

Lifelong Learning Institute in Chesterfield		LLI		Spring 2024
Monday	Tuesday	Wednesday	Thursday	Friday
1/15/2024	1/16/2024	1/17/2024	1/18/2024	1/19/2024
LLI Closed	9a-9:45a AD045 - Beginner Tap Dancing	9a-11a AD080 - Woodcarving	8:30a-9:30a FI020 - Zumba Gold (Online)	8:30a-9:30a FI003 - Low Impact
	9a-10:30a IA999 - Orientation for New Members	9a-10:30a HS002 - Cultural Anthropology	9a-10a AD036 - Intro to Line Dancing	9a-12p WG010 - Bridge
MADTIN	10a-11a AD021 - Intermediate Tap Dancing	9:45a-10:45a FI017 - Wednesday Fun Fitness	9:30a-11:30a WG009 - Mah Jongg	9:30a-11a HS641 - The Guide to Essential Italy
WANTIN	10:30a-12p LE197 - Brain Aerobics	10a-11a EL101 - Literary Society Orientation (Online)	10a-11a EF162 - Tax-Free Investing	9:45a-10:45a FI029 - Chair Yoga
LUIHEK	11a-12p HS633 - Founding Brothers and Cousins	11a-12p EL043 - Enjoy Poetry	10:15a-11:15a AD075 - Line Dance Practice	10a-12p WG007 - Hand and Foot and Triple Play
KING IR.	11a-12:30p LA022 - Arabic Script (Online)	11a-11:45a FI018 - Sit and Be Fit	11:30a-12:15p Fl005 - Sit and Be Fit	10:30a-12:30p AD167 - Open Oil Painting
	11a-1p WG013 - Spades	11a-12p FI031 - Chair Yoga (Online)	11:30a-12:30p IA997 - Q&A for Current Members	10:30a-12p CO199 - Nearpeer Tutorial and Tips A
	11:30a-12:30p AD058 - Country Line Dancing	11:30a-12:30p HW360 - Caregiver's Resolutions	12p-1:30p AD141 - Lifelong Musicians	11a-11:45a HW352 - Beginning Tai Chi Review
	12:30p-1:30p EL100 - Literary Society Orientation	11:30a-12:45p LA003 - Beginning Sign Language	12p-1:30p AD240 - Lifelong Musicians Vocalists	12p-1p AD031 - Tango Dancing
	1p-2p FI006 - Chair Yoga	12p-12:45p HW386 - Intermediate Tai Chi 24 Form	1p-2p FI010 - Chair Yoga	1p-3p WG002 - Social Bingo
	1p-3p WG001 - Social Bingo	1p-2p AD210 - Intro to Brazilian Percussion	1p-2:30p LE160 - Virginia Travel	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
	1:30p-2:30p HS634 - Founding Brothers and Cousins (Online)	1p-2:30p LS147 - Crafts for Community	1:30p-2:30p FI034 - Cardio and Strength Online (Online)	
	2p-3:30p IA077 - Workshop for Instructors	1p-3p WG006 - Cards and Games	2p-3p HS599 - Aerial America	
	2p-3p LS190 - Intro to Public Speaking	1:30p-3p HS003 - Current Events	2p-3:30p PR002 - Bible Discussion	
	2:30p-3:30p Fl009 - Gentle Yoga	1:30p-3:30p LE032 - Needleworkers United	2:30p-3:30p FI007 - Gentle Yoga	
	2:30p-3:30p HS640 - Archaeological Mysteries	2p-3p Fundraising Committee Meeting		
		2:30p-3:30p FI015 - Pilates		
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Monday	Tuesday	Wednesday	Thursday	Friday
1/22/2024	1/23/2024	1/24/2024	1/25/2024	1/26/2024
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap	9a-11a AD080 - Woodcarving	8:30a-9:30a FI020 - Zumba Gold	8:30a-9:30a FI003 - Low Impact
9a-10:30a HW340 - Hands Only CPR A		9:30a-11a HS646 - Cornelius Mimms	9a-10a AD036 - Intro to Line Dancing	9a-12p WG010 - Bridge
10a-11:30a CO216 - Introduction to Libby	9a-10a LA019 - Conversational French	9:45a-10:45a FI017 - Wednesday Fun Fitness	9a-10:30a LS169 - Chesterfield Council on Aging	9:30a-11a HS641 - The Guide to Essential Italy
10a-10:45a FI004 - Sit and Be Fit	9:30a-10:30a AD248 - Readers Theater	10a-11a HW365 - Healthy Living for the Brain	9:30a-11a PR099 - Science and Theology	9:45a-10:45a FI029 - Chair Yoga
10a-10:45a FI030 - Strengthen and Stretch (Online)	10a-11a AD021 - Intermediate Tap Dancing	11a-12p AD235 - Beginning Guitar II	9:30a-11:30a WG009 - Mah Jongg	10a-12p WG007 - Hand and Foot and Triple Play
10a-11:30a PR096 - Power of Myth and Aesthetics	10a-12p LE256 - For the Beauty of It All	11a-12p EL043 - Enjoy Poetry	10:15a-11:15a AD075 - Line Dance Practice	10a-12p SE113 - VA Holocaust Museum Tour
10:30a-12p HS482 - Colonial Beginnings	10:30a-12:30p AD016 - Basic Watercolor	11a-11:45a FI018 - Sit and Be Fit	10:30a-12:30p AD192 - Super Senior Storytelling Slam	10:30a-12:30p AD167 - Open Oil Painting
10:30a-12p HW393 - Aging and Ageism	10:30a-12p LE197 - Brain Aerobics	11a-12p Fl031 - Chair Yoga (Online)	10:30a-11:30a EF117 - Identity Theft	11a-11:45a HW352 - Beginning Tai Chi Review
10:30a-12p LE156 - Genealogy for All	11a-12p HS633 - Founding Brothers and Cousins	11:30a-12:30p HW431 - Music as Medicine	11:30a-12:15p Fl005 - Sit and Be Fit	12p-1p AD031 - Tango Dancing
11a-12:30p HW341 - Hands Only CPR B	11a-12:30p LA022 - Arabic Script (Online)	11:30a-12:45p LA003 - Beginning Sign Language	12p-1:30p AD141 - Lifelong Musicians	1p-3p EL015 - Aspiring Writers' Critique
11a-12p Fl028 - Gentle Yoga	11a-1p WG013 - Spades	12p-12:45p HW386 - Intermediate Tai Chi 24 Form	12p-1:30p AD240 - Lifelong Musicians Vocalists	1p-3p WG002 - Social Bingo
12:30p-1:15p HW342 - Beginning Tai Chi A	11:30a-12:30p AD058 - Country Line Dancing	1p-2p AD210 - Intro to Brazilian Percussion	12p-1:30p IA001 - January Luncheon	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
1p-3p AD234 - Colorist Open Studio	12p-12:30p IA100 - Birthday Celebration	1p-3p WG006 - Cards and Games	1p-2p FI010 - Chair Yoga	
1p-3p EL112 - Funny and Happy Movies	12:30p-1:30p HS348 - Hanover Tavern	1:30p-3:30p LE032 - Needleworkers United	1:30p-3p AD015 - Advanced Readers Theater	
1p-2p HS653 - Powhatan Indians of Virginia	1p-2p Fl006 - Chair Yoga	1:30p-3p LS177 - Emergency Preparedness	1:30p-2:30p FI034 - Cardio and Strength Online (Online)	
1p-3p WG004 - Cards and Games	1p-2p HW436 - Healthcare Continuum	2p-3:30p LE252 - Genealogy Discussions		
1:30p-2:15p HW355 - Beginning Tai Chi B	1p-3p WG001 - Social Bingo	2:30p-3:30p FI015 - Pilates	2p-3:30p PR002 - Bible Discussion	
2p-3:30p CO207 - Cyber Threats A	1:30p-2:30p HS634 - Founding Brothers and Cousins (Online)		2:30p-3:30p Fl007 - Gentle Yoga	
2p-3:30p LA015 - Conversational German	2p-3:45p AD110 - Watercolor Pencils and Sticks		2:30p-3:30p HW375 - Joint Replacements	
2:30p-3:30p AD105 - Funtastics Choral Group	2p-3:30p HS089 - Great Decisions			
2:30p-3:30p HW426 - Basic Qigong	2p-3:30p HS639 - Heroes of History			
3:30p-4:30p LLI Board of Directors Meeting	2p-3p LS190 - Intro to Public Speaking			
	2:30p-3:30p Diversity Committee			
	2:30p-3:30p FI009 - Gentle Yoga			



