

Pack this bag with your family. Keep it somewhere easy to grab in an emergency.

Essentials	Clothing
☐ Water bottle	☐ T-shirt
☐ Nut-free snacks	Pants or leggings
☐ Flashlight (with extra batteries)	Underwear
☐ Small first aid kit	Socks
□ Whistle	☐ Sweater or jacket
Comfort items	Hygiene kit
Favorite stuffed animal	☐ Toothbrush and small toothpaste
☐ Small toy or game	☐ Hairbrush or comb
☐ Notebook and crayons/pencil	☐ Wet wipes
☐ Family photo	☐ Soap or hand sanitizer
☐ Blanket or cozy hoodie	☐ Extra face mask (optional)
Important info	
 Copy of emergency contact list 	
☐ Health card or ID copy	
☐ Medications (if needed)	

Tip: Every few months, check your go-bag to swap out snacks, clothes, and anything you've outgrown!



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