



FOR USE WITH
**GAME READY
 GRPRO® 2.1 SYSTEM**



CRYO CAP USE GUIDE

ENGLISH

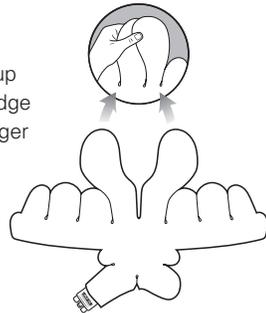
SIZING SPECIFICATIONS

- Size: One Size

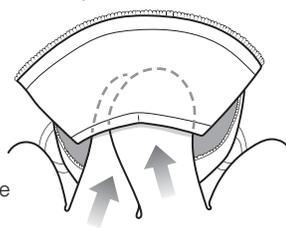
ASSEMBLY

The Heat Exchanger (PN 520920-03) fits inside the Sleeve (PN 510920) and comes as part of a pre-assembled Wrap (PN 590920-03). If the Heat Exchanger is removed to launder the Sleeve or for any other reason, please use the following instructions to re-insert the Heat Exchanger into the Sleeve.

1 Lay the Sleeve with the zipper side up on a flat surface and with the GR badge facing toward you. Place the Heat Exchanger on a flat surface, separate from the outer Sleeve, with the blue side down.



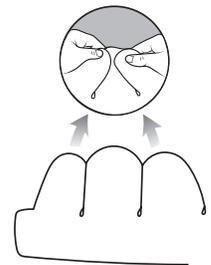
2 Take the two long, upper pieces of the Heat Exchanger and overlap them. While overlapped, insert the Heat Exchanger into the Sleeve by sliding the two overlapped pieces into the center pocket of the Sleeve. The blue side of the Heat Exchanger should touch the blue side of the Sleeve.



3 Feed the ATX connector through the connector opening on the side of the Sleeve. Tuck the neck flap into the pocket across from the connector.

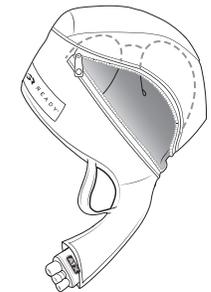


4 Overlap the three wing-like pieces on one side of the Heat Exchanger. Insert the wing-like pieces into the corresponding side wing space of the Sleeve. The wings will remain overlapped in the provided space.



5 Once the first wings are in place, zip together that side of the Sleeve to keep the Heat Exchanger in place. Repeat the previous step for the opposite side of the Wrap.

6 Zip the Sleeve fully, making sure the Heat Exchanger is lying smoothly in the Sleeve with no kinks or folds. Attach the hook and loop forehead closure. Feed one end of the chin strap through the ear loop and fasten the tab on the outside of the chin strap.



WARNING

It is mandatory to fully read and understand your System's User Manual before using the device. Failure to follow operating instructions could result in serious injury.



IMPORTANT

Read complete indications, contraindications, cautions, and warning before using this product. Keep this document for future reference.

REMOVAL OF HEAT EXCHANGER

1. Disconnect the Connector Hose from the Wrap
2. Unzip the zipper
3. Gently pull out the Heat Exchanger

STORAGE OF YOUR WRAP

Hang your Wrap on a wide hanger or lay flat. Do not fold or stack it, as this could kink the fluid chamber and the Wrap will not work properly.

BEFORE INITIAL USE

Prime the Wrap using the following steps:

- With the **GRPro 2.1 Control Unit** off, attach the Connector Hose to the Control Unit and the Wrap
- Lay the Wrap open and flat next to the Control Unit (not on the body)
- Turn the System on and run for 2 minutes with No Pressure

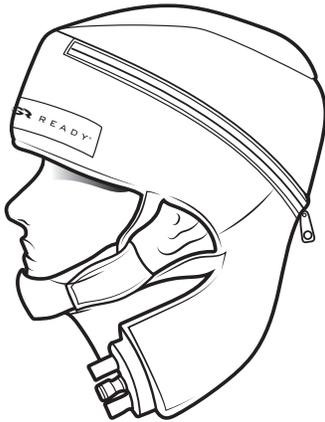
CRYO CAP APPLICATION



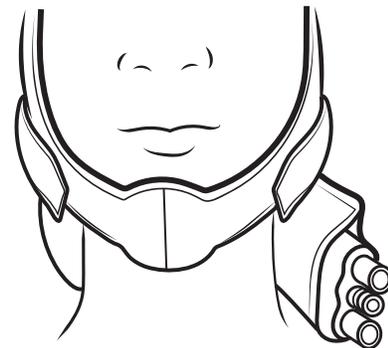
- 1 Place the Cryo Cap on the top of the head and adjust the hook and loop closure at the front of the cap for a comfortable fit.



