




| Monday  | Tuesday                                       | Wednesday  | Thursday  | Friday  |
|---|---|--|---|---|
| 5/12/2025   | 5/13/2025                                     | 5/14/2025  | 5/15/2025   | 5/16/2025   |
| 9a-10a FI001 - Low Impact                           | 9a-9:45a AD045 - Beginner Tap Dancing         | 8:30a-9:30a AD292 - Moving to Music                | 8:30a-9:30a FI020 - Zumba Gold (Online)             | 8:30a-9:30a FI003 - Low Impact                          |
| 9:30a-10:30a HS715 - Music and Culture of the 1930s | 9:30a-10:30a AD248 - Readers Theater          | 9a-11a AD080 - Woodcarving                         | 9a-10a AD036 - Intro to Line Dancing                | 9a-12p WG010 - Bridge                                   |
| 10a-10:45a FI004 - Sit and Be Fit                   | 9:30a-10:30a EL131 - Intro to Writing Fiction | 9a-10:30a HS002 - Cultural Anthropology            | 9a-11a LS084 - Becoming an Optimist                 | 9:45a-10:45a FI029 - Chair Yoga                         |
| 10a-10:45a FI030 - Strength and Stretch (Online)    | 10a-11a AD021 - Intermediate Tap Dancing      | 9:45a-10:45a FI017 - Fun Fitness                   | 9:30a-11:30a WG009 - Mah Jongg                      | 10a-12p WG007 - Hand and Foot and Triple Play           |
| 11a-12p FI028 - Gentle Yoga                         | 11a-12p HS716 - D-Day June 6                  | 10a-11a FI015 - Pilates (Online)                   | 10a-11a HW435 - Strength Training Benefits (Online) | 10a-11:15a IA998 - Orientation for New Members (Online) |
| 11a-12:30p IA999 - Orientation for New Members      | 11a-12:30p HW406 - Low Back Pain              | 10a-12p EF136 - Long Term Care Insurance           | 10:15a-11:15a AD075 - Line Dance Practice           | 10:30a-12:30p AD278 - Open Artists' Studio              |
| 12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A    | 11a-12p LS145 - Mobility Transportation       | 10a-11:30a LE348 - Logic and Reasoning Puzzles A   | 10:30a-12p LE340 - Worm Composting 101              | 11a-12p HW352 - Beginning Tai Chi Review                |
| 1p-3p AD234 - Colorist Open Studio                  | 11a-1p WG013 - Spades                         | 11a-12:30p CO199 - Nearpeer Tutorial and Tips A    | 11a-12p IA997 - Q&A for Current Members             | 12:15p-1:15p AD197 - Ballroom Dance Practice            |
| 1p-3p WG004 - Cards and Games                       | 11:30a-12:30p AD058 - Country Line Dancing    | 11a-11:45a FI018 - Sit and Be Fit                  | 11:30a-12:15p FI005 - Sit and Be Fit                | 1p-3p EL015 - Aspiring Writers' Critique                |
| 1p-2p EL101 - Literary Society Orientation (Online) | 12p-12:30p IA100 - Birthday Celebration       | 11:30a-12:30p FI031 - Chair Yoga (Online)          | 11:30a-1:30p LE295 - Crafting PhD                   | 1p-3p WG002 - Social Bingo                              |
| 1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B     | 1p-2p FI006 - Chair Yoga                      | 12p-1p HW386 - Intermediate Tai Chi 24 Form        | 12p-1:30p AD141 - Lifelong Musicians                | 1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form        |
| 2p-3:30p IA077 - Workshop for Instructors           | 1p-3p WG001 - Social Bingo                    | 1p-3p WG006 - Cards and Games                      | 12p-1:30p LS198 - Discussing Polarized Issues       |   |
| 2p-3:30p LA015 - Conversational German              | 1p-2p EL100 - Literary Society Orientation    | 1p-2:30p IA078 - Workshop for Instructors (Online) | 1p-2p FI010 - Chair Yoga                            |   |
| 2:30p-3:30p HW426 - Basic Taiji Qigong              | 1:30p-3:30p WG014 - Mah Jongg                 | 1:15p-2:15p AD210 - Intro to Brazilian Percussion  | 1p-2:30p LS216 - Finding Meaning in Life (Online)   |   |
|   | 2p-3p LS217 - Critical Thinking A             | 1:30p-3p HS003 - Current Events                    | 1p-2p SE198 - Hansel and Gretel Performance         |   |
|   | 2:30p-3:30p FI009 - Gentle Yoga               | 1:30p-3:30p LE032 - Needleworkers United           | 1:30p-3:30p CO244 - Google Photos Importing A       |   |
|   |   | 1:30p-3:30p LE333 - Creative Plant Stakes          | 2p-3:30p PR002 - Bible Discussion                   |   |
|   |   | 2p-3:30p LE252 - Genealogy Discussions             | 2:30p-3:30p FI007 - Gentle Yoga                     |   |
|   |   | 2:30p-3:30p AD182 - Explore Ventriloquism          |   |   |
|   |   | 2:30p-3:30p HW481 - Beginning Tai Chi 37 Form      |   |   |



| Monday   | Tuesday                                       | Wednesday  | Thursday  | Friday   |
|--|---|--|---|--|
| 5/19/2025  | 5/20/2025                                     | 5/21/2025  | 5/22/2025   | 5/23/2025  |
| 9a-10a FI001 - Low Impact                            | 9a-9:45a AD045 - Beginner Tap Dancing         | 8:30a-9:30a AD292 - Moving to Music                | 8:30a-9:30a FI020 - Zumba Gold (Online)                   | 8:30a-9:30a FI003 - Low Impact                   |
| 9a-10:30a HS695 - Secrets of the Occult              | 9:30a-10:30a AD248 - Readers Theater          | 9a-11a AD080 - Woodcarving                         | 9a-10a AD036 - Intro to Line Dancing                      | 9a-12p WG010 - Bridge                            |
| 9:30a-10:30a HS715 - Music and Culture of the 1930s  | 9:30a-10:30a EL131 - Intro to Writing Fiction | 9:30a-11a AD299 - Architecture and Design          | 9a-10:30a LS169 - Chesterfield Council on Aging           | 9:30a-11a HS694 - Great Cities of Europe         |
| 10a-10:45a FI004 - Sit and Be Fit                    | 9:30a-10:30a HS649 - The Orient Express       | 9:45a-10:45a FI017 - Fun Fitness                   | 9:30a-11a PR099 - Science and Theology                    | 9:45a-10:45a FI029 - Chair Yoga                  |
| 10a-10:45a FI030 - Strength and Stretch (Online)     | 10a-11a AD021 - Intermediate Tap Dancing      | 10a-11a FI015 - Pilates (Online)                   | 9:30a-11:30a WG009 - Mah Jongg                            | 10a-12p WG007 - Hand and Foot and Triple Play    |
| 10a-12p LE338 - Pressed Flower Jewelry A             | 10:30a-12p EF178 - Preparing a Home for Sale  | 11a-12p EL043 - Enjoy Poetry                       | 10:15a-11:15a AD075 - Line Dance Practice                 | 10:30a-12:30p AD278 - Open Artists' Studio       |
| 10a-11:30a LE349 - Logic and Reasoning Puzzles B     | 10:30a-12p HW466 - The Healthy Brain Series   | 11a-11:45a FI018 - Sit and Be Fit                  | 10:30a-12:30p AD192 - Super Senior Storytelling Slam      | 11a-12p HW352 - Beginning Tai Chi Review         |
| 11a-12p FI028 - Gentle Yoga                          | 11a-12:30p EL130 - The Wisdom of Chelm        | 11:30a-12:30p FI031 - Chair Yoga (Online)          | 10:30a-12p HW392 - Suicide Prevention                     | 12:15p-1:15p AD298 - Ballroom Dance Workshop     |
| 11a-12p HS721 - The Confederacy in History           | 11a-12p HS716 - D-Day June 6                  | 11:30a-1p LS147 - Crafts for Community             | 11:30a-12:15p FI005 - Sit and Be Fit                      | 1p-3p WG002 - Social Bingo                       |
| 11a-12p LE328 - Mapping Bicycle Routes               | 11a-1p WG013 - Spades                         | 12p-1p HW386 - Intermediate Tai Chi 24 Form        | 12p-1:30p AD141 - Lifelong Musicians                      | 1:30p-3:30p CO240 - Apple App Store              |
| 12:30p-1:30p Fundraising Committee Meeting           | 11:30a-12:30p AD058 - Country Line Dancing    | 1p-3p WG006 - Cards and Games                      | 12p-1:30p IA005 - May Luncheon                            | 1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form |
| 12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A     | 1p-2p FI006 - Chair Yoga                      | 1p-2p HW487 - Great Healthcare Disruption (Online) | 12p-1:30p LS198 - Discussing Polarized Issues             |  |
| 12:30p-3:30p LE143 - Beaded Lanyard                  | 1p-3p WG001 - Social Bingo                    | 1:15p-2:15p AD210 - Intro to Brazilian Percussion  | 1p-2p FI010 - Chair Yoga                                  |  |
| 1p-3p AD234 - Colorist Open Studio                   | 1p-2:30p HS686 - A Capsule Wardrobe           | 1:30p-3:30p LE032 - Needleworkers United           | 1p-2p HW486 - Hearing Loss Apps                           |  |
| 1p-3p WG004 - Cards and Games                        | 1:30p-3:30p WG014 - Mah Jongg                 | 2p-3:30p HS726 - Franklin Delano Roosevelt         | 1:30p-2:30p FI034 - Cardio and Strength Training (Online) |  |
| 1p-2p PR109 - Origins of the Universe                | 2p-3:30p HS089 - Great Decisions              | 2p-3:30p LE252 - Genealogy Discussions             | 2p-3:30p CO230 - What is Modern Science?                  |  |
| 1:30p-2:30p HS611 - WWII Civilian Prisoners (Online) | 2p-3p LS217 - Critical Thinking A             | 2:30p-3:30p AD182 - Explore Ventriloquism          | 2p-3:30p PR002 - Bible Discussion                         |  |
| 1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B      | 2:30p-3:30p FI009 - Gentle Yoga               | 2:30p-3:30p HW481 - Beginning Tai Chi 37 Form      | 2:30p-3:30p AD293 - Sing Along for Fun                    |  |
| 2p-3:30p CO175 - Google Photos                       |   |  | 2:30p-3:30p FI007 - Gentle Yoga                           |  |
| 2p-3:30p LA015 - Conversational German               |   |  | 2:30p-3:30p LS195 - A Guide to Grief Support              |  |
| 2:30p-3:30p HW426 - Basic Taiji Qigong               |   |  |   |  |
|  |   |  |   |  |


