Community. Connect. Create. Macedon Ranges

Support Groups
Community Supports
Community Groups
Garden & Environment Groups
Arts & Craft Groups
Walk, Run & Ride Groups
Singing, Music & Dance Groups
History & Learning Groups
Social & Games Groups
Adult Sporting Clubs











Support Groups

Macedon Ranges Suicide Prevention Action Group (MRSPAG)

www.mrspag.com.au peersupport@mrspag.com.au

providing peer support for those bereaved by suicide. The 2nd Monday of each month 7:00pm-8:30pm. Newham Mechanics

PS My Family Matters www.psmfm.org.au psmfm@outlook.com 0475 269 965

Providing support for carers supporting family and friends with mental illness, addiction, neurodiversity, illness or disability. Coffee for Carers meet once per month in Gisborne and Kyneton.

Carer Connect Chat - Sunbury and Cobaw Community

sunburycobaw.org.au admin@scchc.org.au 1300 026 229

This group that meets monthly to provide carers the opportunity to meet up with other carers for a light lunch and a chat. Anyone who cares for a family member or friend or identifies as a carer is welcome to attend. The Kyneton group meets on the first Wednesday of the month. sunburycobaw.org.au/carersupport-group

Woodend Lifestyle Carers Group Inc www.wlcg.org.au cherry03@bigpond.com 5420 7132 or 0418 638 791

A volunteer support group for carers of loved ones living with dementia. Members and care recipients enjoy social and educational activities in an understanding environment. 2nd & 4th Thursday of each month 1:00pm - 3:30pm, February to December. Woodend RSL, 32 Anslow St, Woodend Annual Subscription: \$5. Meeting attendance: \$3.

Macedon Ranges Autism Network www.mran.com.au president@mran.com.au 0414891107

Coffee meetups, workshops and peer mentoring for families and individuals with Autism.

Macedon Ranges Community MS Support Group www.facebook.com/groups/648664761821865/ This is a closed Facebook group that you will need to join.

Meetups, Information and support for those impacted by and interested in MS. 4th Friday of each month.

Macedon Ranges Stroke Support Group enableme.org.au/Community/What-Helps/m/Macedon-Ranges-Stroke-Support-Group Kim Courtney on 0429 919 207

is for family, carers and survivors of stroke within the Macedon Ranges area. Meets 1st Sunday of each month.

Breast Cancer Support Group www.bcna.org.au/services-and-support-groups/servicesdata/gisborne-victoria-breast-cancer-support-group. douglaskcole@gmail.com 048469122

Meeting the first and third Tuesday of the month at 10.30am for morning tea.

Australian Breastfeeding Association Sunbury-Macedon Ranges

www.breastfeeding.asn.au/local/vic/sunbury-macedonranges-vic.

sunburymacedonrangesaba@gmail.com

This is a small, but enthusiastic local group offers a nonjudgmental, supportive atmosphere to all mums and their families to share the frustrations and the joys of parenting, and access accurate information about babies and breastfeeding. We support all families. Mums who are mixed-feeding, bottle feeding, exclusively expressing or not breastfeeding are always welcome. We chat in a relaxed setting and there is often access to a breastfeeding counsellor or educator who can assist you with any breastfeeding questions, worries or issues you may be

AA - Alcoholics Anonymous aa.org.au

Gisborne Steps and Tradition Study. Thursdays 7:00 pm. St Marks Anglican Church, Gisborne. Romsey. Recovery Discussion. Tuesdays 7:00pm. Romsey Neighbourhood House. Fridays 7:00pm. Uniting Church Kyneton Mondays 7:30pm. Kyneton Catholic Church Hall. meetings.

NA - Narcotics Anonymous www.na.org.au

Kyneton - Freedom Fridays. Fridays 6pm. Kyneton Baptist Church Hall 43 Ebden Street, Kyneton

Moving On- Sunbury and Cobaw Community Health sunburycobaw.org.au admin@scchc.org.au 1300 026 229

is an empowering and supportive group for women who have experienced or are experiencing abusive relationships. Weekly sessions are led by experienced counsellors. This currently runs out of the Sunbury office.













Community Supports

Sunbury and Cobaw Community Health sunburycobaw.org.au admin@scchc.org.au 54211666

SCCH is a not-for-profit community health organisation is providing a comprehensive range of free and low-cost health, wellbeing and community services in early childhood, youth, families, adults, aged and disability.

Services include:

- Alcohol and Drug services
- **Dietetics**
- Occupational therapy
- Physiotherapy
- Speech therapy
- Cardiac and pulmonary rehabilitation
- · Exercise groups and exercise physiology
- Counselling
- Youth Counselling
- Centrelink/Medicare agent
- Home Care Packages
- LGBTIQA+ groups
- Family services and parenting support
- Housing support
- NDIS and disability support

Macedon Ranges Health www.mrh.com.au homecare@benetas.com.au 54280300

MRH is located in Gisborne, it is a not-for-profit community health organisation providing a comprehensive range of affordable government-funded allied health; wellbeing, and social support programs. Services include: Occupational therapy Physiotherapy • Dietetics • Podiatry • Exercise groups: land-based and warm water • Exercise physiology • Counselling Social Support Activities.

Home and Community Care is for people under the age of 65 who need assistance with daily living activities due to an impairment relating to mental, chronic illness, disability, or short-term health need. This program is also available to carers under the age of 65. HACC PYP is also an alternative option if you are not eligible for NDIS or are transitioning to NDIS. Funded by the Victorian Government, this program is designed to support individuals to stay independent at home and in the community by providing access to a range of affordable and significantly reduced-cost care and support services including:

- · Home Maintenance and Repairs including gardening and gutter cleaning.
- Cafe and Meals Program Homecare assistance including help around the home i.e. cleaning, personal care, and
- · Social Support to access the community including shopping assistance or transport to appointments
- Nursing Care and Continence Support
- Allied Health services; Physiotherapy, Occupational Therapy, Podiatry, Dietetics and Counselling
- Exercise classes

Home Care Packages for clients over the age of 65 eligible for a government-funded package. There are qualified local workers who can deliver the following services to individuals

- Home Care:
- Shopping assistance
- Social outings
- Transport
- Meal Preparation
- Personal Care
- In Home Respite
- Home and Garden Services
- **Nursing Care**

Other health care and therapeutic services include Dietician, Occupational Therapy, Physiotherapy, Podiatry, Remedial Massage, Chiropractic Services, Speech Therapy amongst other allied health supports.

Woodend Neighbourhood House www.woodendnh.org.au reception@woodendnh.org.au 54271845

supporting one another through good and bad times, with food relief, emotional support, essential printing/photocopying, or just a cup of tea with one of their friendly staff or volunteers. there are rooms for hire for local community groups and businesses, and regular programs packed full of activities and courses. Everyone is welcome to stop by Monday to Friday between 9 am - 3 pm.

The Woodend Community Food Bank is open Mondays and Thursdays between 12.30 pm - 2.30 pm in the Undercroft (access via the gate off Margery Crescent). Everyone is welcome to stop by to access pantry staples, personal hygiene, and cleaning supplies.

The Macedon Community House www.mmmcommunityhouse.org hello@mmmcommunityhouse.org

serves as an all-abilities access community connection hub. A safe and inclusive place, where people of all ages meet, get to know each other, share skills, knowledge and mutual support.

Riddells Creek Neighbourhood House www.riddellscreekneighbourhoodhouse.com info@riddellscreeknh.com.au 54287836

offers classes and workshops the community pantry and Veggie Garden is available for anyone in need within our community. The House also work alongside the United Church and support them with the White Goose Book Exchange.

> **Lancefield Neighbourhood House** lancefield.neighbourhoodhouse.org admin@lancefieldhouse.org.au 54291214

offers food relief and community lunches as well as classes and workshops based on community needs.











Community Supports

Romsey Neighbourhood House romseynh.org.au admin@romseynh.org.au 54296724

Offers classes and workshops based on community needs.

