



From The Editor-in-Kief:	4
An Opinion About Federal Legalization	6
Let's Talk About Calcium	7
PLANT of the MONTH:	10
The Accidental Voice Mail About Cannabis Salve	12
The White Ash Fallacy, Sort Of	14
Curing VS Aging Your Weed	15
X-Factor	18
Cannabis It's For The Dogs	22
Veteran's Voice.	25
When I learned Weed Is For More Than Getting High	26
Rec or Medical? THAT is the question	36
Hash Bash 710 Results	38
Fund Raising Suggestions For Cannabis Activist Groups	40
Caregiver of the Month	42
From Death's Door, To Salvation	45
A Decade Enslaved - a spoken word about Human Trafficking	48
Little Drake VS Reefer Madness.	50



Children and the easily-offended should NEVER read this magazine. There's weed, non-Matrix thought & very naughty words!



*if you find this offensive, please scan the QR code to the right

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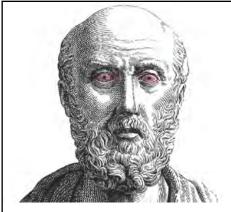
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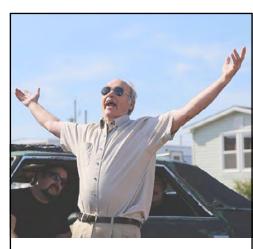
Paul Grimaud

Cryptids: 8



"Let food be thy medicine, and medicine be thy food"

-Hippocrates



"Never cry shitwolf"

-Jim (liquor snurf) Lahey.

Some of you may be asking yourselves, "What the hell is a jibbah!?" Well, one of the words for a joint, in Maine is... 'Jibbah



FROM THE EDITOR-IN-KIEF:

fter the significant victories for Maine's Small Canna community last month (LD #1242 and #939), we at Jibbah were facing an awesome problem... we felt like we had done our job!... but that also meant much of the original goal for doing this magazine... had been achieved. Was it time to hang up our Jibbah gloves and relax? Don't worry about this law shit for a while? Don't worry about another stressful Jibbah deadline? Quit?

Nope. In fact, there's a whole lot more that needs doing. We need to be able to bank like any other industry. Need to be able to get insurance the same as any other business. Why can a pharmacist carry a gun for self protection, but not a cannabis caregiver? Veterans shouldn't be excluded from their promised benefits because of cannabis. Maine caregivers DO NOT WANT METRC! We don't want to take a simple herb farming operation and turn it into an expensive-to-operate abomination of what a small farm should be.

We want cannabis treated the same as St John's Wort or Shitake mushroom cultivation and sales. Cannabis —after all— is just another natural, medicinal herb. A lofty goal —yes— but... if you don't shoot for what you really want, you're relegated to accepting table scraps.

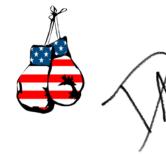
It's the VALUE of the herb that's the real problem. The mafia/government complex simply can't leave such profitability alone. Thugs gonna be thugs. Tolerance towards thugs... that's why we're in this screwy position as a planet. The People of Earth are under constant pressure to obey a small group of selfish people, whose intent is NOT in alignment with The Peoples' wishes. This small group use US against each other. Like that asshole kid at

a school fight who stands behind the crowd, yelling inflammatory things to the combatants to get them to hurt each other worse. THESE are the exact types who are causing us to be so pissed at each other, where once we could all hang out and be happy with each others' company. Politics mattered little back before we were convinced to focus on our differences, rather than go throw a Frisbee or play some whiffle ball.

This nation is TIRED of all the corporate media lies and artificially-manifested anger. Expose the bastards, stop them dividing us, get back to being Americans at barbecues and afternoon ball games. Stop the nonsense.

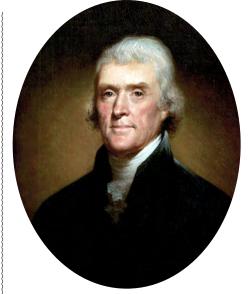
We published two days early this month because today (July 30) is World Day Against Trafficking in Persons. You'll find an eye-opening poem from a survivor of child sex trafficking on page 48. Much of the world's corporate/governmental corruption is associated very closely with this slave trade. Open borders, anyone? Very profitable to mafia, open borders are. And devastating to human happiness and health. But hey, at least the predators in power are doing well.

On another note... Our cover was designed by <u>Paul Huichol</u>, for the second month in a row. We thank him for his contribution to the fight for freedom here, even though he's actually in France! Thanks again, Paul.



Why Jibbah Magazine Exists:

- To help you (The People) fight against unfair regulations in the legal cannabis industry.
- To provide a megaphone for even the smallest voice.
- To inspire a fighting spirit in folks who would ordinarily not know how to fight, or who the enemy is.
- To share valuable gardening skills so you can grow your own medicine, or grow better medicine for your patients.
- To entertain with stories and commentary.
- To provide a space where freedom fighters can come together, without the limiting effects of those who value politeness over liberty.
- To provide a bullhorn for TRUTH, that is NOT under threat of censorship by the Social Media Matrix.



"Some of my finest hours have been spent on my back veranda, smoking hemp and observing as far as my eye can see."

-Tommy Boy Jefferson





Do other peoples' opinions hurt your feelings? **FUCK OFF ON OUT OF HERE, THEN!**

~Jibbah Magazine is for adults~



AN OPINION ABOUT FEDERAL LEGALIZATION

"Instead, we should be focused

on forging an industry where

people can make a good living

in their chosen trade"

by <u>apaulnchucker</u>

he prevalence of federal legalization in the news recently brings mixed emotions; hope for progress, and dread that legalization will be bungled by opportunistic politicians on both sides of the aisle with corporate interests.

With the legitimization of a previously forbidden industry, there is a huge opportunity for good if we demand it from our leaders. There's too much to cover in a short editorial, and I'm just a guy who grows, not a policy expert. However, here are some points I think are salient.

What kind of industry do we want to spring up from the death of prohibition? Do we want it to look like modern big agriculture in

America? Think monocropping tens of thousands of acres, relying largely on automation and low wage labor. Instead, we should be focused on

forging an industry where people can make a good living in their chosen trade.

A huge part of that conversation revolves around taxation and regulation. Homegrow rights should be a given. With beer and wine, there are allowances for producing your own, and it should be no different for cannabis.

It should be incumbent upon our elected leaders to empower the small guy, rather than allow an enormous newly legal industry to be funneled into the pockets of the same old corporate interests. Those corporations will be the same ones who already hold huge lobbying

power- pharmaceutical companies, the tobacco industry, the agricultural industry, the banks.

Keep the barriers to entry low for mom and pop, keep taxes fair, and keep big business out. Perhaps we should not be enabling a track and trace monopoly nationwide, and batch tracking should be more akin to what is found in the produce industry. If protecting the consumer is the objective, state-run testing labs might be the most worthwhile and effective way to regulate safety and quality while maintaining the integrity of the process. There is an opportunity now to create a thriving economy and workplace that could have broader implications for our modern

agriculture and food independence as a country.

Conversely, owners in the industry have a responsibility to treat employees right. We should

recruit and train others who love this plant and this lifestyle. Look for career folks, pay them a good wage, and help nurture their passion. Invest in your employees, and they'll become invested in your mission. We should be striving for things like company healthcare and paid maternity leave. The best families are ones who look after each other, and that's no different in business.

In closing, I'll say let's treat each other right and demand what is right from our representatives- otherwise, we'll get the corporate boof we deserve.

pg 6

LET'S TALK ABOUT CALCIUM

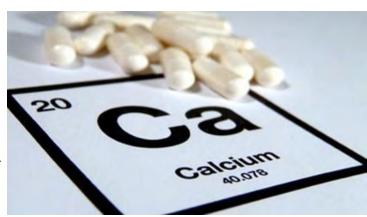
by Crazy Composer

"ll admit it... I've been taking calcium for granted. I knew it was very important for so many functions in a plant, but the full extent of what it is responsible for was just out of my reach of understanding. I was ignorant (ignoring something I should have learned more

about). So... here's me telling you all what I've learned during the course of this past crop:

If you don't provide your plants with enough calcium, they will grow ugly green fruits full of radioactive plutonium and explode when you touch them. It's a terrible fate. No... truth is... calcium is used to build and reinforce cell walls. It's also crucial for allowing the plant to transmit signals to itself, from one part of the plant to another. It even plays an important role in activating certain growth hormones. By way of it's strengthening of the cell walls, it toughens the plant against attack by certain pathogens. For instance, powdery mildew has a much harder time infesting a crop when the plants' cell walls are stiffened by a full compliment of calcium.