| Monday   | Tuesday                                       | Wednesday   | Thursday  | Friday   |
|--|---|---|---|--|
| 5/26/2025  | 5/27/2025                                     | 5/28/2025   | 5/29/2025   | 5/30/2025  |
| <b>LLI Closed</b>  | 9a-9:45a AD045 - Beginner Tap Dancing         | 8:30a-9:30a AD292 - Moving to Music               | 8:30a-9:30a FI020 - Zumba Gold (Online)                   | 8:30a-9:30a FI003 - Low Impact                   |
| <br><b>MEMORIAL DAY</b> | 9:30a-10:30a AD248 - Readers Theater          | 9a-11a AD080 - Woodcarving                        | 9a-10a AD036 - Intro to Line Dancing                      | 9a-12p WG010 - Bridge                            |
|  | 9:30a-11:30a CO218 - Microbiome A             | 9:30a-11a AD299 - Architecture and Design         | 9a-11a LS085 - Grandparenting Mistakes                    | 9:30a-11a HS694 - Great Cities of Europe         |
|  | 9:30a-10:30a EL131 - Intro to Writing Fiction | 9:45a-10:45a FI017 - Fun Fitness                  | 9:30a-11a PR099 - Science and Theology                    | 9:45a-10:45a FI029 - Chair Yoga                  |
|  | 10a-11a AD021 - Intermediate Tap Dancing      | 10a-11a FI015 - Pilates (Online)                  | 9:30a-11:30a WG009 - Mah Jongg                            | 10a-12p WG007 - Hand and Foot and Triple Play    |
|  | 10:30a-12p HW466 - The Healthy Brain Series   | 11a-12p EL043 - Enjoy Poetry                      | 10:15a-11:15a AD075 - Line Dance Practice                 | 10a-11:30a HW473 - Foot and Ankle Pain           |
|  | 11a-12:30p EL130 - The Wisdom of Chelm        | 11a-11:45a FI018 - Sit and Be Fit                 | 11a-12p HS712 - The Golden Age of Television              | 10:30a-12:30p AD278 - Open Artists' Studio       |
|  | 11a-12p HS716 - D-Day June 6                  | 11:30a-12:30p FI031 - Chair Yoga (Online)         | 11:30a-12:15p FI005 - Sit and Be Fit                      | 11a-12p HW352 - Beginning Tai Chi Review         |
|  | 11a-1p WG013 - Spades                         | 12p-1p HW386 - Intermediate Tai Chi 24 Form       | 11:30a-1:30p LE295 - Crafting PhD                         | 11a-12p LS205 - Volunteer Ventures               |
|  | 11:30a-12:30p AD058 - Country Line Dancing    | 1p-3p WG006 - Cards and Games                     | 12p-1:30p AD141 - Lifelong Musicians                      | 12:15p-1:15p AD197 - Ballroom Dance Practice     |
|  | 1p-2p FI006 - Chair Yoga                      | 1:15p-2:15p AD210 - Intro to Brazilian Percussion | 12p-1:30p LS198 - Discussing Polarized Issues             | 1p-3p EL015 - Aspiring Writers' Critique         |
|  | 1p-3p WG001 - Social Bingo                    | 1:30p-3p HS003 - Current Events                   | 1p-2p FI010 - Chair Yoga                                  | 1p-3p WG002 - Social Bingo                       |
|  | 1:30p-3p PR104 - God's Grace                  | 1:30p-3:30p LE032 - Needleworkers United          | 1p-2:30p LS216 - Finding Meaning in Life (Online)         | 1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form |
|  | 1:30p-3:30p WG014 - Mah Jongg                 | 2p-3:30p LE252 - Genealogy Discussions            | 1p-2p LE313 - All About Oahu                              | 1:30p-3:30p LE265 - Modern Floral Designs        |
|  | 2p-3p SE061 - Bifocals Performance            | 2:30p-3:30p AD182 - Explore Ventriloquism         | 1:30p-2:30p FI034 - Cardio and Strength Training (Online) |  |
|  | 2:30p-3:30p FI009 - Gentle Yoga               | 2:30p-3:30p HW481 - Beginning Tai Chi 37 Form     | 2p-3:30p CO230 - What is Modern Science?                  |  |
|  | 3:30p-4:30p LLI Board of Directors Meeting    |   | 2p-3:30p PR002 - Bible Discussion                         |  |
|  |   |   | 2:30p-3:30p FI007 - Gentle Yoga                           |  |
|  |   |   |   |  |
|  |   |   |   |  |
|  |   |   |   |  |
|  |   |   |   |  |



| Monday  | Tuesday                                       | Wednesday  | Thursday  | Friday   |
|---|---|--|---|--|
| 6/2/2025  | 6/3/2025                                      | 6/4/2025   | 6/5/2025  | 6/6/2025   |
| 9a-10a FI001 - Low Impact                           | 9a-9:45a AD045 - Beginner Tap Dancing         | 8:30a-9:30a AD292 - Moving to Music                    | 8:30a-9:30a FI020 - Zumba Gold (Online)                   | 8:30a-9:30a FI003 - Low Impact                   |
| 9a-10:30a HS695 - Secrets of the Occult             | 9a-10:30a EL048 - Memoir Writing              | 9a-11a AD080 - Woodcarving                             | 9a-10a AD036 - Intro to Line Dancing                      | 9a-12p WG010 - Bridge                            |
| 9a-10:30a LS211 - Senior Care 101                   | 9:30a-10:30a AD248 - Readers Theater          | 9a-10:30a HS002 - Cultural Anthropology                | 9a-11a LS090 - The Difficult Conversation                 | 9:30a-11a HS694 - Great Cities of Europe         |
| 9:30a-10:30a HS715 - Music and Culture of the 1930s | 9:30a-11:30a CO218 - Microbiome A             | 9:30a-11a AD299 - Architecture and Design              | 9:30a-11a PR099 - Science and Theology                    | 9:45a-10:45a FI029 - Chair Yoga                  |
| 10a-10:45a FI004 - Sit and Be Fit                   | 9:30a-10:30a EL131 - Intro to Writing Fiction | 9:45a-10:45a FI017 - Fun Fitness                       | 9:30a-11:30a WG009 - Mah Jongg                            | 10a-12p WG007 - Hand and Foot and Triple Play    |
| 10a-10:45a FI030 - Strength and Stretch (Online)    | 10a-11a AD021 - Intermediate Tap Dancing      | 10a-11a FI015 - Pilates (Online)                       | 10a-11a HS582 - The Battle of Okinawa 1945 (Online)       | 10a-11:30a SE211 - Luck Stone Quarry Tour        |
| 11a-12:30p DE015 - Aging and Ageism                 | 10:30a-12p EF115 - Estate Planning (Online)   | 11a-12p EL043 - Enjoy Poetry                           | 10a-11:30a LE337 - Alaska, Then and Now                   | 10:30a-12:30p AD278 - Open Artists' Studio       |
| 11a-12p EL129 - 1930s Cinema Redux                  | 10:30a-12p HW466 - The Healthy Brain Series   | 11a-11:45a FI018 - Sit and Be Fit                      | 10:15a-11:15a AD075 - Line Dance Practice                 | 10:30a-12p HW482 - Radiology Ready               |
| 11a-12p FI028 - Gentle Yoga                         | 11a-12:30p EL130 - The Wisdom of Chelm        | 11a-12p LS219 - Capital Trail 101                      | 11a-12p HS712 - The Golden Age of Television              | 11a-12p HW352 - Beginning Tai Chi Review         |
| 11a-12p HS698 - Afro-American Inventors             | 11a-12p HS716 - D-Day June 6                  | 11:30a-12:30p FI031 - Chair Yoga (Online)              | 11:30a-12:15p FI005 - Sit and Be Fit                      | 12:15p-1:15p AD197 - Ballroom Dance Practice     |
| 12p-1:30p LS221 - Home Accommodation                | 11a-1p WG013 - Spades                         | 12p-1p HW386 - Intermediate Tai Chi 24 Form            | 11:30a-1:30p LE295 - Crafting PhD                         | 1p-3p WG002 - Social Bingo                       |
| 12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A    | 11:30a-12:30p AD058 - Country Line Dancing    | 1p-2:30p AD302 - American History through Art (Online) | 12p-1:30p AD141 - Lifelong Musicians                      | 1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form |
| 1p-3p AD234 - Colorist Open Studio                  | 1p-2p FI006 - Chair Yoga                      | 1p-3p WG006 - Cards and Games                          | 12p-1:30p LS198 - Discussing Polarized Issues             | 1:30p-3:30p LE265 - Modern Floral Designs        |
| 1p-3p WG004 - Cards and Games                       | 1p-3p WG001 - Social Bingo                    | 1p-2p EL095 - Legacy Writing Workshop                  | 1p-2p FI010 - Chair Yoga                                  |  |
| 1:30p-3:30p HS617 - No Time to Grieve               | 1p-3p LE206 - Soft Cover Journal              | 1:15p-2:15p AD210 - Intro to Brazilian Percussion      | 1:30p-2:30p FI034 - Cardio and Strength Training (Online) |  |
| 1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B     | 1:30p-3:30p WG014 - Mah Jongg                 | 1:30p-3:30p LE032 - Needleworkers United               | 2p-3:30p AD301 - Acting is Fun                            |  |
| 2p-3:30p CO175 - Google Photos                      | 2:30p-3:30p FI009 - Gentle Yoga               | 2p-3:30p LE252 - Genealogy Discussions                 | 2p-3:30p PR002 - Bible Discussion                         |  |
| 2p-3:30p LA015 - Conversational German              |   | 2:30p-3:30p AD182 - Explore Ventriloquism              | 2:30p-3:30p FI007 - Gentle Yoga                           |  |
| 2p-3:30p PR100 - The Chosen                         |   | 2:30p-3:30p HW481 - Beginning Tai Chi 37 Form          |   |  |
| 2:30p-3:30p HW426 - Basic Taiji Qigong              |   |  |   |  |
|   |   |  |   |  |



| Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|---|---|--|---|--|
| 6/9/2025  | 6/10/2025                                       | 6/11/2025  | 6/12/2025   | 6/13/2025  |
| 9a-10a FI001 - Low Impact                           | 9a-9:45a AD045 - Beginner Tap Dancing           | 8:30a-9:30a AD292 - Moving to Music                    | 8:30a-9:30a FI020 - Zumba Gold (Online)                   | 8:30a-9:30a FI003 - Low Impact                   |
| 9a-10:30a HS695 - Secrets of the Occult             | 9a-10:30a EL048 - Memoir Writing                | 9a-11a AD080 - Woodcarving                             | 9a-10a AD036 - Intro to Line Dancing                      | 8:30a-6:30p SE207 - Monticello and a Museum Tour |
| 9:30a-10:30a HS715 - Music and Culture of the 1930s | 9:30a-10:30a AD248 - Readers Theater            | 9:30a-11a AD299 - Architecture and Design              | 9a-11a LS090 - The Difficult Conversation                 | 9a-12p WG010 - Bridge                            |
| 10a-10:45a FI004 - Sit and Be Fit                   | 9:30a-10:30a EL131 - Intro to Writing Fiction   | 9:30a-11:30a CO232 - Forever Chemicals and Health A    | 9:30a-11a PR099 - Science and Theology                    | 9:30a-11a HS694 - Great Cities of Europe         |
| 10a-10:45a FI030 - Strength and Stretch (Online)    | 9:30a-10:30a HW488 - Medication Safety          | 9:30a-10:30a HW472 - Understanding BPP Vertigo         | 9:30a-11:30a WG009 - Mah Jongg                            | 9:45a-10:45a FI029 - Chair Yoga                  |
| 10:30a-12p HW492 - InterAge Seminar                 | 10a-11a AD021 - Intermediate Tap Dancing        | 9:45a-10:45a FI017 - Fun Fitness                       | 10a-11:30a LE337 - Alaska, Then and Now                   | 10a-12p WG007 - Hand and Foot and Triple Play    |
| 11a-12:30p DE015 - Aging and Ageism                 | 10:30a-11:30a LE197 - Brain Aerobics            | 10a-11a FI015 - Pilates (Online)                       | 10:15a-11:15a AD075 - Line Dance Practice                 | 10:30a-12:30p AD278 - Open Artists' Studio       |
| 11a-12p EL129 - 1930s Cinema Redux                  | 11a-12:30p EL130 - The Wisdom of Chelm          | 11a-12p EL043 - Enjoy Poetry                           | 11a-12p HS712 - The Golden Age of Television              | 10:30a-12p HW482 - Radiology Ready               |
| 11a-12p FI028 - Gentle Yoga                         | 11a-12p HS716 - D-Day June 6                    | 11a-11:45a FI018 - Sit and Be Fit                      | 11:30a-12:15p FI005 - Sit and Be Fit                      | 11a-12p EL133 - Nancy Drew                       |
| 11a-12p HS698 - Afro-American Inventors             | 11a-1p WG013 - Spades                           | 11a-12p LS069 - SeniorNavigator                        | 11:30a-1:30p LE295 - Crafting PhD                         | 11a-12p HW352 - Beginning Tai Chi Review         |
| 12p-1:30p LS221 - Home Accommodation                | 11:30a-12:30p AD058 - Country Line Dancing      | 11:30a-12:30p FI031 - Chair Yoga (Online)              | 12p-1:30p AD141 - Lifelong Musicians                      | 12:15p-1:15p AD197 - Ballroom Dance Practice     |
| 12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A    | 12p-12:30p IA100 - Birthday Celebration         | 12p-1p HW386 - Intermediate Tai Chi 24 Form            | 12p-1:30p LS198 - Discussing Polarized Issues             | 1p-3p EL015 - Aspiring Writers' Critique         |
| 1p-3p AD234 - Colorist Open Studio                  | 12:30p-2p HS696 - United States Intelligence    | 12:30p-1:30p Diversity Committee Meeting               | 12:30p-1:30p EF147 - Outsmart the Scammers                | 1p-3p WG002 - Social Bingo                       |
| 1p-3p WG004 - Cards and Games                       | 1p-2p FI006 - Chair Yoga                        | 1p-2:30p AD302 - American History through Art (Online) | 1p-2p FI010 - Chair Yoga                                  | 1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form |
| 1:30p-3:30p HS722 - North Atlantic Traditions       | 1p-3p WG001 - Social Bingo                      | 1p-3p WG006 - Cards and Games                          | 1p-2:30p LS216 - Finding Meaning in Life (Online)         | 1:30p-3:30p LE265 - Modern Floral Designs        |
| 1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B     | 1p-3p LS222 - Calling 911                       | 1:15p-2:15p AD210 - Intro to Brazilian Percussion      | 1:30p-2:30p FI034 - Cardio and Strength Training (Online) |  |
| 2p-3:30p CO175 - Google Photos                      | 1p-2:30p PR110 - The History of Two Josephs     | 1:30p-3p HS003 - Current Events                        | 2p-3:30p AD301 - Acting is Fun                            |  |
| 2p-3:30p LA015 - Conversational German              | 1:30p-2:30p HS717 - The POW Experience (Online) | 1:30p-3:30p LE032 - Needleworkers United               | 2p-3:30p CO236 - Facebook Tips and Tricks A               |  |
| 2p-3:30p PR100 - The Chosen                         | 1:30p-3:30p WG014 - Mah Jongg                   | 2p-3:30p EL104 - Mystery Novels                        | 2p-3:30p PR002 - Bible Discussion                         |  |
| 2:30p-3:30p HW426 - Basic Taiji                     | 2p-3p LS218 - Critical Thinking B               | 2p-3:30p LE252 - Genealogy Discussions                 | 2:30p-3:30p FI007 - Gentle Yoga                           |  |
|   | 2:30p-3:30p FI009 - Gentle Yoga                 | 2:30p-3:30p AD182 - Explore                            |   |  |
|   |   | 2:30p-3:30p HW481 - Beginning Tai Chi                  |   |  |

