

## MONARCH ENDOCRINOLOGY NONDISCRIMINATION POLICY

Monarch Endocrinology, PLLC complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Monarch Endocrinology, PLLC does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Monarch Endocrinology, PLLC:

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, contact Civil Rights Coordinator, Pamela Ohri Zizzamia, D.O. If you believe that Monarch Endocrinology, PLLC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with Monarch Endocrinology, PLLC at 146 Hazard Ave STE 107 Enfield, CT 06082 and , Telephone: 860-386-5167, Fax: 860-962-4005, Email: [admin@monarchendocrinology.com](mailto:admin@monarchendocrinology.com) . You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Pamela Ohri Zizzamia, D.O. is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, D.C. 20201  
1-800-368-1019, 800-537-7697 (TDD)  
Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.