Monday	Tuesday	Wednesday	Thursday	Friday
1/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
9a-10a Fl001 - Low Impact	9a-9:45a AD045 - Beginner Tap	9a-11a AD080 - Woodcarving	8:30a-9:30a FI020 - Zumba Gold	8:30a-9:30a FI003 - Low Impact
9a-10a HS635 - A Teenager Goes to Congress	9a-10:30a EL113 - Film 101	9a-2:30p AD119 - Watercolor Problem Solving	9a-10a AD036 - Intro to Line Dancing	9a-12p WG010 - Bridge
9:30a-11a HW389 - Understanding Hearing	9a-10a LA019 - Conversational French	9a-10:30a HS002 - Cultural Anthropology	9a-2:30p AD119 - Watercolor Problem Solving	9:30a-11a HS641 - The Guide to Essential Italy
10a-10:45a FI004 - Sit and Be Fit	9:30a-10:30a AD248 - Readers Theater	9:30a-11a HW406 - Low Back Pain	9:30a-10:30a CO213 - More Artificial Intelligence (Online)	9:45a-10:45a Fl029 - Chair Yoga
10a-10:45a Fl030 - Strengthen and Stretch (Online)	10a-11a AD021 - Intermediate Tap Dancing	9:45a-10:45a FI017 - Wednesday Fun Fitness	9:30a-10:30a HS643 - Music and Culture of the 1960s	10a-12p WG007 - Hand and Foot and Triple Play
10a-11:30a PR096 - Power of Myth and Aesthetics		10a-11a HS645 - Stabilizing Democracy (Online)	9:30a-11a PR099 - Science and Theology	
10:30a-12p HS482 - Colonial Beginnings	10:30a-12:30p AD016 - Basic Watercolor	11a-12p AD235 - Beginning Guitar II	9:30a-11:30a WG009 - Mah Jongg	11a-11:45a HW352 - Beginning Tai Chi Review
10:30a-12p HW393 - Aging and Ageism	10:30a-12p LE197 - Brain Aerobics	11a-12p EL043 - Enjoy Poetry	10a-12p LS084 - Resolving Regrets	12p-1p AD031 - Tango Dancing
10:30a-12p LE156 - Genealogy for All	11a-12:30p AD263 - Laughing in a Foreign Language	11a-11:45a FI018 - Sit and Be Fit	10:15a-11:15a AD075 - Line Dance Practice	1p-2:30p CO058 - iPhone Basics Part 1
11a-12p Fl028 - Gentle Yoga	11a-12p HS633 - Founding Brothers and Cousins	11a-12p Fl031 - Chair Yoga (Online)	11a-12p HS656 - Lessons from the Holocaust	1p-3p WG002 - Social Bingo
11:30a-12:30p LS145 - Mobility Services	11a-12:30p LA022 - Arabic Script (Online)	11:30a-12:45p LA003 - Beginning Sign Language	11:30a-12:15p Fl005 - Sit and Be Fit	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
12:30p-1:15p HW342 - Beginning Tai Chi A	11a-1p WG013 - Spades	12p-12:45p HW386 - Intermediate Tai Chi 24 Form	12p-1:30p AD141 - Lifelong Musicians	
1p-3p AD234 - Colorist Open Studio	11:30a-12:30p AD058 - Country Line Dancing	1p-2p AD210 - Intro to Brazilian Percussion	12p-1:30p AD240 - Lifelong Musicians Vocalists	
1p-3p EL112 - Funny and Happy Movies	12:30p-1:30p CO212 - More Artificial Intelligence	1p-3p WG006 - Cards and Games	1p-2p FI010 - Chair Yoga	
1p-3p WG004 - Cards and Games	1p-2p EF102 - After the Last Paycheck	1:30p-3p HS003 - Current Events	1:30p-3p AD015 - Advanced Readers Theater	
1:30p-2:15p HW355 - Beginning Tai Chi B	1p-2p FI006 - Chair Yoga	1:30p-3:30p LE032 - Needleworkers United	1:30p-2:30p FI034 - Cardio and Strength Online (Online)	
2p-3:30p CO207 - Cyber Threats A	1p-3p WG001 - Social Bingo	2p-3:30p LE252 - Genealogy Discussions	2p-3:30p CO176 - Google Photos B	
2p-3:30p LA015 - Conversational German	1:30p-3:30p DE005 - LGBTQ+ Basics	2:30p-3:30p FI015 - Pilates	2p-3p HS599 - Aerial America	
2:30p-3:30p AD105 - Funtastics	1:30p-2:30p HS634 - Founding		2p-3:30p PR002 - Bible Discussion	
Choral Group	Brothers and Cousins (Online)			
2:30p-3:30p HW426 - Basic Qigong	2p-3:45p AD110 - Watercolor Pencils and Sticks		2:30p-3:30p FI007 - Gentle Yoga	
	2p-3:30p HS639 - Heroes of History			
	2p-3p LS190 - Intro to Public Speaking			
	2:30p-3:30p FI009 - Gentle Yoga			
	2:30p-3:30p HS640 - Archaeological Mysteries			



Monday	Tuesday	Wednesday	Thursday	Friday
2/5/2024	2/6/2024	2/7/2024	2/8/2024	2/9/2024
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap	9a-11a AD035 - Woodcarving with Merv	8:30a-9:30a FI020 - Zumba Gold	8:30a-9:30a FI003 - Low Impact
9a-10a HS635 - A Teenager Goes to	9a-10:30a EL048 - Memoir Writing	9:30a-12:30p AD259 - Pencils, Stencils,	9a-10a AD036 - Intro to Line Dancing	9a-12p WG010 - Bridge
Congress		and Pens A		
10a-12p DE006 - Overcoming	9a-10:30a EL113 - Film 101	9:30a-11a HW303 - Being Mortal	9a-10:30a LS085 - Nurturing Friendships	9:30a-11a HS641 - The Guide to
Blindness		Documentary		Essential Italy
10a-10:45a FI004 - Sit and Be Fit	9a-10a LA019 - Conversational French	9:45a-10:45a Fl017 - Wednesday Fun	9:30a-10:30a HS643 - Music and Culture	9:45a-10:45a FI029 - Chair Yoga
		Fitness	of the 1960s	
10a-10:45a FI030 - Strengthen and Stretch (Online)	9:30a-10:30a AD248 - Readers Theater	11a-12p AD235 - Beginning Guitar II	9:30a-11a PR099 - Science and Theology	10a-12p WG007 - Hand and Foot and Triple Play
10a-11:30a PR096 - Power of Myth	10a-11a AD021 - Intermediate Tap	11a-12p EL043 - Enjoy Poetry	9:30a-11:30a WG009 - Mah Jongg	10:30a-12:30p AD167 - Open Oil
and Aesthetics	Dancing	11a-12p EL045 - Enjoy Foetry	9.50a-11.50a WG009 - Wall Joligg	Painting
10:30a-12p HS482 - Colonial	10a-12p LE256 - For the Beauty of It All	11a-11:45a FI018 - Sit and Be Fit	10:15a-11:15a AD075 - Line Dance	11a-11:45a HW352 - Beginning Tai Chi
Beginnings			Practice	Review
10:30a-12p LE156 - Genealogy for All	10:30a-12:30p AD016 - Basic	11a-12p Fl031 - Chair Yoga (Online)	10:30a-12:30p AD012 - Advanced	12p-1p AD022 - Ballroom Dance
	Watercolor		Watercolor	
11a-12p FI028 - Gentle Yoga	10:30a-11:30a HW440 - Aging and	11:30a-12:30p HW431 - Music as	10:30a-12p EF113 - Medicare 101	12:30p-2:30p HS617 - No Time to
	Dementia	Medicine		Grieve
11a-12:30p LE253 - Easy Cooking with	11a-12:30p AD263 - Laughing in a	11:30a-12:45p LA003 - Beginning Sign	11a-12:30p CO076 - Cable TV	1p-2:30p CO058 - iPhone Basics Part 1
Judith (Online)	Foreign Language	Language	Alternatives A	
12:30p-2p CO209 - Artificial	11a-12p HS633 - Founding Brothers	12p-12:45p HW386 - Intermediate Tai	11:30a-12:15p FI005 - Sit and Be Fit	1p-3p EL015 - Aspiring Writers'
Intelligence A	and Cousins	Chi 24 Form		Critique
12:30p-1:15p HW342 - Beginning Tai	11a-12:30p LA022 - Arabic Script	1p-2p AD210 - Intro to Brazilian	12p-1:30p AD141 - Lifelong Musicians	1p-3p WG002 - Social Bingo
Chi A	(Online)	Percussion		
1p-3p AD234 - Colorist Open Studio	11a-1p WG013 - Spades	1p-2p HW435 - Strength Training Significance (Online)	12p-1:30p AD240 - Lifelong Musicians Vocalists	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
1p-3p EL112 - Funny and Happy	11:30a-12:30p AD058 - Country Line	1p-3p WG006 - Cards and Games	12p-1p LS172 - Mercy Mall Emergency	
Movies	Dancing	ap op 11 does can as an a cames	Food	
1p-3p WG004 - Cards and Games	12:30p-1:30p LA021 - Un Poco de Todo	1:30p-3:30p LE032 - Needleworkers	1p-2p FI010 - Chair Yoga	
1:30p-2:15p HW355 - Beginning Tai	1p-2p FI006 - Chair Yoga	2p-3:30p EL116 - Should These Books Be	1:30p-3p AD015 - Advanced Readers	
Chi B		Banned	Theater	
2p-3:30p LA015 - Conversational	1p-3p WG001 - Social Bingo	2p-3:30p LE252 - Genealogy Discussions	1:30p-2:30p FI034 - Cardio and Strength	
German			Online (Online)	
2:30p-3:30p AD105 - Funtastics	1:30p-2:30p HS634 - Founding	2:30p-3:30p FI015 - Pilates	2p-3:45p AD111 - Intermediate	
Choral Group	Brothers and Cousins (Online)		Watercolor	
2:30p-3:30p HW426 - Basic Qigong	2p-3:30p HS381 - Adventures of the Camino	2:30p-3:30p SE164 - Company's Coming Concert	2p-3:30p CO176 - Google Photos B	
	2p-3:45p AD110 - Watercolor Pencils		2p-3p HS599 - Aerial America	
	and Sticks		2p 3p 113333 - Actial Attletica	
	2p-3:30p HS639 - Heroes of History		2p-3:30p PR002 - Bible Discussion	
	2p-3p LS190 - Intro to Public Speaking		2:30p-3:30p FI007 - Gentle Yoga	
	2:30p-3:30p FI009 - Gentle Yoga			



