Chicken Salad Sandwich

White meat chicken breast with gherkins, craisins, celery, mayo and spices, choice of bread or wrap with lettuce and tomato \$12

pro tip: add pepper-jack cheese and sliced green apple for \$2

Tuna Salad Sandwich

Fresh made tuna salad with gherkins, red onion, celery, mayo and spices, choice of bread or wrap with lettuce and tomato \$12

Salad Wrap

Spinach, cucumber, banana peppers, lettuce, red onion, tomato, homemade croutons and choice of dressing in a spinach or wheat wrap \$9

pro tip: try our homemade Italian dressing

Turkey Club Wrap

Turkey, lettuce, tomato, mayo and bacon and bacon in a spinach or wheat wrap \$14

B.L.T

Bacon, lettuce, tomato, mayonnaise, choice of bread or wrap \$9

House Salad

Spinach, cucumber, banana peppers, lettuce, red onion, tomato, homemade croutons and choice of dressing \$8

Sauce/Dressing Choices: Mayo, Spicy Mustard, Honey Mustard, Yellow Mustard, Blue Cheese, 1000 Island, Ranch, Italian, Hot Sauce, BBQ, Baja, Oil & Vinegar

Pride of Harwich

Our grilled pastrami sandwich with Swiss cheese and homemade spicy mustard on rye \$10.5

Combo Melt

Grilled turkey and pastrami on rye with provolone cheese and homemade 1000 island dressing \$10.5

Turkey & Bacon Melt

Grilled turkey and bacon on grilled white bread with choice of cheese and sauce \$13

pro tip: try Swiss cheese and our homemade blue cheese sauce

Tuna Melt

Fresh made tuna salad with gherkins, red onion, celery, mayo and spices on grilled wheat bread with tomato and choice of cheese \$13.5

Grilled Cheese

Choice of bread and cheese \$5.5 Add ham, turkey, pastrami or bacon for \$5

Veggie Stir Fry Wrap

Sautéed onions, roasted red peppers, mushrooms, banana peppers, broccoli and provolone cheese in a grilled spinach or wheat wrap \$10

pro tip: add grilled chicken for \$5

Cheeses: American, cheddar, provolone, pepper-jack, Swiss, blue cheese crumble, Ruggie's cheese sauce

Breads: White, Wheat, Rye, Raisin, English Muffin, Biscuit, Bulky Roll, Bagel, (Everything Bagel +.50), Spinach or Wheat Wrap

The R.F.C

Ruggie's Fried Chicken Sandwich.

Our homemade fried chicken breast on a grilled bulky roll with homemade Baja sauce and pickles \$10

Grilled Chicken Sandwich

Marinated grilled chicken, lettuce and tomato on a grilled bulky roll, choice of cheese and sauce \$13

Chicken Cordon "Blue" Melt

Grilled chicken, ham, Swiss cheese and homemade blue cheese sauce on grilled white bread \$13.5

Half-Pound Burgers

Classic Hamburger

Lettuce, tomato and onion on a grilled bulky roll \$ 10.5 **pro tip: add cheese** \$1.5

add bacon *\$2.75*

Matador Burger

BBQ sauce, sautéed onion, jalapeno, bacon and melted provolone cheese on a grilled bulky roll \$14

Skipper Burger

Ruggie's cheese sauce, bacon and a fried over-medium egg on a grilled bulky roll *\$14*

Before ordering inform our staff of any allergies. Consuming raw or undercooked foods may increase risk of food borne illness. (7% state/town meals tax)