



## When Experiencing Ministry Fatigue

Heavenly Father, I come to You in the name of Jesus, feeling weary and burdened from the demands of ministry. I am thankful for the calling You have placed on my life, but today, LORD, I acknowledge the weariness that has crept into my heart. Your Word says, “Come to Me, all you who are weary and burdened, and I will give you rest” (Matthew 11:28). So here I am, laying every burden, frustration, and exhaustion at Your feet.

LORD, I think of Moses, Your faithful servant, who grew frustrated with the people as he led them through the wilderness. He cried out, “Why have You brought this trouble on Your servant? What have I done to displease You that You put the burden of all these people on me?” (Numbers 11:11). At times, I feel like Moses, overwhelmed by the weight of responsibility and the expectations placed on me. But just as You reminded Moses that he was not alone, I ask You to remind me that I am not alone in this calling.

Father, just as You provided Moses with helpers, men and women to share the load, I ask that You send the right people to come alongside me in ministry. Your Word says, “Two are better than one because they have a good return for their labor” (Ecclesiastes 4:9). Raise up leaders, supporters, and encouragers who will help carry the burdens of this work. Teach me to delegate with wisdom and humility, trusting that You have equipped others to serve alongside me.

LORD, I think of Elijah, who after a great victory against the prophets of Baal, fled into the wilderness in despair and exhaustion. He prayed, “I have had enough, LORD. Take my life” (1 Kings 19:4). Yet in his moment of despair, You provided him with rest, nourishment, and a gentle reminder of Your presence. When I feel like giving up, remind me of Your sustaining power. Send the provision I need, whether it’s physical rest, spiritual renewal, or emotional encouragement, to strengthen me for the journey ahead.

LORD, I repent for any moment where I’ve relied on my own strength instead of Yours. Your Word reminds me that “It is not by might, nor by power, but by My Spirit,” says the LORD of hosts (Zechariah 4:6). Help me to walk in the power of Your Spirit, trusting that You will supply all I need to fulfill the work You’ve called me to. I surrender my need for control and my fear of failure to You, trusting that You are the one who brings the increase (1 Corinthians 3:7).

Father, ministry can sometimes feel like a lonely road. Even Jesus experienced moments of isolation as He bore the weight of His mission. When the crowds pressed in, He withdrew to lonely places to pray (Luke 5:16). Teach me to follow His example, to prioritize time in Your presence above all else. Remind me that I am not defined by what I do, but by who I am in You.

I come against every spirit of discouragement, burnout, and attack from the enemy. Your Word says, “No weapon formed against you shall prosper” (Isaiah 54:17), and I declare this truth over





my life and ministry. I rebuke every lie that says I am not enough, that my labor is in vain, or that I am failing. Strengthen me with the assurance that “He who began a good work in you will carry it on to completion until the day of Christ Jesus” (Philippians 1:6).

Father, I bring before You the exhaustion that comes from pouring into others. Like Paul, I feel “poured out like a drink offering” (Philippians 2:17). Yet I know that You are the God who fills empty vessels. Pour into me, LORD, so that I may continue to pour into others. Let my ministry flow from a place of overflow, not depletion.

LORD, I also lift up the frustration and fatigue of dealing with people. Like Moses, I sometimes feel the weight of their complaints, criticisms, and unmet expectations. Help me to love them with the compassion of Christ, who looked at the crowds and had compassion on them because they were like sheep without a shepherd (Mark 6:34). Teach me to see people through Your eyes and to trust You with their growth and transformation.

Father, I ask for Your strength in the moments when I feel overlooked or unappreciated. Remind me that my reward is not from people but from You. Your Word says, “Whatever you do, work at it with all your heart, as working for the LORD, not for human masters” (Colossians 3:23). Help me to focus on pleasing You above all else, knowing that You see every sacrifice, every effort, and every act of obedience.

Finally, LORD, I pray for rest and renewal. Your Word promises that “those who wait upon the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not faint” (Isaiah 40:31). Teach me to rest in You, to trust in Your timing, and to lean on Your everlasting arms. Let this season of fatigue become a testimony of Your faithfulness and power.

Thank You, LORD, for calling me to serve in Your Kingdom. I trust that You are working all things together for good and that Your grace is sufficient for me. Fill me with Your Spirit, renew my passion, and guide me as I continue to serve You with joy and faithfulness.

In JESUS’ name, amen.





## Scripture References

- Matthew 11:28
- Numbers 11:11
- Ecclesiastes 4:9
- 1 Kings 19:4
- Zechariah 4:6
- 1 Corinthians 3:7
- Luke 5:16
- Isaiah 54:17
- Philippians 1:6
- Philippians 2:17
- Mark 6:34
- Colossians 3:23
- Isaiah 40:31