Kyneton Community House kynetoncommunityhouse.org.au admin@kynetoncommunityhouse.org.au 54223433

Offers a diverse programs including community lunches, food relief, community childcare, education and employment pathways, well-being and social endeavours, and volunteer programs.

The Kindness Collective Kyneton www.tkc.org.au hello@tkc.org.au 0354221163

TKC is an independent, community-based incorporated association, whose primary purpose is to support those in our local community who find themselves in need. The Kindness Collective's aim is to provide our local community members with support through our Free Foodbank, Op Shop, Drop In Space, Soup Kitchen & Crisis Relief.

60 Mollison Street Kyneton

Op Shop Open Monday to Friday 10am to 4pm Saturday 10am to 1pm. Foodbank Open Monday to Friday 10am to 3pm. Costs Associated / Membership Foodbank is FREE

Gisborne Food Bank www.gisbornefoodbank.org.au gisborneccf@gmail.com 0492850520

Gisborne Foodbank is open on Wednesdays and Fridays from 10am to 3pm and by appointment.

A not-for-profit incorporated association that provides food and basic household items to those in need in our community

> Woodend RSL www.woodendrsl.org admin@woodendrsl.org 0354273122

Provides or facilitates assistance to local veterans and their dependents. Their mission is to provide care, commemoration and camaraderie to enable veterans and their families to live with dignity and respect. They encourage both veterans and the public to use their facilities to build social cohesion and make sure we are all looking out for each other. The facilities are open to the public Thursday and Friday nights.

They have a welfare officer who can follow up veteran and veteran family support to ensure the Department of Veteran Affairs entitlements are provided and arrange other support if needed.











Community Groups

Gisborne Men's Shed www.mrh.org.au/communityconnection/services#gisborne-men's-shed gisbornemensshed@live.com 54280300

Various meetings and activities for men. membership required

Woodend Men's Shed woodendmensshed.org woodendmensshed@outlook.com 0418322680

Various meetings and activities for men. The shed is open 9am until 12pm every Monday and Wednesday (Note12pm not 2pm) \$50 annual membership

Romsey Men's Shed Eric 0418338319

Various meetings and activities for men. membership required

Lancefield Men's Shed www.lancefield.neighbourhoodhouse.org lancefieldshed@lancefieldhouse.org.au 54291214

Lancefield Neighbourhood House Various meetings and activities for men. membership required

Kyneton Men's Shed www.kynetonmensshed.org.au iancurnow@outlook.com 0490814223

Various meetings and activities for men. \$55 annual membership

Country Women's Association - Central Highlands Group cwacentralhighlandsgroupsec@gmail.com cwaofvic.org.au

A volunteer organisation dedicated to supporting women, children, and families in our communities. We invite women and girls of all ages to join us for friendship, skills sharing, and to work together to give back to those in need. We have 11 branches in the Central Highlands area and surrounds, some meeting during the day and others in the evening. Please contact us to be connected with any of the listed branches below or to find out more about joining the CWA of Vic

Country Women's Association - Gisborne cwaofvic.org.au cwagisbornedaybranch@gmail.com 0437953253 0417546146

Meetings 2nd Monday of the month at The Stadium at the Gisborne Secondary College. 10am membership is \$82 Adult, \$21 Junior

Country Women's Association - Woodend Eves cwaofvic.org.au cwawoodendeves@gmail.com Lucy on 0476 293 886 meet on the third Thursday of the month at 7pm at the Woodend

Golf Club.

membership is \$83.50 for adult, \$22 for junior.

Country Women's Association - Macedon cwaofvic.org.au cwamacedon@gmail.com 0408998927

various meetups and events. membership is \$83.50 for adult, \$22 for junior.

Country Women's Association - Romsey cwaofvic.org.au cwaromsey@gmail.com 0417013744

various meetups and events. membership is \$83.50 for adult, \$22 for junior.

Country Women's Association - Lancefield cwaofvic.org.au lancefieldcwa@gmail.com 0354291669

various meetups and events. membership is \$83.50 for adult, \$22 for junior.

Country Women's Association - Kyneton Twilighters cwaofvic.org.au kynetontwilighters@gmail.com 0412218863

meeting on the second Thursday of each month, at 7.00pm at Little Swallow Cafe on Piper St Kyneton. membership is \$83.50 for adult, \$22 for junior.

> Gisborne CFA Brigade www.gisbornecfa.com info@gisbornecfa.com

is a 100% volunteer brigade, responding to emergencies in our community 24 hours a day, 7 days a week.

> Riddells Creek CFA Brigade www.facebook.com/riddellfirebrigade 0354286000

is a CFA fire brigade comprising 54 volunteers. The brigade was founded in 1904 and known to be one of the first 'bushfire' brigades in Australia.

> **Romsey CFA Brigade** www.romseycfa.com

Apart from firefighters, many people in our community can offer a wide variety of skills and interests and therefore you may be able to offer your time as a firefighter or non-operational support member.

> Lancefield CFA Brigade www.facebook.com/LancefieldFireBrigade

is a 100% volunteer-operated brigade that protects life and property in the Lancefield community.













Community Groups

Hesket Kerrie CFA Brigade www.facebook.com/HesketKerrie hesketkerriecfa@gmail.com

volunteer fire fighting and emergency response in Hesket, Kerrie, Cherokee, Rochford communities and supporting surrounding brigades around the Macedon Ranges. Hesket Fire station, Kings Lane and Romsey Rd, Hesket 3442

Kyneton CFA www.kynetoncfa.com info@kynetoncfa.com

Kyneton CFA is 100% volunteers who give their time to protect the community from events such as bushfires, house fires, grass and scrub fires, gas leaks, and vehicle accidents. We have members who are not active on the fireground who educate the community about seasonal fire dangers and educate the younger community.

Kyneton CFA, 46 - 48 Ebden Street, Kyneton 3444

Woodend CFA www.woodendcfa.org woodendcfa@gmail.com

Woodend CFA has been providing an excellent service, protecting our community for nearly 120 years, and right now we are looking for new members, for both firefighting and non-firefighting roles.

Macedon CFA macedoncfa.com

Macedon CFA is a volunteer organisation responsible for the prevention and suppression of fire and assistance during other emergencies. This brigade is responsible for the residential, industrial and rural areas of Macedon and the surrounding areas. Under the direction of CFA, Macedon Fire Brigade also provides support to many other emergency service agencies, in the event of a major incident, whether within the Macedon assignment zone or not.

Gisborne and District Lions Club www.facebook.com/Gisborne-and-District-Lions-Club secretary@gisbornedistrict.lions.gisnet.net.au 54282451

Lions club members are men and women who strive to make a difference in their local community as well as in communities worldwide.

Membership required.

Meetings: 7:30pm, 1st Thursday of each month. House of the Rock Church, New Gisborne.

Riddells Creek Lions Club www.facebook.com/RiddellsCreekLionsClub alanrobert@gmail.com

Lions club members are men and women who strive to make a difference in their local community as well as in communities worldwide.

Membership required

1st Monday Riddells Creek Pub (dinner) 7.30pm 3rd Wednesday St Johns Hall, Melvins Rd, Riddells Creek. 8pm

Woodend Lions Club woodendlions.org.au woodendlions@hotmail.com 0438363242

Lions club members are men and women who strive to make a difference in their local community as well as in communities worldwide.

Membership required

2nd and 4th Wednesdays of each month, alternating between dinner and business meetings.

Lancefield Romsey Lions Club www.facebook.com/Lancefield-Romsey-Lions-Club-0452206588

Lions club members are men and women who strive to make a difference in their local community as well as in communities worldwide.

Membership required

Kyneton Lions Club www.facebook.com/lionsclubofkyneton

Lions club members are men and women who strive to make a difference in their local community as well as in communities worldwide.

