

SKIN FANATICS

Eyeliners Aftercare

Day 1: Welcome to Your New Look!

Your eyes may feel a bit dry and sensitive to light today — this is completely normal. To ease any discomfort:

- Soothe with Ice: Gently ice the area for 20 minutes at a time. Wrap your ice pack in a moist paper towel for added comfort.
- Ointment Application: If the area feels dry, apply a thin layer of ointment using a fresh, slightly damp q-tip for a smooth application.
- Evening Care: Before bed, wash your eyes with the provided cleanser or a gentle alternative like baby shampoo. Avoid anti-aging or acne products. Then apply another layer of ointment.
- Midnight Care: If your appointment ended after 4:00 p.m., consider waking up once during the night to reapply ointment. This helps prevent scabbing and pigment loss, reducing the need for touch-ups.

Day 2: Navigating the Sensitivity

Your eyes might feel a bit heavier today, and if they're stuck together in the morning, gently use a moist q-tip to separate them.

- Swelling Peak: Today might bring the most swelling, but don't worry, it's all part of the healing process.
- Consistent Care: Wash your eyes and apply ointment first thing in the morning and reapply up to 6 times throughout the day. Repeat the wash and ointment routine before bed.

Day 3: On the Mend

You're doing great! Continue washing and applying ointment in the morning and at night. Apply ointment 6 times total today too.

- Extra Precautions: Feel free to wear contacts or mascara starting tomorrow, but ensure they're new or thoroughly cleaned to prevent infection. For added safety, consider waiting until the full 7-day healing period is over.

Days 4-7: Almost There!

You're nearing the end of the initial healing phase!

- Reduced Ointment: No need for ointment throughout the day. Just stick to your morning and night routine.
- Back to Normal: Once you hit day 7, you can resume all your usual activities. Enjoy your beautifully healed eyes!

Additional Tips:

- Stay Hydrated: Drink plenty of water to promote healing.
- Avoid Touching: Keep your hands away from your eyes to prevent infection.
- Sun Protection: Wear sunglasses when outdoors to protect your eyes from harsh sunlight
- If in need of extra ointment, Aquaphor or coconut oil are suitable alternatives.
- For cleansers, opt for fragrance-free, gentle options such as baby shampoo, Cetaphil, or even bar soap.
- Avoid cleansers formulated for anti-aging or acne-prone skin, as they may be too harsh for the treated area.

****For touch-up appointments, please visit: www.skinfanaticsbeauty.com. Simple and easy!**