- 2 Insert each end of the chin strap into the ear loops and pull down on the tabs to tighten the chin cup comfortably.

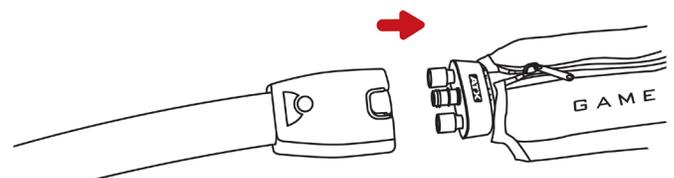


- 3 To secure the chin strap, fasten the hook and loop closure. The cupped point of the chin strap should be in-line with the center of the chin. **The chin strap should not be worn on the neck.**



- 4 Attach one end of the Connector Hose to the Connector Port on the Wrap by firmly inserting the two pieces straight into each other. There should be an audible "click".

- 5 Connect the other end of the Connector Hose into the Control Unit. To disconnect, simply press the blue or gray button and remove the connector from the Wrap.



GENERAL

IMPORTANT

READ THIS COMPLETE USE GUIDE AND GAME READY GRPRO 2.1 SYSTEM USER MANUAL INCLUDING INDICATIONS, CONTRAINDICATIONS, CAUTIONS AND WARNINGS BEFORE USING THIS PRODUCT!

WARNINGS

- **THE CRYO CAP IS NOT TO BE USED CONTINUOUSLY FOR GREATER THAN 15 MINUTES PER TREATMENT SESSION**
- **THIS WRAP IS INTENDED FOR USE WITH LOW-PRESSURE SETTING. PRESSURE CAN BE TURNED OFF AS DESIRED.** (NOTE: This Wrap is not designed to deliver compression therapy; low compression is only used to provide good surface contact.)
- Follow the recommendations of your health care practitioner regarding the frequency and duration of use.
- Improper placement or prolonged use of the Game Ready System could result in tissue damage. During the course of therapy, patients should monitor the skin surrounding the treated region or the digits of the extremities of the treated limb for any burning, itching, increased swelling, or pain. If any of these signs present, or any changes in skin appearance occur (such as blisters, increased redness, discoloration, or other noticeable skin changes), patients are advised to discontinue use and consult a physician.
- Game Ready Wraps are not sterile; do not place directly against open wounds, sores, rashes, infections, or stitches. The Wrap may be applied over clothing or dressing. A layer of clothing between Wrap and skin is recommended for all patients.
- Game Ready Wraps are available in multiple configurations but are not intended for all possible physiologic uses. For example, the Ankle Wrap is not designed for use on the toes and the Back Wrap is not designed for use in the abdominal region.
- To avoid potential damage to the Control Unit, do not use other manufacturers' Wraps with the Control Unit.
- Use extra caution during the immediate postoperative period, especially when sedated or on any medication that could alter normal pain sensation. Check the skin of the treated region frequently and use mid-to-higher (warmer) temperature range settings or leave more time between treatments, if necessary.

NOTES

Apply Wrap with a uniformly close fit, ensuring there are no kinks which may impede water flow. Ensure connector hose is placed to prevent the Wrap from folding or kinking at the hose inlet location of the Wrap.

INSULATION

This Wrap comes with insulation layers for the ears and forehead. To use the Wrap's insulation, tuck the foam layers under the Heat Exchanger in the desired region(s). To use the Wrap without insulation, and provide more cooling for the ears and/or forehead, lay the foam on top of the Heat Exchanger in the desired region(s).

CARE AND CLEANING

For daily care and to minimize formation of mildew, remove Heat Exchanger from Sleeve and wipe with dry towel to remove any condensation that may form. Turn Sleeve inside out and hang both the Sleeve and Heat Exchanger to release excess moisture. For multi-patient use, if needed, use Sterifab® according to manufacturer's instructions to minimize microbe transfer.

