

Lock-in Golf Grip

Finally, a product that FORCES you to grip the golf club correctly every time!!! Set it to practice hooks, draws, fades and slices!! Set it to go straight!! You can even set it to practice your bunker shots!!

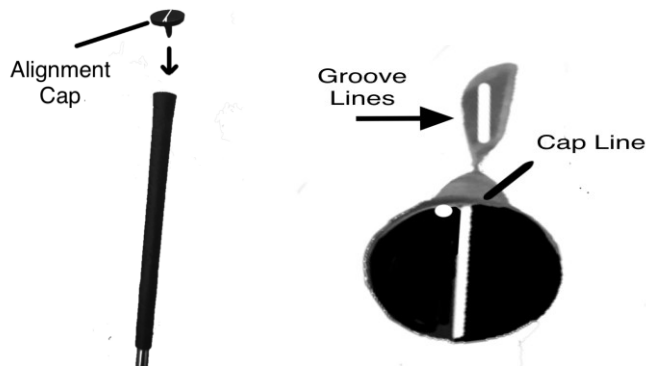
Whether you have a weak grip like Ben Hogan and Corey Pavin, or a neutral grip like Jack Nicholas and Ernie Else, or a strong grip like Dustin Johnson and Lydia Ko, the Lock-in Golf Grip will FORCE you to grip the golf club the same way every time. Find what works best for you and “lock it in”. Then, get that muscle memory!

The Lock-in Golf Grip FORCES the back of your leading hand and heel pad to be positioned properly on the golf club grip. Then, simply take your other hand and cover up your thumb with your palm.

Any golf professional will tell you that the proper grip is the most important aspect of the golf swing.

Prepare for practice:

1). Attach the round alignment cap to the butt of the club so that the Cap Line is lined up with the Groove Lines on your golf club.



2) Attach “Lock-in Golf Grip” to golf club as shown. Turn golf ball clockwise to tighten. Tighten just enough until Lock-in Golf Grip does not slide around.



3) Adjust for desired shot:

Simply rotate the “Lock-in Golf Grip” to the desired shot that you want to



make.

These are the neutral recommended settings that were created from analyzing PGA and LPGA players and taking an average. Individuals should experiment with the settings to see what works better for them.

Adjusting for the driver:

Line up the dot, on the alignment cap, to the desired shot for the driver.

Adjusting for the irons:

Line up the Cap Line line to the desired shot for the irons.

The reason for the dot on the alignment cap.

When using a driver, the ball is teed up and lined up off of the front foot. This will encourage the club to hit the ball on the upswing.

When using an iron or a club that is hit off of the ground, the ball is lined up closer to the center of your stance (between your feet). This will encourage the club to hit the ball on the downswing.

This slight change in setup is the reason for differences in hand position.

Lock-in Golf Grip Variations

Lock-in Golf Grip comes in two sizes. “Adult” for larger hands and most adults, and “Small” for smaller hands and most kids.

What is the proper grip?

For a right Handed player, a proper neutral grip is when the “V” that is made between your left thumb and forefinger are pointing to your right shoulder. Or, if you can see two knuckles.

If the “V” is pointing more towards your chin then it is considered a weaker grip. Or, if you can see only one knuckle.

If the “V” is pointing more towards your right elbow it is considered a stronger grip. Or, if you can see three knuckles.

Also, the heel pad of your leading hand should be positioned on the top of the golf club grip. Gripping the club lightly is another important aspect of the golf swing. The Lock-in Golf Grip forces these positions and encourages a light grip.



The proper neutral grip.