Membership required Every 2nd Thursday at 19:30 Watts Pavillion Showgrounds

Woodend Rotary Club woodendrotary.org.au

Rotary is the largest worldwide charity; the local clubs contribute on an annual basis to the global initiatives but also run their own projects within their community and around the world. Woodend Rotary is a friendly active and inclusive group whose focus is on making a difference within the local community and overseas. The Club meets once a week on a Thursday evening in the Victoria Hotel in Woodend.

Rotary Club of Macedon Ranges www.rotarymacedonranges.org ericvisscher@taylorslakeshotel.com.au 0429850696

Local clubs contribute on an annual basis to the global initiatives but also run their own projects within their community and around the world.

meetings held every 2nd Wednesday evening, 7 pm at Baringo Food & Wine Co.

Zonta Club of Kyneton Inc. secretary@zontakyneton.org.au www.zontakyneton.org.au

Zonta clubs help to build a better world for women and girls, through service and advocacy projects in their local communities, and globally through international programs. By joining with like-minded women and men, you can make a lasting and meaningful difference.













undated ALIGUST 2024

Garden and Environment Groups

Macedon Ranges Seed Savers www.facebook.com/groups/982190348817244/ macedonrangesseedsavers@gmail.com

Aims of group: to maintain genetic diversity in traditional food plants by saving and sharing seeds and to share our skills and knowledge.

Activities: regular sessions at our seed libraries to make seed packets, package seed and learn from each other

When and where:

Kyneton Library 2-3pm 2nd Tuesday of the month Romsey Library 2nd Friday of the month - romsey@ncgrl.vic.gov.au
Woodend Library 9:30am 1st and 3rd Friday of the month Macedon Community House TBA
Riddells Creek Neighbourhood House TBA

The Friends of Gisborne Botanic Gardens Inc friendsbotanicgardens.org/companies/18/61/Friends-of-Gisborne-Botanic-Gardens-Inc-infogisbotgard@gmail.com

People with an interest in the preservation, maintenance and improvement of the gardens

Gisborne Landcare Group www.facebook.com/gisbornelandcare Contact: Jackson O'Neill gisbornelandcare@gmail.com 0497 580 141

Engaging the local community in order to protect and enhance native vegetation, fauna, water quality, and general environmental health within Gisborne and the surrounding area, thus improving the region's overall biodiversity and natural character.

No membership fees, however, there is an option to donate upon application.

please contact them for an application form.

Bullengarook Landcare Group bullengarooklandcare@gmail.com

An active community group supporting residents with activities related to native flora and fauna, plant give-aways, education and weed control.

\$20 per year per household

Greening of Riddell greeningofriddell.com.au greeningriddell@gmail.com

A volunteer group that has taken responsibility for the rehabilitation and maintenance of Wybejong Park as its major focus. Monthly working bees which involve weed removal, planting indigenous species and maintenance of existing vegetation and access tracks (and of course socialising over morning tea). These working bees are held at Wybejong Park on the first Saturday of every month at 9:30am.

Gardening Group- Riddells Creek Neighbourhood House info@riddellscreeknh.com.au 54 287 836
Tuesdays 10:00am

Riddells Creek Landcare Group www.riddellscreeklandcare.org.au Ross Colliver info@riddellscreeklandcare.org.au 0411 226 519

Riddells Creek Landcare looks after a magnificent 120 hectares of grassy woodland in the hills on the edge of Riddells Creek.

Barrm Birrm, a place of many yam roots, is a gorgeous place to walk, recuperate and botanise. For the latest, go to the group's website: utsaboutnaturercl.blogspot.com/

Clarkefield and District Farm Landcare Group clarkefieldlandcare.org.au
Julie Macdonald cdlc.sec@gmail.com
has undertaken many projects on private properties. .

Monthly Gardening Club - Romsey Neighbourhood House romseynh.org.au admin@romseynh.org.au Every 3rd Tuesday of the month

Deep Creek Landcare Group (covering Lancefield, Romsey & Monegeetta) hwww.facebook.com/Deep-Creek-Landcare-Lancefield-Romsey-Monegeetta deepcreeklandcare@gmail.com Secretary Pat Danko 0417 103 064

To enhance biodiversity and natural ecosystems within the local environment.

Membership \$20 per year

Kyneton Horticultural Society www.khs1894.com President: Melva Ryan 0499188815 penalto@bigpond.com

Monday of the month at Kyneton Football Club rooms (beside Grandstand) Showgrounds, Mollison St, Kyneton. Tea and coffee is provided with a light supper.

Everyone is encouraged to participate in the monthly competition which includes: single bloom, container of flowers, pot plant, floral art, mixed stems, flowering shrubs, foliage, fruit, and vegetables.

The Kyneton Horticultural Society meets at 7.30 pm on the 3rd

The Society welcomes anyone with a passion for gardening and an interest in horticulture.

The Friends of Kyneton Botanic Gardens www.kynetonbotanicgardensfriends.org

Friends of Kyneton Botanic Gardens needs new members and would love your support. Meetings are held up to six times per year at Kyneton Mechanics Hall. There are always activities you could become involved in if you desire. Join us to promote the Gardens as a tourist attraction, and raise funds to contribute to projects that improve and develop the Gardens.

Membership fees (annual): \$10 single (introductory offer for 2024) \$20 family (introductory offer for 2024)











Garden and Environment Groups

ACFE Garden Club kynetoncommunityhouse.org.au admin@kynetoncommunityhouse.org.au 54223433

Join Horticulturalist, Mel Husada, in our 2024 Garden Club. Through the year, learn tips and tricks that will get your garden

Weekly activities in our Community Garden with lots of conversation over a cuppa and biccie.

This is a free and collaborative class. (Gold coin donation is welcome but not essential)

Campaspe River and Land Management Group **Brendan Smith** 0429 199 890

This Kyneton based group's top projects are weed control along the river (willows, blackberries and gorse), repairing the river walk path following flooding - currently 4 km long, and installing excellent interpretive signage. They are working in partnership with North Central Catchment Management Authority to remove willows. The group has been growing and planting the threatened Hairy Anchor Plant. They have regular planting days, including some with students from Kyneton Secondary College.

Tylden Landcare Group **Brendan Smith** 0429 199 890

Tylden Landcare group has had a focus on Gorse control and revegetation along Premier Mine Road, working with multiple partners, landowners and the wider community. The group has provided trees to members and has run a series of guest speakers to meetings.

Gardening Club - Woodend Neighbourhood House www.woodendnh.org.au reception@woodendnh.org.au 5427 1845

Do you have a passion for gardening? Days and times will be determined based upon the availability of the group. Register your interest by calling between 9am - 3pm

Macedon Ranges Sustainability Group mrsg.org.au membership@mrsg.org.au

Volunteer opportunities are available at the Woodend Farmers Market or Repair Cafe - Woodend Neighbourhood House -First Saturday of the month Plus many community action groups. Action Groups are groups of local MRSG members who are passionate and able to volunteer some of their time and energy in a certain area of sustainability like renewable energy, permaculture, regenerative agriculture, healthy eating with more vegies, farmers markets, beekeeping, with locality specific groups such as Sustainable Malmsbury and Kyneton Transition Hub, etc. Joining one or more community action groups is a great way to contribute to sustainable living in our region and meet new people.

Membership \$30 per year (discounts for concession)

Woodend Landcare woodendlandcare.org woodendlandcare@gmail.com

The group focuses on habitat restoration of public land along Five Mile Creek and runs approximately 10 planting/maintenance/activity days each year, as well as weekly bees held by the Thursday Crew action group. Landcare also works in other areas around Woodend including Slatey Creek Reserve, Quarry Rd rail reserve, and other roadside reserves. They work closely with the Macedon Ranges Shire Council, North Central CMA, local community groups and schools. In addition, Woodend Landcare hosts a number of education events and plant giveaways. Membership is \$20 per year per family. New volunteers always welcome.