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday     |
|---|---|--|---|------------|
| 6/16/2025   | 6/17/2025   | 6/18/2025  | 6/19/2025   | 6/20/2025  |
| 9a-10a FI001 - Low Impact                           | 9a-9:45a AD045 - Beginner Tap Dancing             | 8:30a-9:30a AD292 - Moving to Music                    |  | LLI Closed |
| 9a-10:30a HS695 - Secrets of the Occult             | 9a-10:30a EL048 - Memoir Writing                  | 9a-11a AD080 - Woodcarving                             |   |            |
| 9:30a-10:30a HS715 - Music and Culture of the 1930s | 9:30a-10:30a EL131 - Intro to Writing Fiction     | 9a-10:30a LE329 - Amazing Pollinators                  |   |            |
| 10a-10:45a FI004 - Sit and Be Fit                   | 9:30a-10:30a HW467 - Low Back Pain Solutions      | 9:30a-11:30a CO232 - Forever Chemicals and Health A    |   |            |
| 10a-10:45a FI030 - Strength and Stretch (Online)    | 10a-11a AD021 - Intermediate Tap Dancing          | 9:45a-10:45a FI017 - Fun Fitness                       |   |            |
| 11a-12:30p DE015 - Aging and Ageism                 | 10:30a-11:30a LE197 - Brain Aerobics              | 10a-11a FI015 - Pilates (Online)                       |   |            |
| 11a-12:30p EF150 - Virginia Long Term Care          | 11a-12:30p EL130 - The Wisdom of Chelm            | 11a-12:30p AD252 - Ukulele Instruction and Jam         |   |            |
| 11a-12p EL129 - 1930s Cinema Redux                  | 11a-12p HS716 - D-Day June 6                      | 11a-12p AD303 - Feathers from Above                    |   |            |
| 11a-12p FI028 - Gentle Yoga                         | 11a-1p WG013 - Spades                             | 11a-11:45a FI018 - Sit and Be Fit                      |   |            |
| 11a-12p HS698 - Afro-American Inventors             | 11:30a-12:30p AD058 - Country Line Dancing        | 11a-12:30p HW407 - Knee Conditions                     |   |            |
| 12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A    | 12:30p-1:30p DE001 - DEI Philosophy and Practices | 11:30a-12:30p FI031 - Chair Yoga (Online)              |   |            |
| 1p-3p AD234 - Colorist Open Studio                  | 1p-2p FI006 - Chair Yoga                          | 11:30a-1p LS147 - Crafts for Community                 |   |            |
| 1p-3p WG004 - Cards and Games                       | 1p-3p WG001 - Social Bingo                        | 12p-1p HW386 - Intermediate Tai Chi 24 Form            |   |            |
| 1p-2p HW483 - Advanced Gynecological Care           | 1p-2p SE160 - A Cavalcade of Song                 | 12:30p-1:30p SE208 - Save the Princess Performance     |   |            |
| 1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B     | 1:30p-3:30p WG014 - Mah Jongg                     | 1p-2:30p AD302 - American History through Art (Online) |   |            |
| 2p-3:30p CO209 - Artificial                         | 2p-3:30p HS089 - Great Decisions                  | 1p-3p WG006 - Cards and Games                          |   |            |
| 2p-3:30p LA015 - Conversational German              | 2p-3:30p LS213 - Setting Goals                    | 1:15p-2:15p AD210 - Intro to Brazilian Percussion      |   |            |
| 2p-3:30p PR100 - The Chosen                         | 2p-3p LS218 - Critical Thinking B                 | 1:30p-3:30p CO241 - Apple Photos                       |   |            |
| 2:30p-3:30p HW426 - Basic Taiji                     | 2:30p-3:30p FI009 - Gentle Yoga                   | 1:30p-3:30p LE032 - Needleworkers                      |   |            |
|   |   | 1:30p-3:30p LE334 - Exploring Alcohol Inks             |   |            |
|   |   | 2p-3:30p EL120 - Banned Books and a                    |   |            |
|   |   | 2p-3:30p LE252 - Genealogy Discussions                 |   |            |
|   |   | 2:30p-3:30p AD182 - Explore                            |   |            |
|   |   | 2:30p-3:30p HW481 - Beginning Tai Chi                  |   |            |



| Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|---|---|--|---|--|
| 6/23/2025   | 6/24/2025   | 6/25/2025  | 6/26/2025   | 6/27/2025  |
| 9a-10a FI001 - Low Impact                           | 9a-9:45a AD045 - Beginner Tap Dancing                   | 8:30a-9:30a AD292 - Moving to Music                    | 8:30a-9:30a FI020 - Zumba Gold (Online)                   | 8:30a-9:30a FI003 - Low Impact                   |
| 9a-10:30a HS695 - Secrets of the Occult             | 9a-10:30a EL048 - Memoir Writing                        | 9a-11a AD080 - Woodcarving                             | 9a-10a AD036 - Intro to Line Dancing                      | 9a-12p WG010 - Bridge                            |
| 9:30a-10:30a HS715 - Music and Culture of the 1930s | 9:30a-10:30a AD248 - Readers Theater                    | 9:30a-11:30a CO219 - Microbiome B                      | 9a-10:30a LS169 - Chesterfield Council on Aging           | 9:45a-10:45a FI029 - Chair Yoga                  |
| 9:30a-11:30a LS091 - The Art of Friendship          | 9:30a-10:30a EL131 - Intro to Writing Fiction           | 9:30a-10:30a HW282 - Summer Safety Tips                | 9:30a-11:30a WG009 - Mah Jongg                            | 10a-12p WG007 - Hand and Foot and Triple Play    |
| 10a-10:45a FI004 - Sit and Be Fit                   | 10a-11a AD021 - Intermediate Tap Dancing                | 9:45a-10:45a FI017 - Fun Fitness                       | 10a-12p HW491 - Stress First Aid                          | 10:30a-12:30p AD278 - Open Artists' Studio       |
| 10a-10:45a FI030 - Strength and Stretch (Online)    | 10a-12p HS683 - Inevitability of the Holocaust (Online) | 10a-11a FI015 - Pilates (Online)                       | 10:15a-11:15a AD075 - Line Dance Practice                 | 10:30a-12p HW482 - Radiology Ready               |
| 11a-12p EL129 - 1930s Cinema Redux                  | 10:30a-12p CO238 - Basic Electricity                    | 10a-12p LE341 - Organic Fertilization                  | 10:30a-12:30p AD192 - Super Senior Storytelling Slam      | 10:30a-12p HW493 - InterAge Seminar              |
| 11a-12p FI028 - Gentle Yoga                         | 10:30a-11:30a LE197 - Brain Aerobics                    | 11a-12:30p AD252 - Ukulele Instruction and Jam         | 11:30a-12:15p FI005 - Sit and Be Fit                      | 11a-12p HW352 - Beginning Tai Chi Review         |
| 11a-12p HW389 - Understanding Hearing               | 11a-12:30p EL130 - The Wisdom of Chelm                  | 11a-12p EL043 - Enjoy Poetry                           | 12p-1:30p AD141 - Lifelong Musicians                      | 11a-12:30p SE195 - VMHC Give Me Liberty Tour     |
| 12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A    | 11a-12p HS716 - D-Day June 6                            | 11a-11:45a FI018 - Sit and Be Fit                      | 12p-1:30p IA006 - June Luncheon                           | 12:15p-1:15p AD197 - Ballroom Dance Practice     |
| 1p-3p AD234 - Colorist Open Studio                  | 11a-1p WG013 - Spades                                   | 11:30a-12:30p FI031 - Chair Yoga (Online)              | 1p-2p FI010 - Chair Yoga                                  | 1p-3p EL015 - Aspiring Writers' Critique         |
| 1p-3p WG004 - Cards and Games                       | 11:30a-12:30p AD058 - Country Line Dancing              | 12p-1p HW386 - Intermediate Tai Chi 24 Form            | 1p-2:30p LS216 - Finding Meaning in Life (Online)         | 1p-3p WG002 - Social Bingo                       |
| 1p-3p HW394 - Be the Help Until Help Arrives        | 12:30p-1:30p DE001 - DEI Philosophy and Practices       | 12:30p-2p EL114 - Literary Society Book Swap           | 1:30p-2:30p FI034 - Cardio and Strength Training (Online) | 1:30p-3p HS690 - Midlothian Matters A            |
| 1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B     | 12:30p-1:30p EL090 - Obituary Writing Workshop          | 1p-2:30p AD302 - American History through Art (Online) | 2p-3:30p AD301 - Acting is Fun                            | 1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form |
| 2p-3:30p CO209 - Artificial Intelligence A          | 1p-2p FI006 - Chair Yoga                                | 1p-3p WG006 - Cards and Games                          | 2p-3:30p CO235 - Podcasts for All                         |  |
| 2p-3:30p PR100 - The Chosen                         | 1p-3p WG001 - Social Bingo                              | 1:15p-2:15p AD210 - Intro to Brazilian Percussion      | 2p-3:30p PR002 - Bible Discussion                         |  |
| 2:30p-3:30p HW426 - Basic Taiji Qigong              | 1p-2:30p HS724 - American Corrections                   | 1:30p-3:30p EL132 - Read Short Stories Together        | 2:30p-3:30p AD293 - Sing Along for Fun                    |  |
| 3:30p-4:30p LLI Board of Directors Meeting          | 1:30p-3:30p WG014 - Mah Jongg                           | 1:30p-3p HS003 - Current Events                        | 2:30p-3:30p FI007 - Gentle Yoga                           |  |
|   | 2p-3:30p HW436 - Senior Living Continuum                | 1:30p-3:30p LE032 - Needleworkers United               |   |  |
|   | 2:30p-3:30p FI009 - Gentle Yoga                         | 2p-3:30p LE252 - Genealogy Discussions                 |   |  |
|   |   | 2:30p-3:30p AD182 - Explore                            |   |  |
|   |   | 2:30p-3:30p HW481 - Beginning Tai Chi                  |   |  |





| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|---|---|---|---|----------|
| 6/30/2025   | 7/1/2025  | 7/2/2025  | 7/3/2025  | 7/4/2025 |
| 9a-10a FI001 - Low Impact                           | 9a-9:45a AD045 - Beginner Tap Dancing                   | 8:30a-9:30a AD292 - Moving to Music               | 8:30a-9:30a FI020 - Zumba Gold (Online)                   |          |
| 9a-10:30a HS695 - Secrets of the Occult             | 9a-10:30a EL048 - Memoir Writing                        | 9a-11a AD080 - Woodcarving                        | 9a-10a AD036 - Intro to Line Dancing                      |          |
| 9:30a-10:30a HS715 - Music and Culture of the 1930s | 9:30a-10:30a AD248 - Readers Theater                    | 9a-10:30a HS002 - Cultural Anthropology           | 9a-10a LE294 - Bridge Basics                              |          |
| 9:30a-11:30a LS091 - The Art of Friendship          | 9:30a-10:30a EL131 - Intro to Writing Fiction           | 9:30a-10:30a AD183 - Beginning Guitar             | 9:30a-11:30a WG009 - Mah Jongg                            |          |
| 10a-10:45a FI004 - Sit and Be Fit                   | 10a-11a AD021 - Intermediate Tap Dancing                | 9:30a-11:30a CO219 - Microbiome B                 | 10:15a-11:15a AD075 - Line Dance Practice                 |          |
| 10a-10:45a FI030 - Strength and Stretch (Online)    | 10a-12p HS683 - Inevitability of the Holocaust (Online) | 9:45a-10:45a FI017 - Fun Fitness                  | 11a-12p HS712 - The Golden Age of Television              |          |
| 11a-12p EL129 - 1930s Cinema Redux                  | 10:30a-12p CO238 - Basic Electricity                    | 10a-11a FI015 - Pilates (Online)                  | 11:30a-12:15p FI005 - Sit and Be Fit                      |          |
| 11a-12p FI028 - Gentle Yoga                         | 10:30a-11:30a LE197 - Brain Aerobics                    | 10:30a-12p EL134 - Limericks and Clerihews        | 11:30a-1:30p LE295 - Crafting PhD                         |          |
| 11a-12:30p HW408 - Shoulder Conditions              | 11a-12p HS716 - D-Day June 6                            | 11a-12:30p AD252 - Ukulele Instruction and Jam    | 12p-1:30p AD141 - Lifelong Musicians                      |          |
| 12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A    | 11a-1p WG013 - Spades                                   | 11a-12p EL043 - Enjoy Poetry                      | 1p-2p FI010 - Chair Yoga                                  |          |
| 1p-3p AD234 - Colorist Open Studio                  | 11:30a-12:30p AD058 - Country Line Dancing              | 11a-11:45a FI018 - Sit and Be Fit                 | 1:30p-2:30p FI034 - Cardio and Strength Training (Online) |          |
| 1p-3p WG004 - Cards and Games                       | 1p-2p FI006 - Chair Yoga                                | 11:30a-12:30p FI031 - Chair Yoga (Online)         | 2p-3:30p AD301 - Acting is Fun                            |          |
| 1p-3p EL108 - The Boy, Mole, Fox and Horse          | 1p-3p WG001 - Social Bingo                              | 12p-1p HW386 - Intermediate Tai Chi 24 Form       | 2p-3:30p PR002 - Bible Discussion                         |          |
| 1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B     | 1:30p-3p CO200 - Nearpeer Tutorial and Tips B           | 1p-3p WG006 - Cards and Games                     | 2:30p-3:30p FI007 - Gentle Yoga                           |          |
| 2p-3:30p CO209 - Artificial Intelligence A          | 1:30p-3:30p WG014 - Mah Jongg                           | 1:15p-2:15p AD210 - Intro to Brazilian Percussion |   |          |
| 2p-3:30p LA015 - Conversational German              | 2:30p-3:30p FI009 - Gentle Yoga                         | 1:30p-3:30p LE032 - Needleworkers United          |   |          |
| 2p-3:30p PR100 - The Chosen                         |   | 1:30p-3:30p LS178 - Chesterfield Fire             |   |          |
| 2:30p-3:30p HW426 - Basic Taiji Qigong              |   | 2p-3:30p LE252 - Genealogy Discussions            |   |          |
|   |   | 2:30p-3:30p AD182 - Explore Ventriloquism         |   |          |
|   |   | 2:30p-3:30p HW481 - Beginning Tai Chi 37 Form     |   |          |
|   |   | 2:30p-3:30p SE164 - Company's Coming Concert      |   |          |



| Monday   | Tuesday                                       | Wednesday   | Thursday  | Friday   |
|--|---|---|---|--|
| 7/7/2025   | 7/8/2025                                      | 7/9/2025  | 7/10/2025   | 7/11/2025  |
| LLI Closed   | 9a-9:45a AD045 - Beginner Tap Dancing         | 8:30a-9:30a AD292 - Moving to Music               | 8:30a-9:30a FI020 - Zumba Gold (Online)                   | 8:30a-9:30a FI003 - Low Impact                   |
|  | 9a-10:30a EL048 - Memoir Writing              | 9a-11a AD080 - Woodcarving                        | 9a-10a AD036 - Intro to Line Dancing                      | 9a-12p WG010 - Bridge                            |
|  | 9:30a-10:30a AD248 - Readers Theater          | 9:30a-10:30a AD183 - Beginning Guitar             | 9a-10a LE294 - Bridge Basics                              | 9:30a-11a HS694 - Great Cities of Europe         |
|  | 10a-11a AD021 - Intermediate Tap Dancing      | 9:45a-10:45a FI017 - Fun Fitness                  | 9:30a-11a PR099 - Science and Theology                    | 9:45a-10:45a FI029 - Chair Yoga                  |
|  | 10a-12p LE342 - Pest Management for Gardens   | 10a-11a FI015 - Pilates (Online)                  | 9:30a-11:30a WG009 - Mah Jongg                            | 10a-12p WG007 - Hand and Foot and Triple Play    |
|  | 10:30a-12p CO238 - Basic Electricity          | 10:30a-12p EF113 - Medicare 101                   | 10:15a-11:15a AD075 - Line Dance Practice                 | 10:30a-12:30p AD278 - Open Artists' Studio       |
|  | 11a-1p WG013 - Spades                         | 11a-12:30p AD252 - Ukulele Instruction and Jam    | 10:30a-12:30p AD012 - Advanced Watercolor                 | 10:30a-12p HW482 - Radiology Ready               |
|  | 11:30a-12:30p AD058 - Country Line Dancing    | 11a-11:45a FI018 - Sit and Be Fit                 | 11:30a-12:15p FI005 - Sit and Be Fit                      | 11a-12p HW352 - Beginning Tai Chi Review         |
|  | 12p-12:30p IA100 - Birthday Celebration       | 11a-12p LS220 - Capital Trail 101 (Online)        | 11:30a-1:30p LE295 - Crafting PhD                         | 12:15p-1:15p AD197 - Ballroom Dance Practice     |
|  | 1p-2p FI006 - Chair Yoga                      | 11:30a-12:30p FI031 - Chair Yoga (Online)         | 12p-1:30p AD141 - Lifelong Musicians                      | 1p-3p EL015 - Aspiring Writers' Critique         |
|  | 1p-3p WG001 - Social Bingo                    | 12p-1p HW386 - Intermediate Tai Chi 24 Form       | 1p-2p FI010 - Chair Yoga                                  | 1p-3p WG002 - Social Bingo                       |
|  | 1:30p-3:30p CO245 - Google Photos Importing B | 1p-3p WG006 - Cards and Games                     | 1:30p-2:30p FI034 - Cardio and Strength Training (Online) | 1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form |
|  | 1:30p-3:30p WG014 - Mah Jongg                 | 1:15p-2:15p AD210 - Intro to Brazilian Percussion | 1:30p-2:30p HS718 - Winning the Peace (Online)            |  |
|  | 2p-3:30p HS713 - The Mayan Marcador           | 1:30p-3p HS003 - Current Events                   | 2p-3:30p AD111 - Intermediate Watercolor                  |  |
|  | 2:30p-3:30p FI009 - Gentle Yoga               | 1:30p-3:30p LE032 - Needleworkers United          | 2p-3:30p AD300 - Beginner Bluegrass Jam                   |  |
|  |   | 1:30p-3:30p LE335 - Needle Felting Dryer Balls    | 2p-3:30p AD301 - Acting is Fun                            |  |
|  |   | 2p-3:30p LE252 - Genealogy Discussions            | 2p-3:30p PR002 - Bible Discussion                         |  |
|  |   | 2:30p-3:30p AD182 - Explore Ventriloquism         | 2:30p-3:30p FI007 - Gentle Yoga                           |  |
|  |   | 2:30p-3:30p HW481 - Beginning Tai Chi 37 Form     |   |  |
|  |   |   |   |  |
|  |   |   |   |  |



| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|---|---|---|---|--|
| 7/14/2025   | 7/15/2025   | 7/16/2025   | 7/17/2025   | 7/18/2025  |
| 9a-10a FI001 - Low Impact                           | 9a-9:45a AD045 - Beginner Tap Dancing               | 8:30a-9:30a AD292 - Moving to Music               | 8:30a-9:30a FI020 - Zumba Gold (Online)                   | 8:30a-9:30a FI003 - Low Impact                   |
| 9a-11a LS094 - The Subconscious Mind                | 9a-10:30a EL048 - Memoir Writing                    | 9a-11a AD080 - Woodcarving                        | 9a-10a AD036 - Intro to Line Dancing                      | 9a-12p WG010 - Bridge                            |
| 9:30a-10:30a HS715 - Music and Culture of the 1930s | 9:30a-10:30a AD248 - Readers Theater                | 9:30a-10:30a AD183 - Beginning Guitar             | 9a-10a LE294 - Bridge Basics                              | 9:30a-11a HS694 - Great Cities of Europe         |
| 10a-10:45a FI004 - Sit and Be Fit                   | 9:30a-11:30a CO233 - Forever Chemicals and Health B | 9:45a-10:45a FI017 - Fun Fitness                  | 9:30a-11a PR099 - Science and Theology                    | 9:45a-10:45a FI029 - Chair Yoga                  |
| 10a-10:45a FI030 - Strength and Stretch (Online)    | 10a-11a AD021 - Intermediate Tap Dancing            | 10a-11a FI015 - Pilates (Online)                  | 9:30a-11:30a WG009 - Mah Jongg                            | 10a-12p WG007 - Hand and Foot and Triple Play    |
| 10:30a-12p CO227 - Apple iPhone Tips and Tricks A   | 10a-12p LE339 - Pressed Flower Jewelry B            | 10a-12p HS693 - History of the US Presidents      | 10a-11:30a HS267 - First Baptist Church                   | 10a-11:30a HW484 - Myths About Arthritis         |
| 11a-12p EL129 - 1930s Cinema Redux                  | 11a-1p WG013 - Spades                               | 10a-12p HW489 - Empowering Choices                | 10a-11:30a LS202 - Chesterfield Mobile Health             | 10a-11a SE186 - VMFA American Galleries Tour     |
| 11a-12p FI028 - Gentle Yoga                         | 11:30a-12:30p AD058 - Country Line Dancing          | 11a-12p EL043 - Enjoy Poetry                      | 10:15a-11:15a AD075 - Line Dance Practice                 | 10:30a-12:30p AD278 - Open Artists' Studio       |
| 11:30a-1p LE276 - Balloon Twisting 101              | 1p-2p FI006 - Chair Yoga                            | 11a-11:45a FI018 - Sit and Be Fit                 | 10:30a-12:30p AD012 - Advanced Watercolor                 | 11a-12p HW352 - Beginning Tai Chi Review         |
| 12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A    | 1p-3p WG001 - Social Bingo                          | 11a-12p HS719 - Grit and Grace (Online)           | 11:30a-12:15p FI005 - Sit and Be Fit                      | 12:15p-1:15p AD197 - Ballroom Dance Practice     |
| 1p-3p AD234 - Colorist Open Studio                  | 1:30p-3:30p WG014 - Mah Jongg                       | 11:30a-12:30p FI031 - Chair Yoga (Online)         | 11:30a-1:30p LE295 - Crafting PhD                         | 1p-3p WG002 - Social Bingo                       |
| 1p-3p WG004 - Cards and Games                       | 2p-3:30p EF167 - Financial Stability                | 11:30a-1p LS147 - Crafts for Community            | 12p-1:30p AD141 - Lifelong Musicians                      | 1p-2:30p LE345 - Ikebana Floral Designs Demo     |
| 1p-2:30p LS177 - Emergency Preparedness             | 2p-3:30p HS089 - Great Decisions                    | 12p-1p HW386 - Intermediate Tai Chi 24 Form       | 12p-1:30p CO210 - Artificial Intelligence B               | 1p-2:30p LS212 - Commonwealth Attorney's Office  |
| 1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B     | 2:30p-3:30p FI009 - Gentle Yoga                     | 1p-3p WG006 - Cards and Games                     | 1p-2p FI010 - Chair Yoga                                  | 1:30p-3:30p CO242 - Apple Messages               |
| 2p-3:30p CO228 - Apple iPhone Tips and Tricks B     |   | 1:15p-2:15p AD210 - Intro to Brazilian Percussion | 1p-3p DE011 - LGBTQ+ History                              | 1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form |
| 2p-3:30p LA015 - Conversational German              |   | 1:30p-3:30p LE032 - Needleworkers United          | 1:30p-2:30p FI034 - Cardio and Strength Training (Online) |  |
| 2p-3:30p PR100 - The Chosen                         |   | 1:30p-3:30p LE336 - Keychains and Picture Holders | 2p-3:30p AD111 - Intermediate Watercolor                  |  |
| 2:30p-3:30p HW426 - Basic Taiji Qigong              |   | 2p-3:30p EL104 - Mystery Novels Discussion        | 2p-3:30p AD300 - Beginner Bluegrass Jam                   |  |
|   |   | 2p-3:30p LE252 - Genealogy Discussions            | 2p-3:30p AD301 - Acting is Fun                            |  |
|   |   | 2:30p-3:30p AD182 - Explore Ventriloquism         | 2p-3:30p PR002 - Bible Discussion                         |  |
|   |   | 2:30p-3:30p HW481 - Beginning Tai Chi 37 Form     | 2:30p-3:30p FI007 - Gentle Yoga                           |  |



| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|---|---|---|---|--|
| 7/21/2025   | 7/22/2025   | 7/23/2025   | 7/24/2025   | 7/25/2025  |
| 9a-10a FI001 - Low Impact                           | 9a-9:45a AD045 - Beginner Tap Dancing               | 8:30a-9:30a AD292 - Moving to Music               | 8:30a-9:30a FI020 - Zumba Gold (Online)                   | 8:30a-9:30a FI003 - Low Impact                   |
| 9a-11a LS094 - The Subconscious Mind                | 9a-10:30a EL048 - Memoir Writing                    | 9a-11a AD080 - Woodcarving                        | 9a-10a AD036 - Intro to Line Dancing                      | 9a-12p WG010 - Bridge                            |
| 9:30a-10:30a HS715 - Music and Culture of the 1930s | 9:30a-10:30a AD248 - Readers Theater                | 9:30a-10:30a AD183 - Beginning Guitar             | 9a-10a LE294 - Bridge Basics                              | 9:45a-10:45a FI029 - Chair Yoga                  |
| 10a-10:45a FI004 - Sit and Be Fit                   | 9:30a-11:30a CO233 - Forever Chemicals and Health B | 9:45a-10:45a FI017 - Fun Fitness                  | 9:30a-11:30a WG009 - Mah Jongg                            | 10a-12p WG007 - Hand and Foot and Triple Play    |
| 10a-10:45a FI030 - Strength and Stretch (Online)    | 9:30a-10:30a HW468 - The Importance of Posture      | 10a-11a FI015 - Pilates (Online)                  | 10a-11a HW458 - Journaling with Grief                     | 10:30a-12:30p AD278 - Open Artists' Studio       |
| 10:30a-12p CO227 - Apple iPhone Tips and Tricks A   | 10a-11a AD021 - Intermediate Tap Dancing            | 10a-12p HS693 - History of the US Presidents      | 10:15a-11:15a AD075 - Line Dance Practice                 | 11a-12p HW352 - Beginning Tai Chi Review         |
| 11a-12p EL129 - 1930s Cinema Redux                  | 10a-12p EF104 - Estates and Probate                 | 11a-11:45a FI018 - Sit and Be Fit                 | 10:30a-12:30p AD012 - Advanced Watercolor                 | 12:15p-1:15p AD197 - Ballroom Dance Practice     |
| 11a-12p FI028 - Gentle Yoga                         | 11a-1p WG013 - Spades                               | 11:30a-12:30p FI031 - Chair Yoga (Online)         | 10:30a-12:30p AD192 - Super Senior Storytelling Slam      | 1p-3p EL015 - Aspiring Writers' Critique         |
| 12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A    | 11:30a-12:30p AD058 - Country Line Dancing          | 12p-1p HW386 - Intermediate Tai Chi 24 Form       | 11:30a-12:15p FI005 - Sit and Be Fit                      | 1p-3p WG002 - Social Bingo                       |
| 1p-3p AD234 - Colorist Open Studio                  | 1p-2p FI006 - Chair Yoga                            | 1p-3p WG006 - Cards and Games                     | 12p-1:30p AD141 - Lifelong Musicians                      | 1:30p-3p HS692 - Midlothian Matters B            |
| 1p-3p WG004 - Cards and Games                       | 1p-3p WG001 - Social Bingo                          | 1:15p-2:15p AD210 - Intro to Brazilian Percussion | 12p-1:30p CO210 - Artificial Intelligence B               | 1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form |
| 1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B     | 1:30p-3p LS203 - Improving Self-Esteem              | 1:30p-3:30p EL132 - Read Short Stories Together   | 12p-1:30p IA007 - July Luncheon                           |  |
| 2p-3:30p CO228 - Apple iPhone Tips and Tricks B     | 1:30p-3:30p WG014 - Mah Jongg                       | 1:30p-3p HS003 - Current Events                   | 1p-2p FI010 - Chair Yoga                                  |  |
| 2p-3:30p LA015 - Conversational German              | 2:30p-3:30p FI009 - Gentle Yoga                     | 1:30p-3:30p LE032 - Needleworkers United          | 1:30p-2:30p FI034 - Cardio and Strength Training (Online) |  |
| 2p-3:30p PR100 - The Chosen                         |   | 2p-3:30p LE252 - Genealogy Discussions            | 2p-3:30p AD111 - Intermediate Watercolor                  |  |
| 2:30p-3:30p HW426 - Basic Taiji Qigong              |   | 2:30p-3:30p AD182 - Explore Ventriloquism         | 2p-3:30p AD300 - Beginner Bluegrass Jam                   |  |
|   |   | 2:30p-3:30p HW481 - Beginning Tai Chi 37 Form     | 2p-3:30p PR002 - Bible Discussion                         |  |
|   |   |   | 2:30p-3:30p AD293 - Sing Along for Fun                    |  |
|   |   |   | 2:30p-3:30p FI007 - Gentle Yoga                           |  |
|   |   |   |   |  |
|   |   |   |   |  |



