

Life Coaching Consent Form

This agreement is entered into by and between Elena Piety ("Certified Life Coach") L.C, C-IAYT, and _____ ("Client") whereby "Certified Life Coach" agrees to provide Coaching Services requested by the "Client" focusing on personal needs, goals, and objectives.

Definition of Coaching:

Coaching is a partnership between the "Certified Life Coach" and the "Client" in a thought-provoking and creative process that inspires the "Client" to maximize personal and professional potential.

Ethical Foundation / Practices:

The "Certified Life Coach" ethical practices adhere to the highest standards of professionalism while conducting herself with integrity, excellence, accountability, empathy, and respect.

Spirituality is an important aspect of human diversity, and the "Certified Life Coach" recognizes how one's spirituality background may influence the coaching practice.

Procedure:

For all face-to-face sessions, the "Client" must attempt to be present on time at the start of the scheduled session. Sessions are scheduled and expected to last exactly 60 min (may run a bit longer at times at no additional cost to the "Client" at the "Certified Life Coach's" discretion).

The "Client" must also join all agreed-to online (Skype/Zoom) sessions on time at the start of the scheduled session. "Certified Life Coach" will advise way ahead of scheduled session if time or call information changes.

The "Client" will be given an opportunity to ask questions at any point during the session. "Certified Life Coach" will explain in detail before each session what to be expected depending on the service provided (Work/Life Balance, Self-Confidence, Relationships, Stress/Anxiety, Meditation, Yoga Therapy, etc.).

All scheduled and agreed-to sessions may be cancelled or re-scheduled up to 48-hrs before the scheduled session start time at no cost to the "Client". A \$50 charge applies otherwise.

Confidentiality:

We understand the importance of privacy and are committed to maintaining the confidentiality of your personal information. By law, we will maintain your personal information secured and will not share with anyone else without your written authorization/approval.

I ("Client") agree and consent to this Life Coach Agreement,

"Client" Signature

Date