLUE PILL ??**

Even the thought of **Having** a personal self-will

Has elements **Involved** only when all is **still** .

The **contrAdiCTIONS** are only **with thoughts** , **wORds** & **ACTions**
Needing **some ME d * I * u * m** for personal **satisfACTions** .

There is a **time** & **place** where it **DOES MAT** ...

Ter . It's called the **HERE** & **NOW** ... can **you TOO** **ImagIne THAT ?**

MAgter . A **place** **where every** (thing) gets **D I V I d e d**

As the " PATH " to THIS **ultimate** **experiencE** **with** **Being {u*n*I}ted** .

When one **SEES** the " **dARK ness** " **with** the **SAME** **confIdenCe**

THIS " **LIGHT** " we **PRES(u---ME?)** we " **EnJOY** " **illuminates** **with**

A NEW RADIANCE!

215 **ONE** Day at a **TIME**

The **MAGIC** I possess is this day & night .

I Have no reason at all to fight

With a vibration Coming from ANYwhere THAT demands it's right .

There's room to grow so no reason to get uptight .

The **PARadigm** of Having to (till the **URN**) "EARN" a living
Gets turned on its head when we focus on giving

WHAT's **BEST** for our neighbor - who in **HI**s **REALitY** - is me!

I KNOW ... THAT's HOW the **TRUTH** Has set me free!

No pains or stressors besides those I CHOOSE .

It's no big deal PLUS perfect timing if I should lose

A **belIEF** THAT no longer serves my better good .

So onCe again, toDay I SEE is becoming exACTly as it should!

Another example how I **prACTice** & prove to myself

THAT I AM "in **CHArge**" of **my OWN** mental **HEALth** .

Spiritual , **physical** , **distant** & **IntIMATE** relationships too ...

Including those THAT turned **my** boundary fence **black & blue** .

Those are only two colors of the spectrum of light

We Can only presume it might be better to also LOOK left & right .

NOW , **NOW** is the "time" THAT I **HAVE** to improve my sight .

so **DAILY** ... out of "Fear's **chunky** **ilusional** **BUTT**" ...

I enjoy **FEASTing** on another **BIG** **BITE!**

RiCh Kovatch

3 - 10 - 2020

Page 2 of 2