



PARENT
education.

NURTURED HEART APPROACH®

3-WEEK SERIES

OCTOBER 13, 20, 27
6:30-9:00pm

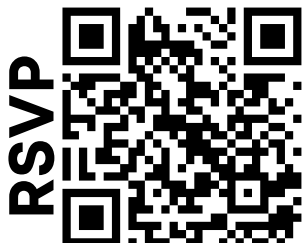
No childcare available

Stop energizing negativity in yourself and others. Learn how to recognize and celebrate success, even in the ordinary moments. Set and enforce clear limits and boundaries. Create deeper, stronger relationships with the people in your life.



**JANA
BRUHSCHWEIN
& KELLIE KNODEL**

**NHA
ADVANCED TRAINERS**



\$179/person
\$250/co-parenting couple

QUESTIONS?



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