



Monday	Tuesday	Wednesday	Thursday	Friday
9/1/2025	9/2/2025	9/3/2025	9/4/2025	9/5/2025
LLI Closed	9a-9:45a AD045 - Beginner Tap Dancing	8:30a-9:30a AD292 - Moving to Music	8:30a-9:30a FI020 - Zumba Gold (Online)	8:30a-9:30a FI003 - Low Impact
 HAPPY LABOR DAY	9:30a-11a IA999 - Orientation for New Members	9a-11a AD080 - Woodcarving	9a-10a AD036 - Intro to Line Dancing	9a-12p WG010 - Bridge
	10a-11a AD021 - Intermediate Tap Dancing	9:30a-10:30a AD183 - Beginning Guitar	9:30a-11a PR099 - Science and Theology	9:45a-10:45a FI029 - Chair Yoga
	11a-12p HS729 - Finding Osama bin Laden	9:30a-11a AD306 - Visual Art as Story	9:30a-11:30a WG009 - Mah Jongg	10a-12p WG007 - Canasta Variations
	11a-1p WG013 - Spades	9:45a-10:45a FI017 - Fun Fitness	10:15a-11:15a AD075 - Line Dance Practice	10a-11:15a IA998 - Orientation for New Members (Online)
	11:30a-12:30p AD058 - Country Line Dancing	10a-11a FI015 - Pilates (Online)	11a-12p LA006 - Basic Spanish for Beginners	10a-12p LE356 - Regenerative Gardening
	11:30a-12:30p LS145 - Transportation Services	10:30a-11:30a EF179 - Federal Reserve Basics	11:30a-12:15p FI005 - Sit and Be Fit	10:30a-12:30p AD278 - Open Artists' Studio
	1p-2p FI006 - Chair Yoga	11a-12:30p CO199 - Nearpeer Tutorial and Tips A	11:30a-1:30p LE295 - Crafting PhD	11a-12p HW352 - Beginning Tai Chi Review
	1p-3p WG001 - Social Bingo	11a-11:45a FI018 - Sit and Be Fit	12p-1:30p AD141 - Lifelong Musicians	11a-12p PR112 - Ethics
	1:30p-2:30p EL100 - Literary Society Orientation (Online)	11:30a-12:30p FI031 - Chair Yoga (Online)	12p-1:30p LS198 - Discussing Polarizing Issues	11:30a-12:30p HW435 - Strength Training Benefits (Online)
	2p-3:30p IA077 - Workshop for Instructors	11:30a-1p PR003 - Socrates Café	12:30p-2p HS696 - United States Intelligence	12:15p-1:15p AD022 - Ballroom Dance for Partners
	2:30p-3:30p FI009 - Gentle Yoga	12p-1:30p EL136 - Humor Writing Workshop	12:30p-2p IA078 - Workshop for Instructors (Online)	1p-3p WG002 - Social Bingo
		12p-1p HW386 - Intermediate Tai Chi 24 Form	1p-2p FI010 - Chair Yoga	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
		1p-3p WG006 - Cards and Games	1:30p-2:30p FI034 - Cardio and Strength Training (Online)	
		1p-2:30p HS757 - Visiting Turkey	2p-3:30p CO125 - The ABCs of Flight	
		1:15p-2:15p AD210 - Intro to Brazilian Percussion	2p-3:30p PR002 - Bible Discussion	
		1:30p-3:30p LE032 - Needleworkers United	2:30p-3:30p FI007 - Gentle Yoga	
		2p-3p AD182 - Explore Ventriloquism	2:30p-3:30p IA997 - Q&A for Current Members	
		2p-3:30p LE252 - Genealogy Discussions		
		2:30p-3:30p HW481 - Beginning Tai Chi 37 Form		
		2:30p-3:30p EL101 - Literary Society Orientation		



Monday	Tuesday	Wednesday	Thursday	Friday
9/8/2025	9/9/2025	9/10/2025	9/11/2025	9/12/2025
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap Dancing	8:30a-9:30a AD292 - Moving to Music	8:30a-9:30a FI020 - Zumba Gold (Online)	8:30a-9:30a FI003 - Low Impact
10a-10:45a FI004 - Sit and Be Fit	9a-10a LA001 - Intro to French	9a-11a AD080 - Woodcarving	9a-10a AD036 - Intro to Line Dancing	9a-12p WG010 - Bridge
10a-10:45a FI030 - Strength and Stretch (Online)	9:30a-11a LE337 - Alaska, Then and Now A	9:30a-10:30a AD183 - Beginning Guitar	9:30a-11:30a LE342 - Pest Management for Gardens	9:30a-11:30a CO218 - Microbiome
10a-12p HS619 - The Life of Norman Rockwell A	9:30a-10:30a LS228 - Neighbors Helping Neighbors	9:30a-11a AD306 - Visual Art as Story	9:30a-11a LS084 - Becoming an Optimist	9:45a-10:45a FI029 - Chair Yoga
10a-11:30a LS177 - Emergency Preparedness	10a-11a AD021 - Intermediate Tap Dancing	9:45a-10:45a FI017 - Fun Fitness	9:30a-11a PR099 - Science and Theology	10a-12p WG007 - Canasta Variations
11a-12p FI028 - Gentle Yoga	10:30a-12p CO230 - What is Modern Science?	10a-11a FI015 - Pilates (Online)	9:30a-11:30a WG009 - Mah Jongg	10:30a-12:30p AD278 - Open Artists' Studio
11a-12p HW472 - Understanding BPP Vertigo	11a-12p HS729 - Finding Osama bin Laden	10:30a-11:30a EF179 - Federal Reserve Basics	10:15a-11:15a AD307 - Cape Breton Square Dance	11a-12p HW352 - Beginning Tai Chi Review
12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A	11a-1p WG013 - Spades	11a-12p EL043 - Enjoy Poetry	11a-12p LA006 - Basic Spanish for Beginners	11a-12p HW495 - Osteoarthritis
1p-3p AD234 - Artist Open Studio	11:30a-12:30p AD058 - Country Line Dancing	11a-11:45a FI018 - Sit and Be Fit	11:30a-12:15p FI005 - Sit and Be Fit	11a-12p PR112 - Ethics
1p-3p WG004 - Cards and Games	12p-12:30p IA100 - Birthday Celebration	11:30a-12:30p FI031 - Chair Yoga (Online)	11:30a-1:30p LE295 - Crafting PhD	12:15p-1:15p AD022 - Ballroom Dance for Partners
1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B	12:30p-3:30p LE143 - Beaded Lanyard	11:30a-1p PR003 - Socrates Café	12p-1:30p AD141 - Lifelong Musicians	1p-3p EL015 - Aspiring Writers' Critique
2p-3:30p CO175 - Google Photos A	1p-3p AD016 - Watercolor Basics	11:30a-1p HS752 - The Mayan Lunar Series	12p-1:30p LS198 - Discussing Polarizing Issues	1p-3p WG002 - Social Bingo
2p-3:30p LA015 - Conversational German	1p-2p FI006 - Chair Yoga	12p-1:30p EL136 - Humor Writing Workshop	12:30p-2p HS696 - United States Intelligence	1p-3p IA022 - LLI Committee Fair
2p-3:30p PR100 - The Chosen	1p-3p WG001 - Social Bingo	12p-1p HW386 - Intermediate Tai Chi 24 Form	1p-2p AD311 - Interior Design Drawing A	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
2:30p-3:30p HW426 - Basic Taiji Qigong	1:30p-3:30p LE317 - Mah Jongg Boot Camp	1p-3p WG006 - Cards and Games	1p-2p FI010 - Chair Yoga	
	2p-3:30p EF150 - Virginia Long Term Care	1:15p-2:15p AD210 - Intro to Brazilian Percussion	1:30p-2:30p FI034 - Cardio and Strength Training (Online)	
	2p-3:30p HS735 - Vietnam War Precursors	1:30p-3p EF006 - IRA Strategies and Rules	2p-3:30p CO125 - The ABCs of Flight	
	2:30p-3:30p FI009 - Gentle Yoga	1:30p-3p HS003 - Current Events	2p-3:30p HW392 - Suicide Prevention	
		1:30p-3:30p LE032 - Needleworkers United	2p-3:30p PR002 - Bible Discussion	
		2p-3p AD182 - Explore Ventriloquism	2:30p-3:30p FI007 - Gentle Yoga	
		2p-3:30p LE252 - Genealogy Discussions	2:30p-3:30p LE207 - Road Scholar Education Travel	
		2:30p-3:30p HW481 - Beginning Tai Chi 37 Form		



