

# Healthcare Guidance

January 2023



Chickenpox, Shingles	At home 5 days from onset of rash and all spots have crusted over.
Cold Sore	No exclusion period.
Conjunctivitis	Children will need to remain at home for 24 hours from onset and have started eye drops or ointment.
Diarrhoea and Gastroenteritis	Any person vomiting or suffering from diarrhoea to remain at home until 48 hours after the last symptoms.
Erythema Parvovirus (Slapped Cheek)	Children do not need to be excluded from nursery unless feeling unwell. An individual is no longer infectious once the rash appears.
Hand Foot and Mouth	No exclusion period.
Hepatitis A	7 days exclusion period at home.
Hepatitis B	Children with acute Hepatitis B may be too unwell to attend nursery but there is no reason to exclude anyone with Hepatitis B or C if they are well enough.
Impetigo	At home 48 hours after treatment has started and crusts are drying up.
Influenza (Not to be confused with a Common Cold)	Children with symptoms should remain home until they have recovered and for at least 24 hours after temperature has returned to normal.
Live Head Lice	Treatment should be started as soon as possible on the day of diagnosis, children will remain at home for 24 hours post treatment before returning to the setting.
Measles	At home until 5 days after the appearance of the rash
Mumps	At home until 5 days after the swelling started
Ringworm	Treatment should be started as soon as possible on the day of diagnosis, children will remain at home for 24 hours post treatment before returning to the setting.
R.S.V. Virus Bronchiolitis	Exclude until recovered
Rubella (German Measles)	At home until 6 days after the appearance of the rash
Scabies	At home until after the first treatment has been completed. Everyone in the household will require treatment.
Scarlet Fever	At home 24 hours after beginning antibiotics
Threadworm	Children do not need to be excluded from school but will need to inform nursery of a diagnosis. Everyone in the household will require treatment.
Tonsilitis	Children do not need to be excluded from nursery unless feeling unwell.
Whooping Cough	At home at least 48 hours after antibiotic treatment has started and feels well enough to return to school.
Antibiotics, Injections and Immunisations	Children to remain at home for 24 hours after beginning any antibiotics, receiving injections or having immunisations.