Calcium is also exceedingly important for keeping the pH of soil in check. If an organic soil becomes depleted of calcium, not only will the plants become lain bare to the ravages of certain pathogens (due to the weakened state of the cell walls), but the pH of the soil will



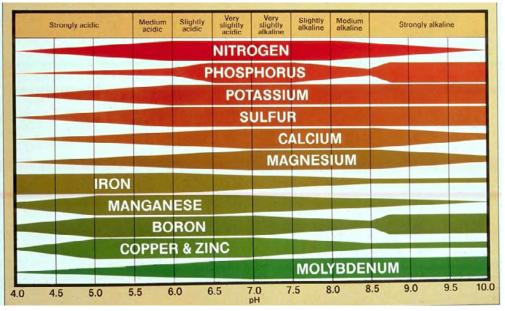
drop, rendering your grow medium acidic. An acidic soil causes a whole host of other troubles, including the death (or hibernation) of many of the soil microbes that can't deal with acidic conditions. Acidic soil will also cause some nutrients to become less available to the plant, effectively starving the plant of those elements. And the most inconvenient aspect of these pH imbalances is that while some elements become less available at lower pH, other elements become MORE available, leading to a build-up of unuseable nutrients in the plant's



flesh. This, of course, leads to harsh smoke. You can see (in the pH chart provided below) how a pH of about 6.8 is a nice, safe place to be in soil. At 6.8, all the major and minor elements are able to slip through the root membranes and enter the plant. However, if the pH drops to the 5.0 range (due to lack of calcium in the soil), elements like iron, manganese, boron and copper are readily drawn

unused materials stored within.
t Calcium is an IMMOBILE

ELEMENT. This means that once it has been used to build a cell wall, that's it... it's no longer able to be relocated to some other place in the plant where calcium is being called for. Therefore, it's exceedingly important to never run out of available calcium. Every new cell needs it. The saving grace here



into the plant, while the major nutrient elements are pretty much left out of the party. And without the full compliment of all necessary nutrients, much of those elements allowed into the plant at that low pH are going to be left to sit and wait for the other nutrients to show up. This means the plant flesh is loaded with unusable minerals. I like to think of this as a candy cane factory... The factory needs sugar, peppermint oil and red dve to produce candy canes. However, if the factory runs out of peppermint oil, it can't use up it's stores of sugar and red dve. The factory (just like your plants) needs all the ingredients in order to use all the ingredients. Otherwise, there'll be loads of

is that it is very rare to see an overdose of calcium. You can add a lot without negatively affecting the plant. Synthetic nutrient growers need to be more careful than soil growers in this regard, because immediately available calcium (like CalMag) CAN cause toxicity if overdone... But soil growers will find it hard to add a toxic amount of calcium to their soil, since most organic growers will be using slow-release forms of calcium, like oyster shell flour or dolomitic lime.

Moral of the story: if you don't provide your crop with enough calcium, your plants will yield less, be more susceptible to disease, and the herb is likely to taste and burn poorly.



Racesse Sold To RIGH PHOS islora





Wakey **Fackin' Wakey!**

Things aren't as they seem



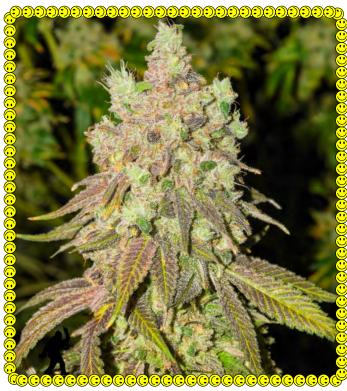
Who's Beliefs are in your head?

so many fall for this trick, every time. think mirror image. Try it. Easy to see how artificially fucked up about this world, and inverted. Now think of everything that is the difference when reality is reversed and They also know that most people can't tell mirror shows what is real, but in reverse. Practitioners of the Dark Arts know that a the eyes to see what's really happening. If so... Congratulations, you have

way, is actually the exact opposite? you? Like everything that SHOULD be one Does this world seem upside-down to

PLANT OF THE MONTH:





by Crazy Composer

his clone was found—in the early 2000's—among a group of a thousand original Serious Seeds AK47 plants, or so the story goes.

I remember growing AK47 seeds in the early 2000's, reading about and deeply desiring to get to smell and smoke this stuff. I didn't get my chance until about 4 years ago when a buddy shared this cut with me. I wasn't even looking for it, he just asked me if I wanted it out of the blue. Yes, please!

The scent is classic AK47, with her astringent, skunky, herby incense... but this cherry cut has a unique cherry cough drop scent, as well. I describe the smell as, it's like sucking on a cherry cough drop and walking into an old head shop, where the incense has permeated every item in the store.

Yeah... that's this clone.

The high is sativa-dominant, but certainly not lacking in indica punch. The flavor is 2000. In case anyone wanted to know what the year 2000 tastes like in smoke form. lol

In the garden, she's not exactly a big stretcher. I'll often throw her into flower without pruning her top off, as I do to almost any other plant. She doesn't put on much height in the flower room. Not the squattest plant I've grown, but she certainly can't be flowered at the same height as most of the plants I'm accustomed to growing.

We're blessed to have this rare gem in the stable. It's like smoking a time machine that takes me back to the early days of my growing career. Stompy smells snakes!

Did you know there are influential folks within our own community who were willing to give "them" METRC in exchange for giving small Maine producers what they should have anyway, without such concessions? This isn't the kind of fighting we need. THIS IS MAINE! We're different. We INSIST on fairness for the little guy, we don't beg for table scraps. Did you know some Maine-based producers were also working to help Big Canna hoist hefty, unnecessary regulations on Small Canna producers? Makes one wonder... why? Jibbah Magazine is watching and

listening very closely for serpentine

influence.







Zine.com pg 11

THE ACCIDENTAL VOICE MAIL ABOUT CANNABIS SALVE

This is the transcript of a message sent to @junctionfarm_by a customer of theirs. It sounds like an elderly lady and her husband, both with gloriously thick Maine accents:

"Hi, Jamie. This is **** *****. I received your package today, and I want to thank you very much, and I will be sending you a check to cover those. I believe there's been a misunderstanding. The other side was... it just wasn't as strong as the first container that we got. I'm not sure if you had the whole plant in the first container and just the CBD in the second one, but the second one was working just not as strong. So I will pay you for these two that you sent. And I thank you so much for your trouble, and I hope it doesn't inconvenience you too much. And we will see to it that we send you a check. And I thank you again. Bye."

(This is when the customer thinks she has hung up, and begins talking to an old man (assuming her husband) in the background. Gotta love those old timer Maine accents!)

"Well, she says I hope this works better for you and you're having a nice summer.

But I think that's the problem, because these are a little bit darker. I'll try one of those tonight on my toe... to see what happens, but it does work. I have to use it more often, and it works better than Tylenol. And I can't take Vicodin Tramadol makes me nauseous...

makes me sick. It literally makes me throw up. It worked for Sherry because it works on her feet. And she loves it for her feet because she has neuropathy and it makes her feet jump and sting and prickly and all that stuff. And she put it on her feet and she loves it because her feet don't bother her anymore because she uses that. And I put it on my toes and on my feet, my ankles and my back. I put it on my arm when I use my shoulders too much and I am too much. I put it on there."

Old man with a thick Maine accent asks her, "You got two more... four more cans of it?"

Old woman: "Well I gave Sherry a can and I got two in there that haven't been opened. Then I got one that I'm now using... so I have 3-4-5 and Sherry will eventually need some more. She's still using the strong stuff, the Orange stuff. So and that would work on her shoulder and her neck."

Message ends.





DID YOU KNOW

The Democratic Republic of The United States of America was secretly replaced by a corporation in 1871? If you're an American and feel like everything is corporate nowadays... Um... Duh!

Even though you're a mere commodity to your slave owners, you CAN still arm yourself with knowledge. Read about this here:

www.federaljack.com/slaveryby-consent-the-united-statescorporation/

- Ever notice how Big Food corporations produce foods that make you sluggish and unable to think clearly?
- Ever notice how Big Pharma keeps us numb and sick?
- Ever notice how Big Media keeps you pissed off at your neighbors and believing the good guys are bad and the bad guys are good?

It's not a conspiracy theory. It's an actual conspiracy. Glad to see so many folks finally seeing the nasty, ugly truth. Arm yourselves with knowledge, then FIGHT this Darkness. Time's running out.







...to stop crying and DO something about YOUR politicians listening a bit too closely to Big Canna's monopolistic and highly restrictive "suggestions". Email us your thoughts about the fight. jibbahzine@gmail.com

THE WHITE ASH FALLACY, SORT OF...

by Crazy Composer

s with so many of my articles in this magazine, the following is based largely on my own opinion. However, like much to do with the cannabis experience, personal opinion is 9/10ths of reality.

Just about everyone who

smokes weed has heard that a joint's ash should always be white, if it's not, the weed is not flushed properly. But I can tell you for sure . . . this isn't always so. There's a lot more to cleanburning weed than what color the ash is. As a matter of fact, some of the best I've smoked burned with a decidedly gray ash. And, some of the most disappointing

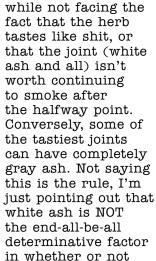
ash. So what gives? Well... turns out white ash just means there was enough calcium (and/or silica) in the herb to leave behind a white ash matrix, but this doesn't mean the herb was clean; it just means there was a good amount of calcium in there to facilitate a hot, wellaerated burn. But if there's enough calcium in the herb to make sure it burns well, it could also be helping to more effectively keep a dirty joint lit. Calcium is built right into the cell walls of plants, and so when you burn this plant matter, the calcium (which does not burn) will leave a nice, tubular, relatively stiff, white-ish ash behind. Now, if there's a lot

herb burned down to a pure, white



of leftover chemical contaminants, dust, unused mineral in the herb, the calcium will HELP all that shit burn to a white ash. The joint will still be nasty-tasting, but at least it burns to a white ash.

I've seen delusional growers bragging about their white ash,



weed is "clean".

I used to smoke someone's "white ash" joints that were really displeasing to me. Tasted like hot laundry. But the dude was so proud that the joints would burn to a white ash, as if the color of the ash was enough to convince him that he need look no further at what might be causing that hot laundry flavor while burning. It's amazing to me how easily humans can be convinced to stop thinking new, original thoughts and accept something as truth because that's what everyone else thinks. This is the kind of thinking that ends civilizations, as well as lemming colonies.