Monday	Tuesday	Wednesday	Thursday	Friday
9/15/2025	9/16/2025	9/17/2025	9/18/2025	9/19/2025
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap Dancing	8:30a-9:30a AD292 - Moving to Music	8:30a-9:30a FI020 - Zumba Gold (Online)	8:30a-9:30a FI003 - Low Impact
9a-10:30a LS097 - Senior Living Options	9a-10:30a EL048 - Memoir Writing	9a-11a AD080 - Woodcarving	9a-10a AD036 - Intro to Line Dancing	9a-10:30a HW473 - Foot and Ankle Pain
9:30a-11:30a LE303 - Virginia Native Plants	9a-10a LA001 - Intro to French	9:30a-10:30a AD183 - Beginning Guitar	9:30a-10:30a HW502 - Medication Safety	9a-12p WG010 - Bridge
10a-10:45a FI004 - Sit and Be Fit	9:30a-10:30a AD248 - Readers Theater	9:30a-11a AD306 - Visual Art as Story	9:30a-11a LS084 - Becoming an Optimist	9:30a-11:30a CO218 - Microbiome
10a-10:45a FI030 - Strength and Stretch (Online)	9:30a-10:30a EF117 - Identity Theft	9:45a-10:45a FI017 - Fun Fitness	9:30a-11a PR099 - Science and Theology	9:45a-10:45a FI029 - Chair Yoga
10a-11:30a EF163 - Money Mindset Makeover	9:30a-11a LE337 - Alaska, Then and Now A	10a-11a FI015 - Pilates (Online)	9:30a-11:30a WG009 - Mah Jongg	10a-11a SE186 - VMFA Frida Kahlo Tour
10a-12p HW394 - Be the Help Until Help Arrives	10a-11a AD021 - Intermediate Tap Dancing	10:30a-11:30a EF179 - Federal Reserve Basics	10:15a-11:15a AD075 - Line Dance Practice	10a-11:30a CO144 - Alternative Energy Sources (Online)
10a-12p LE354 - Whimsical Wooden Pumpkins	10:30a-12p CO230 - What is Modern Science?	11a-12p EL043 - Enjoy Poetry	11a-12p SE218 - Agecroft Curator Talk and Tour	10a-12p WG007 - Canasta Variations
10:30a-12p HW492 - InterAge Seminar	11a-12p HS729 - Finding Osama bin Laden	11a-11:45a FI018 - Sit and Be Fit	11a-12p LA006 - Basic Spanish for Beginners	10a-12p HS740 - Architecture at Red Hill
11a-12p FI028 - Gentle Yoga	11a-1p WG013 - Spades	11:30a-12:30p FI031 - Chair Yoga (Online)	11:30a-12:15p FI005 - Sit and Be Fit	10:30a-12:30p AD278 - Open Artists' Studio
11a-12p HS526 - Courtroom Conversations	11:30a-12:30p AD058 - Country Line Dancing	11:30a-1p LS147 - Crafts for Community	12p-1:30p AD141 - Lifelong Musicians	11a-12p HW352 - Beginning Tai Chi Review
12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A	1p-3p AD016 - Watercolor Basics	12p-1:30p EL136 - Humor Writing Workshop	12p-1:30p LS198 - Discussing Polarizing Issues	11a-12p PR112 - Ethics
1p-3p AD234 - Artist Open Studio	1p-2p FI006 - Chair Yoga	12p-1p HS737 - The Angkor Exhibit	12:30p-2p HS696 - United States Intelligence	12:15p-1:15p AD022 - Ballroom Dance for Partners
1p-3p WG004 - Cards and Games	1p-3p WG001 - Social Bingo	12p-1p HW386 - Intermediate Tai Chi 24 Form	1p-2p AD311 - Interior Design Drawing A	1p-3p WG002 - Social Bingo
1p-2:30p HS738 - The Korean War (Online)	1:30p-3:30p LE317 - Mah Jongg Boot Camp	1p-3p WG006 - Cards and Games	1p-2p FI010 - Chair Yoga	1p-3p HS381 - Adventures of the Caminos
1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B	2p-3:30p HS089 - Great Decisions	1:15p-2:15p AD210 - Intro to Brazilian Percussion	1:30p-2:30p FI034 - Cardio and Strength Training (Online)	1:30p-3:30p CO240 - Apple App Store
2p-3:30p CO175 - Google Photos A	2p-3:30p HS735 - Vietnam War Precursors	1:30p-3:30p LE032 - Needleworkers United	2p-3:30p CO125 - The ABCs of Flight	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
2p-3:30p HS742 - The Final Summer of WWII	2:30p-3:30p FI009 - Gentle Yoga	2p-3p AD182 - Explore Ventriloquism	2p-3:30p PR002 - Bible Discussion	
2p-3:30p LA015 - Conversational German		2p-3p HW463 - Heart Arrhythmias	2:30p-3:30p FI007 - Gentle Yoga	
2p-3:30p PR100 - The Chosen		2p-3:30p LE252 - Genealogy Discussions		
2:30p-3:30p HW426 - Basic Taiji Qigong		2:30p-3:30p HW481 - Beginning Tai Chi 37 Form		



Monday	Tuesday	Wednesday	Thursday	Friday
9/22/2025	9/23/2025	9/24/2025	9/25/2025	9/26/2025
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap Dancing	8:30a-9:30a AD292 - Moving to Music	8:30a-9:30a FI020 - Zumba Gold (Online)	6:45a-7:45p SE222 - Best of Baltimore Tour
9:30a-11a LS085 - Befriending Your Subconscious	9a-10:30a EL048 - Memoir Writing	9a-11a AD080 - Woodcarving	9a-10a AD036 - Intro to Line Dancing	8:30a-9:30a FI003 - Low Impact
10a-10:45a FI004 - Sit and Be Fit	9a-10:30a HS422 - Rethinking the Korean War	9:30a-11a AD306 - Visual Art as Story	9a-10:30a LS169 - Chesterfield Council on Aging	9a-12p WG010 - Bridge
10a-10:45a FI030 - Strength and Stretch (Online)	9:30a-10:30a AD248 - Readers Theater	9:45a-10:45a FI017 - Fun Fitness	9:30a-11a HW504 - Lifespan Reflection	9:30a-11:30a CO232 - Forever Chemicals and Health
11a-12p FI028 - Gentle Yoga	9:30a-11a LE337 - Alaska, Then and Now A	10a-11a FI015 - Pilates (Online)	9:30a-11:30a WG009 - Mah Jongg	9:45a-10:45a FI029 - Chair Yoga
11a-12p HS526 - Courtroom Conversations	10a-11a AD021 - Intermediate Tap Dancing	11a-12p EL043 - Enjoy Poetry	10:15a-11:15a AD075 - Line Dance Practice	10a-11:30a CO144 - Alternative Energy Sources (Online)
11a-12:30p HW406 - Low Back Pain	10a-12p LE314 - Cardmaking by the Numbers	11a-11:45a FI018 - Sit and Be Fit	10:30a-12:30p AD192 - Super Senior Storytelling Slam	10a-12p WG007 - Canasta Variations
12p-1:30p LS203 - Improving Self-Esteem	11a-12p HS729 - Finding Osama bin Laden	11:30a-12:30p FI031 - Chair Yoga (Online)	11:30a-12:15p FI005 - Sit and Be Fit	10:30a-12:30p AD278 - Open Artists' Studio
12:30p-1:45p HS734 - A Tour of Germany and Austria	11a-1p WG013 - Spades	12p-1:30p EL136 - Humor Writing Workshop	12p-1:30p AD141 - Lifelong Musicians	11a-12p HW352 - Beginning Tai Chi Review
12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A	11:30a-12:30p AD058 - Country Line Dancing	12p-1p HS737 - The Angkor Exhibit	12p-1:30p IA009 - September Luncheon	11a-12p PR112 - Ethics
1p-3p AD234 - Artist Open Studio	12:30p-1:30p HS748 - The Story of Amelia Earhart (Online)	12p-1p HW386 - Intermediate Tai Chi 24 Form	12p-1:30p LS198 - Discussing Polarizing Issues	12p-1p HW496 - Understanding Urogynecology
1p-3p WG004 - Cards and Games	12:30p-2p LS168 - Senior Housing Options	12:30p-2p LS223 - Communicating with Ease	1p-2p FI010 - Chair Yoga	12:15p-1:15p AD022 - Ballroom Dance for Partners
1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B	1p-3p AD016 - Watercolor Basics	1p-3p WG006 - Cards and Games	1:30p-2:30p FI034 - Cardio and Strength Training (Online)	1p-3p EL015 - Aspiring Writers' Critique
2p-3:30p CO175 - Google Photos A	1p-2p FI006 - Chair Yoga	1:15p-2:15p AD210 - Intro to Brazilian Percussion	2p-3:30p CO125 - The ABCs of Flight	1p-3p WG002 - Social Bingo
2p-3:30p LA015 - Conversational German	1p-3p WG001 - Social Bingo	1:30p-3p HS003 - Current Events	2p-3:30p PR002 - Bible Discussion	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
2p-3:30p PR100 - The Chosen	1p-3p DE005 - LGBTQ+ Basics	1:30p-3:30p LE032 - Needleworkers United	2:30p-3:30p FI007 - Gentle Yoga	
2:30p-3:30p HW426 - Basic Taiji Qigong	1:30p-3:30p LE317 - Mah Jongg Boot Camp	2p-3p AD182 - Explore Ventriloquism	2:30p-3:30p HW375 - Joint Replacements	
3:30p-4:30p LLI Board of Directors Meeting	2p-3:30p HS735 - Vietnam War Precursors	2p-3:30p LE252 - Genealogy Discussions	2:30p-3:30p HW467 - Low Back Pain Solutions	
	2:30p-3:30p FI009 - Gentle Yoga	2:30p-3:30p HW481 - Beginning Tai Chi 37 Form		
	2:30p-3:30p Fundraising Committee Meeting			