Life on great and market in enesterned				Spring 2024
Monday	Tuesday	Wednesday	Thursday	Friday
2/12/2024	2/13/2024	2/14/2024	2/15/2024	2/16/2024
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap	9a-11a AD035 - Woodcarving with Merv	8:30a-9:30a FI020 - Zumba Gold	8:30a-9:30a FI003 - Low Impact
9a-10a HS635 - A Teenager Goes to Congress	9a-10:30a EL048 - Memoir Writing	9a-10:30a HS002 - Cultural Anthropology	9a-10a AD036 - Intro to Line Dancing	9a-12p WG010 - Bridge
10a-10:45a FI004 - Sit and Be Fit	9a-10:30a EL113 - Film 101	9:45a-10:45a Fl017 - Wednesday Fun Fitness	9a-10:30a LS085 - Nurturing Friendships	9:30a-11a HS641 - The Guide to Essential Italy
10a-10:45a FI030 - Strengthen and Stretch (Online)	9a-10a LA019 - Conversational French	10a-11:30a AD265 - Open Sketching Studio	9:30a-10:30a HS643 - Music and Culture of the 1960s	9:45a-10:45a Fl029 - Chair Yoga
10a-11:30a PR096 - Power of Myth and Aesthetics	9:30a-10:30a AD248 - Readers Theater	10a-11a HW418 - Loving Longevity Part 1	9:30a-11a PR099 - Science and Theology	10a-11a LE275 - Shenandoah National Park (Online)
10:30a-12p AD220 - Improvisation Games	10a-11a AD021 - Intermediate Tap Dancing	11a-12p AD235 - Beginning Guitar II	9:30a-11:30a WG009 - Mah Jongg	10a-12p WG007 - Hand and Foot and Triple Play
10:30a-12p HS482 - Colonial Beginnings	10a-12p LE256 - For the Beauty of It All	11a-12p EL043 - Enjoy Poetry	10:15a-11:15a AD075 - Line Dance Practice	10:30a-12:30p AD167 - Open Oil Painting
10:30a-12p LE156 - Genealogy for All	10:30a-12:30p AD016 - Basic Watercolor	11a-11:45a FI018 - Sit and Be Fit	10:30a-12:30p AD012 - Advanced Watercolor	10:30a-11:30a SE185 - Hanover Tavern Tour
11a-12p Fl028 - Gentle Yoga	11a-12:30p AD263 - Laughing in a Foreign Language	11a-12p Fl031 - Chair Yoga (Online)	11a-12:30p DE004 - The Upswing	11a-11:45a HW352 - Beginning Tai Chi Review
11a-12:30p LE253 - Easy Cooking with Judith (Online)	11a-12p HS633 - Founding Brothers and Cousins	11:30a-12:30p HW439 - Engaging Together	11a-12p EF118 - Organizing Financial Records (Online)	12p-1p AD022 - Ballroom Dance
12:30p-2p CO209 - Artificial Intelligence A	11a-12:30p LA022 - Arabic Script (Online)	11:30a-12:45p LA003 - Beginning Sign Language	11a-12:30p CO076 - Cable TV Alternatives A	1p-2:30p CO058 - iPhone Basics Part 1
12:30p-1:15p HW342 - Beginning Tai Chi A	11a-1p WG013 - Spades	12p-12:45p HW386 - Intermediate Tai Chi 24 Form	11:30a-12:15p Fl005 - Sit and Be Fit	1p-3p WG002 - Social Bingo
1p-3p AD234 - Colorist Open Studio	11:30a-12:30p AD058 - Country Line Dancing	1p-2p AD210 - Intro to Brazilian Percussion	11:30a-1:30p PR101 - Time	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
1p-3p EL112 - Funny and Happy Movies	12p-12:30p IA100 - Birthday Celebration	1p-3p WG006 - Cards and Games	12p-1:30p AD141 - Lifelong Musicians	
1p-3p WG004 - Cards and Games	12:30p-1:30p LA021 - Un Poco de Todo	1:30p-3p HS003 - Current Events	12p-1:30p AD240 - Lifelong Musicians Vocalists	
1:30p-2:15p HW355 - Beginning Tai	1p-2p FI006 - Chair Yoga	1:30p-3:30p LE032 - Needleworkers	1p-2p FI010 - Chair Yoga	
2p-3:30p LA015 - Conversational	1p-3p WG001 - Social Bingo	2p-3:30p LE252 - Genealogy Discussions	1:30p-3p AD015 - Advanced Readers	
2:30p-3:30p AD105 - Funtastics Choral Group	1:30p-2:30p HS634 - Founding Brothers and Cousins (Online)	2:30p-3:30p FI015 - Pilates	1:30p-2:30p FI034 - Cardio and Strength Online (Online)	
2:30p-3:30p HW426 - Basic Qigong	2p-3:45p AD110 - Watercolor Pencils and Sticks		2p-3:45p AD111 - Intermediate Watercolor	
	2p-3:30p HS639 - Heroes of History		2p-3:30p CO176 - Google Photos B	
	2p-3p LS190 - Intro to Public Speaking		2p-3p HS599 - Aerial America	
	2:30p-3:30p FI009 - Gentle Yoga		2p-3:30p PR002 - Bible Discussion	
	2:30p-3:30p HS640 - Archaeological		2:30p-3:30p FI007 - Gentle Yoga	
	2:30p-3:30p HW376 - Vertigo and			



Lifelong Learning Inst	Litelong Learning Institute in Chesterfield		<u>LLI</u>	
Monday	Tuesday	Wednesday	Thursday	Friday
2/19/2024	2/20/2024	2/21/2024	2/22/2024	2/23/2024
LLI Closed	9a-9:45a AD045 - Beginner Tap Dancing	9a-11a AD035 - Woodcarving with Merv	8:30a-9:30a FI020 - Zumba Gold (Online)	8:30a-9:30a Fl003 - Low Impact
	9a-10:30a EL048 - Memoir Writing	9a-11a EF158 - Long Term Care Funding	9a-10a AD036 - Intro to Line Dancing	9a-12p WG010 - Bridge
	9a-10a LA019 - Conversational French	9:45a-10:45a FI017 - Wednesday Fun Fitness	9a-10:30a LS169 - Chesterfield Council on Aging	9:30a-11a HS641 - The Guide to Essential Italy
	9:30a-10:30a HS655 - The Jewish in the Confederacy	10a-11:30a AD265 - Open Sketching Studio	9:15a-10:30a CO129 - Geological Wonders (Online)	9:45a-10:45a Fl029 - Chair Yoga
***	9:30a-10:30a AD248 - Readers Theater	10a-12p HS286 - Nazi Millionaires	9:30a-11a PR099 - Science and Theology	10a-11a HW441 - Cervical Spinal Issues
PRESIDENTS DAY	10a-11a AD021 - Intermediate Tap Dancing	11a-12p AD235 - Beginning Guitar II	9:30a-11:30a WG009 - Mah Jongg	10a-12p LS178 - Chesterfield Fire and EMS
	10a-11:30a EF160 - Common Retirement Pitfalls	11a-12p EL043 - Enjoy Poetry	10:15a-11:15a AD075 - Line Dance Practice	10a-12p WG007 - Hand and Foot and Triple Play
	10:30a-11:30a LS171 - Mobility Services (Online)	11a-11:45a FI018 - Sit and Be Fit	10:30a-12:30p AD012 - Advanced Watercolor	10a-11a SE186 - VMFA American Galleries Tour
	11a-12:30p AD263 - Laughing in a Foreign Language	11a-12p Fl031 - Chair Yoga (Online)	10:30a-12:30p AD192 - Super Senior Storytelling Slam	10:30a-12:30p AD167 - Open Oil Painting
	11a-12p HS633 - Founding Brothers and Cousins	11:30a-12:30p HW431 - Music as Medicine	11:30a-12:15p FI005 - Sit and Be Fit	10:30a-11:15a HW381 - Guided Meditation (Online)
	11a-12:30p LA022 - Arabic Script (Online)	11:30a-12:45p LA003 - Beginning Sign Language	11:30a-1:30p PR101 - Time	11a-11:45a HW352 - Beginning Tai Ch Review
	11a-1p WG013 - Spades	12p-12:45p HW386 - Intermediate Tai Chi 24 Form	12p-1:30p AD141 - Lifelong Musicians	12p-1p AD022 - Ballroom Dance
	11:30a-12:30p AD058 - Country Line Dancing	1p-2p AD210 - Intro to Brazilian Percussion	12p-1:30p AD240 - Lifelong Musicians Vocalists	1p-3p EL015 - Aspiring Writers' Critique
	12:15p-1:30p CO128 - Geological Wonders	1p-2:30p HW286 - Stop the Bleed	12p-1:30p IA002 - February Luncheon	1p-3p WG002 - Social Bingo
	12:30p-1:30p LA021 - Un Poco de Todo	1p-2:30p LS147 - Crafts for Community	1p-2p FI010 - Chair Yoga	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
	1p-2p FI006 - Chair Yoga	1p-3p WG006 - Cards and Games	1:30p-3p AD015 - Advanced Readers Theater	
	1p-3p WG001 - Social Bingo	1:30p-3:30p LE032 - Needleworkers United	1:30p-2:30p FI034 - Cardio and Strength Online (Online)	
	1:30p-2:30p HS634 - Founding Brothers and Cousins (Online)	1:30p-3p PR100 - The Chosen	2p-3:30p CO204 - Password Management A	
	2p-3:45p AD110 - Watercolor Pencils 2p-3:30p HS089 - Great Decisions	2:30p-3:30p FI015 - Pilates	2p-3:45p AD111 - Intermediate 2p-3p HS599 - Aerial America	
	2p-3:30p HS639 - Heroes of History 2p-3p LS190 - Intro to Public Speaking		2p-3:30p PR002 - Bible Discussion 2:30p-3:30p Fl007 - Gentle Yoga	
	2:30p-3:30p FI009 - Gentle Yoga			

