



Lic# 019200734

## Meals Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b> (Served with Coffee/Juice/Tea/Milk)	1. Choice of Cereal 2. Choice of Fruit	1. Cream of Wheat 2. Choice of Fruit	1. Fried Eggs 2. Toast	1. Oatmeal With Brown Sugar & Raisins 2. Choice of Fruit	1. Choice of Cereal 2. Choice of Fruit	1. Pancakes with Maple Syrup 2. Choice of Fruit	1. Fried Eggs 2. Toast
<b>Lunch</b>	1. Beef Stew (With French Bread) 2. Mixed Fruit Cups	1. Hot Dog in a bun 2. Choc/Vanilla Pudding	1. Potatoes 2. Beef Burrito w/ Green Chili Sauce 3. Strawberry Shortcake Rolls	1. Hamburger 2. French Fries 3. Mandarin Orange/Fruit/Cookies	1. Fried Chicken 2. Mashed Potatoes 3. Jell-O w/Fruit	1. Sloppy Joe's 2. Peach/Fruit	1. Spaghetti w/Meat Balls 2. Garlic/French Bread 3. Cantaloupe/Fruit
<b>Dinner</b>	1. Pork Sautéed w/Veggies 2. Steamed Rice 3. Cantaloupe/Fruit	1. Sweet Pea Soup w/Bacon 2. Corn/French Bread 3. Cake or Cookies	1. BLT (Bacon-Lettuce-Tomato) Sandwich 2. Salad: Macaroni 3. Jell-O w/Fruit	1. Chicken soup w/ French Bread 2. French Bread 3. Ice-Cream/Apple-Sauce.	1. Grilled Cheese 2. Garlic Bread 3. Orange/Fruit/Granola Bars	1. Chicken & Pork Adobo w/Rice or Mashed Potatoes 2. Grapes/Fruit	1. Ham & Cheese Sandwich 2. Seasonal Pie (Apple/Pumpkin/Peach)

### Daily Meals' Schedule

*Breakfast* : 7:30am  
*Snack-1* : 10am  
*Lunch* : 12 Noon  
*Snack-2* : 3pm  
*Dinner* : 5pm  
*Snack-3* : 8pm

### Snack Options:

Granola/Chewy Bars  
 Crackers  
 String Cheese  
 Peanut Butter Sandwich

### Dessert Options

Fruit Cups  
 (Pineapple, Peach, Orange, Mixed Fruit)  
 Pudding  
 Cookies  
 Cup Cakes  
 Ice Cream