Monday	Tuesday	Wednesday	Thursday	Friday
9/29/2025	9/30/2025	10/1/2025	10/2/2025	10/3/2025
8:30a-12:15p HW503 - Memory Screenings	9a-9:45a AD045 - Beginner Tap Dancing	8:30a-9:30a AD292 - Moving to Music		8:30a-9:30a FI003 - Low Impact
9a-12p SE136 - Pocahontas State Park Tour	9a-10:30a EL048 - Memoir Writing	9a-11a AD080 - Woodcarving		9a-12p WG010 - Bridge
9a-10a FI001 - Low Impact	9a-10:30a HS422 - Rethinking the Korean War	9:30a-10:30a AD183 - Beginning Guitar		9:30a-11:30a CO232 - Forever Chemicals and Health
9:30a-11a LS085 - Befriending Your Subconscious	9:30a-10:30a AD248 - Readers Theater	9:30a-11a AD306 - Visual Art as Story		9:45a-10:45a FI029 - Chair Yoga
10a-10:45a FI004 - Sit and Be Fit	10a-11a AD021 - Intermediate Tap Dancing	9:45a-10:45a FI017 - Fun Fitness		10a-12p WG007 - Canasta Variations
10a-10:45a FI030 - Strength and Stretch (Online)	10a-11a CO249 - Introduction to Calculus (Online)	10a-11a FI015 - Pilates (Online)		10:30a-12p SE220 - VCU's Cabell Library Tour A
10a-11:30a LE357 - The Marvelous Monarch	10:30a-12p EF113 - Medicare 101	10:30a-11:30a EF179 - Federal Reserve Basics		10:30a-12:30p AD278 - Open Artists' Studio
11a-12p EL127 - Writing a Military Story (Online)	11a-12p PR111 - Favorite Parables	11a-11:45a FI018 - Sit and Be Fit		11a-12p HW352 - Beginning Tai Chi Review
11a-12p FI028 - Gentle Yoga	11a-1p WG013 - Spades	11:30a-12:30p FI031 - Chair Yoga (Online)		11a-12p PR112 - Ethics
11a-12p HS526 - Courtroom Conversations	11:30a-12:30p AD058 - Country Line Dancing	12p-1:30p EL136 - Humor Writing Workshop		12:15p-1:15p AD022 - Ballroom Dance for Partners
11:30a-1p DE015 - Aging and Ageism	12:30p-2p PR104 - God's Grace	12p-1p HW386 - Intermediate Tai Chi 24 Form		1p-3p WG002 - Social Bingo
12:30p-1:45p HS734 - A Tour of Germany and Austria	1p-3p AD016 - Watercolor Basics	12:30p-2p LS223 - Communicating with Ease		1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A	1p-2p FI006 - Chair Yoga	12:30p-1:30p SE213 - The Book Burning Performance		2:30p-3:30p SE164 - Company's Coming Concert
1p-3p AD234 - Artist Open Studio	1p-3p WG001 - Social Bingo	1p-3p WG006 - Cards and Games		
1p-3p WG004 - Cards and Games	1:30p-3:30p LE317 - Mah Jongg Boot Camp	1:15p-2:15p AD210 - Intro to Brazilian Percussion		
1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B	2p-3:30p HS735 - Vietnam War Precursors	1:30p-3:30p LE032 - Needleworkers United		
2p-3:30p CO209 - Artificial Intelligence A	2p-3:30p HW493 - InterAge Seminar (Online)	1:30p-3:30p LE200 - Advanced Card Making		
2p-3:30p LA015 - Conversational German	2p-3:30p LS157 - Planning Final Arrangements	2p-3p AD182 - Explore Ventriloquism		
2p-3:30p PR100 - The Chosen	2:30p-3:30p FI009 - Gentle Yoga	2p-3:30p LE252 - Genealogy Discussions		
2:30p-3:30p HW426 - Basic Taiji Qigong		2:30p-3:30p HW481 - Beginning Tai Chi 37 Form		



Monday	Tuesday	Wednesday	Thursday	Friday
10/6/2025	10/7/2025	10/8/2025	10/9/2025	10/10/2025
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap Dancing	8:30a-9:30a AD292 - Moving to Music	8:30a-9:30a FI020 - Zumba Gold (Online)	8:30a-9:30a FI003 - Low Impact
10a-10:45a FI004 - Sit and Be Fit	9a-10:30a EL048 - Memoir Writing	9a-11a AD080 - Woodcarving	9a-10a AD036 - Intro to Line Dancing	9a-12p WG010 - Bridge
10a-10:45a FI030 - Strength and Stretch (Online)	9a-10:30a HS422 - Rethinking the Korean War	9:30a-10:30a AD183 - Beginning Guitar	9a-10:30a LE353 - Alaska, Then and Now B	9:30a-11a HS731 - American History
10a-11:30a IA016 - Annual State of the LLI	9:30a-11a LE279 - Introduction to Disc Golf	9:30a-11a AD306 - Visual Art as Story	9:30a-11a LS090 - The Power of Habits	9:45a-10:45a FI029 - Chair Yoga
10a-11:30a LE348 - Logic and Reasoning Puzzles A	10a-11a AD021 - Intermediate Tap Dancing	9:45a-10:45a FI017 - Fun Fitness	9:30a-11:30a WG009 - Mah Jongg	10a-12p WG007 - Canasta Variations
11a-12p FI028 - Gentle Yoga	10a-12p AD149 - Watercolor Florals	10a-11a FI015 - Pilates (Online)	10:15a-11:15a AD307 - Cape Breton Square Dance	10a-12p HW494 - Medical Imaging and Advocacy
11a-12p HS526 - Courtroom Conversations	10:30a-12p EF138 - Medicare 101 (Online)	10a-11:30a DE006 - Coping with Blindness	10:30a-12:30p AD012 - Advanced Watercolor	10:30a-12:30p AD278 - Open Artists' Studio
11a-12:30p HW407 - Knee Conditions	11a-12:30p EL135 - Hasidic Holocaust Stories	11a-12p EL043 - Enjoy Poetry	10:30a-11:30a AD313 - Pigments in Art and Culture	11a-12p HW352 - Beginning Tai Chi Review
11a-12:30p LE253 - Cooking with Judith (Online)	11a-12p PR111 - Favorite Parables	11a-11:45a FI018 - Sit and Be Fit	11a-12p LA006 - Basic Spanish for Beginners	11a-12p PR112 - Ethics
11:30a-1p DE015 - Aging and Ageism	11a-1p WG013 - Spades	11:30a-12:30p FI031 - Chair Yoga (Online)	11:30a-12:15p FI005 - Sit and Be Fit	12p-1p SE195 - VMHC Un/Bound Exhibit Tour A
12:30p-1:45p HS734 - A Tour of Germany and Austria	11:30a-12:30p AD058 - Country Line Dancing	11:30a-1p PR003 - Socrates Café	11:30a-1:30p LE295 - Crafting PhD	12:15p-1:15p AD022 - Ballroom Dance for Partners
12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A	12p-1:30p LS230 - Developmental Relationships	11:30a-1p LS225 - Rollator Walkers 101	12p-1:30p AD141 - Lifelong Musicians	1p-3p EL015 - Aspiring Writers' Critique
1p-3p AD234 - Artist Open Studio	1p-2p FI006 - Chair Yoga	12p-1:30p EL136 - Humor Writing Workshop	12p-1:30p LS198 - Discussing Polarizing Issues	1p-3p WG002 - Social Bingo
1p-3p WG004 - Cards and Games	1p-3p WG001 - Social Bingo	12p-1p HW386 - Intermediate Tai Chi 24 Form	1p-2p FI010 - Chair Yoga	1p-3p DE007 - Understanding Gender Identity
1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B	1p-2p HW332 - Joint Replacement Surgery	12:30p-2p LS223 - Communicating with Ease	1:30p-2:30p FI034 - Cardio and Strength Training (Online)	1p-2:30p HS741 - The Court Process
2p-3:30p CO209 - Artificial Intelligence A	1:30p-3:30p WG014 - Mah Jongg	1p-3p WG006 - Cards and Games	2p-3:30p AD111 - Intermediate Watercolor	1:30p-3:30p CO241 - Apple Photos
2p-3:30p PR100 - The Chosen	2p-3:30p EF167 - Financial Stability	1:15p-2:15p AD210 - Intro to Brazilian Percussion	2p-3:30p AD305 - Fun from Script to Stage	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
2:15p-3:45p HS739 - Voting Rights and Selma	2p-3:30p HS736 - The Vietnam Wars	1:30p-3p HS003 - Current Events	2p-3:30p CO227 - Apple iPhone Tips and Tricks A	
2:30p-3:30p HW426 - Basic Taiji Qigong	2:30p-3:30p FI009 - Gentle Yoga	1:30p-3:30p LE032 - Needleworkers United	2p-3:30p HS753 - A Quest for Family Ties	
		2p-3p AD182 - Explore Ventriloquism	2p-3p LS172 - Mercy Mall Emergency Food	
		2p-3:30p LE252 - Genealogy Discussions	2p-3:30p PR002 - Bible Discussion	
		2:30p-3:30p HW481 - Beginning Tai Chi 37 Form	2:30p-3:30p FI007 - Gentle Yoga	