Ashbourne Landcare Group ashbournelandcare.com info@ashbournelandcare.com

A number of Work/Interest Groups which relate to projects, the special interests of our Members, and maintenance of the Ashbourne and Marsh Court Reserves. membership is \$30 per year

Carlsruhe Landcare Group **Bill Taylor** 03 5422 2201

Carlsruhe Landcare group is very focused on the Carlsruhe township - mowing, gorse spraying and generally keeping it looking its best. The Campaspe river and Yelka Park are also a major focus of the group - its public land and the group has put walking paths, seats and interpretive signage up to showcase this wonderful asset. The group is currently focused on a biolink from the township to the Cobaw forest.

Mount Macedon & District Horticultural Society Inc. www.mountmacedonhorticulture.org.au 0438 210 621

Connect with a group of other gardeners. Monthly speaker nights and many events including a flower show and the Garden Lovers Fair held at Bolobek each October. membership is \$40 per year with a \$5 cost for speaker nights.













Art & Craft

Goldfield Libraries - Macedon Ranges www.ncgrl.vic.gov.au/events

please visit the Goldfields website for a complete list of events at your local library in the Macedon Ranges such as: DIY and craft, Library Film Club, Poetry, History, Digital literacy, Family Storytime

Macedon Ranges Spinners and Fibre Group Kerri 0406 719557 Heather 0400 805921

We are a group of like-minded people who enjoy each other's company and the sharing of knowledge and ideas.

We meet every Wednesday 12:30-4:00 pm at the Bullengarook Recreation Reserve Hall.

We have a yearly membership of \$15, a once-off joining fee of \$10.00, and a \$3 payment on the days you attend.

Craft, Cookies and a Cuppa - MRFEC www.mrfec.net.au enquiries@mrfec.net.au 0354283799

An opportunity to get together with other like-minded individuals to complete a crafting project over a cuppa and treats. Sessions are held across the Term, on Thursdays from 9.30am - 11.30am, Cost \$10.

Riddells Creek Neighbourhood House www.facebook.com/rcneighbourhoodhouse info@riddellscreeknh.com.au (03) 5428 7836

Social Painting - Mondays 1pm - 4pm, \$4 per person

Scribes and Scribblers - 2nd Tuesdays of the month 10am -12pm \$4 per person

Tuesdays Yarners - Tuesdays 1pm - 4:00pm, \$4 per person

Creative Arts - Tuesdays 7:00pm - 8:30pm, \$4 per person

Woolly Friends social craft group - Fridays 1pm - 4pm \$4 per person

White Goose Book Exchange Craft and Gardening Mornings

Uniting Church Hall (Sutherlands Road Riddells Creek) Wednesdays 10.00am - 11.30am, Gold Coin Donation

Sewing Space - Social Sewing Space, Mondays 9.30am -12.30pm, \$4.00 Casual

Macedon Ranges Photographic Society - Riddells Creek macedon-ranges-photography.org.au info@macedon-ranges-photography.org.au

Club members enjoy a vast range of activities including photographic competitions, outings, tutorials, and workshops in a friendly environment

First Tuesday of each month (general meeting night) and the following Monday (technical night). The clubrooms open at 7.00 pm and the meetings get underway at 7.30 pm. you can view and admire members' work for free or become involved with membership \$45 per year or \$30 with a Seniors

Social Craft Group - Romsey Neighbourhood House romseynh.org.au admin@romseynh.org.au

Bring along your latest project and craft in the company of others or pick-up a new skill, Wednesdays from 10:30am, \$2 per session

Thursday Morning Crafts - Romsey Community Co-op Sue 0429342844

Thursday morning Craft at Romsey Community Co-op. Bring along your own craft. Members teach each other. 10.00-1.30pm. **FRFF**

Curious Circle - Romsey Library www.goldfieldslibraries.com/romsey-events 54293086

Curious Circle group is held at Romsey Library once a month. Each month consists of a different craft with tea and snacks are provided. The program is aimed at Adult women only. Third Thursday of the month. 6.30 pm-8.30 pm.

> **Lancefield Neighbourhood House** www.lancefield.neighbourhoodhouse.org admin@lancefieldhouse.org.au 5429 1214

Art class

Learn techniques that you can use on an array of projects. \$10 per session Tuesdays 12:30pm

Boomerang Bags

Join the community in keeping Lancefield plastic bag free. Produce reusable bags and have fun. Wednesdays 10-12pm

Kyneton Handweavers and Spinners https://www.facebook.com/Kyneton-Handweavers-and-Spinners-Group-inc

Kyneton handweavers and spinners meet at the Red Brick Hall on the 1st Saturday of the month from 10 am. membership is \$30 per year plus a \$10 joining fee













Art & Craft

Kyneton Community House kynetoncommunityhouse.org.au admin@kynetoncommunityhouse.org.au 03 5422 3433

Kyneton Community Art Project

Be part of a group creating a large scale art project in the Kyneton township. Wednesdays

ACFE Art in Practice

Develop knowledge, techniques and skills in a variety of mediums such as painting, drawing, collage and printmaking in a supportive environment. Wednesdays 10am - 1pm \$120 for 20 sessions

Kyneton Art Group kynetonartgroup.com ba.mcgrath@me.com 0411 896 852

Meet each Tuesday at the Red Brick Hall, Yaldwyn Steet Kyneton. also providing great workshops throughout the year at discounted prices for members. These workshops are with professional artists. They also have in-house tutorials with one of our members offering heir skills to pass on to other members. membership is \$45 per year

Woodend Art Group www.woodendartgroup.org.au secretary.woodendartgroup@gmail.com 0407 864 054

Tuesday Social Mornings.\$5 per session A great way to see if the group is what you are looking for. Bring something to work on and meet like-minded people. Optional extra \$60 annual membership which entitles you to exhibit in 3 exhibitions -Easter Market, Kings Birthday & Melbourne Cup weekend. Discounts on member run workshops.

Woodend Craft Group - Woodend Neighbourhood House www.woodendnh.org.au reception@woodendnh.org.au 03 5427 1845 Wednesdays 10am

Sit and Sew Craft Group - Macedon Community House www.mmmcommunityhouse.org hello@mmmcommunityhouse.org

Sit and Sew Craft Group Thursdays 10am - 12pm Bring your own sewing, knitting, or craft project to the community house and meet creative, like-minded locals.











Walk, Run & Ride

Macedon Ranges Running Club hwww.macedonrangesrunningclub.com/membership macedonrangesrc@gmail.com

Gisborne co-ordinator: Craig 0417 775 785 Macedon co-ordinator: Lynn 0490 861 219

Running programs for all levels of fitness.

membership is \$10 per year per individual and \$15 per family.

Macedon Ranges Cycling Club macedonrangescycling.org.au macedonrangescyclingclub@gmail.com 0435 828 811

Thursday morning rides start at Woodend, Sunday morning rides alternate between Kyneton, Woodend and Gisborne. Adult membership: \$25.00 per year, Family membership: \$40.00 per year, Junior (age 17 and below): \$15.00 per year

Walking Macedon Ranges - Sunbury and Cobaw Community Health sunburycobaw.org.au admin@scchc.org.au 1300 026 229

4-6km walks, Wednesdays 9:30am Kyneton, Thursdays 9:30am various locations

Macedon Ranges Hiking Group www.facebook.com/groups/808754129968309

a closed Facebook group for hikers and bushwalkers to connect and share information about hikes in the Macedon Ranges and organise hikes together.

Wombat Mountain Bike Club www.wombatmtb.com.au wombatmtbofficial@gmail.com

The Wombat MTB Club is run by local volunteers and draws together passionate riders from across The Macedon Ranges and greater Melbourne.

Most of our members are social riders, young families and community minded folks with a passion for the trails around Woodend and The Macedon Ranges.

The Wombat Loop has always been a focal point for the club as a venue to promote mountain biking within the region.

