

#139 The QUIETED MIND

*If you should **Spend** some **time** & **effort** to **listen***

To the smoothest and sweetest **sounds** & **sights** that **glisten**

Off the **QUIET** background of your **MIND in PEACE**

During a **state of consciousness** when you're **EGO CHOOSES** to **RELEASE**

Its perceived **NEED** to completely **CONTROL** the environment.

Finally learned "**Peace**" is found only in **Life's P U REST in "tent"**

Driven and powered by the **LOVE** that can **NEVER FAIL** ;

When quick judgments are not made upon only one certain detail.

Our own mind has myriads of issues it needs to process and store.

Happens mostly when we're asleep & dreaming & truth opens its door

To these "mental closets" we all have and think can't be shared

Because we've never believed ANYONE DEEPLY enough CARED

So during **MEDITATION** these *thoughts are free to FLY BY.*

Bounce around in your head for a while ... until you ask; *Is this a lie?"*

A very **DEEP** question where sometimes the **answer** is *yet to be decided.*

The truest way is to *listen to your body* with your heart & soul confided.

It is the only thing in this Universe that does not lie!

If you mistreat it too harshly you're surely soon to die.

But strangely to me in my mind and the "**New Age**" said to be "**on its way**",

Death at just over 100 years old will have died as like a child in this "**Day**".

1,000 years and **FOREVER** is **PROMISED** after **death** has been

CONQUERED & OVERCOME.

"**DEATH**" is the **NEGATIVE MINDSET** of **not Loving ALL . . . ONLY SOME** ;

Those of your "flock" or by whatever peculiarity you choose to be defined.

That's the **OLD CARNAL EGO**...not **LIFE & LOVE's UNIVERSAL MIND** !

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The pebble of discontent we drop into our mind's "PEACE POND"
Causes the ripple effect which **takes time** to understand, not a "MAGIC"
Wand.

And bring to the *surface* your **JOY** – what will then be reflected out to the
World

Once the irritant has been INCORPORATED and **HARMONIZED** and NOW
APPEARS **PEARLED!**

Relate this "Pearl" to the "Gates of Heaven" – my **PORTAL** to the theater
Showing: my "PICTURE OF LOVE".

The *carinal turds* and *crap*, exhaust and emissions **ALL COVERED**

Layer after layer by **Love's merciful glove**

That fits the "HAND of GOD" – *temper ed to touch*

The **hottest** "gates of Hell".

This is to happen when it's with **KINDNESS** & **LOVE** to the troubled soul

We **SHOW** & **Tell**;

"Everything will turn out all right, and *usually way better* than you can even
DREAM.

MEDITATE to enlighten your soul that everything **ISN'T** ALWAYS as it may
SEEM.

Walk a mile in that man's shoes before you **say** anything **remotely critical.**

Without this "**Light**" & "**Truth**" & **Compassion** & **LOVE** – you'll **act hypocritical.**

That would be "**religious**"; **NOT Loving, brotherly, & sharing** the
"GOLDEN RULE"

WISDOM KNOWS KARMA returns. Something yet needed to be learned by the
Ignorant fool.

It's **BEST TAUGHT** by example when "**Duty**" seems a "**choice divine**".

Duty turns into our pleasure "**Living**" the "**GOLDEN RULE**" as our **bottom line.**

Rich Kovatch

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