| Monday  | Tuesday                                    | Wednesday   | Thursday  | Friday   |
|---|--|---|---|--|
| 7/28/2025   | 7/29/2025                                  | 7/30/2025   | 7/31/2025   | 8/1/2025   |
| 9a-10a FI001 - Low Impact                           | 9a-9:45a AD045 - Beginner Tap Dancing      | 8:30a-9:30a AD292 - Moving to Music               | 8:30a-9:30a FI020 - Zumba Gold (Online)                   | 8:30a-9:30a FI003 - Low Impact                   |
| 9:30a-10:30a HS715 - Music and Culture of the 1930s | 9a-10:30a EL048 - Memoir Writing           | 9a-11a AD080 - Woodcarving                        | 9a-10a AD036 - Intro to Line Dancing                      | 9a-12p WG010 - Bridge                            |
| 9:30a-11:30a LS095 - Extraordinary Listening        | 9:30a-10:30a AD248 - Readers Theater       | 9a-10:30a PR096 - Power of Myth and Aesthetics    | 9a-10a LE294 - Bridge Basics                              | 9:30a-11a HS694 - Great Cities of Europe         |
| 10a-10:45a FI004 - Sit and Be Fit                   | 10a-11a AD021 - Intermediate Tap Dancing   | 9:30a-10:30a AD183 - Beginning Guitar             | 9:30a-11a PR099 - Science and Theology                    | 9:45a-10:45a FI029 - Chair Yoga                  |
| 10a-10:45a FI030 - Strength and Stretch (Online)    | 11a-1p WG013 - Spades                      | 9:45a-10:45a FI017 - Fun Fitness                  | 9:30a-11:30a WG009 - Mah Jongg                            | 10a-12p WG007 - Hand and Foot and Triple Play    |
| 10:30a-12p CO227 - Apple iPhone Tips and Tricks A   | 11:30a-12:30p AD058 - Country Line Dancing | 10a-11a FI015 - Pilates (Online)                  | 10:15a-11:15a AD075 - Line Dance Practice                 | 10:30a-12:30p AD278 - Open Artists' Studio       |
| 11a-12p EL127 - Writing a Military Story (Online)   | 1p-2p FI006 - Chair Yoga                   | 10a-12p HS693 - History of the US Presidents      | 10:30a-12:30p AD012 - Advanced Watercolor                 | 10:30a-12p HW482 - Radiology Ready               |
| 11a-12p FI028 - Gentle Yoga                         | 1p-3p WG001 - Social Bingo                 | 11a-12p EL043 - Enjoy Poetry                      | 11:30a-12:15p FI005 - Sit and Be Fit                      | 11a-12p HW352 - Beginning Tai Chi Review         |
| 11a-12:30p HW442 - Introduction to Anatomy          | 1:30p-3:30p WG014 - Mah Jongg              | 11a-11:45a FI018 - Sit and Be Fit                 | 11:30a-1:30p LE295 - Crafting PhD                         | 12p-1:30p IA110 - 10-year Member Celebration     |
| 11a-12p HW490 - Understanding Young Children        | 2p-3:30p HW445 - Staying Safe at Home      | 11:30a-12:30p FI031 - Chair Yoga (Online)         | 12p-1:30p AD141 - Lifelong Musicians                      | 12:15p-1:15p AD197 - Ballroom Dance Practice     |
| 12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A    | 2:30p-3:30p FI009 - Gentle Yoga            | 12p-1p HW386 - Intermediate Tai Chi 24 Form       | 12p-1:30p CO210 - Artificial Intelligence B               | 1p-3p WG002 - Social Bingo                       |
| 1p-3p AD234 - Colorist Open Studio                  |  | 1p-3p WG006 - Cards and Games                     | 1p-2p FI010 - Chair Yoga                                  | 1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form |
| 1p-3p WG004 - Cards and Games                       |  | 1:15p-2:15p AD210 - Intro to Brazilian Percussion | 1:30p-2:30p FI034 - Cardio and Strength Training (Online) |  |
| 1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B     |  | 1:30p-3:30p LE032 - Needleworkers United          | 2p-3:30p AD111 - Intermediate Watercolor                  |  |
| 2p-3:30p CO228 - Apple iPhone Tips and Tricks B     |  | 2p-3:30p HS727 - WWII Navy Experience             | 2p-3:30p AD300 - Beginner Bluegrass Jam                   |  |
| 2p-3:30p LA015 - Conversational German              |  | 2p-3:30p LE252 - Genealogy Discussions            | 2p-3:30p PR002 - Bible Discussion                         |  |
| 2p-3:30p PR100 - The Chosen                         |  | 2:30p-3:30p AD182 - Explore Ventriloquism         | 2:30p-3:30p FI007 - Gentle Yoga                           |  |
| 2:30p-3:30p HW426 - Basic Taiji Qigong              |  | 2:30p-3:30p HW481 - Beginning Tai Chi 37 Form     | 2:30p-3:30p HW409 - Dry Needling                          |  |
| 3:30p-4:30p LLI Board Social                        |  |   |   |  |
|   |  |   |   |  |



| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|---|---|---|---|--|
| 8/4/2025  | 8/5/2025  | 8/6/2025  | 8/7/2025  | 8/8/2025   |
| 9a-10a FI001 - Low Impact                         | 9a-9:45a AD045 - Beginner Tap Dancing           | 8:30a-9:30a AD292 - Moving to Music               | 8:30a-9:30a FI020 - Zumba Gold (Online)                   | 8:30a-9:30a FI003 - Low Impact                   |
| 9:30a-11:30a LS095 - Extraordinary Listening      | 9a-10:30a EL048 - Memoir Writing                | 9a-11a AD080 - Woodcarving                        | 9a-10a AD036 - Intro to Line Dancing                      | 9a-12p WG010 - Bridge                            |
| 10a-10:45a FI004 - Sit and Be Fit                 | 9:30a-10:30a AD248 - Readers Theater            | 9a-10:30a HS002 - Cultural Anthropology           | 9a-10a LE294 - Bridge Basics                              | 9:30a-11a HS694 - Great Cities of Europe         |
| 10a-10:45a FI030 - Strength and Stretch (Online)  | 10a-11a AD021 - Intermediate Tap Dancing        | 9a-10:30a PR096 - Power of Myth and Aesthetics    | 9:30a-11a PR099 - Science and Theology                    | 9:45a-10:45a FI029 - Chair Yoga                  |
| 10:30a-12p CO227 - Apple iPhone Tips and Tricks A | 10:30a-12p LE343 - All About Herbs              | 9:30a-10:30a AD183 - Beginning Guitar             | 9:30a-11:30a WG009 - Mah Jongg                            | 10a-12p WG007 - Hand and Foot and Triple Play    |
| 10:30a-12:30p LS208 - Medical Aid in Dying        | 11a-12p HW446 - Stress Management Bingo         | 9:45a-10:45a FI017 - Fun Fitness                  | 10a-11:30a HS725 - American Flying Boats                  | 10a-11:30a HW485 - Rotator Cuff Tears            |
| 11a-12p FI028 - Gentle Yoga                       | 11a-1p WG013 - Spades                           | 10a-11a FI015 - Pilates (Online)                  | 10:15a-11:15a AD075 - Line Dance Practice                 | 10a-11a SE210 - VA Holocaust Museum Tour         |
| 12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A  | 11:30a-12:30p AD058 - Country Line Dancing      | 10a-12p HS693 - History of the US Presidents      | 10:30a-12:30p AD012 - Advanced Watercolor                 | 10:30a-12:30p AD278 - Open Artists' Studio       |
| 1p-3p AD234 - Colorist Open Studio                | 1p-2p FI006 - Chair Yoga                        | 11a-12p EL043 - Enjoy Poetry                      | 11:30a-12:15p FI005 - Sit and Be Fit                      | 11a-12p HW352 - Beginning Tai Chi Review         |
| 1p-3p WG004 - Cards and Games                     | 1p-3p WG001 - Social Bingo                      | 11a-11:45a FI018 - Sit and Be Fit                 | 11:30a-1:30p LE295 - Crafting PhD                         | 12:15p-1:15p AD197 - Ballroom Dance Practice     |
| 1:30p-3p EF132 - Financial Preparedness           | 1p-2p SE209 - Dangerous Dames Performance       | 11:30a-12:30p FI031 - Chair Yoga (Online)         | 12p-1:30p AD141 - Lifelong Musicians                      | 1p-3p EL015 - Aspiring Writers' Critique         |
| 1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B   | 1:30p-3p LE332 - Pine Needle Ornaments          | 12p-1p HW386 - Intermediate Tai Chi 24 Form       | 1p-2p FI010 - Chair Yoga                                  | 1p-3p WG002 - Social Bingo                       |
| 2p-3:30p CO228 - Apple iPhone Tips and Tricks B   | 1:30p-3p LS204 - Improving Self-Esteem (Online) | 1p-3p WG006 - Cards and Games                     | 1:30p-3p DE009 - Crazy Stories About Racism               | 1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form |
| 2p-3:30p LA015 - Conversational German            | 1:30p-3:30p WG014 - Mah Jongg                   | 1p-2:30p HS720 - Art and Monuments (Online)       | 1:30p-2:30p FI034 - Cardio and Strength Training (Online) |  |
| 2:30p-3:30p HW426 - Basic Taiji Qigong            | 2:30p-3:30p FI009 - Gentle Yoga                 | 1:15p-2:15p AD210 - Intro to Brazilian Percussion | 2p-3:30p AD111 - Intermediate Watercolor                  |  |
|   |   | 1:30p-3p HS003 - Current Events                   | 2p-3:30p AD300 - Beginner Bluegrass Jam                   |  |
|   |   | 1:30p-3:30p LE032 - Needleworkers United          | 2p-3:30p PR002 - Bible Discussion                         |  |
|   |   | 2p-3:30p LE252 - Genealogy Discussions            | 2:30p-3:30p FI007 - Gentle Yoga                           |  |
|   |   | 2:30p-3:30p AD182 - Explore Ventriloquism         |   |  |
|   |   | 2:30p-3:30p HW481 - Beginning Tai Chi 37 Form     |   |  |