Monthly Carers Walking Group and Morning Tea - MRFEC www.mrfec.net.au enquiries@mrfec.net.au 0354283799

A low-impact, social walking group around Gisborne parklands. An opportunity to connect with other carers, learn about support available and end with a free morning tea. Walks are held the first Thursday of every month, at 9.30am. The walk starts in the foyer at MRFEC.

Parkrun, Dixon Field www.parkrun.com.au/dixonfield dixonfield@parkrun.com

A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate. Every Saturday at 8:00am.

Gisborne & Surrounds Mountain Bike Club gasmtb.com/index.html info@gasmtb.com

GaS MTB Club is a group of enthusiastic mountain bikers who enjoy riding trails in Gisborne, the Macedon Ranges, and beyond.

Gas MTB is a family-friendly club that is open to riders of all ages and skill levels. Membership for adults \$25, Junior (under 19) \$15, Child (under

13) \$5 and Family \$50

Gisborne Bushwalking Club www.gisbornebwc.org.au

The Gisborne Bushwalking Club was founded in 1982 with members mostly from the Macedon Ranges region and around Sunbury. We are affiliated with Bushwalking Victoria. \$40 for a single membership; \$5 for a temporary membership per day walk; \$10 for a social membership

> Riddells Creek Walking Group - Riddells Creek **Neighbourhood House** www.facebook.com/rcneighbourhoodhouse info@riddellscreeknh.com.au (03) 5428 7836

Thursdays 9:15am - 10:30am

Romsey Walking Group - Romsey Neighbourhood House romseynh.org.au admin@romseynh.org.au 0439 968 168

Dogs on lead welcomed Tuesdays 9am

Lancefield Social Bike Riding - Lancefield Neighbourhood

www.lancefield.neighbourhoodhouse.org admin@lancefieldhouse.org.au 5429 1214

Fridays 9:30am

Parkrun Lancefield Park www.parkrun.com.au/lancefield lancefield@parkrun.com

A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate. Every Saturday at 8:00am.

> **Woodend Neighbourhood House** www.woodendnh.org.au reception@woodendnh.org.au 5427 1845

Woodend Walkers - Tuesdays 10am

Woodend Cycling Group -The 'Tour de Woodend' is for riders of all abilities - no cyclist is left behind! The group tends to avoid the main roads and depending upon who turns up on the day, may split into two, based upon ability! Mondays & Thursdays 10am













Walk, Run & Ride

The Newham and District Walking Group with Dogs www.woodendnh.org.au reception@woodendnh.org.au 5427 1845

The Newham and District Walking Group with Dogs have been exploring the walking trails of the Macedon Ranges and Hepburn Shire for many years.

Tuesday meet at 9 am at a predetermined location and walk along bushland trails for 4km - 5km. Dogs are important members of the group and although it is not essential to bring a dog, an appreciation of our canine companions is a must! Parkrun Campaspe Park, Woodend www.parkrun.com.au/campaspe campaspe@parkrun.com

A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate. Every Saturday at 8:00am.

Sing, Music, Dance & Theatre

Macedon Ranges Amateur Radio Club - MRARC www.mrarc.org.au Mob: Graeme, 0418 838 300 secretary@mrarc.org.au

Meetings twice monthly for people interested in amateur radio and electronics.

First Wednesday, coffee and chat session, 10am Gisborne CFA. Third Saturday, general meeting, 10am Woodend RSL.

The Gisborne Singers www.gisbornesingers.org.au https://www.facebook.com/thegisbornesingers president@gisbornesingers.org.au 0480 156 263

A non-auditioned community choir in the Macedon Ranges. Wednesdays 7:30 to 10:00 pm Uniting Church in Gisborne. Membership is \$300 per annum (minimum 40 rehearsals per year).

Riddells Creek Neighbourhood House info@riddellscreeknh.com.au (03) 5428 7836

Open Mic Night - 4th Friday of the Month 6:30pm - 8:30pm Gold Coin Donation

Social Drop-in Music & Sing-a-long - Mondays 10.00am -11.30am \$4.00 Casual

Romsey Neighbourhood House romseynh.org.au admin@romseynh.org.au 5429 6724

Line Dancing- A very show beginners class of line dancing, all fitness levels welcome, Every Friday 4-5pm, \$8 per session

Ukulele Players group- Romsey Neighbourhood House Social group for Ukulele players.

meet at the Senior Citizens Rooms, Saturday Mornings 10am New and experienced players welcome. Alan 0418 581 88

Kyneton Street Band kynetonstreetband@gmail.com 0400 865 229

A community band featuring marimbas, brass and percussion that brings fun and a funky repertoire to the Macedon Ranges & District area. Membership is open to people of all ages, and the selection of music played and the marimbas in particular, make the band accessible to musicians of limited experience, as well as seasoned professionals and amateurs.

> Rehearsals at Uniting Church Hall Kyneton Tuesdays 5:30- 6:30pm.

Membership: \$60 per family includes 2 adults, one child, \$10 each extra child. \$30 individual adult (over 18 yrs). \$10 individual child (18 yrs & under). Rehearsal fees: \$10 per adult & \$5 per child.

> MaCapella Singers, Kyneton www.macapella.com info@macapella.com 0418 718 471

MaCapella Singers is an a cappella singing group for women located in Kyneton. \$170 per 10 week term, or \$136 for concession

> **Macedon & Mount Macedon Community Choir** www.mmmcommunityhouse.org/eventdetails/community-choir Grainne 0423769643

The M&MMCH Choir (the "House Choir") is aimed at adults of all ages, genders and abilities, with the idea to have a great deal of fun and enjoy a bit of community spirit! No previous choir experience is needed, just an enthusiastic willingness to join in singing, contribute and learn.

The choir commences on Thursday 8th February at 7.30pm. Please come and join us - everyone is welcome!

> **Central Highlands Community Radio** highlandsfm.org.au thedesk@highlandsfm.org.au 5427 2040

Based in the Macedon Ranges; 100.7 Highlands FM is 'The Voice of the Ranges'. the station is run by volunteers and is located at 2 Forest St, Woodend VIC 3442.











undated ALIGUST 2024

Sing, Music, Dance & Theatre

The Mount Players www.themountplayers.com/be-involved mountplayerspresident@gmail.com

The Mount Players are run by volunteers, there are plenty of ways to be involved: Help build and paint the set, Assist the Costume Team in sourcing or sewing costumes, Join the Orchestra/Band, Help the with sound and lighting in the Bio box, Help backstage with props, Join the Front of House Team, Join the Production Team – help produce a show!

There is an option to pay a membership fee to support the theatre \$30.00 per year and an additional \$10.00 per person for family members at the same address.

Woodend Warblers www.facebook.com/WoodendWarblers andrewgprice@gmail.com Andrew Price 0419 604 444

community choir that is open to all. \$12 per session (or \$10 per session if you pay by the term). Wednesday's at 7.30 to 9pm Norma Richardson Hall in Woodend. Young Warblers

Fun and inclusive group singing for children aged 5 to 15 years. All abilities welcome and no experience required. Have fun, socialise and learn to sing in a group.

\$12.50 per session (trial classes and term bookings available). Discounts are available for families with more than 1 child attending. Elly McKinnon 0422712846

Macedon Ranges Film Society mrfilmsociety.org mrfilmsociety@gmail.com
Lorraine 0402 299 153
Christine on 5429 5452.

The Macedon Ranges Film Society shows a film on the second Friday of each month; February through to December in The Norma Richardson Hall, located at St Mary's Anglican Church, 15 Buckland St Woodend. membership: \$70 per year

Chamber Poets www.facebook.com/groups/160882430777282

A spoken word event that incorporates poetry, literature and music. 1pm - 4pm on the second Saturday of each month except for January.

Woodend RSL Sub-Branch

Scottish Country Dancing Meg 54271100 Linda 0408476317

The Macedon Ranges Scottish Country Dancing Group meet every Thursday afternoon 1 – 3pm at Buffalo Stadium, Woodend.

