## #108 NO PAIN . . . NO GAIN

There's a saying that body builders use all the *time*...

NO PAIN . . . NO GAIN! It's not a saying that one can just *mime*But a truth that *to receive* ANYTHING *worthwhile*A *cost* MUST be paid. And from the beginning that's been God's *style*.

Because one can only see what one surely has gained

After it has been lost and / or damaged as unworthy and then renamed

As a BRAND NEW CREATION way better than what has passed

With a promise of a Glory that for ever will last.

The **physical** body **was designed to regenerate** from **within**And it would have if not for Adam & Eve and their offspring **if not for sin**.
Our **physical** body **still** re**news** <u>each</u> **cell** (though a bit weaker); with **Some** brand new **within** <u>hours</u> and <u>days</u> & **others** <u>taking up</u> to **7** <u>years</u>!
But the **Spiritual body** of **Christ** within us is regenerated totally after **Death** and thankfully too also while <u>alive</u> - with <u>tears</u>!

Tears of anguish in longsuffering, painful sorrow of repentance, or with Shameful *fear* 

Of being separated from the **Love** we seek or a heartbreaking yearning To stay **n**ear.

But <u>that IS</u> the lesson God also chose to experience Himself
By letting His children <u>die</u> just as Jesus <u>did first</u> - to gain the <u>wealth</u>

Of **His entire** creation that <u>must first</u> be destroyed in <u>order</u>

That the NEW CREATION can be built of **The ROCK** with **GRACE** as its **M**ortar.

And **GRACE** of course is **God's Love, Christ Jesus** the **ROCK** who is Purifying the new *container* 

So *more* and *more* **His chosen ones** *will* **put to death** the *nature of* the **Carnal** *complainer*.

All His WILL KNOW that with correction MUST COME pain
And ONLY through suffering the *strip*ping away of the carnal nature
Comes gain

Because **Christ'**s nature **IS** what the *VERY* <u>BEST</u> **IS**.

No more any of our **OLD ways** that were **selfish** and **OPPOSITE** OF **HIS**.

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Love means long-suffering until the <u>true way is being done</u>. Then, and <u>only then</u> will we be aware of what really is <u>fun</u>. It's when you **CAN SEE the Kingdom of Heaven** BEING APPLIED in **Another** 

Who <u>now</u> isn't any longer an enemy...but **SEEN AS** a Christian sister or **B**rother

Who **NOW** has his or her **OWN** <u>TEST</u>IM<u>ON</u>Y on how **God has** <u>worked</u> in Their **Life**.

The leading of the **Holy Spirit** <u>causes</u> pain that <u>cuts</u> like a <u>knife</u>. **He** will not and <u>can</u> <u>not</u> ignore any sin nature upon whom **He** has **Chosen**.

So the whole world will see exactly who *His* FOLLOWERS *ARE*... and **Who's just** *posin'* 

Rich Kovatch 10-4-12