## Virginia State Animal Response Team Pre-deployment Personal Preparedness Check List

Purpose: The purpose of this document is to offer general guidance to animal response team volunteers in regard to equipment and supplies they may need during a deployment. This is not meant to be an exhaustive list and each volunteer should always inquire via his team's leadership prior to any deployment if there are any specific pieces of equipment or supplies recommended for that particular mission.

Depending on the type of deployment, how long you anticipate being deployed, the type of conditions under which you anticipate working and how accessible you will be to facilities that are fully functional, you may want to consider your need for the following when deployed:

## Gear:

Flashlight

Whistle

**Sweatshirt** 

Small Tent

Ground cloth

Sleeping bag

Air mattress and inflator for air mattress

**Pillow** 

Bungee cords

Compass

Duct tape

Electrical tape

Ear plugs

Multi-tool

Sharpie (laundry marker)

Uniform boots (work)

Waterproof boots or rubber foot wear

Evening shoes (for when work shoes are drying)

Socks

Belt

Knit shirts

Bandana

Undergarments & sleepwear

Battle Dress Uniform (BDU) pants

Non uniform pants

Non uniform shirt

Shorts or bathing suit (may need to shower in mixed company)

Shower shoes

Nitrile gloves

Insulated gloves (cold weather)

Heavy duty work gloves

Rain gear

Phone numbers of team contact person/team leadership contact info

Dispatch number

Identification badge

Hard hat

Hat with brim

Goggles

Sunglasses

Tyvek suit

Watch

Bottled water

Eating utensils, camping plate and cup

Canteen or camelback for water

Spare batteries

## Personal items:

Prescription medications (at least a 14 day supply)

Over-the-counter medications used on a regular basis (at least a 14 day supply)

Personal medical equipment (i.e. hearing aids, insulin syringes, inhaler, etc)

Personal hygiene supplies (i.e., soap, shampoo, comb, hand sanitizer, hand

lotion, toothbrush, etc.,)

Positive form of identification

Person emergency contact information

Personal first aid kit

Money (Cash)

Credit card

Immunization record

Towels

Trash bags

Notebook/steno pad

Pens

Travel itinerary

Deployment orders

Cell phone and charger

Laundry bag (mesh ideal)

Alarm clock

Insect repellant

Sunscreen

Camera/film

Lip balm

Document last updated: December, 2019