

September City Freestyle Schedule 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 NO PUBLIC SESSIONS	2 CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm LTSUSA 5:30-6:00pm PS 6:00-7:30pm	3 CF 5:30am/6:15am/7:00am/7:45am CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm	4 CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm PS 5:30-7:00pm	5 CF 5:30am/6:15am/7:00am/7:45am CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm LTSUSA 5:30 – 6:00pm	6 CF 3:15-4:00pm CF 4:00-4:45pm BB 4:45-5:30pm	7 Synchro 10:30-11:30am Gold 11:30-12:30pm PS 1:00-3pm PS 4:00-6pm
8 PS 3:30-5:30pm	9 CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm LTSUSA 5:30-6:00pm PS 6:00-7:30pm	10 CF 5:30am/6:15am/7:00am/7:45am CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm	11 CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm PS 5:30-7:00pm	12 CF 5:30am/6:15am/7:00am/7:45am CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm LTSUSA 5:30 – 6:00pm	13 CF 3:15-4:00pm CF 4:00-4:45pm BB 4:45-5:30pm	14 Synchro 10:30-11:30am Gold 11:30-12:30pm PS 1:00-3pm PS 4:00-6pm
15 SJFSC Expo PS 3:30-5:30pm	16 CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm LTSUSA 5:30-6:00pm PS 6:00-7:30pm	17 CF 5:30am/6:15am/7:00am/7:45am CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm	18 CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm PS 5:30-7:00pm	19 CF 5:30am/6:15am/7:00am/7:45am CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm LTSUSA 5:30 – 6:00pm	20 PONY	21 No Synchro PONY NO Public Sessions
22 PONY NO Public Sessions	23 CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm LTSUSA 5:30-6:00pm PS 6:00-7:30pm	24 CF 5:30am/6:15am/7:00am/7:45am CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm	25 CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm PS 5:30-7:00pm	26 CF 5:30am/6:15am/7:00am/7:45am CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm LTSUSA 5:30 – 6:00pm	27 CF 3:15-4:00pm CF 4:00-4:45pm BB 4:45-5:30pm	28 NO AM ACTIVITIES Marathon PS 1:00-3pm PS 4:00-6pm
29 PS 3:30-5:30pm	30 CF 3:15-4:00pm CF 4:00-4:45pm CF 4:45-5:30pm LTSUSA 5:30-6:00pm PS 6:00-7:30pm					