## **Lifelong Learning Institute in Chesterfield**



Lifelong Learning Institu	ite in Chesterneid	LLI		Spring 2024
Monday	Tuesday	Wednesday	Thursday	Friday
2/26/2024	2/27/2024	2/28/2024	2/29/2024	3/1/2024
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap	9a-11a AD035 - Woodcarving with Merv	8:30a-9:30a FI020 - Zumba Gold	8:30a-9:30a FI003 - Low Impact
10a-10:45a FI004 - Sit and Be Fit	9a-10:30a EL048 - Memoir Writing	9a-10:30a HS002 - Cultural Anthropology	9a-10a AD036 - Intro to Line Dancing	9a-12p WG010 - Bridge
10a-10:45a Fl030 - Strengthen and Stretch (Online)	9a-10a LA019 - Conversational French	9:30a-11a EF140 - What Kids Need to Know	9:15a-10:30a CO129 - Geological Wonders (Online)	9:45a-10:45a Fl029 - Chair Yoga
10a-11:30a PR096 - Power of Myth and Aesthetics	9:30a-10:30a AD248 - Readers Theater	9:45a-10:45a FI017 - Wednesday Fun Fitness	9:30a-11:30a LS090 - Overcoming Impatience	10a-11:30a IA020 - 20th Anniversary Celebration
10:30a-12p AD220 - Improvisation Games	10a-11a AD021 - Intermediate Tap	10a-11:30a AD265 - Open Sketching Studio	9:30a-10:30a HS643 - Music and Culture of the 1960s	10a-12p WG007 - Hand and Foot and Triple Play
10:30a-12p HS482 - Colonial Beginnings	Dancing 10a-11a HW430 - Diverticular Disease	11a-12p AD235 - Beginning Guitar II	9:30a-11a PR099 - Science and Theology	10:30a-12:30p AD167 - Open Oil Painting
	10a-11:30a EF115 - Estate Planning (Online)	11a-12p EL043 - Enjoy Poetry	9:30a-11:30a WG009 - Mah Jongg	11a-11:45a HW352 - Beginning Tai Chi Review
11a-12p CO201 - Lies and Statistics	11a-12:30p AD263 - Laughing in a Foreign Language	11a-11:45a FI018 - Sit and Be Fit	10a-11:30a HW407 - Knee Conditions	12p-1p AD022 - Ballroom Dance
11a-12p Fl028 - Gentle Yoga	11a-12p HS633 - Founding Brothers and Cousins	11a-12p Fl031 - Chair Yoga (Online)	10:15a-11:15a AD075 - Line Dance Practice	1p-2:30p CO059 - iPhone Basics Part 2
11a-12:30p LE253 - Easy Cooking with Judith (Online)	11a-12:30p LA022 - Arabic Script (Online)	11:30a-1p AD129 - History of Music in Germany	10:30a-12:30p AD012 - Advanced Watercolor	1p-3p WG002 - Social Bingo
12:30p-1:15p HW342 - Beginning Tai Chi A	11a-1p WG013 - Spades	11:30a-12:45p LA003 - Beginning Sign Language	11a-12p HS647 - Chesterfield 275th Anniversary	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
1p-3p AD234 - Colorist Open Studio	11:30a-12:30p AD058 - Country Line Dancing	12p-12:45p HW386 - Intermediate Tai Chi 24 Form	11:30a-12:15p FI005 - Sit and Be Fit	
1p-3p WG004 - Cards and Games	12:15p-1:30p CO128 - Geological Wonders	12:30p-3:30p AD260 - Pencils, Stencils, and Pens B	11:30a-1:30p PR101 - Time	Don't Miss
1:30p-3p AD264 - Interior Design Problems	12:30p-1:30p LA021 - Un Poco de Todo	1p-2p AD210 - Intro to Brazilian Percussion	12p-1:30p AD141 - Lifelong Musicians	
1:30p-2:15p HW355 - Beginning Tai	12:30p-1:30p LA021 - Un Poco de Todo	1p-3p WG006 - Cards and Games	12p-1:30p AD240 - Lifelong Musicians	20-Year
2p-3:30p LA015 - Conversational	1p-2p FI006 - Chair Yoga	1:30p-3p EF144 - Social Security 101	12p-1p HW315 - Leaky Bladder	20-1 Cai
2:30p-3:30p AD105 - Funtastics Choral Group	1p-3p WG001 - Social Bingo	1:30p-3p HS003 - Current Events	12p-1p LS173 - Mercy Mall Laundry Detergent	Anniversary
2:30p-3:30p HW426 - Basic Qigong	1:30p-2:30p HS634 - Founding Brothers and Cousins (Online)	1:30p-3:30p LE032 - Needleworkers United	1p-2p FI010 - Chair Yoga	Celebration
3:30p-4:30p LLI Board of Directors Meeting	2p-3:45p AD110 - Watercolor Pencils and Sticks	2p-3:30p CO200 - Nearpeer Tutorial and Tips B	1:30p-3p AD015 - Advanced Readers Theater	March 1
	2p-3:30p HS639 - Heroes of History	2p-3:30p LE252 - Genealogy Discussions		March 1
	2p-3p LS190 - Intro to Public Speaking	2:30p-3:30p FI015 - Pilates	1:30p-2:30p FI034 - Cardio and Strength	10-11:30AM
	2:30p-3:30p FI009 - Gentle Yoga		2p-3:45p AD111 - Intermediate	10 11.30AIII
	2:30p-3:30p HS640 - Archaeological		2p-3p HS599 - Aerial America	
			2p-3:30p PR002 - Bible Discussion	
			2:30p-3:30p FI007 - Gentle Yoga	



Monday	Tuesday	Wednesday	Thursday	Friday
3/4/2024	3/5/2024	3/6/2024	3/7/2024	3/8/2024
9a-10a Fl001 - Low Impact	LLI Closed	9a-11a AD035 - Woodcarving with Merv	8:30a-9:30a Fl020 - Zumba Gold	8:30a-9:30a FI003 - Low Impact
9:30a-10:30a HS657 - Intro to the US Constitution		9:30a-10:30a LS150 - Dispelling Hospice Myths	8:30a-12:30p LS176 - CCPD Citizen's Police Academy	9a-12p WG010 - Bridge
9:30a-10:30a HS636 - A Teenager Goes to Congress (Online)	M A A	9:30a-11a AD257 - Life and Works of Caravaggio	9a-10a AD036 - Intro to Line Dancing	9a-6:30p SE183 - Titanic Exhibition Tour
10a-10:45a FI004 - Sit and Be Fit		9:30a-11a HS610 - Rachel Carson's America A	9:15a-10:30a CO129 - Geological Wonders (Online)	9:30a-11a HS641 - The Guide to Essential Italy
10a-10:45a FI030 - Strengthen and Stretch (Online)		9:45a-10:45a FI017 - Wednesday Fun Fitness	9:30a-10:30a HS643 - Music and Culture of the 1960s	9:45a-10:45a Fl029 - Chair Yoga
10:30a-12p AD220 - Improvisation Games	纽贝取	10a-11:30a AD265 - Open Sketching Studio	9:30a-11a PR099 - Science and Theology	10a-12p WG007 - Hand and Foot and Triple Play
10:30a-12p HS482 - Colonial Beginnings	<b>Election Day</b>	10:30a-12p AD252 - Ukulele Intro and Jam	9:30a-11:30a WG009 - Mah Jongg	10:30a-12:30p AD167 - Open Oil Painting
10:30a-12p LE156 - Genealogy for All	Elootion Bay	11a-12p EL043 - Enjoy Poetry	10a-11a HW429 - End of Life Decision Making	11a-11:45a HW352 - Beginning Tai Chi Review
11a-12:30p LS191 - Compassion and Choices		11a-11:45a FI018 - Sit and Be Fit	10:15a-11:15a AD075 - Line Dance Practice	12p-1p AD022 - Ballroom Dance
11a-12p CO201 - Lies and Statistics		11a-12p FI031 - Chair Yoga (Online)	10:30a-12:30p AD012 - Advanced Watercolor	1p-2:30p CO059 - iPhone Basics Part 2
11a-12p Fl028 - Gentle Yoga		11:30a-1p AD129 - History of Music in Germany	11:30a-1:30p EF104 - Estates and Probate	1p-3p EL015 - Aspiring Writers' Critique
11a-12:30p LE253 - Easy Cooking with Judith (Online)		11:30a-12:30p HW431 - Music as Medicine	11:30a-12:15p FI005 - Sit and Be Fit	1p-3p WG002 - Social Bingo
12:30p-1:15p HW342 - Beginning Tai Chi A		11:30a-12:45p LA003 - Beginning Sign Language	12p-1:30p AD141 - Lifelong Musicians	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
1p-3p AD234 - Colorist Open Studio		12p-12:45p HW386 - Intermediate Tai Chi 24 Form	12p-1:30p AD240 - Lifelong Musicians Vocalists	1:30p-3:30p LE265 - Modern Floral Designs A
1p-3p WG004 - Cards and Games		12:30p-1:30p EL114 - Literary Society Book Swap	12:30p-2p CO211 - Fun With Geology	
1:30p-2:15p HW355 - Beginning Tai Chi B		1p-2p AD210 - Intro to Brazilian Percussion	1p-2p Fl010 - Chair Yoga	
2p-3:30p CO203 - Tips in Google Apps		1p-3p WG006 - Cards and Games	1:30p-3p AD015 - Advanced Readers	
2p-3:30p LA015 - Conversational German		1:30p-2:30p HS654 - Votes for Women	1:30p-2:30p FI034 - Cardio and Strength Online (Online)	
2:30p-3:30p AD105 - Funtastics Choral Group		1:30p-3:30p LE032 - Needleworkers United	2p-3:45p AD111 - Intermediate Watercolor	
2:30p-3:30p HW426 - Basic Qigong		2p-3:30p EF159 - Demystifying the Bond Market		
		2p-3:30p EL116 - Should These Books Be	2p-3p HS599 - Aerial America	
		2p-3:30p LE252 - Genealogy Discussions	2p-3:30p PR002 - Bible Discussion	
		2:30p-3:30p FI015 - Pilates	2:30p-3:30p FI007 - Gentle Yoga	



