

WELCOME TO

# Season 3!

*we're so glad you're here!*

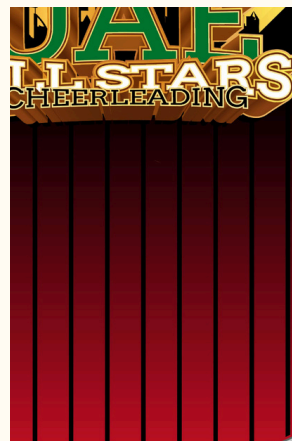
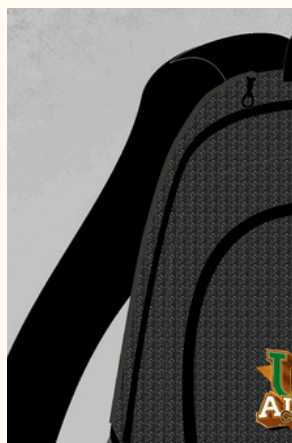
## Term 1 – What's To Come:



As we open our doors for season 3, we are excited to share with you everything you can look forward to in Term 1 as a UAE Allstars athlete for the 2024 – 2025 cheerleading season.

Your new coaches have loved meeting you all, and are excited to continue to build not just the program, but also you as individual athletes.

Term 1 is just the beginning of a fantastic new season! We're excited to continue the skill progressions from September whilst sharing information about training sessions, private lessons, camps, new merchandise, events, and the December Winter Showcase.



## The Merchandise Lookbook

We are excited to announce our merchandise lookbook! This catalogue contains club-branded items available for purchase. We would implore everyone to purchase the new season t-shirt, but nothing is compulsory. You won't want to miss out on what you see though!

Reminder: The order deadline for items is Monday, October 14th.

**WANT TO SEE WHAT WE GOT?**

**TAKE A LOOK AT THE ORDER FORM HERE**



## October World of Cheer Camp

In a UAE first, we will be bringing together cheerleaders from across the UAE, by inviting athletes from Cyclones Cheerleading Abu Dhabi to partake in a skills-based camp in Dubai.

This camp will focus on cheerleading-specific skills and bringing athletes from different backgrounds together for 1-4 days of camp.

This will be available to our Senior, Junior, and Youth athletes, taking place from 9am-1pm:

- Tuesday 15th & Thursday 17th of October
- Tuesday 22nd & Thursday 24th of October

**WANT TO JOIN US??**

**JUST FILL OUT OUR ENTRY FORM**



# 1:1 Private Lessons

For our new season, we are expanding our 1:1 private lesson packages.

You can schedule a 30-60 minute lesson, and improve your tumbling, jumps or flyer-specific skills. Working with a coach on a 1:1 basis is the best way to ensure the athlete gets undivided attention in working towards new skills or perfecting current skills.

Sessions will take place in Aspire Gymnastics, DIP 2 at a time agreed upon by your coach.

**FOR MORE INFORMATION AND BOOKINGS PLEASE**  
**[CLICK HERE.](#)**



## **PRICING:**

30 minutes - 150 AED  
or  
60 minutes - 300 AED

## DFC 30x30 LL CASE STUDY

We are once again proud to announce our continued collaboration with Dubai Fitness Challenge!

This year we will be leading multiple cheerleading exercise classes for participants on the Kite Beach main stage & running free 30-minute classes for primary and secondary schools across dubai.



## **#DUBAI30X30**

**Want a free 30-minute  
cheerleading taster session  
at your school? LET US KNOW!**



### **COME JOIN US ON THE KITE BEACH MAINSTAGE:**

Sat 26.10 – 3:30 pm  
Tue 29.10 – 6:30 pm

Sat 02.11 – 3:30 pm  
Tues 05.11 – 6:30 pm

Sat 09.11 – 3:30 pm  
Tues 12.11 – 6:30 pm

Sat 16.11 – 3:30 pm  
Tues 19.11 – 6:30 pm  
Sat 23.11 – 3:30 pm

# American Flag Football at the Sevens Stadium



We are excited to announce our first athlete's event performance for November!

On the 3rd of November from 12-12:30 pm, we will be performing a routine on live TV with athletes of all ages from our program. Further information will be available shortly via your coaches.

Want to join us? Let us know!



## Stamina 11 Performance



Our second athlete performance of the month is at a Stamina 11 gymnastics event next month, November 15-17th!

Stamina 11 is a Dubai-based gymnastics centre that prides itself on empowering youth athletes while promoting a healthy and active lifestyle through sports.

Our youth athletes would perform a 5-minute, high-energy routine with the assistance of your coaches and a handful of our adult cheerleaders.

Over this weekend-long event, they have requested that we perform on Friday 15th at 3pm. Please answer the poll below to let us know your availability, and we will shortly confirm the event.

For more information on the centre please check out their website below:

[Stamina11.com](http://Stamina11.com)

# Coaches Spotlight



Congratulations to Programme Director Amy on securing a split role between her hometown of London and Dubai 🥳 With the ever expanding growth of our programme Amy is able to head up our organisations operations internationally so you'll be seeing her around both Dubai and a position she couldn't refuse in the UK! Amy remains an integral part of our team, and is always available remotely if not in DXB when needed. However, please always direct any urgent matters to your head coaches to account for any time difference variations. Congrats Amy on achieving your dream split!

## December Winter Showcase

The perfect event to finish Term 1 with a bang, and show everyone what our athletes have worked so hard on!

Our Senior, Youth, Junior and Mini teams will each perform a routine, with additional special performances for our family and friends.

This event is open for families and friends to come and watch our athletes show what they can do!

During this event, we will also showcase cheerleading merchandise for purchase from our providers. Including Power Nation apparel, Holly's Bows, and items from our pro shop.

The showcase will be held on the 8th of December at 1pm, at Aspire Gymnastics DIP 2.

**See you there!**





# Here's To Season 3!

HAVE ANY QUESTIONS FOR US? PLEASE CONTACT THE  
RELEVANT COACH:



[WWW.UAEALLSTARS.COM](http://WWW.UAEALLSTARS.COM)

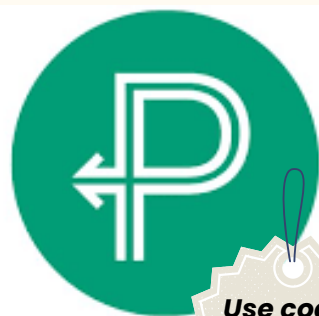


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