Our dancing involves social country dancing, not the highland dancing many people think of. No special clothes needed, just soft flat shoes.

You don't need to bring a partner, just a smile and a sense of fun. please contact for term dates and details.

<u>History & Learning</u>

Goldfield Libraries - Macedon Ranges www.ncgrl.vic.gov.au/events

please visit the Goldfields website for a complete list of events at your local library in the Macedon Ranges such as: DIY and craft, Library Film Club, Poetry, History, Digital literacy, Family Storytime

Gisborne Genealogical Group www.ggg.org.au gisbornegenealogicalgroup@gmail.com

The Gisborne Genealogical Group brings together people from across the Macedon Ranges with a shared interest in family history research. Monthly informative meetings in the evenings, with either a guest speaker or one or more members presenting a subject of interest to family historians.

7.30pm on the 4th Thursday of the month
Uniting Church, Brantome Street, Gisborne
Memberships - \$5 joining fee \$25 per year per person or \$35
per family

Gisborne & Mount Macedon Districts Historical Society hwww.gisbornemountmacedon.org.au history@gisbornemountmacedon.org.au 03 5428 1450

The Society has as its home, the historic Gisborne Court House c.1858, is open to the public on Wednesdays from 10am to 4.00pm, opens the sound & light exhibit in the jail daily from 10am to 2.00pm and conducts several events throughout the

The team of volunteers provide, for a fee, a research facility for those interested in their local or family backgrounds, having more than 11,000 photographs in the collection, together with many parish maps and documents of relevance to the local region, collected over the past 50 years. Members provide the history page and the 100 years ago column in the monthly GREAT Gisborne Gazette, as well as producing a newsletter several times a year. Members have produced several local history books and booklets over the years that are available for purchase from the Court House or at other commercial outlets in the district.

The Society would love to welcome new volunteers to assist with this interesting service that we take pleasure in sharing.











History & Learning

Macedon Ranges Further Education Centre Inc. mrfec.net.au enquiries@mrfec.net.au (03) 5428 3799

MRFEC offers adult education training and lifestyle courses within the Macedon Ranges region.

Most classes are at our Neighbourhood House in Gisborne, but at times are presented in Macedon and other neighbouring Neighbourhood Centres. MRFEC is a not-for-profit organisation with a focus on offering training and courses to further adult learners' education and engage our local community in a variety of recreational courses and workshops. MRFEC also presents social engagement activities that seek to bring members of our community together, to learn, talk and share ideas and skills. Courses are listed on the website.

U3A Macedon Ranges u3akyneton.org.au info@u3akyneton.org.au John/Roni on 0439 360 763

A volunteer co-operative of retired people who share many educational, creative and leisure activities. U3A is open to all Macedon Ranges residents to enrol in

courses that run throughout the year Membership \$40 per year.

Yes! Cafe - Kyneton Community House kynetoncommunityhouse.org.au admin@kynetoncommunityhouse.org.au 03 5422 3433

Gain skills for cafe work in this FREE program! 16-24 year olds to participate in a facilitated program gaining the skills required to run a pop-up café at our 35 High St space. Weekly commitment will be up to 5 hours a week, plus time to complete First Aid and Barista training.

Social & Games

Sunbury Cobaw Community Health sunburycobaw.org.au. healthpromotion@scchc.org.au.

LGBTIQA+ Birds of a Feather Luncheons - hosts quarterly luncheons at venues around the Macedon Ranges.

Planet GAGA - is a gender Affirming Game and Activities for transgender, gender diverse and non-binary primary school aged children aged 6-11 Delivered by the WayOut program, Sunbury and Cobaw Community Health Location: Macedon Ranges or Sunbury Saturdays every two months from 10.00-12.00noon

PERK - Parents Empowering Rainbow Kids - network for parents of LGBTIQA+ young people Delivered by the WayOut program, Sunbury and Cobaw Community Health Location: Macedon Ranges or Sunbury, locations determined by the network prior to each date Quarterly on weekday evenings, generally Tuesdays or Wednesdays 5.30-7.00pm Social Support Group (over 65's & disabilities) is a supported bus program to access local, regional, and metropolitan venues and special events with a small group of others from within your community. for people who are over 65 (or 50 if ATSI).

Riddells Creek Neighbourhood House www.facebook.com/rcneighbourhoodhouse info@riddellscreeknh.com.au (03) 5428 7836

Philosophy & Ethics Group - Thursdays 3:00pm - 4:30pm \$4 per session per person

The Co-Op - Riddells Creek Neighbourhood House. Women's practical skills Wednesdays 11am - 2:00pm

Library Drop in and Co-working space - Macedon & Mount **Macedon Community House** www.mmmcommunityhouse.org hello@mmmcommunityhouse.org

Fridays 10am - 1pm Borrow a book, donate your pre-loved books or use our coworking space and wifi. T ea & Coffee available (gold coin donation).

> **Macedon Ranges Health** www.mrh.com.au 54280300

Better Mobility over 65's - is a gentle exercise session is an excellent way to begin or restart your exercise program. It is designed to increase flexibility, mobility, balance and strength. All of the exercises can be adapted to chairs or wheelchairs. A lot of fun in this group.

Event day and time: Tuesday from 11am - 12pm From \$8 per class (My Aged Care referral required, PH: 1800 200 422)

Strength for Life - Strength Training improves joint mobility, and muscle strength and increases bone density. Progressive Strength Training can be very beneficial and assist with the management of chronic conditions like diabetes, heart disease, arthritis, and osteoporosis.

Mondays from 9.30 am - 10.30 am, Tuesdays (for new Starters) from 9.30 am - 10.30 am, Wednesdays from 9.30am - 10.30am,

Thursdays from 11 am - 12 pm Cost: From \$8 per class











Social and Games Groups

Macedon Ranges Health www.mrh.com.au 54280300

Kick Start Your Fitness over 65's - (HACC PYP eligible clients only) This program is designed for people needing guidance and assistance with improving balance, mobility and strength. This class is low impact and in a group setting with an instructor directing the class.

Thursday from 10.30am - 11am From \$8 per class (My Aged Care referral required, PH: 1800 200 422)

Keeping Your Balance over 65's "Falls" are a leading cause of increasing disability in older people. The impact on independence levels and quality of life can be immense. This class is designed to increase your flexibility, mobility, coordination and balance. A lot of fun, including obstacle courses, ball games, fit balls, and balance exercises. Mondays from 11.30am - 12pm, Tuesdays from 1pm - 2pm, Thursdays from 1pm - 2pm

Cost: From \$8 per class (My Aged Care referral required)

Warm Water Exercise is an excellent medium for arthritic joints. Water acts as a shock absorber, reducing stress on joints and allowing a full range of movement. The massage effect of water increases circulation and promotes relaxation. A great way to become and stay fit.

Tuesdays from 1.00pm - 1.45pm, and 2pm - 2.45pm, Thursdays from 12.00pm - 12.45pm and 1pm - 1.45pm Term fee paid in advance, from \$8 per class

Social Support Group (over 65's and disabilities) This program provides participants the opportunity to engage, meet new people and remain physically active in a supported environment. Programs include bus outings to regional and metro locations, lunch outings, shopping experiences, discussion groups and so much more. The groups run on Mondays, Tuesdays and Thursdays (and every alternate Wednesday) from 9.30 am - 4.30 pm. There is a half-day session held in-house on Fridays for people with higher needs, specifically designed for people who have a carer who may need a break from their caring duties.

Cards and Board Games for Adults - MRFEC www.mrfec.net.au enquiries@mrfec.net.au 0354283799

A variety of card and board games available to play all year long at the Centre. Enjoy a free cuppa and being around others. Everyone welcome.

R.A.D Dads Victoria www.facebook.com/raddadsvictoria

is a supportive group for Responsive, Active & Dynamic Dads. in the Macedon Ranges.