CURING VS AGING YOUR WEED

by Crazy Composer

In a world... where aging your herb is referred to as curing... one man will stand up and set the record straight, once and for all. (wait... did you use that movie trailer guy's voice in your head to read that? You should've). LOL

The word "curing" is used by cannabis growers to refer to the process—after the weed is dry enough to smoke—but not yet tasting/smoking as good as it will... once it's "cured". To me, though, that's just a part of the story. Let's talk about why weed smokes and tastes better after a "cure". Wet weed is obviously hard to burn, because water. But, conversely, bone dry weed is also a challenge to burn. The sweet spot for flower dryness is somewhere between wet and bone dry. Why, though? Why would the presence of water molecules be important to a smooth smoking experience? I'll tell you...

Ever hear of a car that can run on water? Well, it's not actually running on water, it's running on hydrogen gas, which is extracted from the water by a steady charge of electricity in a process called, electrolysis. Once the hydrogen is knocked out of the water, it can be ignited, exposing the fossil fuel corporatocracy as a destructive, murderous, fascistic fraud. But that's for another story. The point here is that once your herb is "cured", it contains an evenly-distributed matrix of water molecules. As the cherry (burning tip) of your joint moves through the yet-to-be-burned herb, it super-heats the isolated water molecules up, releasing small

amounts of flammable hydrogen gas, assisting in achieving a more even burn. Some will argue that heated water molecules don't split into hydrogen and oxygen, but consider the fact that the temperature at the end of a joint can reach 1600 degrees Fahrenheit (around 900C). That is hot enough to split gas from water. It's not an efficient way to do so, but it does produce flammable gas.

So... if there's too much moisture distributed throughout the smoking material, the water molecules will dampen the un-smoked material to the point where water molecules can't be separated from the herd and burn at those exceedingly high temps, meaning you won't get that extra burn boost from the hydrogen gas, resulting in a less-than-optimal smoking experience. This can also result in a weak potency. Overly dry herb will suffer from similar problems due to the lack of hydrogen gas.

The hydrogen gas isn't the



only reason properly cured herb is easier to smoke. Much of the water remaining in the herb is, in fact, simply vaporized into water vapor (rather than splitting off into oxygen and hydrogen gases), playing a major role in the comfort of the smoking experience. Overly dry herb smokes hot due to the lack of water molecules in the smoke. Overly moist herb burns poorly and won't allow the cherry to burn hot enough to completely and efficiently activate all the potential cannabinoid magic in the herb. In other words, you don't get as high if your weed isn't cured right. Now let's talk about aging. Once

your herb is cured up good, and all

right density and evenly dispersed

those water molecules are in the

throughout the product, you can

begin to age it.

Aging is NOT necessary. It is only a tool for trying to evolve your cannabis flowers (or hash) into something with a different flavor, or perhaps even a greater degree of smoothness. But this isn't always the case with aging. It's important to note that. Terrible herb, aged forever, usually doesn't improve. It just sucks in a different way. Also, not all varieties of cannabis age well. Some are much better after aging. Depends on the properties of the product

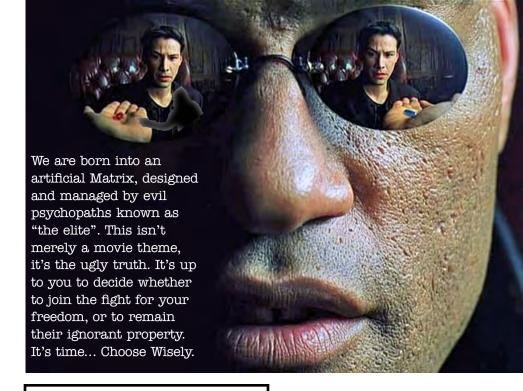


astringent citrusy weed doesn't seem to improve much with aging. Whereas candy-like citrusy weed can take a little aging to good effect. It depends on the volatility of the terpenes. Some terpenes are really unstable and want to jump off the herb, into the surrounding air very easily. These are the same terpenes that are best NOT water-extracted for hash, because they easily wash out of the resin heads and into the extraction water. If your extraction water smells great, that's horrible. For this reason, it seems the best varieties for water hash are also the varieties that can benefit the most from long aging. The terpenes don't float off into the air (or water) just because you looked at them wrong. Why does aging improve some

weed? Well... it's really more of a fermentation process than anything. Since we age our herbs in about 60-63% relative humidity (my preference), there's water AND fermentable material sitting together for long periods of time. This leads to a slow fermentation, or decomposition process. What's being decomposed? Well, chiefly chlorophyll and sugars. Chlorophyll is the green stuff in plants. When fresh, it burns with a grassy green flavor. However, given enough time, the chlorophyll molecules break down into less "green-tasting" stuff.

As for why we'd like the sugars to decompose during the aging process... ever see sugar burn? Hot and black, right? Yep... we want to encourage those sugars to break down, too.

Again, not all weed is greatly benefited by aging. A lot of great smoke is dried and cured, then smoked. It's good. But if you have one of those varieties that can benefit from the aging process, try it. You might be surprised at how much more refined of a smoking experience you can achieve for yourself by properly aging your herb.



It has become apparent to me that those who seek to crush our rights as cannabis growers, patients and users, are the same mafia we ALL refer to as, "The Man". The Hidden Hand. The Black Hand. Illuminati, etc... And when you dig deep into who—exactly—these sick assholes are, you begin to see a much bigger, nastier picture manifest before you.

Some choose to ignore this tough truth, some choose to educate themselves to fight. The journey to awakening is NOT an easy one. It's depressing, it's frustrating and it's very often extremely scary. But without facing our fears, we remain their slaves. Behold... the Matrix.

~Jibbah Magazine



Jibbah Magazine is designed so that you can print your own on regular printer paper!



Sentience is the capacity to be aware of feelings and sensations. The word was first coined by philosophers in the 1630s for the concept of an ability to feel, derived from Latin sentientem, a feeling, to distinguish it from the ability to think. In modern Western philosophy sentience is the ability to experience sensations. The word sentience is sometimes used interchangeably with sapience, self awareness,

Some writers differentiate between the mere ability to perceive sensations, such as light or pain, with the ability to perceive emotions, such as love or loss. The subjective awareness of experiences by a conscious individual are known as Qualia in Western Philosophy

or consciousness.

n 1973, a book claiming that plants were sentient beings that feel emotions, prefer classical music to rock and roll, and can respond to the unspoken thoughts of humans hundreds of miles away landed on the New York Times best-seller list for nonfiction. "The Secret Life of Plants," by Peter Tompkins and Christopher Bird, presented a beguiling mashup of legitimate plant science, quack experiments, and mystical nature worship that captured the public imagination at a time when New Age thinking was seeping into the mainstream. The most memorable passages described the experiments of a former C.I.A. polygraph expert named Cleve Backster, who, in 1966, on a whim, hooked up a galvanometer to the leaf of a dracaena, a houseplant that he kept in his office. To his astonishment, Backster found that simply by imagining the dracaena being set on fire he could make it rouse the needle of the polygraph machine, registering a surge of electrical activity suggesting that the plant felt stress.

Scientists have adamantly refuted sentience in plants. No scientists working on plant intelligence claim that plants have telekinetic powers or feel emotions. Nor does anyone believe that we will locate a walnut-shaped organ somewhere in plants which processes sensory data and directs plant behavior. More likely, in the scientists' view, intelligence in plants resembles that exhibited in insect colonies,

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where it's thought to be an emergent property of a great many mindless individuals organized in a network. Much of the research on plant intelligence has been inspired by the new science of networks, distributed computing, and swarm behavior, which has demonstrated some of the ways in which remarkably brainy behavior can emerge in the absence of any actual brains.

Dr Steven Lin is a board accredited dentist trained at the University of Sydney; with a background in biomedical science, nutrition and fitness, he says of sentience... "Animals aren't the only sentient beings in the natural world. Nature is far more selfaware, connected and sensitive than we previously thought. Plants—as it turns out—really are highly conscious and do have a brain. They make and utilize neurotransmitters identical to our own. It's beginning to seem that plants are highly intelligent, feeling beings... perhaps as much as we. For example, they can perform difficult mathematical computations and make future plans. The May apple, for instance, plans its growth two years in advanced based on weather patterns. Plants possess a highly developed and conscious root brain that works much like ours analyzing incoming

data. Phenotypical expression occurs when you take a cutting of one plant and place in another location, the neural system of the plant intelligence develops in the soil, analyzing and feeling its surroundings, all the while it alters as it learns, shaping and forming the emerging neural net and the plant body it develops.

A single rye plant has more than 13 million rootlets with 14 billion root hairs with a combined length of 6,600 miles. Every rootlet and hair has at its end a root apex which acts as neuronal organ in the root system. In contrast the human brain has approximately 86 billion neurons, with 16 billion in the cerebral cortex."

Roots of plants are exquisitely aware and engage in sophisticated interactions with a wide range of living organisms. Root systems engage in symbiotic relationships with fungi, bacteria and communicate with other plants that are highly sophisticated... here lies the messaging of the planet.

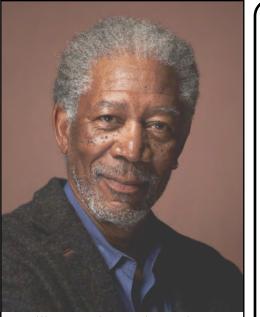
The way plants connect into the world's system of life is far more intertwined than even our own.





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pg 19



"I will never give up the ganja - God's own weed."

- Morgan Freeman





GREAT

WEBSITE FOR LEARNING HOW LAWS ARE MADE HERE IN MAINE!



- How can we fight within a system whose laws confuse us, but not our enemies and their high-powered lawyers?
- How do we use this powerful tool our Founding Fathers so wisely provided us (a Democratic Republic), if we don't even know how to hold the damn thing?
- This web page, produced and distributed under the direction of the Clerk of the House and Secretary of the Maine Senate, explains how laws are made.
 Arm yourself with this knowledge, or stop bitching about all the unfair laws and regulations.

