

## New York City Ballet Breaks

Appropriate for Children Ages 3 - 8

Join the artists of New York City Ballet for a series of lively Sunday morning movement activities, powered by Zoom. Each 20-minute Ballet Break Workshop will be taught by a NYCB dancer and will include a warm-up and choreography inspired by some of the Company's most beloved ballets. Starting Sunday, April 26 at 11 AM EDT/8 AM PDT, tune in to get your little ones moving with NYCB. No prior dance training needed.

April 26 at 8 AM

Fancy Free Ballet Break led by NYCB Principal Dancer Daniel Ulbricht

May 3 at 8 AM

Western Symphony Ballet Break led by NYCB Dancer Kristen Segin

May 10 at 8 AM

The Four Seasons Ballet Break led by NYCB Dancer Ralph Ippolito

May 17 at 8 AM

A Midsummer Night's Dream Ballet Break led by NYCB Dancer Ashley Hod

May 24 at 8 AM

Stars & Stripes Ballet Break led by NYCB Dancer Alexa Maxwell

Ballet Breaks are free of charge and registration is required. Each workshop will be capped at 1,000 households and admission to workshops will be on a first-come, first-serve basis.

The Zoom link and password were emailed to our primary dance students. If you did not receive the email, please request the link by emailing [info@dancetheaterwest.com](mailto:info@dancetheaterwest.com)