Monday	Tuesday	Wednesday	Thursday	Friday
3/11/2024	3/12/2024	3/13/2024	3/14/2024	3/15/2024
9a-10a Fl001 - Low Impact	9a-9:45a AD045 - Beginner Tap	9a-11a AD035 - Woodcarving with Merv	8:30a-9:30a Fl020 - Zumba Gold	8:30a-9:30a FI003 - Low Impact
9:30a-10:30a HS636 - A Teenager	9a-10:30a EL048 - Memoir Writing	9a-10:30a HS002 - Cultural	8:30a-12:30p LS176 - CCPD Citizen's	9a-12p WG010 - Bridge
Goes to Congress (Online)		Anthropology	Police Academy	
10a-10:45a FI004 - Sit and Be Fit	9a-10:30a HS632 - History of the US Constitution	9:30a-11a AD257 - Life and Works of Caravaggio	9a-10a AD036 - Intro to Line Dancing	9:30a-11a HS641 - The Guide to Essential Italy
10a-10:45a FI030 - Strengthen and Stretch (Online)	9a-10a LA019 - Conversational French	9:30a-11a HS610 - Rachel Carson's America A	9:15a-10:30a CO129 - Geological Wonders (Online)	9:45a-10:45a Fl029 - Chair Yoga
10a-11:30a PR096 - Power of Myth and Aesthetics	9:30a-10:30a AD248 - Readers Theater	9:45a-10:45a FI017 - Wednesday Fun Fitness	9:30a-10:30a HS643 - Music and Culture of the 1960s	10a-12p WG007 - Hand and Foot and Triple Play
10:30a-12p AD220 - Improvisation Games	9:30a-11:30a LS192 - Intro to End-of- Life Planning	10a-12p AD262 - Fun With Paper Clay	9:30a-11a PR099 - Science and Theology	10a-11a SE067 - Poe Museum Tour
10:30a-12p HS482 - Colonial Beginnings	10a-11a AD021 - Intermediate Tap Dancing	10:30a-12p AD252 - Ukulele Intro and Jam	9:30a-11:30a WG009 - Mah Jongg	10:30a-12:30p AD167 - Open Oil Painting
10:30a-12p LE156 - Genealogy for All	10:30a-12:30p AD258 - Portraits in Watercolor	11a-12p EL043 - Enjoy Poetry	10:15a-11:15a AD075 - Line Dance Practice	11a-12p EL115 - Baby X Discussion (Online)
11a-12p CO201 - Lies and Statistics	11a-12:30p AD263 - Laughing in a Foreign Language	11a-11:45a FI018 - Sit and Be Fit	10:30a-12:30p AD012 - Advanced Watercolor	11a-11:45a HW352 - Beginning Tai Chi Review
11a-12p Fl028 - Gentle Yoga	11a-12p HS633 - Founding Brothers and Cousins	11a-12p Fl031 - Chair Yoga (Online)	10:30a-12p EL109 - Children's Book Review	12p-1p AD022 - Ballroom Dance
12:30p-1:15p HW342 - Beginning Tai Chi A	11a-12:30p LA022 - Arabic Script (Online)	11:30a-1p AD129 - History of Music in Germany	11:30a-12:15p Fl005 - Sit and Be Fit	1p-2:30p CO059 - iPhone Basics Part 2
1p-3p EL112 - Funny and Happy Movies	11a-1p WG013 - Spades	11:30a-12:45p LA003 - Beginning Sign Language	11:30a-12:30p EF155 - Surviving in Today's Economy	1p-3p WG002 - Social Bingo
1p-3p WG004 - Cards and Games	11:30a-12:30p AD058 - Country Line Dancing	12p-1p HW188 - Shoulder Arthritis	12p-1:30p AD141 - Lifelong Musicians	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
1p-2p SE184 - Marshall's Wife Performance	12p-12:30p IA100 - Birthday Celebration	12p-12:45p HW386 - Intermediate Tai Chi 24 Form	12p-1:30p AD240 - Lifelong Musicians Vocalists	1:30p-3:30p LE265 - Modern Floral Designs A
1:30p-2:15p HW355 - Beginning Tai Chi B	12:15p-1:30p CO128 - Geological Wonders	1p-2p AD210 - Intro to Brazilian Percussion	12:30p-2p CO211 - Fun With Geology	
2p-3:30p CO203 - Tips in Google Apps	12:30p-1:30p LA021 - Un Poco de Todo	1p-3p WG006 - Cards and Games	1p-2p FI010 - Chair Yoga	
2p-3:30p LA015 - Conversational	1p-2p Fl006 - Chair Yoga	1p-2:30p LS160 - Selling a Home	1:30p-3p AD015 - Advanced Readers	
2:30p-3:30p AD105 - Funtastics Choral Group	1p-3p WG001 - Social Bingo	1:30p-3p HS003 - Current Events	1:30p-2:30p FI034 - Cardio and Strength Online (Online)	
2:30p-3:30p HW426 - Basic Qigong	1:30p-2:30p HS634 - Founding Brothers and Cousins (Online)	1:30p-3:30p LE032 - Needleworkers United	2p-3:45p AD111 - Intermediate Watercolor	
	2p-3:45p AD110 - Watercolor Pencils	2p-3:30p LE252 - Genealogy Discussions	2p-3:30p CO208 - Cyber Threats B	
	2p-3:30p DE002 - Creating Belonging	2:30p-3:30p FI015 - Pilates	2p-3p HS599 - Aerial America	
	2p-3:30p HS639 - Heroes of History		2p-3:30p PR002 - Bible Discussion	
	2p-3p LS069 - VirginiaNavigator		2:30p-3:30p Fl007 - Gentle Yoga	
	2p-3p LS190 - Intro to Public Speaking			
	2:30p-3:30p FI009 - Gentle Yoga			



