

#TeamLME RSA Test 1

| Riding/Assistance with Riding | Date of Completion | Assessor | Signed |
|--|--------------------|----------|--------|
| Know how and where to stand your pony when coming into the school a) empty and b) with other ponies | | | |
| Know how to check all tack is ready for mounting for yourself and another rider | | | |
| Know the common mistakes when to check when tacking up | | | |
| Understand and know how to correctly apply the aids for Walk & Halt | | | |
| Understand and demonstrate how to Halt & Walk On to another rider | | | |
| Understand how to correctly hold the reins and show another rider how to do this | | | |
| Understand and perform a leg-up for mounting for yourself and another rider | | | |
| Stable Management | | | |
| Know which brushes to use to prepare a pony before tacking up | | | |
| Know how to put on a headcollar & tie-up a tacked-up pony safely | | | |
| Know which ponies have specific requirements when working with them | | | |
| Know where the items you will need are kept and how to/not to apply them | | | |
| Know and understand what you should do or who to go to if you are unhappy/unsure/have any questions/etc. | | | |

#TeamLME RSA Test 2

| Riding/Assistance with Riding | Date of Completion | Assessor | Signed |
|---|--------------------|----------|--------|
| Mount another rider & yourself with a leg up and at a mounting block | | | |
| Know how to check the girth whilst on and for another rider | | | |
| Know how to and explain to another rider the shortening and lengthening of reins | | | |
| Know how to assist another rider in walking on from trotting and turning | | | |
| Assist another rider in trot | | | |
| Understand and show another rider the correct position in the saddle in walk, trot & canter | | | |
| Understand the 'Rules of the School' for the ponies while in group & private lessons | | | |
| Stable Management | | | |
| Remove the saddle and bridle and put it away inc. washing the bit, etc. | | | |
| Understand and know how to put all tack away correctly and safely . | | | |
| Understand how and pick out a pony's feet | | | |
| Brush a horse/pony with a suitable sequence of brushes ready for a lesson | | | |
| Identify and understand the mood changes of a horse/pony | | | |
| Recognise and describe the difference between hay and haylage | | | |

#TeamLME RSA Test 3

| Riding/Assistance with Riding | Date of Completion | Assessor | Signed |
|--|--------------------|----------|--------|
| Check girth & stirrups before mounting for yourself & another rider | | | |
| Know how to cross the stirrups for 'No Stirrups' for yourself or another rider | | | |
| Know how to correctly ride a 20m circle at A and C. Perform in walk and trot | | | |
| Understand and know how to correctly apply the aids for Progressive Transitions | | | |
| Understand and perform a light seat/jumping position in the saddle | | | |
| Understand the correct position and balance for yourself and another rider | | | |
| Have a basic understanding of trot diagonals | | | |
| Stable Management | | | |
| Know how to put on a saddle correctly | | | |
| Lead a tacked-up horse/pony correctly to the school | | | |
| Know how to pick up and dispose of droppings properly inc. the use of tools | | | |
| Know how to catch & turnout a horse/pony in the barn/field | | | |
| Know two rules of watering | | | |
| Have a basic understanding of which horses and ponies live in which herd | | | |
| Put on and take off a rug correctly and safely . | | | |

#TeamLME RSA Test 4

| Riding/Assistance with Riding | Date of Completion | Assessor | Signed |
|--|--------------------|----------|--------|
| Know how to check stirrup length for yourself and another rider | | | |
| Understand the differences when dealing with complete beginner riders in comparison to regular clients | | | |
| Know how to alert the Coach/Party Host that there is a problem either with yourself, your rider or your pony | | | |
| Understand and explain how to correctly ride over a trot pole and token cross pole | | | |
| Understand and explain how to perform all Progressive Transitions for yourself and another rider | | | |
| Understand what is required of a 'leader' when in a group lesson/party | | | |
| Understand and perform a transition to Canter on each rein | | | |
| Stable Management | | | |
| Know how to put away a saddle correctly | | | |
| Lead a tacked-up horse/pony correctly on both the right and left rein | | | |
| Know, understand and apply sensible decisions when leading a horse/pony with others | | | |
| Describe what to do when you put your pony away after riding in all different weather conditions e.g. Sunny, Raining, Cold, Snowing etc. | | | |
| Understand and set-up 3 different exercises for the riders you are assisting on your Coach's advice | | | |
| Know, describe and understand all 'Yard Tasks' you may be asked to do | | | |
| Put on a bridle safely and correctly . Understand the difference between bits, martingales, how to tie them up, etc. | | | |
| Turnout a Pony appropriately for a lesson including Spot Washing, etc. | | | |
| Wash a horse or pony's legs from the field, walker, etc. Ensure they are clean and check for any abnormalities. | | | |

#TeamLME RSA Test 5

| Riding/Assistance with Riding | Date of Completion | Assessor | Signed |
|--|--------------------|----------|--------|
| Demonstrate 4 school movements in walk and trot | | | |
| Understand and ride the Centre Line in walk and trot | | | |
| Understand and apply the correct aids for canter on both reins | | | |
| Jump a cross-pole with a trot pole in balance with your horse/pony | | | |
| Assist another rider to canter | | | |
| Assist another rider to walk and trot over poles and a small cross-pole | | | |
| Be aware of other horses & ponies while riding or assisting another rider | | | |
| Stable Management | | | |
| Know how to check horses and ponies at grass | | | |
| Describe a horse-sick field | | | |
| Know when a horse/pony looks unwell | | | |
| Ensure the horse/pony is comfortable after being ridden in summer and winter | | | |
| Assist another learner in learning to brush a pony | | | |
| Understand and build a cross-pole | | | |
| Empty and clean Stable and Barn Water Troughs | | | |
| Clean a set of tack correctly and properly . | | | |