Online Readers Click Here
Or Go To The Website Listed
Below To Educate Yourself
About How Laws Are Made
Here In Maine! GREAT INFO!
Easy To Comprehend format.

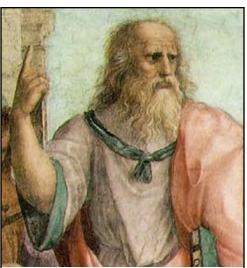
https://www.maine.gov/legis/path/path.htm

99.98% Survival Rate...

Open Those Eyes!







"No one is more hated than he who speaks the truth"

-Plato

Why are the words, "DUMB" and "LOUD" So Commonly Used Together?



"CONSPIRACY" THEORY

NOW KNOWN AS:

"SPOILER ALERT"

Reefer Madness was drilled into the heads of an unsuspecting public. Generations later, we are still suffering the effects of the mass media's lies about this amazing, healing plant. Can you think of anything these same media corporations might be lying to us about to keep us in fear? Anyone?

#projectmockingbird

CANNABIS... IT'S FOR THE DOGS

<u>by @the_stank_mcdank</u>

Twanted to take a moment and share another medicinal Cannabis miracle.

My pun of 2.5 years contracted

My pup of 2.5 years contracted a gnarly tumor on her toe early this spring outta nowhere. I contacted my vet and they said if it's not getting any better she had to come in for a appointment. Turns out to be a benign tumor, but with the way tumors can progress and spread the vet said she might have to get her toe amputated. Not to mention a costly bill.

That night, I started applying my homemade canna salve to her toe, following 2x a day and haven't stopped since. With these sorta things the results can start to look worse before they get better. The canna salve brought out the tumor to the surface and fought it off as you can see on the timeline pics (page 24) I'm not an expert and I can't say 100% that's what's curing it, but it's hard to think of anything less. The vet is blown away.

My canna salve is a XXX, fully-edible and skin spreadable product. Consists of raw marigold, raw lavender, raw chamomile, fresh aloe, based in a highly-medicated, infused coconut oil. Has a very long shelf life if kept in room temp and out of direct sunlight. Getting ready to make another big batch. I like to throw some on my bacon. The lavender really compliments the taste.



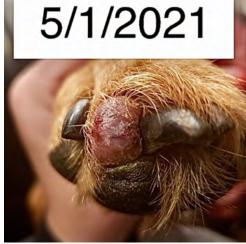
"Nothing wilts faster than laurels that have been rested on"

- Carl T Rowan



















"For we are opposed—around the world—by a monolithic and ruthless conspiracy that relies primarily on covert means for expanding its sphere of influence... on infiltration instead of invasion, on subversion instead of elections, on intimidation instead of free choice, on guerrillas by night instead of armies by day. It is a system which has conscripted vast human and material resources into the building of a tightly knit, highly efficient machine that combines military, diplomatic, intelligence, economic, scientific and political operations. Its preparations are concealed, not published. Its mistakes are buried, not headlined. Its dissenters are silenced, not praised. No expenditure is questioned, no rumor is printed, no secret is revealed. It conducts the Cold War, in short, with a war-time discipline no democracy would ever hope or wish to match?

- John F'n Kennedy

The Matrix loves you...



...misinformed, sick, tired, and divided





VETERANS VOICE

by Raymond Cloutier

The people of Maine voted for a medical cannabis program, eventually the state set up the medical cannabis program where patients are required to see a doctor before they can legally possess their medicine. Now we are medical patients, it's time the state of Maine protects medical cannabis patients' rights and protections under "The Patient's Rights Act". The state of Maine has made millions of dollars from lower income citizens, most of which are injured, disabled and have fixed incomes. Unfortunately. there's no co-pay or insurance so at the very least each individual is paying approximately \$12,000 a year for their medical cannabis. If you make only \$37,000 a year you don't have much left to live on after paying out-of-pocket for your medicine. At the very least we should be able to have our rights protected, and the state of Maine protect us from illegal search and seizures. We should have the right to own firearms, have the right to grow our own medicine at a quantity that appropriately fits our needs. We aren't cattle. We don't need to be tracked and numbered. There are no other medical patients that have this much supervision, even with the hardest, most dangerous and addictive prescription drugs. If the pharmaceutical industry was

put under the same restrictions, this country wouldn't be struggling to just survive the prescription drug epidemic that's been killing millions. Yet the state of Maine refuses to protect us as patients, for we are patients and that's why we have to see a doctor. So, we should have the same protections and rights others do, including consuming outdoors, in public when needed. There is no law stating you can't use your prescription from a pharmacy outside or in your vehicle like there is for medical cannabis patients. How is someone who has PTSD. seizures, anxiety, or migraines expected to consume their medicine outside their home? This is just another form of discrimination and control. Being a disabled veteran trying to get loans of any type, or government assistance... is absolutely not going to happen. In fact, they will reject you immediately due to the fact that you're using cannabis as medicine. Which means us veterans lose most of our medical support, constitutional rights and access to most of the programs we have earned through our service to this country. That's how terribly important it is to fight for our rights as a medical cannabis patient.

WHEN I LEARNED WEED IS FOR MORE THAN GETTING HIGH

by: <u>athirteen_east</u>

ike most of you reading this,
I fell in love with cannabis at
an early age. I started smoking
weed not for its medicinal benefits,
or some other lofty reason, but
simply because I enjoyed it. I liked
getting high and hanging out with

friends. It was as simple as that.
It wasn't until I started experiencing problems with my health that I began to start taking notice of all the medicinal properties that cannabis provides.

In early 2019 I started to get very sick, seemingly out of the blue. A handful of doctors and a few (long) months later I was diagnosed with an autoimmune disease called Ulcerative Colitis. For anyone who isn't familiar. UC is a form of IBD. It is very similar to Crohn's Disease, with the only real difference being that the ulcers/ inflammation are limited to the colon. Whereas with Crohn's, it essentially effects the whole GI tract. It got to a point where I was having severe gastrointestinal issues/ pain and nausea daily. As a result, my appetite became practically nonexistent. The following year was filled with what seemed to be a roulette wheel of different medications. From countless pills, injections, procedures, I started to feel like a test dummy. All the while, none of the medications were actually helping, and the ones that did often left me with a handful of side effects that really made the medications seem not worth it. More

doctors, more opinions, little results. The first year after my diagnosis I had lost over 50 pounds. I could barely eat, and when I did, I had trouble keeping it down.

Naturally, I started exploring other, more holistic options to

regain my health. I started taking a robust regiment of vitamins daily, probiotics, etc. All of which helped me to a degree, but it wasn't until one uneventful night on the couch that I had a realization... When did I feel my best throughout the day? What points throughout the day was I actually able to eat and why? I began asking myself all these questions, and all the answers always lead back to the same thing: cannabis. Whenever I consumed cannabis throughout the day, my symptoms would almost always lessen significantly. Smoking would give me enough of an appetite to get a meal down. After I smoked. I would always feel less discomfort



Hydrocarbon Extraction Lab 235 Bridgton Road Fryeburg, ME 04037 www.paradigm207.com immediately. The list of benefits could go on indefinitely. I had always thought I felt better just because "I was high", not because cannabis could provide me actual medicinal relief for the things I was dealing with. I began doing some research on the different cannabinoids found in cannabis, and what medicinal effects they could have on the body. I had no idea cannabis was commonly used by patients with IBD and worked well with controlling inflammation.

Ever since then, I've made it a point to use cannabis more intentionally, and it has made a big difference in my quality of life. I recently returned from a trip back east I had taken to visit family. Whenever I travel out of state especially to visit family—I end up using cannabis way less than normal during the trip. Whether that be because of dated family perceptions towards weed, its lack of availability/legality in certain states, etc. As a result, by the time the trip is over, I always feel very beat down, with my symptoms flaring up a lot more than normal. This serves as a testament to me and serves as a reminder to how much cannabis helps me mentally and physically on a daily basis. When I'm unable to medicate for whatever reason. I always feel significantly worse. Cannabis has successfully replaced a handful of the medications I was taking, with better results, and less side effects. While it isn't a "cure", it has undoubtedly improved my quality of life to a large degree.

As I write this, I can't help but feel extremely grateful that all I am dealing with is UC and not something worse. I am grateful to this beautiful plant, for all the help and relief it brings me. I'm grateful for the opportunity to share my story with you and am happily waiting to read some of yours.

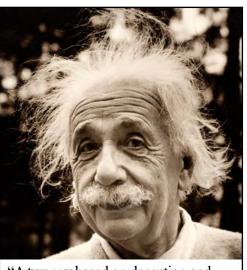
Cheers.







Some of you may be asking yourselves, "What the hell is a jibbah!?" Well, one of the words for a joint, in Maine is...
"Jibbah"



"A tyranny based on deception and maintained by terror must inevitably perish from the poison it generates within itself."

- Bert Einstein



Maine Children for Cannabis Therapy

MCCT's mission is to help parents of children with medical need of cannabis as a therapy, to weave through all processes, while protecting patients' rights and access to their medicine.

www.mainechildrenforcannabistherapy.com



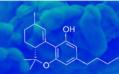






Delta-8-THC can be produced from CBD or delta-9-THC. It is reported to have about 2/3 the potency of delta-9-THC.

Δ10-ΤΗС



Delta-10-Tetrahydrocannabinol

Delta-10-THC is another isomer of delta-9-THC that can appear during some distillation and decarboxylation processes. It can often be misidentified as CBL or CBC.

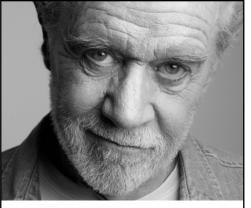
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Don't just teach your children to read... teach them to question what they read. Teach them to question everything.