Monday	Tuesday	Wednesday	Thursday	Friday
3/18/2024	3/19/2024	3/20/2024	3/21/2024	3/22/2024
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap	9a-11a AD035 - Woodcarving with Merv	8:30a-9:30a FI020 - Zumba Gold	8:30a-9:30a Fl003 - Low Impact
9:30a-10:30a EF150 - Virginia Long	9a-10:30a EL048 - Memoir Writing	9:30a-11a AD257 - Life and Works of	8:30a-12:30p LS176 - CCPD Citizen's	9a-12p WG010 - Bridge
Term Care		Caravaggio	Police Academy	
9:30a-10:30a HS636 - A Teenager	9a-10:30a HS632 - History of the US	9:30a-11a HS610 - Rachel Carson's	9a-10a AD036 - Intro to Line Dancing	9:30a-11a HS641 - The Guide to
Goes to Congress (Online)	Constitution	America A	2.15 12.22 22.12 2 1 1 1	Essential Italy
10a-10:45a FI004 - Sit and Be Fit	9a-10a LA019 - Conversational French	9:45a-10:45a Fl017 - Wednesday Fun Fitness	9:15a-10:30a CO129 - Geological Wonders (Online)	9:45a-10:45a Fl029 - Chair Yoga
10a-10:45a FI030 - Strengthen and Stretch (Online)	9:30a-10:30a AD248 - Readers Theater	10a-12p AD262 - Fun With Paper Clay	9:30a-10:30a HS643 - Music and Culture of the 1960s	10a-12p WG007 - Hand and Foot and Triple Play
10a-11:30a LS097 - Senior Living	9:30a-11:30a LS192 - Intro to End-of-	10:30a-12p AD252 - Ukulele Intro and	9:30a-11a PR099 - Science and Theology	· '
Options	Life Planning	Jam	sieca zza i ness colonec ana incenso,	Painting
10:30a-12p AD220 - Improvisation	10a-11a AD021 - Intermediate Tap	11a-12p EL043 - Enjoy Poetry	9:30a-11:30a WG009 - Mah Jongg	10:30a-12p HW421 - Probiotics A
Games	Dancing			
10:30a-12p HS482 - Colonial	10:30a-12:30p AD258 - Portraits in	11a-11:45a FI018 - Sit and Be Fit	10:15a-11:15a AD075 - Line Dance	11a-11:45a HW352 - Beginning Tai Chi
Beginnings	Watercolor		Practice	Review
10:30a-12p LE156 - Genealogy for All	11a-1p HS619 - The Life of Norman Rockwell	11a-12p FI031 - Chair Yoga (Online)	10:30a-12p LE276 - Balloon Twisting 101	12p-1p AD022 - Ballroom Dance
11a-12p CO201 - Lies and Statistics	11a-12:30p LA022 - Arabic Script (Online)	11:30a-1p AD129 - History of Music in Germany	11a-12p HS471 - Archaeology of Magnolia Grange	1p-3p EL015 - Aspiring Writers' Critique
11a-12p Fl028 - Gentle Yoga	11a-12:30p LS185 - Awaken and Embody Greatness	11:30a-12:30p HW431 - Music as Medicine	11:30a-12:15p FI005 - Sit and Be Fit	1p-3p WG002 - Social Bingo
12:30p-2p HS644 - Ancient Near East Excavation	11a-1p WG013 - Spades	11:30a-12:45p LA003 - Beginning Sign Language	11:30a-1p HW392 - Suicide Prevention	1p-2:30p SE182 - The Phantom Tollbooth Peek
12:30p-1:15p HW342 - Beginning Tai Chi A	11:30a-12:30p AD058 - Country Line Dancing	12p-12:45p HW386 - Intermediate Tai Chi 24 Form	12p-1:30p AD141 - Lifelong Musicians	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
1p-3p EL112 - Funny and Happy	12:15p-1:30p CO128 - Geological	12:30p-3:30p AD261 - Pencils, Stencils,	12p-1:30p AD240 - Lifelong Musicians	1:30p-3:30p LE265 - Modern Floral
Movies	Wonders	and Pens C	Vocalists	Designs A
1p-3p WG004 - Cards and Games	12:30p-1:30p LA021 - Un Poco de Todo	1p-2p AD210 - Intro to Brazilian Percussion	1p-2p FI010 - Chair Yoga	
1:30p-2:15p HW355 - Beginning Tai Chi B	1p-2p Fl006 - Chair Yoga	1p-2:30p LS147 - Crafts for Community	1p-3p HS615 - Hitler's Realities (Online)	
1:30p-2:30p LS189 - Senior	1p-3p WG001 - Social Bingo	1p-3p PR102 - Remote Viewing	1:30p-3p AD015 - Advanced Readers	
Connections (Online)			Theater	
2p-3:30p CO203 - Tips in Google Apps	2p-3:45p AD110 - Watercolor Pencils	1p-3p WG006 - Cards and Games	1:30p-2:30p FI034 - Cardio and Strength	
А	and Sticks		Online (Online)	
2p-3:30p LA015 - Conversational	2p-3:30p HS089 - Great Decisions	1:30p-3:30p LE032 - Needleworkers	2p-3:30p CO210 - Artificial Intelligence B	
2:30p-3:30p AD105 - Funtastics	2p-3:30p HS639 - Heroes of History	2p-3:30p HS651 - President Grover	2p-3:30p DE001 - Diversity Listening	
Choral Group		Cleveland	Session	
2:30p-3:30p HW426 - Basic Qigong	2p-3:30p HW437 - Dementia Stages	2:30p-3:30p FI015 - Pilates	2p-3p HS599 - Aerial America	
	2p-3p LS190 - Intro to Public Speaking		2p-3:30p PR002 - Bible Discussion	
	2:30p-3:30p FI009 - Gentle Yoga		2:30p-3:30p FI007 - Gentle Yoga	



Lifelong Learning Institu	ute in Chesterfield	LLI		Spring 2024
Monday	Tuesday	Wednesday	Thursday	Friday
3/25/2024	3/26/2024	3/27/2024	3/28/2024	3/29/2024
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap Dancing	9a-11a AD035 - Woodcarving with Merv	8:30a-9:30a FI020 - Zumba Gold (Online)	LLI Closed
10a-10:45a Fl004 - Sit and Be Fit	9a-10:30a EL048 - Memoir Writing	9a-10:30a HS002 - Cultural Anthropology	8:30a-12:30p LS176 - CCPD Citizen's Police Academy	
10a-10:45a FI030 - Strengthen and Stretch (Online)	9a-10:30a HS632 - History of the US Constitution	9:30a-11a AD257 - Life and Works of Caravaggio	9a-10a AD036 - Intro to Line Dancing	
10:30a-12p AD220 - Improvisation Games	9a-10a LA019 - Conversational French	9:30a-11a HS610 - Rachel Carson's America A	9a-10:30a LS169 - Chesterfield Council on Aging	
10:30a-12p HS482 - Colonial Beginnings	9:30a-10:30a AD248 - Readers Theater	9:45a-10:45a Fl017 - Wednesday Fun Fitness	9:15a-10:30a CO129 - Geological Wonders (Online)	
10:30a-11:30a HS648 - The Road to War (Online)	9:30a-11:30a LS192 - Intro to End-of- Life Planning	10a-12p AD262 - Fun With Paper Clay	9:30a-11a PR099 - Science and Theology	
10:30a-12p LE156 - Genealogy for All	10a-11a AD021 - Intermediate Tap Dancing	10:30a-12p AD252 - Ukulele Intro and Jam	9:30a-11:30a WG009 - Mah Jongg	
11a-12p CO201 - Lies and Statistics	10:30a-12:30p AD258 - Portraits in Watercolor	11a-12p EL043 - Enjoy Poetry	10:15a-11:15a AD075 - Line Dance Practice	W
11a-12p Fl028 - Gentle Yoga	10:30a-11:30a HW251 - Brain Power Hour	11a-11:45a FI018 - Sit and Be Fit	10:30a-12:30p AD192 - Super Senior Storytelling Slam	LLI Closed for
12:30p-2p HS644 - Ancient Near East Excavation	11a-12:30p LA022 - Arabic Script (Online)	11a-12p Fl031 - Chair Yoga (Online)	11:30a-12:15p Fl005 - Sit and Be Fit	Spring Break
12:30p-1:15p HW342 - Beginning Tai Chi A	11a-12:30p LS185 - Awaken and Embody Greatness	11:30a-1p AD129 - History of Music in Germany	12p-1:30p AD141 - Lifelong Musicians	March 29 -
1p-3p WG004 - Cards and Games	11a-1p WG013 - Spades	11:30a-12:45p LA003 - Beginning Sign Language	12p-1:30p AD240 - Lifelong Musicians Vocalists	April 5
1:30p-2:15p HW355 - Beginning Tai Chi B	11:30a-12:30p AD058 - Country Line Dancing	11:30a-12:30p HW434 - Finding Meaning After Loss	12p-1:30p IA003 - March Luncheon	
2p-3:30p CO203 - Tips in Google Apps A	12:15p-1:30p CO128 - Geological Wonders	12p-12:45p HW386 - Intermediate Tai Chi 24 Form	1p-2p FI010 - Chair Yoga	
2p-3:30p LA015 - Conversational German	12:30p-1:30p LA021 - Un Poco de Todo	1p-2p AD210 - Intro to Brazilian Percussion	1:30p-3p AD015 - Advanced Readers Theater	
2:30p-3:30p AD105 - Funtastics Choral Group	1p-2p FI006 - Chair Yoga	1p-3p WG006 - Cards and Games	1:30p-2:30p FI034 - Cardio and Strength Online (Online)	
2:30p-3:30p HW426 - Basic Qigong	1p-3p WG001 - Social Bingo	1:30p-3p HS003 - Current Events	2p-3:30p CO210 - Artificial Intelligence B	
3:30p-4:30p LLI Board of Directors Meeting	1:30p-3:30p EL108 - The Boy, Mole, Fox and Horse	1:30p-3:30p HW394 - Be the Help Until Help Arrives	2p-3:30p DE001 - Diversity Listening Session	
	1:30p-3:30p HW419 - Trauma and Resilience (Online)	1:30p-3:30p LE032 - Needleworkers United	2p-3p HS599 - Aerial America	
	2p-3p LS190 - Intro to Public Speaking	2p-3:30p EL116 - Should These Books Be Banned	2p-3:30p PR002 - Bible Discussion	
	2:30p-3:30p FI009 - Gentle Yoga 2:30p-3:30p HW377 - Chronic Pain	2p-3:30p LE252 - Genealogy Discussions 2:30p-3:30p FI015 - Pilates	2:30p-3:30p FI007 - Gentle Yoga	·



