

## Advanced Cortisol Balance

*Promotes optimal cortisol response to stress*

Item #02012 • 30 vegetarian capsules

Millions of Americans simply accept stress as part of our fast-paced, modern lifestyles. But stress factors can affect cortisol levels, a steroid hormone organically produced by your body.

Advanced Cortisol Balance helps your body combat the biological effects of stress by combining Relora® and Oligonol® — two proprietary extract blends that promote healthy cortisol levels.

Relora® is a proprietary blend of *Magnolia officinalis* and *Phellodendron amurense* bark extracts. Studies show that Relora® inhibits salivary cortisol levels, encourages a healthy stress response, and supports mood health.<sup>1</sup> Oligonol® combines polyphenols from lychee fruit with green tea leaf extracts to inhibit cytokines that in a randomized, placebo-controlled study were shown to promote cortisol activity, thereby affecting serum cortisol concentrations.<sup>2</sup>

Advanced Cortisol Balance is the *only* supplement that combines these two proprietary extract blends into a single formula. So don't stress — add Advanced Cortisol Balance to your nutritional regimen today.

### References

1. *Int. Soc. Sports Nutr.* 2013 Aug 7;10(1):37.
2. *Nutr. Res. Pract.* 2010 Jun;4(3):203-207.

Relora® is a registered trademark of Interhealth N.I. Oligonol® is a registered trademark of Amino Up Chemical Co., Ltd.



### One vegetarian capsule contains:

Relora® [proprietary blend of magnolia (bark), and phellodendron (bark) extracts] ..... 500 mg

Oligonol® [proprietary blend of lychee (fruit), ..... 100 mg  
green tea (leaf) extracts]

Other ingredients: corn starch, vegetable cellulose (capsule), silica.

### Non-GMO

### Dosage and use:

- Take one capsule daily, with or without food, or as recommended by a healthcare practitioner.

Caution: Do not take if pregnant or lactating.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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