-George Carlin

99.98% survival rate.

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YOU can be a great help to



the Cannabis

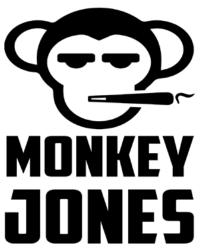
Community!

Because Jibbah Magazine doesn't take a single penny for what we do, we also don't have the budget to get Jibbah printed and distributed throughout the state.

We ask that YOU print these magazines out and distribute them to every corner of the land. Share copies with friends, drop them at your local grow shops, medical storefronts, Rec stores, etc. Jibbah is a grass roots effort to bring the community together to strengthen our ability to stand and fight against Big Canna's efforts to strip our freedoms away and corporatize our cannabis industry.

Humans have fought for generations to free God's plant from the clutches of evil... Now that we are succeeding, the evil ones are trying to capture us in their corporate bottle.

Help Jibbah in this fight.









"To learn who rules over you, simply find out who you are not allowed to criticize"

-Voltaire

Jibbah Magazine is designed so that you can print your own on regular printer paper!



* The Question: Jibbah wants to know what medicinal benefits cannabis has brought to you or someone you know.

@shmoeskindness says:

I used to have to take Dilantin at 400 ml/day. Dilantin turned out to be one of the worst drugs in history. Recalled, and a lawsuit won against the company, paying billions. I have a seizure disorder. No doctor would allow me to drive unless I was on this medication without any seizures for 3 years. It did not stop my seizures. 14-15 years ago I started smoking quite a bit more concentrates, and quit taking the pills. Been seizure-free ever since. The cannabis plant has saved me in MANY ways, this is one example. Along the way, I've watched it personally change lives. Save lives. Bond people of all types, from all over the world. Truly an amazing plant.

@farmatthejunction says:

Got this message from a patient fighting cancer last week referring to good old feco, "Your oil is most definitely working!!! I was just at the doctors yesterday and all my numbers were excellent. I have a scan in the next couple of weeks and look forward to seeing how much more the tumor has shrunk. You've made such a huge difference in my life that I cannot thank you enough!!!" Also, my dog was on maximum dose of keppra to help control the numerous seizures she experienced daily until I started making hemp (feho!). Swapped out the keppra with the whole hemp plant extract oil and presto! No more seizing and no negative side effects. and nobody will hold us down or keep us from thriving on what has been made for us."

@free_man_is says:

"Enabled me to escape the Matrix and live in my own bubble, coexisting with the implanted 'reality' I was conditioned to believe my entire life."

@sublime cannabis says:

Life! Without it the crohns symptoms would have already gotten me by now.

@deadicated 215 says:

I'm bipolar II, normal antidepressants make me want to kill myself with a sense of urgency unless I'm also medicated with crippling adjuvant meds, which

pg 32

JibbahZine.com

resulted in me being medicated to the point of near catatonia for a year when I was younger. I gave pharmaceuticals an honest shake at the direction of family and doctors and it was an utter waste of time. Cannabis is the most effective, efficient solution for me. I don't feel depressed or manic and I barely even need to use it - I smoke infrequently now and mostly only to counter depressive mood swings which are now not all that common in my life. It's unfortunate because sometimes reactions in bipolar people are unpredictable, so not every person with bipolar disorder can do so, but I feel extremely lucky to be able to use this as my only drug to maintain what is essentially bipolar II in remission.

@shitsdrastic says:

I was shot twice in the back. I was given narcos, Vicodins, Opioids based medicine and muscle relaxers for the pain. All that did was make me want more. Aka becoming addicted. My doctor —off the record— suggested I try medical cannabis. Medical cannabis did not totally stop the pain but it lessened the severity of the pain by relaxing my back muscles and turning my pain receptors down. Its been over 10 years now and I feel like Tony the Tiger. Great!

@802 slim pikkins says:

I've tried everything to help with the excruciating pain I deal with on a daily basis from an intestinal and back problems. I've had 11 CAT scans in last 3 years, dozens of dr. visits, xrays, and tests. 6 diagnosis from numerous Drs.

I've taken an ungodly amount of pills that don't help. I've changed my diet and doesn't help. I've been suffering for years. And the only thing that helps is a heavy Indicaleaning strain of cannabis. But I've yet to find a strain that helps all the time. So I grow a number of strains in and outside hoping to find the

winner I need.

My mother suffered a severe stroke 3 years ago that nearly paralyzed her on her left side. She has very limited movement. Her speech and brain function was also affected. And she suffers from early stage dementia.

She cant smoke like she used to, as

she grew up in the 60s and 70s, and even lived in Morocco in the 70s for a little while, smoking the world's best hashish.

Now, edibles are a lifesaver for her. They helped improve her motor functions, brain functions, and have

even brought back some memories and slowed the progress of her dementia. Seriously. I've read articles on cannabis and Alzheimer's, but proof exists in my home with my mother. She takes a crazy amount of pills for a number of issues, but since being on a steady regimen of cannabis and edibles, she's stopped taking a number of them without consequences. Cannabis has been more than a benefit, it's been a life changing savior. Cannabis is life. Cannabis is

@thehighbreed Says:

health.

Cannabis has helped me survive after serving in the Marines. Being injured and suffering from PTSD, I was placed on a cocktail of pills and washed it down with Jaeger and Energy drinks. I found cannabis, got off the pills and booze and became a better Father/Husband because of it. I use it regularly to help ease my pain and brain. I'm less angry and can move around more freely because of cannabis. I can say that without cannabis I would not be here today and would be one of those statistics of 22 a day who die by suicide. I hope other states realize that cannabis is not just some plant to get high, but actually has medicinal qualities to help others like myself. God created this plant, man did not. For vets out there pls

look into <u>www.wfwproject.org</u> they helped me!

<u>@hippieharebear</u> says: Weed > Percocet. Honestly, weed has

never made me feel chest pain like that. I'm only 24 lmao, but at least just some physical therapy and I'll be fine.

<u>@mission.hill.melts</u> says: We've worked with a bunch of

patients over the years with a variety of ailments. A good deal of our patients experience gastrointestinal issues like Crohn's Disease or Lupus. We've found that giving these patients THCA orally in coconut oil capsules has greatly helped manage their flare ups. THCA (the non psychoactive precursor to THC) has a great deal of antiinflammatory properties. Would highly recommend people experience stomach issues give this a try (treat it like a health supplement and take low doses daily to prevent or reduce severity of flare ups.

<u>@miceli boys</u> says:

You could probably have a whole section on how fucked up NJ's medical and Legal situation is. I was the first person in the US to undergo an autologous stem cell transplant to cure Crohn's. You can google my name and see the NBC news segment. But, when all was said and done, cannabis is still my life saver...

<u>@sativakid69</u> says:

I used THCa salve for a wicked nasty case of shingles. They were on my upper torso and chest, around to my back. I was allergic to the medication the doc gave me and Mrs. Crazy Composer handed me a jar of salve and said "try this". I'm very grateful as it totally relieved the burning and itching and greatly reduced the pain I was in. Highly recommended for this ailment!

<u>@pakaloloinparadise</u> says:

* The Question:
Jibbah wants to know what
you guys think of national
cannabis legalization, the
consequences both good and
bad, what the future will be like
for Small Canna.

National legalization could be a great thing if done properly! There's a demand across the country for cheap weed from a large corporate grow, demand for high grade craft cannabis and everything in between. Craft farmers could not support the bulk needs of most cannabis consumers. Look at wine for an example. Most folks are buying the \$7-\$15 bottle from a commercial vineyard because that's what they can afford. There's also folks paying \$50 a bottle and some paying \$100 plus! I'm totally against any sort of corporate takeover but I am realistic and know that corporate cannabis has a place going forward. Small, medium and large farms could all flourish if our government structures it in a way that allows for it! Now is a better time than ever to write your representatives in Washington and let them know how you feel. I know one thing if you don't speak up and let your opinion be known now then there's no room to complain later!

<u>@roundtableselections</u> says:

Uncle Sam is gonna need his point off each unit. As a minority I want to be optimistic that they'll do something to truly address all the wrongs that prohibition caused but I'm not gonna hold my breath on that. If they hand the majority of the industry over to big pharma and continue to tax the heck out of the smaller mom and pop growers then it's not gonna be good. I'm scared of continued barriers to entry for minorities and choke hold style

regulations overall.

<u>@tbonze70</u> says: Only want to tax it...I wish they would just decriminalize and leave our things alone.

<u>@free man is says:</u> Once we are all vaccinated.

<u>@green exclusives</u> says: It will be the end of small canna imo, the regulation and taxes will kill all the small guys.

<u>@seedtrip rob</u> says: There will be no small canna soon. Regardless of what the government does. Because tomorrow's users will want it in pill form or fukn suppositories or something. Pharma will have THC firmly in their grip within 20 years. Even future neo-hippies will be like "grow and smoke a plant?! What?!"

<u>@little hill cultivators</u> says: It won't happen because of filibuster in senate. Neither side will get 60 seats in the next few elections so I don't see it appending for at least 8 more years.

<u>@tartaria</u> <u>genetics</u> says:

It's my belief that Federal power only comes from consent of the States. Since the majority of states now allow some sort cannabis use, logically Federal stance should follow suit.

@bigchiefbenb says:

Decriminalization and nothing else. No federal taxation, no federal regulation. They don't get to cash in now after all the lives and families they destroyed over the past 80+ years.

@420edc says:

No thank you on FDA control. Makes zero sense to deschedule the flower while in the same bill putting it in the hands of Big Pharma (via FDA oversight because Big Pharma controls the FDA, literally) under the law proposed this week.

@poppingbeans says:

The good... having anyone incarcerated for the plant set free. Having official records expunged of felonious activity. The bad...just about everything else.

