

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>FITNESS KICKBOXING</b> (Kids 11 yrs. and up & Adults) 10:00am – 11:00am
<b>BJJ (all Levels)</b> (Teenagers & Adults) 11:00am -12:00pm	<b>BJJ (all Levels) NOGI</b> (Teenagers & Adults) 11:00am -12:00pm	<b>BJJ (all Levels)</b> (Teenagers & Adults) 11:00am -12:00pm	<b>BJJ (all Levels)</b> (Teenagers & Adults) 11:00am -12:00pm	<b>BJJ (all Levels)</b> (Teenagers & Adults) 11:00am -12:00pm	<b>WEEKLY REVIEW</b> (Teenagers & Adults) 11:00am – 12:30pm
	<b>TINY TSBJJ</b> (3-5 yrs.) 5:00pm – 5:30pm		<b>TINY TSBJJ</b> (3-5 yrs.) 5:00pm – 5:30pm	<b>TINY / LITTLE NOGI</b> (5-8 yrs.) 5:00pm – 5:30pm	
<b>JUNIORS</b> (9-13 yrs.) 5:30pm – 6:30pm	<b>LITTLE TSBJJ</b> (6-8 yrs.) 5:30pm – 6:30pm	<b>JUNIORS</b> (9-13 yrs.) 5:30pm – 6:30pm	<b>LITTLE TSBJJ</b> (6-8 yrs.) 5:30pm – 6:30pm	<b>JUNIORS</b> (9-13 yrs.) 5:30pm – 6:30pm	
<b>BJJ (all Levels)</b> (Teenagers & Adults) 6:30pm -7:30pm	<b>BJJ (all Levels) NOGI</b> (Teenagers & Adults) 6:30pm -7:30pm	<b>BJJ (all Levels)</b> (Teenagers & Adults) 6:30pm -7:30pm	<b>BJJ (all Levels)</b> (Teenagers & Adults) 6:30pm -7:30pm	<b>BJJ (all Levels)</b> (Teenagers & Adults) 6:30pm -7:30pm	
<b>LIVE TRAINING</b> 7:30pm – 8:30pm	<b>FITNESS KICKBOXING</b> (Kids 11 yrs. and up & Adults) 7:30pm – 8:30pm	<b>FITNESS KICKBOXING</b> (Kids 11 yrs. and up & Adults) 7:30pm-8:30pm	<b>LIVE TRAINING</b> 7:30pm – 8:30pm		