Monday	Tuesday	Wednesday	Thursday	Friday
10/13/2025	10/14/2025	10/15/2025	10/16/2025	10/17/2025
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap Dancing	8:30a-9:30a AD292 - Moving to Music	8:30a-9:30a FI020 - Zumba Gold (Online)	8:30a-9:30a FI003 - Low Impact
9:30a-11:30a LS222 - Calling 911	9a-10:30a EL048 - Memoir Writing	9a-11a AD080 - Woodcarving	9a-10a AD036 - Intro to Line Dancing	9a-12p WG010 - Bridge
10a-10:45a FI004 - Sit and Be Fit	9a-10:30a HS422 - Rethinking the Korean War	9a-10:30a EL137 - Apuleius and His Novel	9a-10:30a LE353 - Alaska, Then and Now B	9:30a-11:30a CO246 - Microplastics A
10a-10:45a FI030 - Strength and Stretch (Online)	9a-10a LA001 - Intro to French	9:30a-10:30a AD183 - Beginning Guitar	9:30a-11a EF018 - Smart Investing	9:30a-11a HS731 - American History
11a-12p FI028 - Gentle Yoga	9:30a-11a LE279 - Introduction to Disc Golf	9:30a-11a AD186 - Life and Works of Raphael	9:30a-11a LS090 - The Power of Habits	9:45a-10:45a FI029 - Chair Yoga
11a-12p HS526 - Courtroom Conversations	9:30a-10:30a AD248 - Readers Theater	9:45a-10:45a FI017 - Fun Fitness	9:30a-11:30a WG009 - Mah Jongg	10a-12p WG007 - Canasta Variations
11a-12p HS698 - African American Inventors	10a-11a AD021 - Intermediate Tap Dancing	10a-11a FI015 - Pilates (Online)	10:15a-11:15a AD075 - Line Dance Practice	10:30a-11:30a SE170 - Agecroft Autumn Garden Tour
11a-12:30p LE253 - Cooking with Judith (Online)	10a-12p AD149 - Watercolor Florals	10a-11:30a LS086 - Chesterfield Library Resources	10:30a-12:30p AD012 - Advanced Watercolor	10:30a-12:30p AD278 - Open Artists' Studio
11:30a-1p DE015 - Aging and Ageism	10:30a-12p CO238 - Basic Electricity	11a-12p EL043 - Enjoy Poetry	11a-12p EF147 - Outsmart the Scammers	11a-12p HW352 - Beginning Tai Chi Review
12p-1:30p LS221 - Proactive Home Accommodation	11a-12:30p EL135 - Hasidic Holocaust Stories	11a-11:45a FI018 - Sit and Be Fit	11:30a-12:15p FI005 - Sit and Be Fit	11a-12p PR112 - Ethics
12:30p-1:45p HS734 - A Tour of Germany and Austria	11a-12p PR111 - Favorite Parables	11:30a-12:30p FI031 - Chair Yoga (Online)	11:30a-1:30p LE295 - Crafting PhD	11:30a-1p HS746 - USS Houston CA-30
12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A	11a-1p WG013 - Spades	11:30a-1p LS147 - Crafts for Community	11:30a-1:30p LS234 - Ask the Experts	12:15p-1:15p AD022 - Ballroom Dance for Partners
1p-3p AD234 - Artist Open Studio	11:30a-12:30p AD058 - Country Line Dancing	12p-1:30p EL136 - Humor Writing Workshop	12p-1:30p AD141 - Lifelong Musicians	1p-3p WG002 - Social Bingo
1p-3p WG004 - Cards and Games	12p-1p HW430 - Colorectal Disorders	12p-1p HW386 - Intermediate Tai Chi 24 Form	12p-1:30p LS198 - Discussing Polarizing Issues	1:30p-3p HS690 - Midlothian Matters
1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B	12p-12:30p IA100 - Birthday Celebration	12p-1p HW498 - Bone Health Basics	1p-2p FI010 - Chair Yoga	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
2p-3:30p CO209 - Artificial Intelligence A	12:30p-1:30p HS756 - End of the Confederacy	1p-3p WG006 - Cards and Games	1:30p-2:30p FI034 - Cardio and Strength Training (Online)	
2p-3:30p LA015 - Conversational German	12:30p-1:30p PR059 - The History of the Bible	1p-3:30p AD316 - Op Art for Beginners A	2p-3:30p AD111 - Intermediate Watercolor	
2p-3:30p PR100 - The Chosen	1p-2p FI006 - Chair Yoga	1p-3p LS226 - Rollator Walkers 201 A	2p-3:30p AD305 - Fun from Script to Stage	
2:30p-3:30p HW426 - Basic Taiji Qigong	1p-3p WG001 - Social Bingo	1:15p-2:15p AD210 - Intro to Brazilian Percussion	2p-3:30p CO227 - Apple iPhone Tips and Tricks A	
2:30p-3:30p HW500 - Diabetes and GLP-1 Agonists	1:30p-3:30p LE258 - Messy Advanced Card Making	1:30p-3p HS724 - American Corrections	2p-3:30p HS743 - Margaret Bourke-White	
	1:30p-3:30p WG014 - Mah Jongg	1:30p-3:30p LE032 - Needleworkers United	2p-3:30p PR002 - Bible Discussion	
	2p-3:30p CO176 - Google Photos B	2p-3p AD182 - Explore Ventriloquism	2:30p-3:30p FI007 - Gentle Yoga	
	2p-3:30p HS089 - Great Decisions	2p-3:30p LE252 - Genealogy Discussions		
	2p-3:30p HS736 - The Vietnam Wars	2:30p-3:30p HW481 - Beginning Tai Chi 37 Form		
	2:30p-3:30p FI009 - Gentle Yoga			



Monday	Tuesday	Wednesday	Thursday	Friday
10/20/2025	10/21/2025	10/22/2025	10/23/2025	10/24/2025
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap Dancing	8:30a-9:30a AD292 - Moving to Music	8:30a-9:30a FI020 - Zumba Gold (Online)	7:30a-6:30p SE223 - History in Lexington Tour
9a-10:30a HS730 - Sex in the Middle Ages	9a-10:30a EL048 - Memoir Writing	9a-11a AD080 - Woodcarving	9a-10a AD036 - Intro to Line Dancing	8:30a-9:30a FI003 - Low Impact
10a-10:45a FI004 - Sit and Be Fit	9a-10:30a HS422 - Rethinking the Korean War	9:30a-11a AD186 - Life and Works of Raphael	9a-10:30a LE353 - Alaska, Then and Now B	9a-10:30a HW484 - Myths About Arthritis
10a-10:45a FI030 - Strength and Stretch (Online)	9a-10a LA001 - Intro to French	9:30a-3p IA017 - Bake Sale Fundraiser	9a-10:30a LS169 - Chesterfield Council on Aging	9a-12p WG010 - Bridge
10a-11:30a EF132 - Financial Preparedness	9:30a-11a LE279 - Introduction to Disc Golf	9:45a-10:45a FI017 - Fun Fitness	9:30a-11a HW504 - Lifespan Reflection (RC)	9:30a-11:30a CO246 - Microplastics A
11a-12p FI028 - Gentle Yoga	9:30a-10:30a AD248 - Readers Theater	10a-11a FI015 - Pilates (Online)	9:30a-11a PR099 - Science and Theology	9:30a-11a HS731 - American History
11a-12p HS526 - Courtroom Conversations	9:30a-3p IA017 - Bake Sale Fundraiser	10a-11:30a EF181 - Deciphering Digital Banking	9:30a-11:30a WG009 - Mah Jongg	9:45a-10:45a FI029 - Chair Yoga
11a-12p HS698 - African American Inventors	10a-11a AD021 - Intermediate Tap Dancing	10a-12p LE315 - Scrapbooking by the Numbers	10:15a-11:15a AD075 - Line Dance Practice	10a-12p WG007 - Canasta Variations
11a-12:30p LE253 - Cooking with Judith (Online)	10a-12p AD149 - Watercolor Florals	11a-12p EL043 - Enjoy Poetry	10:30a-12:30p AD012 - Advanced Watercolor	10:30a-12:30p AD278 - Open Artists' Studio
12p-1:30p LS221 - Proactive Home Accommodation	10:30a-12p CO238 - Basic Electricity	11a-11:45a FI018 - Sit and Be Fit	11a-12p LA006 - Basic Spanish for Beginners	11a-12p HW352 - Beginning Tai Chi Review
12:30p-1:45p HS734 - A Tour of Germany and Austria	10:30a-12:30p EF136 - Long Term Care Insurance	11:30a-12:30p FI031 - Chair Yoga (Online)	11:30a-12:15p FI005 - Sit and Be Fit	11a-12p PR112 - Ethics
12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A	11a-12:30p EL135 - Hasidic Holocaust Stories	12p-1:30p EL136 - Humor Writing Workshop	11:30a-1:30p LE295 - Crafting PhD	12p-1:30p LS152 - Human Trafficking
1p-3p AD234 - Artist Open Studio	11a-12p PR111 - Favorite Parables	12p-1p HW386 - Intermediate Tai Chi 24 Form	12p-1:30p AD141 - Lifelong Musicians	12:15p-1:15p AD022 - Ballroom Dance for Partners
1p-3p WG004 - Cards and Games	11a-1p WG013 - Spades	12p-1:30p LS224 - Connecting with Adult Children	12p-1:30p IA010 - October Luncheon	1p-3p EL015 - Aspiring Writers' Critique
1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B	11:30a-12:30p AD058 - Country Line Dancing	1p-3p WG006 - Cards and Games	12p-1:30p LS198 - Discussing Polarizing Issues	1p-3p WG002 - Social Bingo
2p-3:30p CO200 - Nearpeer Tutorial and Tips B	12:30p-1:30p HS755 - Hindenburg and the Airship Era	1:15p-2:15p AD210 - Intro to Brazilian Percussion	1p-2p FI010 - Chair Yoga	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
2p-3:30p HS754 - A Quest for Family Ties (Online)	12:30p-1:30p PR059 - The History of the Bible	1:30p-3p HS003 - Current Events	1:30p-2:30p FI034 - Cardio and Strength Training (Online)	
2p-3:30p LA015 - Conversational German	1p-2p FI006 - Chair Yoga	1:30p-3:30p LE032 - Needleworkers United (RC)	2p-3:30p AD111 - Intermediate Watercolor	
2p-3:30p PR100 - The Chosen	1p-3p WG001 - Social Bingo	2p-3p AD182 - Explore Ventriloquism	2p-3:30p AD305 - Fun from Script to Stage	
2:30p-3:30p HW426 - Basic Taiji Qigong	1p-3p LS227 - Rollator Walkers 201 B	2p-3:30p LE252 - Genealogy Discussions	2p-3:30p CO227 - Apple iPhone Tips and Tricks A	
2:30p-3:30p SE160 - Love Songs from Op to Pop	1:30p-3:30p WG014 - Mah Jongg	2:30p-3:30p HW481 - Beginning Tai Chi 37 Form	2p-3:30p PR002 - Bible Discussion	
	2p-3:30p CO176 - Google Photos B		2:30p-3:30p FI007 - Gentle Yoga	
	2p-3:30p HS736 - The Vietnam Wars		2:30p-3:30p HW376 - Vertigo and	
	2p-3p LS217 - Critical Thinking A		2:30p-3:30p HW468 - The Importance of Posture	
	2:30p-3:30p FI009 - Gentle Yoga			



