

# Grief Groups

## UNTIL WE MEET AGAIN

**Mondays 11:00 AM**

**Led by Heidi Dixon**

**Christ Church**

**4201 Hwy 6 South**

**College Station, TX 77845**

A larger group that supports each other through hard things and also encourages fellowship. Anyone who has lost their spouse is welcome to join. Call Heidi Dixon at 979-324-1639 for details.

## Open Community Grief Group

**Mondays 1:00 PM**

**Led by Cherie Fry**

**601 Graham Rd**

**College Station, TX 77845**

If your heart is broken from the death of a loved person in your life, you are welcome here. Call Cherie Fry at 903-718-9512 for details

## YOU ARE NOT ALONE

**Tuesdays 11:00 AM**

**Led by Lauren Saunders**

**Acara Hospice**

**601 Graham Rd**

**College Station, TX 77845**

This small group is for anyone who has lost their spouse and would benefit from the understanding and support of others. Call Lauren Saunders for details at 979-229-5761.

If you would like to receive our regular mailings with helpful tips or to schedule a time to talk privately, please call Amanda Paull at 979-661-7272.

Grief never ends ... But it changes. It's a passage, not a place to stay. Grief is not a sign of weakness, nor a lack of faith. It is the price of love.

## WALKING TOGETHER

**Every other Thursday at noon**

**Led by Stella Nnadi**

**1205 N Meyer St**

**Sealy, TX 77474**

Join a small group for people who have lost a spouse and are looking for someone to walk the journey with. This is not a group that meets to walk, but rather a group that walks the emotional journey of grief together. Call Stella Nnadi at 979-662-7272 for more information.

979-661-7272

AcaraHospice.com



Bereavement Coordinator, Amanda Paull