



Get In The Game: How To Start A NC HS Boys Volleyball Team

1

Gauge Interest!

It's very important to have evidence of interest when you approach your school's Administration about starting a club.

2

Get Permission!

- Speak to Principal about requirements needs to be fulfilled to start a club team
- Team members must have physicals & NCHSAA paperwork and forms We can assist with those
- Players MUST attend your school

3

Find A Sponsor!

- You'll need a club sponsor. Can be a teacher or another coach at the school. They do not need to know the game of vball.
- The ideal situation is a current Girls' Coach/Asst Coach is involved.

NOTE: Steps 1-3 can sometimes be done simultaneously.

4

Find A Coach/Sponsor!

- Reach out to: girls volleyball coaches, club coaches, colleges and college players, or parents.
- If sponsor doesn't know volleyball, ask girls players to come teach skills to the team.
- Coaching stipend can be covered by team fees or end of season gift from parents.

5

Set Team Cost

- Varies from school to school
- Carolina Region USAV \$1,000 grant available to new programs! App opens January 2025
- Consider: Referee cost, uniforms, coaches stipend, Booster Club Fees, etc. All may not apply.

6

Plan The Season!

- AD's only role is to let you know gym availability and schedule your time!
- NCVBA will schedule a meeting with coaches in your area
- NCVBA Regional Board Reps will work to set up schedules for teams in their area
- Referee's typically cost \$150 for a JV & V match

7

Have Tryouts!

- Advertise tryouts and get the word out!
- Create a sign up to know how many to expect
- Typically last 1 day for 2 hours, but do what's best for your team

8

Order Uniforms!

- No uniform requirements except number on front & back
- Some schools will allow teams to repurpose old jerseys

9

Parent Meeting!

- Host a parent meeting to share details about the season
- Coordinate rides to games if necessary
- Team Parents can help organize rides, end of season party, senior night, etc.

10

The Season!

- Make sure AD knows practice plan and games
- Reach out if questions come up!
- Get ready to have fun!

Contact: NCBVA Director, Sarah Conklin
NCboysHSVolleyball@gmail.com or 704-905-9079