<u>@landrace nj</u> says:

I don't see any good coming from federal legalization. All it will do is open the door for big business to profit off customers that don't know any better. Unless it is considered like any other plant in my garden I'm not interested. This might not be a popular opinion but I know how legalization has hurt the growers of my state. Name another industry that had their profits cut in half in the last 15 years. Imagine what it will be like if the feds get involved. We stuck our necks out during the war on drugs and now big business/ government are gonna come in and stand on our shoulders. No thanks.

@ginger tenten says:

More taxes. More regulation. I don't think this will be good for Small Canna.

@e.r.b.farms says:

65% tax in Cali? Hello black market my old friend...

@mindriot501 lsays:

Just like alcohol, the government needs an amendment to the constitution if it wants to make cannabis illegal. We don't need more legislation, we need the government to stop their unlawful activity.

@ 5burrosfinestdank says:

The United State's cannot federally legalize marijuana until it changes it's international treaties on marijuana with the United Nations.

REC OR MEDICAL?

THAT IS THE QUESTION...

By Jason G Litalien, Esq

Imost daily, I get a call from someone interested in growing cannabis in Maine and they want to know if they should go Rec or Medical. I advise everyone to stick with medical and there are several reasons. Cost and profitability are the two biggest reasons and regulations is the usually the third.

With the passage of several bills last month, it seems that the groups

to fight bigcanna were successful at stopping a repeat of what we have seen in other states. The most important change.

that set out

I believe, is changing OMP rule-making to major substantive rules, thus creating more oversight and ensuring that the small-scale caregiver still has a voice. Hopefully this will prevent the implementation of many of the proposed rules that OMP put out in January, including requiring METRC for small-scale caregivers.

Cost and profitability go hand-inhand. You need to keep costs down or increase revenue if you want to be profitable. I work with small-scale caregivers mostly, so I do not see people coming in with millions of dollars to throw at a retail store and then wait 5 years to make a profit. Most of my clients are just getting started and medical is a perfect place to start. The initial investment can be as little as a few thousand dollars and the rewards can be enormous. If you want to open a rec store, then do it after you have had a successful run in medical.

Could you go straight to opening a rec store, sure you can, but why would you? First, you need to find

"Getting a med card for under \$50 a year will save your clients the \$50 probably on their first order, because your product costs far less" a town that allows rec stores, this is a hard enough task on its own. Portland and South Portland are saturated with retail marijuana

stores and Portland charges obscene licensing fees, \$10,000 a year for a rec store license and \$5,000 a year for a medical store license! If you open a small-scale caregiver business and work from home, you do not have to worry about those fees.

Rec weed has to be tested, tracked with METRC, there is an excise tax on the wholesale and a sales tax on the retail, all of which make it more expensive, meaning that you need to charge much more to make the same profit. Getting a med card for under \$50 a year will save your clients the \$50 probably

on their first order, because your product costs far less.

Then we have delivery! Rec is illegal to deliver, so if you want to run a legitimate marijuana operation, you can only deliver medical weed to clients with medical cards. This is a huge advantage, because your clients can be anywhere in the state, not just those that find your store online. If I can get a product for less money and have it delivered to my house, why would I drive to a rec store and pay more? I know price is not the only reason, but this article is focused on the business side, not the user side.

Small-scale caregivers, whether they are cultivating or reselling, serve an important role in getting medicine to Mainers. I have many clients who do not cultivate, they buy from others at wholesale prices and then resell to their clients. That is a huge advantage for medical, because you do not need \$100k in product on your shelves whenever someone comes in. If you live close enough to your supply line, then you can keep a small amount on hand and buy more as you sell more. It allows you to grow your business slowly and without shelling out as much money up front to start it.

Medical is faster to get started, has less oversight, can be more profitable if run properly, allows for greater expansion, is a proven business model in Maine, and if you read last month's article, then you also know that in most situations your town cannot stop you from operating a small-scale caregiver business unless you have violated an ordinance or law. I cannot think of a reason why I would choose rec over medical.

Every situation is different, and this article is for informational purposes only, this is not legal advice, and you should consult a qualified attorney if you have a legal question.

From The Author Of **This Article:**

I have a private network for my cannabis clients which provides updates to laws, tips/ tricks, explains issues, and best of all there is also an open marketplace so my clients can connect when they need to buy or sell something. Only my clients are allowed access and this ensures that whomever you are dealing with is up to date on all of their registrations and in compliance with laws. It takes the guess work out of it for folks looking to try a new buyer/seller.

1 also handle LLC formation/ compliance, real estate transactions, estate planning and probate. All of these areas work together so I can help you buy the land, start the business, become compliant, and plan for the future of your business after you're gone.

www.litalienlaw.com



HASH BASH 710 RESULTS

by Derek Shirley (<u>@gettinghighwithcats</u>)

10,000 dollars might not be a lot to some of you crypto geniuses, but deciding who wins 10k is a lot of pressure. I was lucky enough to be chosen to be an industry leader judge for the 710 Hash Bash Event hosted by @FarmStandHouseOfHash. The judge's kits were available for pick up July 3rd at 11am. There were 22 entries. I went home super duper excited ripped opened my box and

First thing that caught my attention in there were 3 entries that were obviously BHO, which was totally fine by me, but a BOLD choice going up against hash. The first terp profile that I recognize was entry number #17, Guava Tangie. Knowing what it was I consumed most of it first. I've honestly smoked so much Guava Tangie it was an easy judge. I knew right away that had to be a contender. I personally didn't try them in chronological order so I

started smelling every single one.

jumped around.

Another one that caught my eye right away was number 19. It was the only product in the whole contest I scored a 10 on. The 10 I gave was for presentation. But

after a few days of smoking hash I came across number 5. Holy shit, there was something about it. It reeked of gas and sweetness which is one of my favorite combinations of terps. And the consistency was so magical. It was hard to explain but after smoking so much hash and something still stuck out I knew this one was special.

I ranked the winners #5 1st, #10 2nd, and #17 3rd. The final results were #5 1st, #17 2nd, #11 and #19 respectively tied for 3rd. Thanks again to the Farm Stand's House of Hash for hosting such an awesome event with dope food from Treet Edibles... I couldn't be happier the winner of the 10k was Dirigo Dank's Wedding Pie (#5).

The Final Rankings:
1s Place - Wedding Pie by <u>Dirigo</u>
Dank

Tourma Cannabis
3rd Place - TIED between Elevate
Maine's Tier 1 Tangie and Hazy
Hill's Grape Cream 2.1 Hash Rosin.

2nd Place - Guava Tangie rosin by

Congrats to the winners.



Not a writer?
Not an artist?
Want to help fight
Big Canna anyway?
Here's a way:

Get some copies of Jibbah printed out and distribute them to your local stores, friends and family.

There... you're in the fight now.

PLEASE SUPPORT LOCAL SMALL CANNA PRODUCERS



If YOU don't defend against Big Canna, who the HELL will? Modern people have been taught—since birth—to feel there's no point in resisting the corporate rule of every aspect of our lives but... FUCK THAT! Insist on the reality YOU want, then work toward it. Support local.







MAINE HAS A PROUD LEGACY OF CRAFTSMANSHIP



NOT

MASS-PRODUCED

CORPORATE

SCHWAG

FUND RAISING SUGGESTIONS FOR CANNABIS ACTIVIST GROUPS

by Crazy Composer

The need for money to help in the fight against Big Canna is very legitimate. I didn't understand why so much money was required to do this work until my wife took the time (a couple YEARS) to drill it into my thick skull. Basically these activist groups are lobbying our lawmakers to convince them to vote the way we (Small Canna) want them to vote. Of course, Big Canna has TONS of money to throw at their lobbying efforts, so we need to raise quite a lot to counter their efforts.

So... one of the problems I used to have with sending money to groups that will HOPEFULLY use my money for what I think it'll be used for was... I didn't know these people who say they're fighting for me, and



"Every time we witness an injustice and do not act, we train our character to be passive in its presence and thereby —eventually— lose all ability to defend ourselves and those we love"

- Julian Assange

I didn't know if I could trust them to use the money appropriately. I also didn't understand what the hell could cost so much money!

Turns out the money to lobby lawmakers is mostly spent on keeping OUR lobbyists up at the Capitol as often as possible, shaking hands and maintaining relationships with our lawmakers. See... it's not a mere matter of, 'our requests are really fair and good, and the politicians should see that and vote on our behalf for that reason alone. No. Fact is... most of these politicians don't have too much of a clue as to what they're voting on. They need someone there to remind them what they've voting for or against.

I used to think these politicians who voted against what I wanted were scheming asshats, but I found out there's rather more to it than that. They often just have no clue, and are voting based on what they're told to vote for BY THEIR CONSTITUENTS (as it should be). But most folks have been installed with a defeatist attitude that these lawmakers are just going to do whatever the hell they feel like doing, regardless of what their constituents want. Sometimes true... most often not, though!

I learned about how politicians vote not long ago, when my wife was up at the Capitol, helping to put pressure on Maine Legislators to vote in favor of Small Canna. She came home one night and told me something that changed my understanding of the whole process. She said that—just as the

Legislators were about to go vote one of the Legislators approached her and her friends, "so which one do I vote for again?". I was like, WHAAAAAA!!!??? These people very often—really don't know the issues they're being asked to vote on! It occurred to me that We The People have a lot more influence than we have been taught to believe. Civics has been dropped from mainstream school curriculum... LONG ago. They don't teach us how to wield our power as American citizens. The Matrix rulers keep us as dumbed down and powerless as possible. In this way The People are lain bare to their every legislative whim.