Monday	Tuesday	Wednesday	Thursday	Friday
10/27/2025	10/28/2025	10/29/2025	10/30/2025	10/31/2025
8:30a-12:15p HW503 - Memory Screenings	9a-9:45a AD045 - Beginner Tap Dancing	8:30a-9:30a AD292 - Moving to Music	8:30a-9:30a FI020 - Zumba Gold (Online)	8:30a-9:30a FI003 - Low Impact
9a-10a FI001 - Low Impact	9a-10:30a EL048 - Memoir Writing	9a-11a AD080 - Woodcarving	9a-10a AD036 - Intro to Line Dancing	9a-2:30p AD119 - Watercolor Problem Solving
9a-10:30a HS730 - Sex in the Middle Ages	9a-10:30a HS422 - Rethinking the Korean War	9:30a-11a AD186 - Life and Works of Raphael	9a-2:30p AD119 - Watercolor Problem Solving	9a-12p WG010 - Bridge
9a-11a LS091 - The Art of the Apology	9a-10a LA019 - Conversational French	9:30a-12p AD317 - Op Art for Beginners B	9:30a-11:30a LE306 - Regenerative Seed Starting 101	9:30a-11:30a CO246 - Microplastics A
10a-10:45a FI004 - Sit and Be Fit	9:30a-11a LE279 - Introduction to Disc Golf	9:30a-11:30a CO247 - Microplastics B	9:30a-11a PR099 - Science and Theology	9:30a-11a HS731 - American History
10a-10:45a FI030 - Strength and Stretch (Online)	9:30a-10:30a AD248 - Readers Theater	9:30a-10:30a LS211 - Senior Care 101	9:30a-11:30a WG009 - Mah Jongg	9:45a-10:45a FI029 - Chair Yoga
10a-12p EF104 - Estates and Probate	10a-11a AD021 - Intermediate Tap Dancing	9:45a-10:45a FI017 - Fun Fitness	10:15a-11:15a AD075 - Line Dance Practice	10a-12p WG007 - Canasta Variations
11a-12p SE219 - Pocahontas Railroad Hike Tour	10a-12p AD149 - Watercolor Florals	10a-11a FI015 - Pilates (Online)	10:30a-12:30p AD192 - Super Senior Storytelling Slam	11a-12p HW352 - Beginning Tai Chi Review
11a-12p FI028 - Gentle Yoga	10:30a-12p CO238 - Basic Electricity	11a-12:30p AD252 - Ukulele Instruction and Jam	11a-12p LA006 - Basic Spanish for Beginners	11a-12p PR112 - Ethics
11a-12p HS526 - Courtroom Conversations	11a-12:30p EL135 - Hasidic Holocaust Stories	11a-12p EL043 - Enjoy Poetry	11:30a-12:15p FI005 - Sit and Be Fit	12:15p-1:15p AD022 - Ballroom Dance for Partners
11a-12:30p LE253 - Cooking with Judith (Online)	11a-12:30p HW408 - Shoulder Conditions	11a-11:45a FI018 - Sit and Be Fit	12p-1:30p AD141 - Lifelong Musicians	1p-3p WG002 - Social Bingo
12:30p-1:45p HS734 - A Tour of Germany and Austria	11a-12p PR111 - Favorite Parables	11:30a-12:30p FI031 - Chair Yoga (Online)	12p-1:30p LS198 - Discussing Polarizing Issues	1p-2:30p LS206 - What Are Death Cafes?
12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A	11a-1p WG013 - Spades	12p-1:30p EL136 - Humor Writing Workshop	12p-1p SE214 - Advertising Antics Performance	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
1p-3p AD234 - Artist Open Studio	11:30a-12:30p AD058 - Country Line Dancing	12p-1p HW386 - Intermediate Tai Chi 24 Form	1p-2p FI010 - Chair Yoga	
1p-3p WG004 - Cards and Games	12:30p-1:30p PR059 - The History of the Bible	12p-1:30p LS224 - Connecting with Adult Children	1:30p-2:30p FI034 - Cardio and Strength Training (Online)	
1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B	1p-2p FI006 - Chair Yoga	12:30p-1:30p LS069 - SeniorNavigator	1:30p-3:30p HW499 - Falls Prevention and Recovery	
2p-3:30p LA015 - Conversational German	1p-3p WG001 - Social Bingo	1p-3p WG006 - Cards and Games	2p-3:30p AD305 - Fun from Script to Stage	
2p-3:30p PR100 - The Chosen	1p-3p HS631 - The Life of Norman Rockwell B	1:15p-2:15p AD210 - Intro to Brazilian Percussion	2p-3:30p CO227 - Apple iPhone Tips and Tricks A	
2:30p-3:30p HW426 - Basic Taiji Qigong	1p-2p LS229 - From Farm to Front Door	1:30p-3p HS724 - American Corrections	2p-3:30p HS541 - History of Ventriloquism	
3:30p-4:30p LLI Board of Directors Meeting	1:30p-3:30p WG014 - Mah Jongg	1:30p-3:30p LE032 - Needleworkers United	2p-3:30p PR002 - Bible Discussion	
	2p-3:30p CO176 - Google Photos B	2p-3p AD182 - Explore Ventriloquism	2:30p-3:30p FI007 - Gentle Yoga	
	2p-3p LS217 - Critical Thinking A	2p-3:30p EL114 - Literary Society Book		
	2:30p-3:30p FI009 - Gentle Yoga	2p-3:30p LE252 - Genealogy Discussions		
	2:30p-3:30p LS232 - Designing the Next Chapter	2:30p-3:30p HW481 - Beginning Tai Chi 37 Form		

