

30 Reasons Why We Speak in Tongues

Pray continually. (1 Thessalonians 5:17)

1. The Holy Spirit Gives Utterance

And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance. (Acts 2:4)

2. It Magnifies God

For they heard them speak with tongues and magnify God. (Acts 10:46)

3. We Speak Mysteries

In the spirit he speaks mysteries. (1 Corinthians 14:2)

4. We Speak to God

For he who speaks in a tongue does not speak to men but to God. (1 Corinthians 14:2)

5. We Build Ourselves Up Spiritually

He who speaks in a tongue edifies himself. (1 Corinthians 14:4)

6. It Prepares Us to Prophecy

I wish you all spoke with tongues, but even more that you prophesied. (1 Corinthians 14:5)

7. The Church is Edified

For he who prophesies is greater than he who speaks with tongues, unless indeed he interprets, that the church may receive edification. (1 Corinthians 14:7)

8. My Spirit Prays

For if I pray in a tongue, my spirit prays, but my understanding is unfruitful. (1 Corinthians 14:14)

9. It is Easier to Pray in Tongues Than in English

I will pray with the spirit, and I will also pray with the understanding. (1 Corinthians 14:15)

10. We Sing in the Spirit

I will sing with the spirit, and I will also sing with the understanding. (1 Corinthians 14:15)

11. We Bless With the Spirit

You bless with the spirit. (1 Corinthians 14:16)

12. We Give Thanks

At your giving of thanks. (1 Corinthians 14:16)

13. We Thank God For the Ability to Speak in Tongues

I thank my God I speak with tongues more than you all. (1 Corinthians 14:18)

14. God Speaks to People

With men of other tongues and other lips I will speak to this people.
(1 Corinthians 14:21)

15. We Fulfill Old Testament Prophecy

For with stammering lips and another tongue He will speak to this people. (Isaiah 28:11)

16. It Brings Rest

To whom He said, “This is the rest with which You may cause the weary to rest.” (Isaiah 28:12)

17. It Brings Refreshing

“This is the refreshing.” (Isaiah 28:12)

18. It’s a Sign to Unbelievers

Therefore tongues are for a sign, not to those who believe but to unbelievers. (1 Corinthians 14:22)

19. We Show the Wonderful Works of God

Cretans and Arabs—we hear them speaking in our own tongues the wonderful works of God.” (Acts 2:11)

20. It Builds Faith

But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit. (Jude 20)

21. God Gives Witness

God also bearing witness both with signs and wonders, with various miracles, and gifts of the Holy Spirit, according to His own will.
(Hebrews 2:4)

22. It Helps Us in Our Weakness

Likewise the Spirit also helps in our weaknesses. (Romans 8:26)

23. The Spirit Makes Intercession

The Spirit Himself makes intercession. (Romans 8:26)

24. The Spirit Prays According to the Will of God

Now He who searches the hearts knows what the mind of the Spirit is, because He makes intercession for the saints according to the will of God. (Romans 8:27)

25. It is God's Desire

I wish you all spoke with tongues. (1 Corinthians 14:5)

26. It is Part of God's Order

How is it then, brethren? Whenever you come together, each of you has a psalm, has a teaching, has a tongue, has a revelation, has an interpretation. Let all things be done for edification. (1 Corinthians 14:26)

27. It's a Sign Following Those Who Believe

And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues. (Mark 16:17)

28. God Set Some in the Church

And God has appointed these in the church: first apostles, second prophets, third teachers, after that miracles, then gifts of healings, helps, administrations, varieties of tongues. (1 Corinthians 14:28)

29. It's a Command

And being assembled together with them, He commanded them not to depart from Jerusalem, but to wait for the Promise of the Father, (Acts 1:4)

30. We're Always to Pray in the Spirit

Praying always with all prayer and supplication in the Spirit. (Ephesians 6:18)

Summary

1. Worship
2. Warfare
3. Revelation
4. Edification

Researchers from the University of Pennsylvania monitored the brain waves of Christians who prayed in tongues and compared them to the brainwaves of Buddhists who meditated and Catholic nuns who prayed the rosary. The results showed that the Christian prayer language had a unique impact on the body, essentially shifting brain waves into an "off" position.

The researchers concluded that when people engage in glossolalia, the frontal lobe of the brain that normally monitors speech and body function slips into low gear. The man who led the research team, Andrew B. Newberg, told *USA Today*: "Our findings are very consistent with what people say they are feeling—that they are not in charge of what is happening and are experiencing an intense sense of themselves in relation to God."