Monday	Tuesday	Wednesday	Thursday	Friday
4/8/2024	4/9/2024	4/10/2024	4/11/2024	4/12/2024
9a-10a Fl001 - Low Impact	9a-9:45a AD045 - Beginner Tap Dancing	LLI Closed	8:30a-9:30a FI020 - Zumba Gold (Online)	8:30a-9:30a FI003 - Low Impact
9a-10a HS649 - The Orient Express	9a-10:30a EL048 - Memoir Writing		8:30a-12:30p LS176 - CCPD Citizen's Police Academy	9a-12p WG010 - Bridge
10a-10:45a FI004 - Sit and Be Fit	9a-10:30a HS632 - History of the US Constitution		9a-10a AD036 - Intro to Line Dancing	9:30a-11a HS642 - Rachel Carson's America B
10a-10:45a FI030 - Strengthen and Stretch (Online)	9a-10a LA019 - Conversational French		9:15a-10:30a CO129 - Geological Wonders (Online)	9:45a-10:45a Fl029 - Chair Yoga
10a-12p LS091 - Profound Questions	9:30a-10:30a AD248 - Readers Theater		9:30a-10:30a HS643 - Music and Culture of the 1960s	10a-12p WG007 - Hand and Foot and Triple Play
10:30a-12p HS482 - Colonial Beginnings	9:30a-10:45a LE279 - Introduction to Disc Golf	HAPPY	9:30a-11a PR099 - Science and Theology	10:30a-12:30p AD167 - Open Oil Painting
10:30a-12p LE156 - Genealogy for All	10a-11a AD021 - Intermediate Tap Dancing	Eid Al Fitr	9:30a-11:30a WG009 - Mah Jongg	10:30a-12p CO077 - Cable TV Alternatives B
10:30a-12p PR091 - Walk Through the Old Testament	10:30a-12:30p AD258 - Portraits in Watercolor		10:15a-11:15a AD075 - Line Dance Practice	11a-11:45a HW352 - Beginning Tai Chi Review
11a-12p Fl028 - Gentle Yoga	10:30a-11:30a EF012 - Death and Taxes	•	11a-12p HS587 - Chesterfield Courthouse Green	12p-1p AD197 - Ballroom Dance Practice
12:30p-2p HS644 - Ancient Near East Excavation	11a-12:30p LA022 - Arabic Script (Online)		11:30a-12:15p FI005 - Sit and Be Fit	1p-3p EL015 - Aspiring Writers' Critique
12:30p-1:15p HW342 - Beginning Tai Chi A	11a-12:30p LS185 - Awaken and Embody Greatness		12p-1:30p AD141 - Lifelong Musicians	1p-3p WG002 - Social Bingo
1p-3p WG004 - Cards and Games	11a-1p WG013 - Spades		12p-1:30p AD240 - Lifelong Musicians Vocalists	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
1:30p-2:30p EL090 - Obituary Writing Workshop	11:30a-12:30p AD058 - Country Line Dancing		1p-2p FI010 - Chair Yoga	1:30p-3:30p LE266 - Modern Floral Designs B
1:30p-2:15p HW355 - Beginning Tai Chi B	12:15p-1:30p CO128 - Geological Wonders		1:30p-3p AD015 - Advanced Readers Theater	2p-3:30p HS652 - FDR and the Gold Confiscation
2p-3:30p CO175 - Google Photos A	12:30p-1:30p LA021 - Un Poco de Todo		1:30p-2:30p FI034 - Cardio and Strength Online (Online)	
2p-3:30p LA015 - Conversational German	12:30p-1:30p LA021 - Un Poco de Todo		2p-3:30p CO205 - Tips in Google Apps B	
2:30p-3:30p AD105 - Funtastics Choral Group	1p-2p Fl006 - Chair Yoga		2p-3p HS599 - Aerial America	
2:30p-3:30p HW426 - Basic Qigong	1p-3p WG001 - Social Bingo		2p-3:30p PR002 - Bible Discussion	
	2p-3:45p LE241 - Pine Needle Baskets		2:30p-3:30p FI007 - Gentle Yoga	
	2p-3p LS190 - Intro to Public Speaking			
	2:30p-3:30p FI009 - Gentle Yoga			

2:30p-3:30p FI009 - Gentle Yoga



Lifelong Learning Institt	ite ili chesterneia			Spring 2024
Monday	Tuesday	Wednesday	Thursday	Friday
4/15/2024	4/16/2024	4/17/2024	4/18/2024	4/19/2024
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap	9a-11a AD080 - Woodcarving	8:30a-9:30a FI020 - Zumba Gold	8:30a-9:30a FI003 - Low Impact
9:30a-11a AD253 - Creative Thinking	9a-10:30a EL048 - Memoir Writing	9a-10:30a HS002 - Cultural Anthropology	8:30a-12:30p LS176 - CCPD Citizen's Police Academy	9a-12p WG010 - Bridge
9:30a-10:30a HW442 - Introduction to Anatomy	9a-10:30a HS632 - History of the US Constitution	9a-10:30a HS612 - The Living New Deal	9a-10a AD036 - Intro to Line Dancing	9:30a-11a HS642 - Rachel Carson's America B
10a-10:45a Fl004 - Sit and Be Fit	9a-10a LA019 - Conversational French	9:30a-11a EF138 - Medicare 101 (Online)	9a-12p LS193 - CarFit Car Safety	9:45a-10:45a Fl029 - Chair Yoga
10a-10:45a Fl030 - Strengthen and Stretch (Online)	9:30a-10:30a AD248 - Readers Theater	9:30a-11a HW264 - Meditation	9:15a-10:30a CO129 - Geological Wonders (Online)	10a-12p WG007 - Hand and Foot and Triple Play
10a-12p LS091 - Profound Questions	9:30a-10:45a LE279 - Introduction to Disc Golf	9:45a-10:45a FI017 - Wednesday Fun Fitness	9:30a-11a HS650 - Fort Sumter	10a-12p SE166 - Fire Station No. 5 Tour
10:30a-12p LE156 - Genealogy for All	10a-11a AD021 - Intermediate Tap Dancing	10a-12p AD262 - Fun With Paper Clay	9:30a-11:30a HW433 - Meditation Chakras Workshop	10:30a-12:30p AD167 - Open Oil Painting
10:30a-12p PR091 - Walk Through the Old Testament	10:30a-12:30p AD258 - Portraits in Watercolor	10:30a-12p HW432 - Loving Longevity Part 2	9:30a-11a PR099 - Science and Theology	10:30a-12p CO077 - Cable TV Alternatives B
11a-12p FI028 - Gentle Yoga	10:30a-12p HW408 - Shoulder Conditions	11a-12p EL043 - Enjoy Poetry	9:30a-11:30a WG009 - Mah Jongg	11a-12p EL091 - Author Platforms (Online)
12:30p-2p HS644 - Ancient Near East Excavation	11a-12:30p CO215 - The Unknown Future of Al	11a-11:45a FI018 - Sit and Be Fit	10:15a-11:15a AD075 - Line Dance Practice	11a-11:45a HW352 - Beginning Tai Ch Review
12:30p-1:15p HW342 - Beginning Tai Chi A	11a-12:30p LA022 - Arabic Script (Online)	11a-12p Fl031 - Chair Yoga (Online)	11a-12:30p EF161 - Common Retirement Pitfalls (Online)	12p-1p AD197 - Ballroom Dance Practice
1p-3p WG004 - Cards and Games	11a-12:30p LS185 - Awaken and Embody Greatness	11:30a-1p AD129 - History of Music in Germany	11:30a-12:15p Fl005 - Sit and Be Fit	1p-2:30p CO092 - Intermediate iPhone and iPad
1:30p-2:15p HW355 - Beginning Tai Chi B	11a-1p WG013 - Spades	11:30a-12:30p HW431 - Music as Medicine	12p-1:30p AD141 - Lifelong Musicians	1p-3p WG002 - Social Bingo
2p-3:30p CO175 - Google Photos A	11:30a-12:30p AD058 - Country Line Dancing	11:30a-12:45p LA003 - Beginning Sign Language	12p-1:30p AD240 - Lifelong Musicians Vocalists	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
2p-3:30p LA015 - Conversational German	12p-12:30p IA100 - Birthday Celebration	12p-12:45p HW386 - Intermediate Tai Chi 24 Form	12:30p-1:30p HW380 - What Comes After Menopause	1:30p-3:30p LE266 - Modern Floral Designs B
2:30p-3:30p AD105 - Funtastics	12:15p-1:30p CO128 - Geological	1p-2p AD210 - Intro to Brazilian	1p-2p FI010 - Chair Yoga	
2:30p-3:30p HW426 - Basic Qigong	12:30p-1:30p LA021 - Un Poco de Todo	1p-2:30p LS147 - Crafts for Community	1:30p-3p AD015 - Advanced Readers Theater	Sunday   April 21
	1p-2p Fl006 - Chair Yoga	1p-3p WG006 - Cards and Games	1:30p-2:30p FI034 - Cardio and Strength Online (Online)	9AM-7:30PM
	1p-3p WG001 - Social Bingo	1:30p-3p EF132 - Financial Preparedness	2p-3:30p CO205 - Tips in Google Apps B	CF120
	1:30p-2:30p EF151 - Virginia Long Term Care (Online)	1:30p-3p HS003 - Current Events	2p-3p HS599 - Aerial America	SE120 Norfolk Military
	2p-3:30p HS089 - Great Decisions	1:30p-3:30p LE032 - Needleworkers	2p-3:30p PR002 - Bible Discussion	•
	2p-3:45p LE241 - Pine Needle Baskets	2:30p-3:30p FI015 - Pilates	2:30p-3:30p FI007 - Gentle Yoga	Tattoo Tour
	2p-3p LS190 - Intro to Public Speaking			