Macedon Ranges Mumma macedonrangesmumma.com www.facebook.com/groups/2421928571393404 (closed group)

kbuttigieg@macedonrangeswriters.com

is a private Facebook group, Macedon Ranges Mumma - Mums and Dads, for local parents to organise get-togethers, and share ideas related to parenting, kids, and the Macedon

Macedon Ranger Business Catch-Up www.facebook.com/groups/202532765993685 kbuttigieg@macedonrangeswriters.com

Local business people are invited to catch up on the third Thursday of each month from 2 pm to 3 pm at 3 Little Pigs in Gisborne. The meet up is free and encourages local business owners to make connections, collaborate, ask for help and share advice. Anyone is welcome.

> **Riddells Creek Neighbourhood House** www.facebook.com/rcneighbourhoodhouse info@riddellscreeknh.com.au 0354287836

Social Mahjong Club

Mondays 1.30pm - 3.30pm, Wednesday 10am - 12:30p.m Advanced Group Fridays 10am - 12:30pm \$4.00 Casual

> Tai Chi in the Garden Friday 9am - 10am Free

Romsey Neighbourhood House romseynh.org.au admin@romseynh.org.au 54296724

LGBTIQA+ Rainbow Coffee Club - Second Friday of every month at 11am - 2pm, Romsey Community Co-Op

Card Games - Play your hand with other Romsey locals over a cuppa and a game of cards. Fridays from 11am

> **Back in the Game** www.mrsc.vic.gov.au/See-Do/Swimming-Sport-Fitness/Sport-Fitness/Back-in-the-Game-program rrc@mrsc.vic.gov.au

Modified indoor sports program for people 50+ years of age Held at Romsey Recreation Centre Thursdays from 9.30am-10.30am

Friday Morning Games - Lacefield Neighbourhood House lancefield.neighbourhoodhouse.org admin@lancefieldhouse.org.au 54291214

Join in for a coffee and an assortment of games at the Town House. Fridays 10:30 am - 12:00 pm











Social and Games Groups

Kyneton Playgroups Uniting Church Hall, 54 Ebden Street, Kyneton

A space for children and parents to connect, all families welcomed. Every Wednesday and Thursday 10:00 am - 12:00 pm during school term.

The first 2 sessions are free then \$5 a session or \$30 per term. no bookings are required.

Sunbury Cobaw Community Health sunburycobaw.org.au admin@scchc.org.au 54211666

LGBTIQA+ Rainbow Coffee Club - last Friday of every month at 11am. Social Foundry, 86 Mollison Street, Kyneton.

House of Awesome LGBTIQA+ Social support group for young people aged 12 – 21 Delivered by the WayOut program at Sunbury and Cobaw Community Health.

Tuesday fortnightly from 4.30-6.00pm

49 Forest Street Woodend or other locations

Community Lunch - Kyneton Community House kynetoncommunityhouse.org.au admin@kynetoncommunityhouse.org.au 54223433

The Kyneton Community Lunch is a weekly lunch for all members of our community to come together over a delicious 2-course meal. Come with friends, or come alone – there's always someone to chat to! Wednesdays during the School term \$5 donation appreciated

Woodend Neighbourhood House www.woodendnh.org.au reception@woodendnh.org.au 54271845

Woodend Youth Space - A Youth Space for all young people aged 12-17 years. A fortnightly program of events, activities, mentoring and workplace training, young people can connect with each other, youth services and the greater community. on Wednesday From 4:00 pm - 5:30 pm

The Woodend Seniors Group - meets twice a week in the Undercroft of the Woodend Neighbourhood House.

Tuesdays 1 pm - 3 pm for Button Bingo, a chat and a cuppa. Fridays between 1 pm - 4 pm for cards

The group also organise monthly bus trips to interesting locations across the state.

Chatty Cafe - Pop in and enjoy a cuppa and good conversation at our regular get together with friends, old and new. The Chatty Café is a great way to meet new people! CHATTY CAFE 2nd Tuesday of the Month 10.30am

Mahjong- runs on a Tuesday afternoon in the Rodney Snell Function Room. Tuesdays 12:30pm-3:30pm. The cost for the 10 week term is \$50

Woodend Board Games - Come along to the Undercroft on the fourth Sunday afternoon of each month and join our regular group of 'boarders'. No pre-registration is required - just turn up! 4th Sunday of each month, 2pm -5pm

enjoy a social scrabble group and test your scrabbling prowess!

Lovers of words, letters and clever play encouraged to join the fun. Beginner and intermediate players are all welcome.

Mondays 12pm

Gold coin donation.

Woodend Mahjong Woodend Community Centre 54220333

Tuesday mornings \$2 per session

Macedon Ranges Bridge Club www.mrbc.asn.au cate2010@live.com.au 0417549041

Play bridge in a supportive fun setting.

Mondays 12.30 pm to 3.30 pm Thursdays 12.30 pm to 3.30 pm

Visitors and casual players are welcome. Bookings are not required. \$8 club members (\$6 concession) and \$10 visitors.

Beginners' lessons are available. Games are held at the Woodend Tennis Club

Woodend Hanging Rock Petanque Club whrpc.com.au president@petanqueattherock.com.au Louise Potter 0438302218

Club Membership is \$60 which includes the player PFA registration fee.

Mondays - Woodend Old Racecourse Arrive 4.00pm for 4.30pm start

Thursdays - Hanging Rock Reserve

Daylight saving only 4.00 pm for 4.30 pm start Followed by BBQ dinner

Members of Good Sport and Sports Focus

Affiliated with PFA and VPCI

Mount Macedon Petanque Club www.mtmacedonpetanque.org 0439887178

Enjoy playing and socialising with a game of Petanque annual membership 2nd and 4th Saturday of the month from 10:00. 1st and 3rd Wednesdays of the month are also play days. In winter the session starts at 14:00 and during daylight saving the event is moved to the evening from 16:00.











Social Sports for Adults

Gisborne Masters gisbornemastersfc.com info@gisbornemastersfc.com

The Gisborne Masters Football Club caters to individuals in their 30s, 40s, 50s and 60s who are looking for fun, fitness and friendship.

The club gathers at Sankey Reserve, Gisborne every Wednesday at 6:30pm - all year round. For those feeling energetic, there is training for around 60 minutes. Training is followed by a BBQ tea, with refreshments available from the licensed Bulldogs bar.

Woodend Hawks Masters www.facebook.com/groups/WoodendHesketMastersFC Jason Koliba on 0420 960 867

Woodend Football Club is supporting the efforts of football lovers aged over 35 who have established a Masters team. Training is held at 6.30pm on Wednesday and Friday nights at Buffalo Stadium in Woodend during cricket season, and at Gilbert Gordon Oval during football season.

Anyone interested in playing is encouraged to join in, or even help out with training or game day roles.

Macedon Ranges Aqua Aerobics www.macedonrangesaquaaerobics.com.au meagan@macedonrangesaquaaerobics.com.au 0482032575

Macedon Ranges Aqua Aerobics is a women's only, bodypositive water-based exercise held in private commercial pools in the Macedon Ranges.

Offering a pay-it-forward initiative where you can pay for a class to support women who otherwise would have trouble accessing the service.

Macedon Ranges Badminton Club www.facebook.com/Macedonrangesbadminton macedonrangesbadminton@gmail.com

Badminton sessions are regularly held at the Macedon Community Centre.

Tuesdays games from 7:30 pm.

Thursdays games from 9.30am.

Kyneton Badminton Club kynetonbc@gmail.com

Held at the Kyneton Toyota Sports & Aquatic Centre on Monday nights from 7pm, badminton is open to players of all ages and skill levels.

Riddells Creek Leisure Centre

rclc@mrsc.vic.gov.au

Senior mixed basketball competition is available at Riddells Creek Leisure Centre.