Monday	Tuesday	Wednesday	Thursday	Friday
11/3/2025	11/4/2025	11/5/2025	11/6/2025	11/7/2025
LLI Closed	LLI Closed	8:30a-9:30a AD292 - Moving to Music	8:30a-9:30a FI020 - Zumba Gold (Online)	8:30a-9:30a FI003 - Low Impact
		9a-11a AD080 - Woodcarving	9a-10a AD036 - Intro to Line Dancing	9a-12p WG010 - Bridge
		9:30a-10:30a LS219 - Capital Trail 101	9a-10a HS759 - Honoring Heroes	9:30a-11a HS731 - American History
		9:30a-10:30a AD183 - Beginning Guitar	9:30a-11a LS094 - Strengthening Relationships	9:45a-10:45a FI029 - Chair Yoga
		9:30a-11a AD186 - Life and Works of Raphael	9:30a-11a PR099 - Science and Theology	10a-12p WG007 - Canasta Variations
		9:30a-11:30a CO247 - Microplastics B	9:30a-11:30a WG009 - Mah Jongg	10:30a-12:30p AD278 - Open Artists' Studio
		9:45a-10:45a FI017 - Fun Fitness	10:15a-11:15a AD075 - Line Dance Practice	10:30a-12p PR113 - Mental Health and Faith
		10a-11a FI015 - Pilates (Online)	10:30a-12:30p AD012 - Advanced Watercolor	11a-12p HW352 - Beginning Tai Chi Review
		11a-12:30p AD252 - Ukulele Instruction and Jam	10:30a-12p EF115 - Estate Planning (Online)	11a-12p PR112 - Ethics
		11a-12p EL043 - Enjoy Poetry	10:30a-11:45a HS657 - Intro to the US Constitution	12:15p-1:15p AD022 - Ballroom Dance for Partners
		11a-11:45a FI018 - Sit and Be Fit	11a-12p LA006 - Basic Spanish for Beginners	1p-3p EL015 - Aspiring Writers' Critique
		11:30a-12:30p FI031 - Chair Yoga (Online)	11:30a-12:15p FI005 - Sit and Be Fit	1p-3p WG002 - Social Bingo
		11:30a-1p HS700 - The Invisible Women	11:30a-1:30p LE295 - Crafting PhD	1:30p-3p AD314 - Art Journaling
		12p-1:30p EL136 - Humor Writing Workshop	12p-1:30p AD141 - Lifelong Musicians	1:30p-3:30p CO242 - Apple Messages
		12p-1p HW386 - Intermediate Tai Chi 24 Form	12p-1:30p LS198 - Discussing Polarizing Issues	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
		12p-1:30p LS224 - Connecting with Adult Children	1p-2p FI010 - Chair Yoga	1:30p-3p SE215 - Macbeth Sneak Peek
		1p-3p WG006 - Cards and Games	1:30p-2:30p FI034 - Cardio and Strength Training (Online)	2p-3p HW475 - Common Menopause Symptoms
		1:15p-2:15p AD210 - Intro to Brazilian Percussion	2p-3:30p HS744 - American WWII Presidents	
		1:30p-3p HS003 - Current Events	2p-3:30p AD111 - Intermediate Watercolor	
		1:30p-3:30p LE032 - Needleworkers United	2p-3:30p AD305 - Fun from Script to Stage	
		1:30p-3:30p LS178 - Chesterfield Fire and EMS	2p-3:30p CO227 - Apple iPhone Tips and Tricks A	
		2p-3p LS218 - Critical Thinking B	2p-3:30p DE012 - The Faith Club	
		2p-3p AD182 - Explore Ventriloquism	2p-3:30p PR002 - Bible Discussion	
		2p-3:30p LE252 - Genealogy Discussions	2:30p-3:30p FI007 - Gentle Yoga	
		2:30p-3:30p HW481 - Beginning Tai Chi 37 Form		

Monday	Tuesday	Wednesday	Thursday	Friday
11/10/2025	11/11/2025	11/12/2025	11/13/2025	11/14/2025
9a-10a FI001 - Low Impact		8:30a-9:30a AD292 - Moving to Music	8:30a-9:30a FI020 - Zumba Gold (Online)	8:30a-9:30a FI003 - Low Impact
9a-10:30a HS730 - Sex in the Middle Ages		9a-11a AD080 - Woodcarving	9a-10a AD036 - Intro to Line Dancing	9a-10:30a HW485 - Rotator Cuff Tears
9:30a-11a AD308 - Creating a Mandala A		9:30a-10:30a AD183 - Beginning Guitar	9:30a-11a HS747 - Native Americans in War	9a-12p WG010 - Bridge
10a-10:45a FI004 - Sit and Be Fit		9:30a-11a AD186 - Life and Works of Raphael	9:30a-11a LS094 - Strengthening Relationships	9:30a-11a HS731 - American History
10a-10:45a FI030 - Strength and Stretch (Online)		9:30a-11:30a CO247 - Microplastics B	9:30a-11a PR099 - Science and Theology	9:45a-10:45a FI029 - Chair Yoga
10a-11:30a LE349 - Logic and Reasoning Puzzles B		9:45a-10:45a FI017 - Fun Fitness	9:30a-11:30a WG009 - Mah Jongg	10a-12p WG007 - Canasta Variations
11a-12p HW389 - Understanding Hearing		10a-11a FI015 - Pilates (Online)	10:15a-11:15a AD307 - Cape Breton Square Dance	10:30a-12p SE221 - VCU's Cabell Library Tour B
11a-12:30p EL111 - The Early History of Movies		10:30a-12p EF178 - Preparing a Home for Sale	10:30a-12:30p AD012 - Advanced Watercolor	10:30a-12:30p AD278 - Open Artists' Studio
11a-12p FI028 - Gentle Yoga		11a-12:30p AD252 - Ukulele Instruction and Jam	11a-12p LA006 - Basic Spanish for Beginners	10:30a-12p PR113 - Mental Health and Faith
11a-12p HS526 - Courtroom Conversations		11a-12p EL043 - Enjoy Poetry	11:30a-12:15p FI005 - Sit and Be Fit	11a-12p HW352 - Beginning Tai Chi Review
12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A		11a-11:45a FI018 - Sit and Be Fit	11:30a-1:30p LE295 - Crafting PhD	11a-12p PR112 - Ethics
1p-3p AD234 - Artist Open Studio		11:30a-12:30p FI031 - Chair Yoga (Online)	12p-1:30p AD141 - Lifelong Musicians	12:15p-1:15p AD022 - Ballroom Dance for Partners
1p-3p EL108 - The Boy, Mole, Fox and Horse		11:30a-1p HS700 - The Invisible Women	12p-1:30p LS198 - Discussing Polarizing Issues	1p-2p EL091 - The Many Hats of a Writer
1p-3p WG004 - Cards and Games		11:30a-1p PR003 - Socrates Café	1p-2p FI010 - Chair Yoga	1p-2:30p LS235 - When Breath Becomes Air
1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B		12p-1:30p EL136 - Humor Writing Workshop	1:30p-2:30p SE196 - VMHC Un/Bound Exhibit Tour B	1p-3p WG002 - Social Bingo
2p-3:30p CO228 - Apple iPhone Tips and Tricks B		12p-1p HW386 - Intermediate Tai Chi 24 Form	1:30p-3p EF102 - After the Last Paycheck	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
2p-3:30p LA015 - Conversational German		1p-3p WG006 - Cards and Games	1:30p-2:30p FI034 - Cardio and Strength Training (Online)	
2:30p-3:30p HW426 - Basic Taiji Qigong		1:15p-2:15p AD210 - Intro to Brazilian Percussion	2p-3:30p AD111 - Intermediate Watercolor	
		1:30p-3p AD283 - El Greco	2p-3:30p AD305 - Fun from Script to Screen	
		1:30p-3:30p LE032 - Needleworkers United	2p-3:30p DE012 - The Faith Club	
		2p-3:30p LS213 - Setting Goals	2p-3:30p PR002 - Bible Discussion	
		2p-3p LS218 - Critical Thinking B	2:30p-3:30p FI007 - Gentle Yoga	
		2p-3p AD182 - Explore Ventriloquism	2:30p-3:30p HW501 - Shoulder Pain Solutions	
		2p-3:30p LE252 - Genealogy Discussions		
		2:30p-3:30p HW481 - Beginning Tai Chi 37 Form		



