



Pack this bag with your family. Keep it somewhere easy to grab in an emergency.

Essentials

- ☐ Water bottle
- ☐ Nut-free snacks
- ☐ Flashlight (with extra batteries)
- ☐ Small first aid kit
- ☐ Whistle

Comfort items

- ☐ Favorite stuffed animal
- ☐ Small toy or game
- ☐ Notebook and crayons/pencil
- ☐ Family photo
- ☐ Blanket or cozy hoodie

Important info

- ☐ Copy of emergency contact list
- ☐ Health card or ID copy
- ☐ Medications (if needed)

Clothing

- ☐ T-shirt
- ☐ Pants or leggings
- ☐ Underwear
- ☐ Socks
- ☐ Sweater or jacket

Hygiene kit

- ☐ Toothbrush and small toothpaste
- ☐ Hairbrush or comb
- ☐ Wet wipes
- ☐ Soap or hand sanitizer
- ☐ Extra face mask (optional)

Tip: Every few months, check your go-bag to swap out snacks, clothes, and anything you've outgrown!