## Ruggie's Lunch

## Chicken Salad Sandwich

White meat chicken breast with gherkins, craisins, celery, mayo and spices, choice of bread or wrap with lettuce and tomato $\$ 12$
pro tip: add pepper-jack cheese and sliced green apple for $\mathbf{\$ 2}$

## Tuna Salad Sandwich

Fresh made tuna salad with gherkins, red onion, celery, mayo and spices, choice of bread or wrap with lettuce and tomato $\$ 12$

## Salad Wrap

Spinach, cucumber, banana peppers, lettuce, red onion, tomato, homemade croutons and choice of dressing in a spinach or wheat wrap $\$ 9$
pro tip: try our homemade Italian dressing

Turkey Club Wrap

Turkey, lettuce, tomato, mayo and bacon and bacon
in a spinach or wheat wrap $\$ 14$

## B.L.T

Bacon, lettuce, tomato, mayonnaise, choice of bread or wrap $\$ 9$

## House Salad

Spinach, cucumber, banana peppers, lettuce, red onion, tomato, homemade croutons and choice of dressing $\$ 8$

Sauce/Dressing Choices: Mayo, Spicy Mustard, Honey<br>Mustard, Yellow Mustard, Blue Cheese, 1000 Island,<br>Ranch, Italian, Hot Sauce, BBQ, Baja, Oil \& Vinegar

## Pride of Harwich

Our grilled pastrami sandwich with Swiss cheese and homemade spicy mustard on rye $\$ 10.5$

## Combo Melt

Grilled turkey and pastrami on rye with provolone cheese and homemade 1000 island dressing $\$ 10.5$

## Turkey ${ }^{\circ}$ Bacon Melt

Grilled turkey and bacon on grilled white bread with choice of cheese and sauce $\$ 13$
pro tip: try Swiss cheese and our homemade blue cheese sauce

## Tuna Melt

Fresh made tuna salad with gherkins, red onion, celery, mayo and spices on grilled wheat bread with tomato and choice of cheese $\$ 13.5$

## Grilled Cheese

Choice of bread and cheese $\$ 5.5$
Add ham, turkey, pastrami or bacon for $\$ 5$

## Veggie Stir Fry Wrap

Sautéed onions, roasted red peppers, mushrooms, banana peppers, broccoli and provolone cheese in a grilled spinach or wheat wrap $\$ 10$
pro tip: add grilled chicken for $\$ 5$
Cheeses: American, cheddar, provolone, pepper-jack, Swiss, blue cheese crumble, Ruggie's cheese sauce

Breads: White, Wheat, Rye, Raisin, English Muffin, Biscuit, Bulky Roll, Bagel, (Everything Bagel +.50 ), Spinach or Wheat Wrap

## The R.F.C

## Ruggie's Fried Chicken Sandwich.

Our homemade fried chicken breast on a grilled bulky roll with homemade Baja sauce and pickles $\$ 10$

## Grilled Chicken Sandwich

Marinated grilled chicken, lettuce and tomato on a grilled bulky roll, choice of cheese and sauce $\$ 13$

## Chicken Cordon "Blue" Melt

Grilled chicken, ham, Swiss cheese and homemade blue cheese sauce on grilled white bread $\$ 13.5$

## Half-Pound Burgers

## Classic Hamburger

Lettuce, tomato and onion on a grilled bulky roll \$10.5 pro tip: add cheese $\$ 1.5$
add bacon \$2.75

## Matador Burger

BBQ sauce, sautéed onion, jalapeno, bacon and melted provolone cheese on a grilled bulky roll $\$ 14$

## Skipper Burger

Ruggie's cheese sauce, bacon and a fried over-medium egg on a grilled bulky roll $\$ 14$

Before ordering inform our staff of any allergies. Consuming raw or undercooked foods may increase risk of food borne illness. ( $7 \%$ state/town meals tax)