Anyway... we need to help OUR activist organizations afford a full-time lobbyist. This requires paying this lobbyist. Gas, food, flyer design and printing, etc... NOT FREE. But there are a couple ideas I'd like to propose to these activist groups to help them gain the trust—and therefore more funding from—potential donors.

THE SUGGESTIONS:

When we ask the public for donations, we shouldn't ask for a nice, round number, like \$100,000 or somesuch like that. When a nice, neat, round number is asked for, my mind immediately asks, 'what do you need EXACTLY \$100,000 and zero cents for, hmm?'. So... my suggestion here is to

 Make an itemized list of what the money's for, then ask for that number.

It's much more believable to tell the community we need to raise \$91,220 in a given period than it is to just ask for \$100,000.00

Secondly, people are much more likely to identify with an activist group's pleas for funding if the group has a Front Person.

 We need a leader the community can identify with and get behind. Now that Dawson's out of that role, someone from the Maine activist community should step up and make their face known via a steady stream of informational videos and fundraising pleas. Someone Mainers will readily identify with and trust.

Also... Mainers DON'T WANT
METRC! Remember that, activist
groups. DO NOT EXPECT US TO
SUPPORT YOU IF YOU ARE MAKING
SUCH "DEALS" BEHIND OUR BACKS.

If you need to spruce up your lawmaking understanding so you can understand how all this works, the State has a web page with a very helpful run-down of how lawmaking is done in Maine. Here's the website: https://www.maine.gov/legis/path/path.htm



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CARECUER OF Sunflower Farmacy

by <u>Ryan Smahty Smart</u>

he Caregiver of the month is Sunflower Farmacy, located off historical Route 1 in Northport, Maine. A sun-grown organic cannabis farm that is locally owned and operated. I had the privilege of chit chatting with the owner, Tammy and asking her a few questions.

prefer?

A: "We grow all organically from seed in living soil under the sun and in our high tunnel. We use raised "boxes" because our soil is mostly clay but they are open bottom boxes so the tap root can grow through and the worms and other nutrients can



Q: How and when did you get into the cannabis industry?

A: "I started with CBD, both my parents were diagnosed with cancer. First my mother in 2016, who was in recovery when my dad received his diagnosis in 2017. It was just too much, I was going to need to quit my job so my husband said "You could always grow cannabis". I'm a permaculturist. I had just gotten back into gardening so I started growing cannabis & making CBD products. I left my corporate job and became a caregiver in 2018."

move up. We did supplement with organic rated liquid nutrients in the beginning, before the soil was built the way we wanted it. Now that it's where we want it, we only add things like manure, worm castings and alfalfa and other organic amendments in the fall or early spring if our soil tests tell us we are lacking anything. We mulch everything, using nature as our model, permaculture is all about diversity and replicating what nature does. Covering the soil because the macro & micro nutrients don't want the sun beating on them, they like to be covered. We used Coast of Maine soil for the base soil."

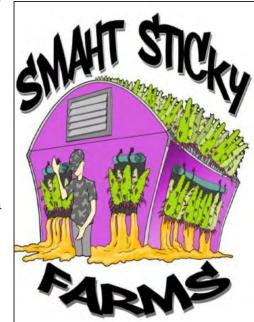
Q:What method of growing do you

THE HOLLING Northport, Maine



Q: Why do you prefer sun grown to indoor?

A: "I think sun-grown has a much more complex profile to it. You can chase the THC points better if you're growing indoors and feeding chemical nutrients but THC is just one of many cannabinoids. If your just chasing THC on its own, you're getting into the pharmaceutical side of things. The beauty and power of natural medicine is in the complexity of the plant. I believe sun-grown has more medicinal benefits and a better high that lasts longer. Another reason we specialize in sun-grown is for the environment. It's much more environmentally friendly and better for the patient. If grown correctly, indoor cannabis is definitely prettier but for me, organic growing in living soil, under the sun, is the only way. When indoor came to this area.



a new shiny thing, but now people are starting to circle back to sun-grown for the quality. We may have a smaller following but it's growing and they tend to be more loyal. The last two years we've been one of the Best of the Best for Waldo County. Once people try sun-grown and feel the difference, they often prefer it."

along with medicinal cannabis, it was

Q: What do you use for IPM (integrated pest management)?
A: "We use companion planting, I use alyssum in all my boxes, along with marigolds, geraniums, mint, and garlic to discourage the insects in general. We will bring in ladybugs if we need to, but we try to attract them naturally. We have, in the past, used an organic spinosad. If we have any concerns with powdery mildew, we would spray with vinegar water and

Q:How do you feel about the situation regarding recreational cannabis in Maine?

it's disappeared."

A: "I don't want to give up my medical store for recreational but given our location I would like to do both. Unfortunately, we can't have them in the same building or on the same property unless we have two driveways - I wish we could. It upsets me because they don't make Walgreens keep their OTC and Rx in separate buildings. We've lost so many people to the opioid crisis despite law enforcement raising the red flag back in 2000, but they're worrying about controlling every cannabis bud. If they put the effort they have put into laws and regulations for recreational cannabis into stopping the opioid epidemic, there wouldn't be an opioid crisis. In my opinion, if recreational cannabis could be sold without such a challenge and expense, there would be less people on opioids. I don't have a problem with the idea of recreational cannabis, it's less dangerous than

alcohol, I think their regulations are just a little aggressive. It's challenging, I checked recently to see if anything had changed because I would love to do both medical and recreational. Not much has changed but we're still weighing our options."

Q: What's your favorite strain? A:"I'm a high CBD girl 'cuz you don't always want a shot of tequila, sometimes you just want a nice beer or wine so-to-speak. We always grow a couple high CBD strains... 1:1 and 2:1 ratios (CBD to THC). We sell quite a bit. CBD Shark, for example, is a very popular strain. I like how fruity the high CBD strains are and all the medicinal value; anti-anxiety, antipsychotic, anti-inflammatory, neuroprotective properties, etc. Of course, Trainwreck is also one of my all-time favorites and I love trying new strains every year, like Kilimanjaro and Somali Ghost Train."

From my experience with Tammy, touring her farm, I could tell that she's very passionate and knowledgeable about what she does. Being an outdoor farmer myself, I know how important it is to get everything right without skipping a beat. For Tammy it's all about her patients and growing the strains that help them the most. The love and care she puts into everything instantly shows when you walk into her store. I would highly recommend giving her a visit and checking out her sun-grown flower. Her shop also sells a large selection of carts, concentrates and edibles from different caregivers around the state. Congratulations, Sunflower Farmacy for being Jibbah Magazine's VERY FIRST Caregiver of the Month! Go give them a follow on Instagram: @sunflowerfarmacy and @ maine hill jilly

FIND US at:

1367 Atlantic Hwy, Route 1, Northport, Maine 04849

Call or text (207) 930-5214



...and the horses it's trying to ride in on. WE SEE YOU. :-)

FROM DEATH'S DOOR, TO SALVATION

how I used cannabis to help save my life

by Amy

Then I first thought about writing this article I thought, 'this is going to be nearly impossible'. I won't have enough room in this issue to go into great detail, I actually need a whole book to write about my healing journey with cannabis. So, I will stick to the essential points for this article.

From the age of 5 I have been sensitive to chemicals/scents. I am what you would call "a canary in a coal mine". In school, the children in my class would color with bright and

vibrant markers.

I always opted for crayons because the scent of the markers made me feel nauseous. At times I would get headaches just from others using them. I would then ask to go to the nurse so I can lay down and take a nap to reset. At times the headaches were so painful I would end up vomiting and then be sent home.

Fast forward to the age of 15, a guy in my class (8th grade) gifts me and a friend some herb.

helped me with my headaches. I had finally found relief, but I didn't have access to it regularly. By the time I was 19 I tried all

Shortly after that I discovered it

possibly get my hands on and it wasn't enough, nothing helped

like cannabis. I needed help, my headaches were increasingly getting worse so I decided to reach out to a doctor. I ended up bouncing back and forth between a few different primary care physicians to see if someone could help me figure out the problem. They prescribed me a handful of different drugs... to no avail. No one seemed to be able to actually help me. One doctor (Dr.

Hong) ridiculously told me "Some

to accept this." Bull shit, there's

people just get headaches, you need

got to be a reason I was getting headaches, not just: "live with it". Even in my early 20's I knew that made no sense at all, there is a math equation as to why one "gets a headache" and it can be for a number of different reasons. After this foolish interaction with Dr. Hong, I decided I would never go back to see him as he sucked at his job in my opinion. Next I made an appointment with a neurologist and he did a cat

scan (1998), nothing was found. I proceeded to keep a headache calendar and he began prescribing me one drug after another. When one would stop helping, he always had a back up to try next.

In 2000 I began seeing a

with cervicocranial syndrome/

chiropractor to help try to alleviate some of my headaches. I did notice some improvement from my threetimes-a-week adjustments. That was short-lived though, as my insurance company stated they were no longer paying for me to go. My doctor tried very hard to convince them to let me continue as I had been diagnosed

Barre-Lieou syndrome and sacroiliac

joint dysfunction, both of which are

the over the counter drugs I could

neurologist, I made an appointment

company, though, their profits were

more important than my health.

Upon the suggestion of my

It didn't matter to the insurance

helped with chiropractic care.

with a rheumatologist. That doctor had me go through a gamut of tests and rule out things

like Lyme and Chronic Fatigue. Eventually he diagnosed me with ADHD and Fibromyalgia, and then began prescribing me some of the latest and greatest drugs from his friends over at PFizer. Some of the drugs would work for a period of time, while others never worked at

So now I had two doctors prescribing me different cocktails of drugs, yet the pain wasn't really going away and they were making me wicked tired. On top of my normal pain I

began having terrible pain just under my ribs (right side), it was so bad it would disrupt my sleep regularly. My general practitioner sent me for some tests as he thought I may have had an ulcer but instead found that I had many, many gallstones. He explained I must have my gallbladder removed a.s.a.p. as the stones were creating blockages in my ducts and I could possibly die if I had another "attack" before surgery. I was told to go to the ER immediately if I felt an attack coming on. Now, if I knew back then about diet and nutrition what I know now, I would have never agreed to have my gallbladder removed. To this very day I am still negatively affected by not having a gallbladder as it's needed for proper digestion.