For extended care, carefully remove the Heat Exchanger from the Sleeve and turn the Sleeve inside out. Hand or machine wash the Sleeve in cold water and mild detergent, or antibacterial soap. Hang to dry. Hand wash the Heat Exchanger with warm water and mild detergent, do not machine wash or place in a dryer. Hang to dry.

AVERAGE LIFE EXPECTANCY

The life expectancy of Sleeves and Heat Exchangers will vary widely depending on frequency of use. Please reference chart below to determine when to replace product.

Sleeve

Light Use (Personal).....	12 months
Medium Use.....	6 months
Heavy Use (Clinic or training facility)	3 months

Heat Exchanger

Light Use (Personal).....	24 months
Medium Use.....	18 months
Heavy Use (Clinic or training facility)	12 months

WARRANTY INFORMATION

Sleeve: In case of manufacturer defect, Sleeve may be returned within 7 days of purchase.

Heat Exchanger: 1 year from date of purchase. See warranty card included with Heat Exchanger.



GRPRO 2.1 CONTRAINDICATIONS

 <p>X = Absolute Contraindication – Therapy in these situations should not be used in patients:</p> <p>R = Relative Contraindication – Therapy for these conditions should be used only under the supervision of a licensed healthcare practitioner in patients:</p>	THERAPY MODE	
	Cryotherapy	Compression
Who are in the acute stages of inflammatory phlebitis in the affected region.		X
Who have any current clinical signs suggestive of deep vein thrombosis in the affected region.		X
Who have significant arteriosclerosis or other vascular ischemic disease in the affected region.		X
Who have any significant risk factors or current clinical signs of embolism (e.g. pulmonary embolus, cerebral infarction, atrial fibrillation, endocarditis, myocardial infarction, or atheromatous embolic plaque).		X
Who have a condition in which increased venous or lymphatic return is not desired in the affected extremity (e.g., carcinoma).		X
Who have decompensated hypertension in the affected region.		X
Who have an open wound in the affected region (the wound must be dressed prior to use of Game Ready).		R
Who have an acute, unstable (untreated) fracture in the affected region.		R
Who are children under 18 years old or patients who have cognitive disabilities or communication barriers, whether temporary (due to medication) or permanent.	R	R
Who have a cardiac insufficiency or congestive heart failure (with associated edema in the extremities or lungs).		R
Who have a localized unstable skin condition (e.g., dermatitis, vein ligation, gangrene, or recent skin graft).	R	R
Who have erysipelas or other active infection in the affected region.		R
Who have significant vascular impairment in the affected region (e.g., from prior frostbite, diabetes, arteriosclerosis or ischemia).	X	
Who have known hematological dyscrasias which affect thrombosis (e.g., paroxysmal cold hemoglobinuria, cryoglobulinemia, sickle-cell disease, serum cold agglutinins).	X	
Who have Raynaud's disease or cold hypersensitivity (cold urticaria).	R	
Who have hypertension or extreme low blood pressure.	R	
Who have diabetes.	R	
Who have compromised local circulation or neurologic impairment (including paralysis or localized compromise due to multiple surgical procedures) in the affected region.	R	
Who have rheumatoid arthritis in the affected region.	R	

CONTACT US

In the U.S. call Game Ready Customer Service at 1.888.426.3732 (+1.510.868.2100). From outside of the U.S. please refer to www.gameready.com to find your local distributor's contact information.

A list of current patent(s) covering Game Ready technology can be found at:
www.gameready.com/patents.



Symbol for "assembled in" a specific country (XXXX).



Symbol for "made in" a specific country (XXXX).

Warning: To comply with California Proposition 65, the following warning has been included: This product contains chemicals known to the State of California to cause cancer, birth defects or other reproductive harm.

Wrap (PN 590920-03) includes Sleeve (PN 510920) & Heat Exchanger (PN 520920-03)

CE **EC REP**
EMERGO EUROPE
Prinsessegracht 20
2514 AP The Hague
The Netherlands

COOLSYSTEMS® INC.
1800 Sutter Street, Suite 500
Concord, CA 94520 USA
1.888.GAMEREADY +1.510.868.2100
www.gameready.com

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Game Ready Dual Action Wrap Use Guide

Cryo Cap PN 704585 Rev C

EMERGO AUSTRALIA
201 Sussex Street
Darling Park, Tower II, Level 20
Sydney NSW 2000
Australia