15 years and over

Thursdays (excluding school and public holidays)

Matches from 7.30pm

Macedon Ranges Basketball Association (MRBA) www.mrba.org.au president@mrba.org.au 0411 017 185

The MRBA is a volunteer-run association, offering a wide range of basketball programs including adults. All-abilities basketball Open Men's Domestic Competition Open Women's Domestic Competition

> Gisborne Bulldogs Basketball Club gbbc.online president.gbbc@gmail.com registrar.gbbc@gmail.com Providing a domestic senior basketball program

The Gisborne & District Bowling Club www.gisbornebowlsclub.com secretary@gisbornebowlsclub.com

The Gisborne & District Bowling Club runs a community bowls program (Barefoot Bowls) on Tuesday and Wednesday evenings in the warmer months, and are always looking for new players, whether they be social or pennant players. bowls is truly a sport for all. Anyone can play regardless of age, gender, and physical

Gisborne & District Bowling Club, 2 Kilmore Road, Gisborne

Macedon Ranges Bowling Club macedonrangesbowls.club presidentmacedonbowls@gmail.com

Macedon Bowling Club is a small friendly club that caters for players of all ages and abilities and helps to improve fitness, improve coordination, and skill development, increase confidence and self-esteem, enhance mental wellbeing, community connectedness, and support.

Macedon Ranges Bowling Club, 37 Waterfalls Road, Macedon

Woodend Bowling Club woodendbowlsclub.weebly.com admin@woodendbowlsclub.com

The Woodend Bowling Club are a small club with a friendly and social atmosphere, and you are welcome to come and join to play, competitively or socially, or simply enjoy great company. New members and visitors are always welcome for competitive bowls, social bowls or social activities, and we will go out of our way to make you feel at home.

Woodend Bowling Club, 142 High Street, Woodend

Kyneton Croquet Club croquetvic.asn.au kynetoncroquetclub@gmail.com

Kyneton Croquet Club is the oldest Croquet Club in Victoria, first played in 1866. Come and try! corner of Ebden and Donnithorne Streets, Kyneton Mondays, Wednesdays and Saturday afternoons from 1.30pm and Fridays from 10.30am. Please arrive at least 20 minutes early for setup and the player draw.













Social Sports for Adults

Macedon Ranges Croquet Club croquetvic.asn.au macedonrangescroquetclub@gmail.com

All welcome. Come and try. Mallets available while you learn. Wed 9:30 to 3:30 and Saturday 9.30 to 1.30 and Mondays 9:30 onwards.

Dixon Field Gisborne

Sunbury Macedon Ranges Veterans Cricket Club www.playhq.com/cricket-australia/org/sunbury-macedon-ranges-veterans-cricket-club/5a77358a

We are affiliated with Veterans Cricket Victoria and we provide opportunities for persons over the age of 50, 60 & even 70 playing the game they love......cricket. Our goal is to provide maximum opportunities for people to participate regardless of cricket ability for as long as they wish. We aim to promote the social, physical and mental health benefits of staying involved in cricket, over many years, as a player, club member, volunteer and /or official.

Romsey Recreation Centre rrc@mrsc.vic.gov.au 0354295637

The Open Futsal competition is played Tuesday nights, with games from 7.30pm. Open to players over 15 years of age.

Romsey Golf Club www.romseygolfclub.net mail@romseygolfclub.net

Romsey Golf Course is an 18-tee, 12-hole course situated in Romsey Park.

Members comp Wednesday hit off 9.30 am, Saturday hit off midday.

Riddells Creek Trail Horse Riding Club riddellscreektrailriders.com/ 0407250461

takes it's members and their horses all over Victoria on riding adventures. Becoming a member of our club means you and your horse will be welcomed to a social and supportive atmosphere where you can enjoy your horse in the great outdoors.

Offering camp weekends (usually long weekends) and day rides. Locations for day rides are usually within an hour's drive from the Riddells Creek area, whilst camp rides can be anywhere in Victoria.

Kyneton District Trail Riders Club athra.com.au/clubs/viewgroup/72-kyneton-kynetondistrict-trail-riders-club.html 0408342990

Welcoming new members.
Rides meet on the last Sunday of every month.

Bullengarook Pony Club www.facebook.com/bullengarookpc ponyclubbullengarook@gmail.com 0412232611

is a fun, inclusive group of local families who come together monthly to learn about horse care and train to improve riding skills.

Bullengarook Adult Riding Club www.bullengarookadultriders.com bullengarookarc@gmail.com 0418994847

Bullengarook Adult Riding Club is located in the beautiful Macedon Ranges. A place to ride, eat, drink and enjoy.

Woodend District Netball Club www.woodendnetball.com.au woodendnetball@gmail.com

Evening women's netball, Open (from 15 years)
Tuesday nights (excluding public holidays and school holidays)
from 7pm

Romsey & District Netball Association www.facebook.com/rdnainc romseydistrictnetball@hotmail.com 0354295582

Women's Monday Evening Competition, Open, from 15 years.

Games from 6.40pm.

Netball competitions are available for players of all abilities.

Held on Wednesday and Thursday nights (during the school term). Games from 5pm.

The Macedon Ranges Netball Association (MRNA) macedonrangesnetball.com.au admin@macedonrangesnetball.com.au

Women's midweek netball competition held at The Stadium Gisborne, which has two seasons a year- Season one: January to June and Season two: July to December Games are held on Wednesday nights from 6.10 pm and the competition currently accommodates 18 teams.

1st Gisborne Scout Group scoutsvictoria.com.au/location/1ST-GISBORNE/info@1stgisborne.com.au

1st Gisborne Scout Group has been in operation for nearly 100 years. they offer Rover Scouts for adults Ages 18-26. Scouting provides boys and girls with fun and challenging opportunities for personal growth through a diverse range of activities that develop skills such as leadership, teamwork, problem-solving and communication. Scouts can take part in a variety of activities, ranging from the more 'traditional' scouting skills such as camping, hiking and bushcraft, right through to more extreme challenges such as abseiling, overnight hiking, rafting, canoeing, canyoning, snow activities, rock climbing, sailing... even flying!

Kyneton District Soccer Club Inc. www.kynetonsoccer.com kynetonsoccer@bigpond.com

Kyneton District Soccer Club is a regional soccer club located in Kyneton, Victoria. Servicing the Kyneton and wider community in community grassroots soccer from ages 4 through to 60+.

All new and old players are welcome at the club, which prides itself on inclusivity, player development and fun.











Social Sports for Adults

The Macedon Ranges Squash Club www.macedonrangessquashclub.org.au macedonrangessquash@gmail.com

Runs mixed competitions on Monday and Thursday nights from 7pm. These competitions are open to players of all ages and skill levels.

Riddells Creek Tennis Club play.tennis.com.au/RiddellsCreekTennisClub riddellscreektennisclub@gmail.com

Apart of the Macedon Ranges Tennis Association with teams competing on Wednesday (Women's) and Thursday evenings.

South Gisborne Tennis Club sqtennisclub.com.au members@SGTennisClub.com.au

The South Gisborne Tennis Club (SGTC) is a community-based, family-oriented club in a rural atmosphere, located within Gilligan Reserve on Millett Road, Gisborne South.

Woodend at Buffalo Sports Stadium woodend.volleyball@gmail.com 0439642192

Social mixed volleyball competitions are available in Woodend at Buffalo Sports Stadium.

open, from 14 years old. This fun, social competition is for new and experienced players. Individuals and teams are most welcome.

Thursday (excluding public holidays and school holidays) games from 7.30pm

Riddells Creek Volleyball riddellscreek.volleyball@gmail.com

Riddells Creek Volleyball engages mixed levels and ages of players who wish to play.

training is on Sundays from 4pm-5:30 pm for beginners and Bgrade players, 5:30 pm-7 pm for adults and advanced players. A and B-grade competitions are held on on Monday and Sunday nights from 7.10 pm onwards.

