



EVENT BROCHURE

THE BARN WELLBEING RETREAT
CENTRE

THE BARNS,
SPRINGFIELD FARM
OX15 5JH

WWW.RETREATTOTHEBARN.CO.UK

EVENTS

Welcome

The Barn is a calm, characterful retreat space designed for thoughtfully curated group experiences. We host a wide range of bespoke events, including hen dos, corporate retreats, private celebrations and wellbeing days, each shaped around your group, your intentions and the time you have together.

Rather than offering fixed packages, we work with you to create an event that flows naturally and feels considered, unhurried and genuinely nourishing.

Indicative Pricing

As a guide:

- Half-day bespoke events typically start from £75 per person
- Full-day experiences are usually £95-£125 per person

This pricing includes venue hire, hosting, event coordination and a curated programme of activities.

Some specialist or hosted experiences involve additional external facilitators or materials and are priced accordingly. We'll always be transparent about costs and help you design an experience that fits your group and budget.

Minimum group size: 6 people.

ACTIVITIES

Our activities are designed to be mixed and matched, allowing you to create an experience that reflects your group's energy, interests and intention for the day.

Wellbeing & Movement

- Soundbath
- Yoga
- Pilates
- Yogalates
- Meditation
- Breathwork
- Dance
- Group Reiki

Creative & Hands-On Workshops

- Watercolour painting
- Still life drawing
- Flower crown workshops
- Craft workshops

Hosted Experiences & Premium Add-Ons

- Pottery workshops
- Cocktail making
- Wine tasting

Corporate & Retreat Enhancements

- Health & wellness workshops (e.g. stress, burnout, nervous system regulation)
- 1:1 health coaching sessions

If there's something you're looking for that isn't listed here, let us know and we'll be happy to explore sourcing it for your event.

DINING

We offer three delicious dining packages, each with the option to add alcohol if you'd like a little extra sparkle. For corporate retreat bookings tailored, large group menus are available separately.

Package 1:

Welcome smoothies and pastries
Gourmet picnic with fresh juices

Homemade cake selection
Unlimited tea and coffee

£35 per person

Add a little fizz: +£2.50 for Bucks Fizz instead of smoothies
Upgrade your picnic: +£5.00 for a Champagne picnic

Package 2:

Welcome smoothies and pastries
Afternoon tea with scones
Unlimited tea and coffee

£30 per person

Add a little fizz: +£2.50 for Bucks Fizz instead of smoothies
Make it bubbly: +£5.00 for a Champagne afternoon tea

Package 3:

Welcome smoothies and pastries
Wholesome Buddha bowls
Homemade flapjacks
Unlimited tea and coffee

£25 per person

Add a little fizz: +£2.50 for Bucks Fizz instead of smoothies

All packages are available with vegan and gluten-free options – just let us know your preferences when booking.

EXTRAS

Extras are available to add on top of your chosen activities and dining - perfect for a little something to make your day even more special.

Exclusive Use of The Barn

For larger groups, or those looking for complete privacy, exclusive use of The Barn can be arranged at an additional charge.

Exclusive use allows your group sole access to the space for the duration of your event, creating a more intimate and unrushed experience. This option is particularly well suited to groups of more than 15, corporate retreats, or celebrations where privacy and flexibility are important.

Please let us know if exclusive use is something you'd like to explore and we'll be happy to advise on availability and pricing.

Optional Treatments

To deepen the restorative element of your event, individual treatments can be added alongside your group programme.

Treatments are ideal as a quiet pause within the day, or as optional extras during longer retreats, allowing guests to relax and unwind in their own time.

Treatments start from £40 for 30 minutes

A range of therapies may be available depending on your event and group size and we can help you decide what works best for your schedule.

BOOKING

Every event at The Barn is designed with care and attention to detail. From the initial planning through to hosting on the day, we manage the logistics so you and your guests can simply arrive and enjoy the experience.

If you'd like to start shaping your bespoke event, we'd love to hear more about your group and what you have in mind, get in touch via our website contact form or email us at info@thebarnretreats.co.uk