Monday	Tuesday	Wednesday	Thursday	Friday
11/17/2025	11/18/2025	11/19/2025	11/20/2025	11/21/2025
9a-2:30p AD151 - YUPO and Watermedia	9a-9:45a AD045 - Beginner Tap Dancing	8:30a-9:30a AD292 - Moving to Music	8:30a-9:30a FI020 - Zumba Gold (Online)	8:30a-9:30a FI003 - Low Impact
9a-10a FI001 - Low Impact	9a-2:30p AD151 - YUPO and Watermedia	9a-11a AD080 - Woodcarving	9a-10a AD036 - Intro to Line Dancing	9a-12p WG010 - Bridge
9a-10:30a HS730 - Sex in the Middle Ages	9a-10:30a EL048 - Memoir Writing	9:30a-11:30a LE308 - Live Holiday Wreaths	9:30a-11:30a CO248 - Microplastics C	9:45a-10:45a FI029 - Chair Yoga
9a-11a LS095 - Becoming a Better Grandparent	9a-10a LA019 - Conversational French	9:30a-10:30a AD183 - Beginning Guitar	9:30a-11a PR099 - Science and Theology	10a-12p WG007 - Canasta Variations
10a-10:45a FI004 - Sit and Be Fit	9:30a-10:30a AD248 - Readers Theater	9:30a-11a AD186 - Life and Works of Raphael	9:30a-11:30a WG009 - Mah Jongg	10:30a-12:30p AD278 - Open Artists' Studio
10a-10:45a FI030 - Strength and Stretch (Online)	10a-11a AD021 - Intermediate Tap Dancing	9:45a-10:45a FI017 - Fun Fitness	10:15a-11:15a AD075 - Line Dance Practice	10:30a-12p CO235 - Podcasts for All
11a-12:30p EL111 - The Early History of Movies	10a-11a EF118 - Organizing Financial Records	10a-11a FI015 - Pilates (Online)	10:30a-12:30p AD012 - Advanced Watercolor	10:30a-12p PR113 - Mental Health and Faith
11a-12p FI028 - Gentle Yoga	10a-12p HS683 - Inevitability of the Holocaust (Online)	10:30a-11:30a LS233 - Home Health vs. Home Care	10:30a-12:30p AD192 - Super Senior Storytelling Slam	11a-12p HW352 - Beginning Tai Chi Review
11a-12p HS526 - Courtroom Conversations	10:30a-11:30a HW272 - Biomechanics of Sitting	11a-12:30p AD252 - Ukulele Instruction and Jam	11:30a-12:15p FI005 - Sit and Be Fit	11a-12p PR112 - Ethics
12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A	11a-12:30p EL135 - Hasidic Holocaust Stories	11a-12p EL043 - Enjoy Poetry	12p-1:30p AD141 - Lifelong Musicians	12:15p-1:15p AD022 - Ballroom Dance for Partners
1p-3p WG004 - Cards and Games	11a-1p WG013 - Spades	11a-11:45a FI018 - Sit and Be Fit	12p-1p HW476 - Pelvic Floor Health	1p-3p EL015 - Aspiring Writers' Critique
1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B	11:30a-12:30p AD058 - Country Line Dancing	11:30a-12:30p FI031 - Chair Yoga (Online)	12p-1:30p IA011 - November Luncheon	1p-3p WG002 - Social Bingo
2p-3:30p CO228 - Apple iPhone Tips and Tricks B	12p-12:30p IA100 - Birthday Celebration	11:30a-1p HS700 - The Invisible Women	12p-1:30p LS198 - Discussing Polarizing Issues	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
2p-3:30p LA015 - Conversational German	12p-1:30p PR114 - The Letter of James	11:30a-1p LS147 - Crafts for Community	1p-2p FI010 - Chair Yoga	
2:30p-3:30p HW426 - Basic Taiji Qigong	12:30p-1:30p HW497 - Lung Health	12p-1:30p EL136 - Humor Writing Workshop	1:30p-2:30p FI034 - Cardio and Strength Training (Online)	
	1p-2p FI006 - Chair Yoga	12p-1p HW386 - Intermediate Tai Chi 24 Form	2p-3:30p AD111 - Intermediate Watercolor	
	1p-3p WG001 - Social Bingo	1p-3p LS208 - Medical Aid in Dying	2p-3:30p AD305 - Fun from Script to Stage	
	1:30p-3:30p LE241 - Basic Pine Needle Baskets	1p-3p WG006 - Cards and Games	2p-3:30p DE012 - The Faith Club	
	1:30p-3:30p WG014 - Mah Jongg	1:15p-2:15p AD210 - Intro to Brazilian Percussion	2p-3:30p PR002 - Bible Discussion	
	2p-3:30p HS089 - Great Decisions	1:30p-3p HS003 - Current Events	2:30p-3:30p FI007 - Gentle Yoga	
	2p-3:30p HS736 - The Vietnam Wars	1:30p-3:30p LE032 - Needleworkers United	2:30p-3:30p HW377 - Chronic Pain	
	2:30p-3:30p FI009 - Gentle Yoga	2p-3p AD182 - Explore Ventriloquism		
		2p-3:30p LE252 - Genealogy Discussions		
		2:30p-3:30p HW481 - Beginning Tai Chi 37 Form		

Monday	Tuesday	Wednesday	Thursday	Friday
11/24/2025	11/25/2025	11/26/2025	11/27/2025	11/28/2025
8:30a-12:15p HW503 - Memory Screenings	9a-9:45a AD045 - Beginner Tap Dancing			
9a-10a FI001 - Low Impact	9a-10:30a EL048 - Memoir Writing			
9a-10:30a HS730 - Sex in the Middle Ages	9a-10a LA019 - Conversational French			
10a-10:45a FI004 - Sit and Be Fit	9:30a-10:30a AD248 - Readers Theater			
10a-10:45a FI030 - Strength and Stretch (Online)	10a-11a AD021 - Intermediate Tap Dancing			
11a-12:30p EL111 - The Early History of Movies	10a-12p HS683 - Inevitability of the Holocaust (Online)			
11a-12p FI028 - Gentle Yoga	10:30a-12p LE355 - Creative Earring Workshop			
11a-12p HS526 - Courtroom Conversations	11a-12:30p EL135 - Hasidic Holocaust Stories			
12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A	11a-1p WG013 - Spades			
1p-3p AD234 - Artist Open Studio	11:30a-12:30p AD058 - Country Line Dancing			
1p-3p WG004 - Cards and Games	12p-1:30p PR114 - The Letter of James			
1:30p-3p HS750 - Echoes of the Past	1p-2p FI006 - Chair Yoga			
1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B	1p-3p WG001 - Social Bingo			
2p-3:30p CO228 - Apple iPhone Tips and Tricks B	1:30p-3:30p WG014 - Mah Jongg			
2p-3:30p LA015 - Conversational German	2p-3:30p HS736 - The Vietnam Wars			
2:30p-3:30p HW426 - Basic Taiji Qigong	2:30p-3:30p FI009 - Gentle Yoga			
3:30p-4:30p LLI Board of Directors Meeting				



Monday	Tuesday	Wednesday	Thursday	Friday
12/1/2025	12/2/2025	12/3/2025	12/4/2025	12/5/2025
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap Dancing	8:30a-9:30a AD292 - Moving to Music	8:30a-9:30a FI020 - Zumba Gold (Online)	8:30a-9:30a FI003 - Low Impact
9a-10:30a HS730 - Sex in the Middle Ages	9a-10:30a EL048 - Memoir Writing	9a-11a AD080 - Woodcarving	9a-10a AD036 - Intro to Line Dancing	9a-12p WG010 - Bridge
10a-10:45a FI004 - Sit and Be Fit	9a-10a LA019 - Conversational French	9:30a-11a EF180 - Finance Across Generations	9:30a-11:30a CO248 - Microplastics C	9:45a-10:45a FI029 - Chair Yoga
10a-10:45a FI030 - Strength and Stretch (Online)	9:30a-10:30a AD248 - Readers Theater	9:30a-10:30a AD183 - Beginning Guitar	9:30a-11a LS099 - Resolving Conflict	10a-11:30a AD315 - Art Journaling (Online)
10a-12p LE130 - Frazzled Snowman and Ornament	10a-11a AD021 - Intermediate Tap Dancing	9:45a-10:45a FI017 - Fun Fitness	9:30a-11a PR099 - Science and Theology	10a-12p WG007 - Canasta Variations
11a-12:30p HW442 - Introduction to Anatomy	10:30a-12p LE355 - Creative Earring Workshop	10a-11a FI015 - Pilates (Online)	9:30a-11:30a WG009 - Mah Jongg	10:30a-12:30p AD278 - Open Artists' Studio
11a-12:30p EL111 - The Early History of Movies	11a-12:30p EL135 - Hasidic Holocaust Stories	11a-12p EL043 - Enjoy Poetry	10:15a-11:15a AD075 - Line Dance Practice	10:30a-12p PR113 - Mental Health and Faith
11a-12p FI028 - Gentle Yoga	11a-1p WG013 - Spades	11a-11:45a FI018 - Sit and Be Fit	11a-12p LA006 - Basic Spanish for Beginners (RC)	11a-12p HW352 - Beginning Tai Chi Review
12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A	11:30a-12:30p AD058 - Country Line Dancing	11:30a-12:30p FI031 - Chair Yoga (Online)	11:30a-12:15p FI005 - Sit and Be Fit	11a-12p PR112 - Ethics
1p-3p AD234 - Artist Open Studio	1p-3:30p AD318 - Op Art for Beginners C	12p-1:30p EL136 - Humor Writing Workshop	11:30a-1:30p LE295 - Crafting PhD	12:15p-1:15p AD022 - Ballroom Dance for Partners
1p-3p WG004 - Cards and Games	1p-3p DE011 - LGBTQ+ History	12p-1p HW386 - Intermediate Tai Chi 24 Form	12p-1:30p AD141 - Lifelong Musicians	1p-3p EL015 - Aspiring Writers' Critique
1:30p-3p DE013 - Disability and Ableism	1p-2p FI006 - Chair Yoga	1p-3p WG006 - Cards and Games	12p-1:30p LS198 - Discussing Polarizing Issues	1p-3p WG002 - Social Bingo
1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B	1p-3p WG001 - Social Bingo	1:15p-2:15p AD210 - Intro to Brazilian Percussion	1p-2p AD312 - Interior Design Drawing B	1:30p-3:30p CO243 - Apple Mail
2p-3:30p CO228 - Apple iPhone Tips and Tricks B	1:30p-3p HS751 - Echoes of the Past (Online)	1:30p-3p HS003 - Current Events	1p-2p FI010 - Chair Yoga	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
2p-3:30p LA015 - Conversational German	1:30p-3:30p LE241 - Basic Pine Needle Baskets	1:30p-3:30p LE032 - Needleworkers United	1:30p-2:30p FI034 - Cardio and Strength Training (Online)	
2:30p-3:30p HW426 - Basic Taiji Qigong	1:30p-3:30p WG014 - Mah Jongg	2p-3p AD182 - Explore Ventriloquism	2p-3p LS172 - Mercy Mall Emergency Food	
	2p-3:30p HS736 - The Vietnam Wars	2p-3:30p LE252 - Genealogy Discussions	2p-3:30p AD305 - Fun from Script to Stage	
	2:30p-3:30p FI009 - Gentle Yoga	2:30p-3:30p HW481 - Beginning Tai Chi 37 Form	2p-3:30p CO210 - Artificial Intelligence B	
			2p-3:30p PR002 - Bible Discussion	
			2:30p-3:30p FI007 - Gentle Yoga	



