

10 Ideas For Speech Practice At Home

Using your speech skills needs to happen everywhere!

1. **Read:** Find your speech sound(s) and practice in reading.
2. **I Spy:** Play “I Spy” while in the car. Use objects/words that include your speech sounds.
3. **Board game:** Play a board game at home and use correct speech sounds while playing.
4. **Grocery shopping:** Look for words/objects at the grocery store that contain your speech sounds.
5. **Speech Tag:** “Tag” when you hear correct/incorrect speech sound in conversation.
6. **Weekly Quotas:** Tally how many good sounds you make at home.
7. **Math facts practice:** With a deck of cards, add two cards together and say a word containing your speech sound that many times. See if you can work to 100 productions of your speech sound.
8. **Take Pictures:** With parent permission, use a tablet or cell phone and take pictures of objects or people containing your speech sounds.
9. **Record:** With parent permission, use a tablet or cell phone with voice recorder or video recorder to record yourself speaking and listen back to evaluate how you did using your speech sounds correctly.
10. **Tell stories:** Make up a story with your parent either verbally or using an app like Story Maker. Be sure to use characters, objects, and places that include your speech sounds.

***Parents:** Encourage your child to monitor their own speech. Be specific with praising your child for using their correct speech sounds. Instead of saying “good job”, which is not specific, tell them “I heard lots of good “s” sounds in your speech!”