| Monday  | Tuesday                                    | Wednesday   | Thursday  | Friday   |
|---|--|---|---|--|
| 8/11/2025   | 8/12/2025                                  | 8/13/2025   | 8/14/2025   | 8/15/2025  |
| 9a-10a FI001 - Low Impact                         | 9a-9:45a AD045 - Beginner Tap Dancing      | 8:30a-9:30a AD292 - Moving to Music               | 8:30a-9:30a FI020 - Zumba Gold (Online)                   | 8:30a-9:30a FI003 - Low Impact                   |
| 9a-10:30a HS714 - German Unification (Online)     | 9:30a-10:30a AD248 - Readers Theater       | 9a-11a AD080 - Woodcarving                        | 9a-10a AD036 - Intro to Line Dancing                      | 9a-12p WG010 - Bridge                            |
| 9:30a-11:30a LS099 - The Art of Bouncing Back     | 9:30a-10:30a HW469 - Fall Prevention Tips  | 9a-10:30a PR096 - Power of Myth and Aesthetics    | 9a-10a LE294 - Bridge Basics                              | 9:30a-11a HS694 - Great Cities of Europe         |
| 10a-10:45a FI004 - Sit and Be Fit                 | 10a-11a AD021 - Intermediate Tap Dancing   | 9:30a-10:30a AD183 - Beginning Guitar             | 9:30a-11a PR099 - Science and Theology                    | 9:45a-10:45a FI029 - Chair Yoga                  |
| 10a-10:45a FI030 - Strength and Stretch (Online)  | 11a-1p WG013 - Spades                      | 9:45a-10:45a FI017 - Fun Fitness                  | 9:30a-11:30a WG009 - Mah Jongg                            | 10a-12p WG007 - Hand and Foot and Triple Play    |
| 10a-12p LE344 - Beyond Organic Gardening          | 11:30a-12:30p AD058 - Country Line Dancing | 10a-11a FI015 - Pilates (Online)                  | 10:15a-11:15a AD075 - Line Dance Practice                 | 10:30a-12:30p AD278 - Open Artists' Studio       |
| 10:30a-12p CO227 - Apple iPhone Tips and Tricks A | 12p-12:30p IA100 - Birthday Celebration    | 10a-12p HS693 - History of the US Presidents      | 10:30a-12:30p AD012 - Advanced Watercolor                 | 11a-12p HW352 - Beginning Tai Chi Review         |
| 11a-12p FI028 - Gentle Yoga                       | 1p-2p FI006 - Chair Yoga                   | 11a-12p EL043 - Enjoy Poetry                      | 11:30a-12:15p FI005 - Sit and Be Fit                      | 12:15p-1:15p AD197 - Ballroom Dance Practice     |
| 11a-12p HW462 - The Power of Gratitude            | 1p-3p WG001 - Social Bingo                 | 11a-11:45a FI018 - Sit and Be Fit                 | 11:30a-1:30p LE295 - Crafting PhD                         | 1p-3p WG002 - Social Bingo                       |
| 12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A  | 1:30p-3p LE332 - Pine Needle Ornaments     | 11:30a-12:30p FI031 - Chair Yoga (Online)         | 12p-1:30p AD141 - Lifelong Musicians                      | 1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form |
| 1p-3p AD234 - Colorist Open Studio                | 1:30p-3:30p WG014 - Mah Jongg              | 12p-1p HW386 - Intermediate Tai Chi 24 Form       | 1p-2p FI010 - Chair Yoga                                  |  |
| 1p-3p WG004 - Cards and Games                     | 2p-3:30p HS089 - Great Decisions           | 1p-3p WG006 - Cards and Games                     | 1:30p-2:30p FI034 - Cardio and Strength Training (Online) |  |
| 1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B   | 2:30p-3:30p FI009 - Gentle Yoga            | 1:15p-2:15p AD210 - Intro to Brazilian Percussion | 2p-3:30p AD111 - Intermediate Watercolor                  |  |
| 2p-3:30p CO228 - Apple iPhone Tips and Tricks B   |  | 1:30p-3:30p LE032 - Needleworkers United          | 2p-3:30p AD300 - Beginner Bluegrass Jam                   |  |
| 2p-3:30p LA015 - Conversational German            |  | 2p-3:30p EL104 - Mystery Novels Discussion        | 2p-3:30p LS157 - Planning Final Arrangements              |  |
| 2:30p-3:30p HW426 - Basic Taiji Qigong            |  | 2p-3:30p LE252 - Genealogy Discussions            | 2p-3:30p PR002 - Bible Discussion                         |  |
|   |  | 2:30p-3:30p AD182 - Explore Ventriloquism         | 2:30p-3:30p FI007 - Gentle Yoga                           |  |
|   |  | 2:30p-3:30p HW481 - Beginning Tai Chi 37 Form     |   |  |
|   |  |   |   |  |
|   |  |   |   |  |
|   |  |   |   |  |





| Monday   | Tuesday                                    | Wednesday   | Thursday  | Friday   |
|--|--|---|---|--|
| 8/18/2025  | 8/19/2025                                  | 8/20/2025   | 8/21/2025   | 8/22/2025  |
| 9a-10a FI001 - Low Impact                        | 9a-9:45a AD045 - Beginner Tap Dancing      | 8:30a-9:30a AD292 - Moving to Music               | <div>Fall Catalog Available</div>                         | 8:30a-9:30a FI003 - Low Impact                   |
| 9:30a-11:30a LS099 - The Art of Bouncing Back    | 9:30a-10:30a AD248 - Readers Theater       | 9a-11a AD080 - Woodcarving                        |   | 9a-12p WG010 - Bridge                            |
| 10a-10:45a FI004 - Sit and Be Fit                | 10a-11a AD021 - Intermediate Tap Dancing   | 9a-10:30a PR096 - Power of Myth and Aesthetics    |   | 9:30a-11a HS694 - Great Cities of Europe         |
| 10a-10:45a FI030 - Strength and Stretch (Online) | 11a-12p LS162 - Detecting Email Scams      | 9:30a-10:30a AD183 - Beginning Guitar             |   | 9:45a-10:45a FI029 - Chair Yoga                  |
| 11a-12p FI028 - Gentle Yoga                      | 11a-1p WG013 - Spades                      | 9:45a-10:45a FI017 - Fun Fitness                  | 8:30a-9:30a FI020 - Zumba Gold (Online)                   | 10a-12p WG007 - Hand and Foot and Triple Play    |
| 12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A | 11:30a-12:30p AD058 - Country Line Dancing | 10a-11a FI015 - Pilates (Online)                  | 9a-10a LE294 - Bridge Basics                              | 10:30a-12:30p AD278 - Open Artists' Studio       |
| 1p-3p AD234 - Colorist Open Studio               | 1p-2p FI006 - Chair Yoga                   | 10:30a-12p SE171 - Literary Society Celebration   | 9:30a-11a PR099 - Science and Theology                    | 11a-12p HW352 - Beginning Tai Chi Review         |
| 1p-3p WG004 - Cards and Games                    | 1p-3p WG001 - Social Bingo                 | 11a-12p EL043 - Enjoy Poetry                      | 9:30a-11:30a WG009 - Mah Jongg                            | 12:15p-1:15p AD197 - Ballroom Dance Practice     |
| 1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B  | 1:30p-3:30p WG014 - Mah Jongg              | 11a-11:45a FI018 - Sit and Be Fit                 | 10:15a-11:15a AD075 - Line Dance Practice                 | 1p-3p EL015 - Aspiring Writers' Critique         |
| 2p-3:30p CO237 - Facebook Tips and Tricks B      | 2:30p-3:30p FI009 - Gentle Yoga            | 11:30a-12:30p FI031 - Chair Yoga (Online)         | 10:30a-12:30p AD192 - Super Senior Storytelling Slam      | 1p-3p WG002 - Social Bingo                       |
| 2p-3:30p LA015 - Conversational German           |  | 11:30a-1p LS147 - Crafts for Community            | 11:30a-12:15p FI005 - Sit and Be Fit                      | 1:30p-3:30p CO243 - Apple Mail                   |
| 2:30p-3:30p HW426 - Basic Taiji Qigong           |  | 12p-1p HW386 - Intermediate Tai Chi 24 Form       | 12p-1:30p AD141 - Lifelong Musicians                      | 1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form |
|  |  | 1p-3p WG006 - Cards and Games                     | 12p-1:30p IA008 - August Luncheon                         |  |
|  |  | 1:15p-2:15p AD210 - Intro to Brazilian Percussion | 1p-2p FI010 - Chair Yoga                                  |  |
|  |  | 1:30p-3:30p EL132 - Read Short Stories Together   | 1:30p-2:30p FI034 - Cardio and Strength Training (Online) |  |
|  |  | 1:30p-3p HS003 - Current Events                   | 2p-3:30p AD300 - Beginner Bluegrass Jam                   |  |
|  |  | 1:30p-3:30p LE032 - Needleworkers United          | 2p-3:30p PR002 - Bible Discussion                         |  |
|  |  | 2p-3:30p LE252 - Genealogy Discussions            | 2:30p-3:30p AD293 - Sing Along for Fun                    |  |
|  |  | 2:30p-3:30p AD182 - Explore Ventriloquism         | 2:30p-3:30p FI007 - Gentle Yoga                           |  |
|  |  | 2:30p-3:30p HW481 - Beginning Tai Chi 37 Form     |   |  |
|  |  |   |   |  |