On March 03, 2003 I had an MRI of my brain, I was only 25 at the time. I had been married for almost two years and my first born child was less than a year old. I was

After removing my gallbladder, I

felt decent for a few months. The headaches were minimal but that

wasn't long lasting.

told a lesion was found in the left side of my thalamus and I needed to go see a specialist. Ironically, the prior year my brother-in-law was diagnosed with an operable brain tumor. I was at the hospital when he was having his surgery, helping care for his 2 year old daughter while caring for my newborn son. Now here I am 7 months later being told I have a brain tumor, but mine is NOT operable due to its location which was in the center of my brain.

I decided to contact Yale Brain Tumor Center and requested Dr. Joachim Baehring, my brother-inlaw's doctor. My brother-in-law would discuss his cannabis use with him and never received any backlash, so that was a plus in my eyes. For the next three years I would go to the doctor every month or two for a check up and have MRI's every six months. Everytime I would have an MRI, I'd be sick for multiple days afterward. While in the machine I would tell the nurse I could taste the metal in my mouth and my veins were on fire, but she acted like that was no big deal.

My headaches were so bad at this point that I would wrap a belt around my head to relieve the pressure. One day the pain was so unbearable I thought, 'This is no life. Death would be a better option than to continue to suffer like this'. Enough was enough! I then literally prayed to die. I asked the Creator to please either help me heal or let me die quickly as I had enough of this lifetime. I spent way too many years suffering. Well, I was "guided" (internal dialogue) to stop allopathic/conventional medicine altogether, and continue using cannabis and other plant/ earth medicine. I was also guided to go outside in the 90+ degree weather and lay in a sleeping bag to detox the poison I was prescribed over the years. I spent the entire day out in the yard grounding and

sweating while coming in and out of consciousness. In 2006 when my second child was only four months old I had my last MRI, and I haven't had one since.

I don't need an MRI to show me my brain tumor is gone, I can tell how I physically and cognitively feel. I hardly ever have headaches, my pain level is minimal and I don't have seizures anymore as long as I don't consume MSG (an excitotoxin).

Periodically I get nauseous from too much bile in my gut due to the lack of a gallbladder. Just a few hits from a joint settles my stomach, nicely. I microdose cannabis capsules daily. Sativas for daytime (usually Citragas or Super Silver Haze), and indicas for the evening, (Crinkle Legend or Blueberry Diesel) so my body can relax. If I have any general aches and pains —perhaps a neck ache— I use my homemade cannabis salve. Learning to meditate and quiet the mind has been very helpful in my healing journey, too. My brotherin-law (who ended up passing away from his tumor) gifted me his guided meditation CD's he was given for his brain tumor. He chose to never listen to them. I, on the other hand, listened to them daily for a long period of time. I would get stoned, then lay on the couch and be guided to imagine Pac Man eating my tumor.

Overall, I feel better now at 43 than I did as a teenager. I have cannabis and other plant medicines to thank for that.

List of some of the drugs I was prescribed:

Amitriptyline, Axert, Baclofen, Celebrex, Elavil, Esgic, Fioricet, Flexeril, Hydrochlorothiazide, Imitrex (pill & injection), Inderal, Indocin, Lasix, Lexapro, Maxalt, Neurontin, Propranolol, Tenormin, Tylox, Valium, Verapamil, Vicodin, Vioxx, Xyrem, and Zomig.

WARNING Not approved FFICKING World Order

by Selina Deveau

I must stay still

I must stay silent

I must lay compliant Six years old

My body's being sold to a man in a motel

I don't wanna see his face

I don't wanna be in this place

So... I focus on the old dirty carpet stained... different shades As I begin to fade away

I go somewhere else... I go somewhere safe

Angel is now my new name

Once a little girl

Broken into pieces

Now never the same

Seven years old

Forced to pose

For indecent pictures and videos

My innocence stole and sold

By eight

I now have regular clients to see

Some have fetishes

Some have fantasies

They pay extra to do horrific things to me

The doctor likes to choke me until I can't breathe

The cop likes to handcuff and hit me

I was taught.....

that's what gets them off

Thirteen my young body... so tired ...so weak

From the many men that mount me

Their sweat seeps into my skinLike poison

Killing my soul slowly

I learned the hard way

It's true what they say...

Runaways are easy prev

Homeless at sixteen

Singing for my supper, literally

A man comes to hear me sing

Promises me my dream

All part of an evil scheme

Kidnapped from the streets

Injected drugs into me

No sunshine on my face

No food on my plate

A bucket for waste

What is this place

I've been enslaved

My room a stall

I'm chained to the wall

They break me in

Boss and his men

He has eleven

Tattooed and branded as property

The smell of burnt flesh still lingers in the air ...all around me

A caged animal nothing more

Marked for life

A whore

No matter what they did to my body

My mind found a way to keep me safe and sane

My soul was saved

My faith intact

My strength abundant

I wouldn't give up

I wouldn't give in

Despite the hell, I was living in

I couldn't let them win

I had to fight to stay alive

I hung on to hope... to... survive

No longer human... just a commodity

Experienced the worst of inhumanity

All in the name of money

All in the name of greed

All in name of their depravity

After a decade enslaved

I escaped

To better days that await

Now... I stand before you... brand new

I speak my truth

No longer broken

No longer lost

No longer damaged

I crawled through the darkness

to emerge from the wreckage

Beautifully transformed

do not weep for me

For... I am free





Sold To







LITTLE DRAI VS REEFER MADNESS



by Amy

Then I first spoke with Derek Short a few months back, he expressed extreme concern about the proposed rules by the Office of Marijuana Policy (OMP). He explained to me how these rules would limit his son's access to his medicine, and this would be done by removing autism from the list of qualifying conditions.

Derek's son, Drake (5), has been using medical cannabis successfully since 2018.

At 18 months old Drake had a 15 word vocabulary and was almost potty trained.

Within one week of his vaccines, he regressed and stopped communicating.

In July of 2018 after waiting four stressful months for an appointment, Drake was finally seen by a doctor at Edmund Irving Pediatric Center in Augusta. The center is known for helping children with autism, and this is where he was first diagnosed with "severe autism". Drake's diagnosis came from the following symptoms: loss of appetite, pain, short fuse, agitation, as well as insomnia. He wasn't sleeping more than 3 hours a night. (For those of you who are unaware, if you don't get to the REM stage of sleep [deep sleep] your body can't heal properly.)

Poor Drake was also having such bad headaches he would push his head against Derek's head to relieve the pressure. I gotta admit, when Derek told me this I had to hold back crying. As a mom, that one destroyed my heart. I can only imagine what

it felt like in that moment; that feeling of absolute helplessness Derek must have felt watching his son suffer. After being told there was nothing this "expert" could do for Drake, Derek suggested medical cannabis. The doctor flat out told Derek "cannabis has no benefits and is fringe". Derek didn't give up hope, though. He reached out to Dr. Dustin Sulak, a well known cannabis doctor here in Maine. Dr. Sulak suggested Derek try a tincture of CBD, CBG, and THC to help relieve some of Drake's symptoms. Within five hours after Drake's first dose, he went up to his dad, put his hands on his cheeks. looked him in the eyes and smiled. This was a great improvement, as prior to this he went 10 months with no eye contact at all. He was on the road to recovery.

A few months later Drake had surgery, after the surgery he ended up in the ER for two days straight, writhing in pain. The pain was so unbearable, all Drake could do was cry and scream. This time, Derek spoke with two occupational therapists from Acadia Healthcare. (Acadia's website states they are the leading provider of behavioral healthcare services.) Unfortunately, Derek once again received more reefer madness era baloney and had to reach out to Dr. Sulak. Dr. Sulak took over Drake's pain management and also discovered Drake has the MTHFR gene mutation. The MTHFR gene (not to be confused with the MTHFR enzyme) is one of the 20,000 genes in the human body. It is a 'master instruction sheet' for the production of the MTHFR enzyme.

MTHFR is an enzyme that works as a catalyst for important biochemical reactions in your body. It converts vitamin B9 (folate) into methylfolate which is essential for a process called methylation. If your body cannot methylate properly, toxins can build up in your bloodstream and

arrival, the DHHS worker requested to see Drake's medical card and asked a few questions. After feeling satisfied with the situation, she proceeded on her way. Luckily, nothing dire came of that completely unnecessary phone call to DHHS. In my opinion that was an absolute waste of taxpayers' money, and the time of the DHHS worker. I know for a fact they have much more important cases to focus



eventually cause disease.

Eight months after Drake's surgery, Derek had his first meeting with Child Development Services. At this meeting Derek expressed how well Drake was doing since he began his use of medical cannabis. Less than three hours after this meeting, someone from the Department of Health and Human Services unexpectedly showed up at his home. Unbeknownst to him, the lady whom he had just met concerning his son immediately reported him. Upon

on.

At this point, I believe those who work in the Child Development Services should be properly educated on the medical use of cannabis to ensure no one else has to go through what Derek and his son had to. It's quite evident there's still discrimination against parents who choose to use plant medicine over pharmaceutical chemicals for their child. I truly look forward to the day this stigma ends.

August 28, 2021 4pm-8pm At "The Barn" in Dresden, ME



- Family-Extendly Event
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