Monday	Tuesday	Wednesday	Thursday	Friday
4/22/2024	4/23/2024	4/24/2024	4/25/2024	4/26/2024
9a-2:30p AD151 - YUPO and Watermedia	9a-9:45a AD045 - Beginner Tap Dancing	9a-11a AD080 - Woodcarving	8:30a-9:30a FI020 - Zumba Gold (Online)	8:30a-9:30a FI003 - Low Impact
9a-10a Fl001 - Low Impact	9a-2:30p AD151 - YUPO and Watermedia	9a-10:30a HS002 - Cultural Anthropology	8:30a-12:30p LS176 - CCPD Citizen's Police Academy	9a-12p WG010 - Bridge
9:30a-11a AD253 - Creative Thinking	9a-10:30a EL048 - Memoir Writing	9a-10:30a HS612 - The Living New Deal	9a-10a AD036 - Intro to Line Dancing	9:30a-11a HS642 - Rachel Carson's America B
10a-10:45a FI004 - Sit and Be Fit	9a-10:30a EL113 - Film 101	9:30a-11a HW264 - Meditation	9a-10:30a LS169 - Chesterfield Council on Aging	9:45a-10:45a FI029 - Chair Yoga
10a-10:45a FI030 - Strengthen and Stretch (Online)	9:30a-10:30a AD248 - Readers Theater	9:45a-10:45a FI017 - Wednesday Fun Fitness	9:30a-11a PR099 - Science and Theology	10a-12p WG007 - Hand and Foot and Triple Play
10a-12p LS095 - The Subconscious Mind	9:30a-10:45a LE279 - Introduction to Disc Golf	10a-12p AD262 - Fun With Paper Clay	9:30a-11:30a WG009 - Mah Jongg	10a-3p SE099 - Pamplin Historical Park Tour
10:30a-12p LE156 - Genealogy for All	10a-11a AD021 - Intermediate Tap Dancing	10:30a-12p HW432 - Loving Longevity Part 2	10:15a-11:15a AD075 - Line Dance Practice	10:30a-12:30p AD167 - Open Oil Painting
10:30a-12p PR091 - Walk Through the Old Testament	10a-11:30a HW438 - Understanding Hearing (Online)	11a-12p EL043 - Enjoy Poetry	10:30a-12:30p AD192 - Super Senior Storytelling Slam	11a-11:45a HW352 - Beginning Tai Chi Review
11a-12p Fl028 - Gentle Yoga	11a-12:30p LA022 - Arabic Script (Online)	11a-11:45a FI018 - Sit and Be Fit	11:30a-12:15p FI005 - Sit and Be Fit	12p-1p AD197 - Ballroom Dance Practice
12:30p-2p HS644 - Ancient Near East Excavation	11a-12:30p LS185 - Awaken and Embody Greatness	11a-12p FI031 - Chair Yoga (Online)	12p-1:30p AD141 - Lifelong Musicians	1p-2:30p CO092 - Intermediate iPhone and iPad
12:30p-1:15p HW342 - Beginning Tai Chi A	11a-1p WG013 - Spades	11:30a-1p AD129 - History of Music in Germany	12p-1:30p AD240 - Lifelong Musicians Vocalists	1p-3p EL015 - Aspiring Writers' Critique
1p-3p EL112 - Funny and Happy Movies	11:30a-12:30p AD058 - Country Line Dancing	11:30a-12:45p LA003 - Beginning Sign Language	12p-1:30p IA004 - April Luncheon	1p-3p WG002 - Social Bingo
1p-3p WG004 - Cards and Games	12:15p-1:30p CO128 - Geological Wonders	12p-12:45p HW386 - Intermediate Tai Chi 24 Form	1p-2p FI010 - Chair Yoga	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
1:30p-2:15p HW355 - Beginning Tai Chi B	12:30p-1:30p LA021 - Un Poco de Todo	1p-2p AD210 - Intro to Brazilian Percussion	1:30p-3p AD015 - Advanced Readers Theater	1:30p-3:30p LE266 - Modern Floral Designs B
2p-3:30p CO175 - Google Photos A	1p-2p Fl006 - Chair Yoga	1p-3p WG006 - Cards and Games	1:30p-2:30p FI034 - Cardio and Strength Online (Online)	
2p-3:30p LA015 - Conversational German	1p-3p WG001 - Social Bingo	1p-2p HW428 - Management of Stroke Risk	2p-3:30p CO205 - Tips in Google Apps B	
2:30p-3:30p AD105 - Funtastics Choral Group	2p-3:30p EF114 - Stock Market and Elections	1:30p-3:30p LE032 - Needleworkers United	2p-3p HS599 - Aerial America	
2:30p-3:30p HW426 - Basic Qigong	2p-3:45p LE241 - Pine Needle Baskets	2p-3:30p LE252 - Genealogy Discussions	2p-3:30p LS168 - Senior Housing Options	
	2p-3p LS190 - Intro to Public Speaking	2:30p-3:30p FI015 - Pilates	2p-3:30p PR002 - Bible Discussion	
	2:30p-3:30p FI009 - Gentle Yoga	2:30p-3:30p HS469 - History of Castlewood	2:30p-3:30p FI007 - Gentle Yoga	
	2:30p-3:30p HW409 - Dry Needling			



Monday	Tuesday	Wednesday	Thursday	Friday
4/29/2024	4/30/2024	5/1/2024	5/2/2024	5/3/2024
9a-10a Fl001 - Low Impact	9a-9:45a AD045 - Beginner Tap Dancing	9a-11a AD080 - Woodcarving	Summer	8:30a-9:30a FI003 - Low Impact
10a-10:45a FI004 - Sit and Be Fit	9a-10:30a EL048 - Memoir Writing	9a-10:30a HS002 - Cultural Anthropology	Catalog	9a-12p WG010 - Bridge
10a-10:45a Fl030 - Strengthen and Stretch (Online)	9a-10:30a EL113 - Film 101	9a-10:30a HS612 - The Living New Deal	Available	9:30a-11a HS642 - Rachel Carson's America B
10a-12p LS095 - The Subconscious Mind	9:30a-10:30a AD248 - Readers Theater	9:30a-11a HW264 - Meditation	8:30a-9:30a Fl020 - Zumba Gold (Online)	9:45a-10:45a FI029 - Chair Yoga
10a-12p HS467 - Hungarian Gold Train	9:30a-10:45a LE279 - Introduction to Disc Golf	9:45a-10:45a FI017 - Wednesday Fun Fitness	9a-10a AD036 - Intro to Line Dancing	10a-12p WG007 - Hand and Foot and Triple Play
10:30a-12p LE156 - Genealogy for All	10a-11a AD021 - Intermediate Tap Dancing	10a-12p AD262 - Fun With Paper Clay	9:30a-11:30a HW433 - Meditation Chakras Workshop	10:30a-12:30p AD167 - Open Oil Painting
11a-12p Fl028 - Gentle Yoga	11a-12:30p LA022 - Arabic Script (Online)	11a-11:45a FI018 - Sit and Be Fit	9:30a-11:30a WG009 - Mah Jongg	11a-11:45a HW352 - Beginning Tai Chi Review
12:30p-1:15p HW342 - Beginning Tai Chi A	11a-12:30p LS185 - Awaken and Embody Greatness	11a-12p Fl031 - Chair Yoga (Online)	10a-11a EF147 - Outsmart the Scammers	12p-1p AD197 - Ballroom Dance Practice
12:30p-2p LS166 - Farm to Table	11a-1p WG013 - Spades	11a-12p HW302 - Spring Holidays and Grief	10:15a-11:15a AD075 - Line Dance Practice	1p-2:30p CO092 - Intermediate iPhone and iPad
1p-3p WG004 - Cards and Games	11:30a-12:30p AD058 - Country Line Dancing	11:30a-1p AD129 - History of Music in Germany	10:30a-12p SE171 - Literary Society Celebration	1p-3p WG002 - Social Bingo
1:30p-2:15p HW355 - Beginning Tai Chi B	1p-2p FI006 - Chair Yoga	11:30a-12:30p HW431 - Music as Medicine	11:30a-12:15p Fl005 - Sit and Be Fit	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
2p-3:30p CO206 - Password Management B	1p-3p WG001 - Social Bingo	11:30a-12:45p LA003 - Beginning Sign Language	12p-1:30p AD141 - Lifelong Musicians	1:30p-3p HW422 - Probiotics B
2p-3:30p LA015 - Conversational German	1p-2:30p HS541 - History of Ventriloquism	12p-12:45p HW386 - Intermediate Tai Chi 24 Form	12p-1:30p AD240 - Lifelong Musicians Vocalists	
2:30p-3:30p AD105 - Funtastics Choral Group	1:30p-2:30p HS611 - WWII Civilian Prisoners (Online)	1p-2p AD210 - Intro to Brazilian Percussion	1p-2p FI010 - Chair Yoga	
2:30p-3:30p HW426 - Basic Qigong	2p-3:45p LE241 - Pine Needle Baskets	1p-3p WG006 - Cards and Games	1:30p-3p AD015 - Advanced Readers Theater	
	2p-3p LS190 - Intro to Public Speaking	1:30p-3p HS003 - Current Events	1:30p-2:30p FI034 - Cardio and Strengtl Online (Online)	h
	2:30p-3:30p FI009 - Gentle Yoga	1:30p-3:30p LE032 - Needleworkers United	1:30p-2:30p SE145 - Springtime Performance	
		2p-3:30p EL116 - Should These Books Be Banned	2p-3:30p CO205 - Tips in Google Apps E	3
		2p-3:30p LE252 - Genealogy Discussions	2p-3p HS599 - Aerial America	
		2:30p-3:30p FI015 - Pilates	2p-3:30p PR002 - Bible Discussion	
			2:30p-3:30p FI007 - Gentle Yoga	