

Sea Turtle



XCURSION

Costa Rica



THE EXPERIENCE

- Shuttles to/from Airport & Activities
 - 6 Nights Accommodations
 - Expert local Guides through-out
 - Chocolate Tour & Whitewater Rafting
 - Zipline, Tarzan Swing, Waterfall Hike
 - Whitewater Raft Pacuare Gorge
 - SUP Caribbean Mangroves
 - Free day to relax in the Caribbean
- \$2569 pp Double Occupancy
\$75 add'l per Night for Single Occupancy

ABOUT US

Sea Turtle SUP is a women-owned Stand-Up Paddleboard (SUP) business that provides fun and adventure to outdoor water enthusiasts. All our instructors are PaddleFit certified with a decade of paddle experience. Join us on a paddle excursion you'll never forget!

BOOK NOW

SUP *Itinerary*

COSTA RICA
OCT 2 - 8

DAY 1 - OCT 2ND

- Arrive SJO by mid-day, joining our 2 PM transfer to your adventure haven
- Drive to Turrialba Valley
- Relax and rejuvenate, meet the group
- Arrive at Casa Turire
- Welcome dinner with the group



DAY 3 - OCT 4TH

- Breakfast at the lodge
- Ziplining over the Pacuare River
- Tarzan Swing!
- Lunch
- Guided Hike to waterfall & swimming
- Dinner back at the lodge



DAY 2 - OCT 3RD

- Hearty Breakfast
- Tour Nortico Farm to learn about Cacao
- Paddle Pacuare River
- Hike to lodge
- Dinner at the lodge



DAY 4 - OCT 5TH

- Breakfast
- Raft Pacuare Class IV rapids
- Travel to the Caribbean Coast
- Lunch & dinner provided
- Settle n at Shawanda Lodge



BOOK NOW

[HTTPS://PACUAREOUTDOORCENTER.COM/GROUPS/SEA-TURTLE-SUP/](https://pacuareoutdoorcenter.com/groups/sea-turtle-sup/)

SUP *Itinerary*

COSTA RICA
OCT 2-8TH

DAY 5 - OCT 6TH

- Breakfast
- Paddleboard Mangroves from Puerto Viejo to Punta Uva
- Lunch
- Beach Hike
- Dinner



DAY 6 - OCT 7TH

- Breakfast
- More paddle boarding time
- Lunch
- Option to explore the town or relax
- Return to San Jose
- Final dinner as a group

DAY 7 - 8TH

- Breakfast
- Shuttle to San Jose Airport



Return home with luggage full of great memories and lots of Pura Vida!



BOOK NOW

[HTTPS://PACUAREOUTDOORCENTER.COM/GROUPS/SEA-TURTLE-SUP/](https://pacuareoutdoorcenter.com/groups/sea-turtle-sup/)