Monday	Tuesday	Wednesday	Thursday	Friday
12/8/2025	12/9/2025	12/10/2025	12/11/2025	12/12/2025
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap Dancing	8:30a-9:30a AD292 - Moving to Music	8:30a-9:30a FI020 - Zumba Gold (Online)	8:30a-9:30a FI003 - Low Impact
10a-10:45a FI004 - Sit and Be Fit	9a-10:30a EL048 - Memoir Writing	9a-11a AD080 - Woodcarving	9a-10a AD036 - Intro to Line Dancing	9a-12p WG010 - Bridge
10a-10:45a FI030 - Strength and Stretch (Online)	9a-10a LA019 - Conversational French	9:30a-11a AD288 - History of the Cello	9:30a-11:30a CO248 - Microplastics C	9:30a-11a HS732 - Lewis and Clark
10:30a-12p AD309 - Creating a Mandala B	9:30a-10:30a AD248 - Readers Theater	9:30a-11:30a LS231 - Death in the VA Legislature	9:30a-11a LS099 - Resolving Conflict	9:45a-10:45a FI029 - Chair Yoga
11a-12:30p EL111 - The Early History of Movies	10a-11a AD021 - Intermediate Tap Dancing	9:30a-10:30a AD183 - Beginning Guitar	9:30a-11a PR099 - Science and Theology	10a-12p WG007 - Canasta Variations
11a-12p FI028 - Gentle Yoga	10:30a-12p LE355 - Creative Earring Workshop	9:45a-10:45a FI017 - Fun Fitness	9:30a-11:30a WG009 - Mah Jongg	10:30a-12:30p AD278 - Open Artists' Studio
12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A	11a-12:30p EL135 - Hasidic Holocaust Stories	10a-11a FI015 - Pilates (Online)	10:15a-11:15a AD075 - Line Dance Practice	11a-12p HW352 - Beginning Tai Chi Review
1p-3p AD234 - Artist Open Studio	11a-1p WG013 - Spades	11a-12p EL043 - Enjoy Poetry	11a-12p LA006 - Basic Spanish for Beginners (RC)	11a-12p PR112 - Ethics
1p-3p WG004 - Cards and Games	11:30a-12:30p AD058 - Country Line Dancing	11a-11:45a FI018 - Sit and Be Fit	11:30a-12:15p FI005 - Sit and Be Fit	12:15p-1:15p AD022 - Ballroom Dance for Partners
1:30p-3p DE013 - Disability and Ableism	12p-12:30p IA100 - Birthday Celebration	11:30a-12:30p FI031 - Chair Yoga (Online)	11:30a-1:30p LE295 - Crafting PhD	1p-3p WG002 - Social Bingo
1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B	1p-2p FI006 - Chair Yoga	11:30a-1p PR003 - Socrates Café	12p-1:30p AD141 - Lifelong Musicians	1:30p-2:30p HW343 - Intermediate Tai Chi 42 Form
2p-3:30p CO228 - Apple iPhone Tips and Tricks B	1p-3p WG001 - Social Bingo	12p-1:30p EL136 - Humor Writing Workshop	12p-1:30p IA012 - December Luncheon	
2p-3:30p LA015 - Conversational German	1:30p-3:30p LE241 - Basic Pine Needle Baskets	12p-1p HW386 - Intermediate Tai Chi 24 Form	12p-1:30p LS198 - Discussing Polarizing Issues	
2:30p-3:30p HW426 - Basic Taiji Qigong	1:30p-3:30p WG014 - Mah Jongg	1p-3p WG006 - Cards and Games	1p-2p AD312 - Interior Design Drawing B	
	2p-3:30p HS089 - Great Decisions	1:15p-2:15p AD210 - Intro to Brazilian Percussion	1p-2p FI010 - Chair Yoga	
	2:30p-3:30p FI009 - Gentle Yoga	1:30p-3:30p LE032 - Needleworkers United	1:30p-2:30p FI034 - Cardio and Strength Training (Online)	
		2p-3:30p HS758 - Midlothian and Clover Hill	2p-3:30p AD305 - Fun from Script to Stage	
		2p-3p AD182 - Explore Ventriloquism	2p-3:30p CO210 - Artificial Intelligence B	
		2p-3:30p LE252 - Genealogy Discussions	2p-3:30p PR002 - Bible Discussion	
		2:30p-3:30p HW481 - Beginning Tai Chi 37 Form	2:30p-3:30p FI007 - Gentle Yoga	
			2:30p-3:30p HW409 - Dry Needling	
			2:30p-3:30p SE216 - Readers Theater Performance A	



Monday	Tuesday	Wednesday	Thursday	Friday
12/15/2025	12/16/2025	12/17/2025	12/18/2025	12/19/2025
9a-10a FI001 - Low Impact	9a-9:45a AD045 - Beginner Tap Dancing	8:30a-9:30a AD292 - Moving to Music	8:30a-9:30a FI020 - Zumba Gold (Online)	LLI Closed for the Holidays Dec 19 - Jan 2 Spring Catalog Available on Jan 8, 2026
10a-10:45a FI004 - Sit and Be Fit	9a-10a LA019 - Conversational French	9a-11a AD080 - Woodcarving	9a-10a AD036 - Intro to Line Dancing	
10a-10:45a FI030 - Strength and Stretch (Online)	9:30a-10:30a AD248 - Readers Theater	9:30a-10:30a AD183 - Beginning Guitar	9:30a-11a PR099 - Science and Theology	
11a-12:30p EL111 - The Early History of Movies	10a-11a AD021 - Intermediate Tap Dancing	9:45a-10:45a FI017 - Fun Fitness	9:30a-11:30a WG009 - Mah Jongg	
11a-12p FI028 - Gentle Yoga	10a-11a HS368 - Local Government	10a-11a FI015 - Pilates (Online)	10:15a-11:15a AD075 - Line Dance Practice	
12:30p-1:15p HW342 - Beginning Tai Chi 24 Form A	10:30a-12p LE355 - Creative Earring Workshop	11a-12p SE154 - Holiday Music and Sing-Along	10:30a-12:30p AD192 - Super Senior Storytelling Slam	
1p-3p AD234 - Artist Open Studio	11a-12p LS196 - Navigating Senior Housing	11a-11:45a FI018 - Sit and Be Fit	11:30a-12:15p FI005 - Sit and Be Fit	
1p-3p WG004 - Cards and Games	11a-1p WG013 - Spades	11:30a-12:30p FI031 - Chair Yoga (Online)	12p-1:30p AD141 - Lifelong Musicians	
1:30p-2:15p HW355 - Beginning Tai Chi 24 Form B	11:30a-12:30p AD058 - Country Line Dancing	11:30a-1p LS147 - Crafts for Community	12p-1:30p LS198 - Discussing Polarizing Issues	
2p-3:30p CO236 - Facebook Tips and Tricks	11:30a-1p SE171 - Literary Society Celebration	12p-1:30p EL136 - Humor Writing Workshop	12:30p-1:30p SE217 - Readers Theater Performance B	
2p-3:30p HS745 - The Battle of the Bulge	1p-2p FI006 - Chair Yoga	12p-1p HW386 - Intermediate Tai Chi 24 Form	1p-2p FI010 - Chair Yoga	
2p-3:30p LA015 - Conversational German	1p-3p WG001 - Social Bingo	1p-3p WG006 - Cards and Games	1:30p-2:30p FI034 - Cardio and Strength Training (Online)	
2:30p-3:30p HW426 - Basic Taiji Qigong	1:30p-3:30p HS749 - German Vengeance Weapons	1:15p-2:15p AD210 - Intro to Brazilian Percussion	2p-3:30p AD305 - Fun from Script to Stage	
3:30p-4:30p LLI Board of Directors Meeting (Offsite)	1:30p-3:30p LE241 - Basic Pine Needle Baskets	1:30p-3p HS003 - Current Events	2p-3:30p CO210 - Artificial Intelligence B	
	1:30p-3:30p WG014 - Mah Jongg	1:30p-3:30p LE032 - Needleworkers United	2p-3:30p PR002 - Bible Discussion	
	2:30p-3:30p FI009 - Gentle Yoga	2p-3p AD182 - Explore Ventriloquism	2:30p-3:30p FI007 - Gentle Yoga	
		2p-3:30p LE252 - Genealogy Discussions		
		2:30p-3:30p HW481 - Beginning Tai Chi 37 Form		